

NUTRITION IN ACTION

THE CARNEGIE APPLIED SPORT NUTRITION SYMPOSIUM



Saturday 1st June

Leeds Beckett University

Bringing Sport Nutritionists Together For Future Success.





Leeds Beckett University

Looking to
gain new
skills?

Saturday 1st June



**The Applied Sport
Nutrition Symposium**

**LESSONS
FROM
THE
ENGLISH
PREMIER
LEAGUE**

With

**Dr Emma
Tester**



**Saturday 1st June
Leeds Beckett University**



**Work through real applied sport
nutrition problems together.**



The Applied Sport
Nutrition Symposium

LESSONS IN CHANGING ATHLETE BEHAVIOUR

With

Dr Meghan
Bentley



Saturday 1st June
Leeds Beckett University



Learn new skills to apply in your
practice.



**The Applied Sport
Nutrition Symposium**

**LESSONS
FROM**

**BRITISH
ATHLETICS**

With

**Nigel
Mitchell**



**Saturday 1st June
Leeds Beckett University**



**Enhance your ability to make a
difference.**



Leeds Beckett University

Seeking new
knowledge?

Saturday 1st June

Contemporary Applied Insights



Dr Meghan Brown

Nutritional Insights from
Northern Ballet



Andrew Jenkinson

Fuelling The Football
Pre-Season



Wee Lun Foo

Nutrition Culture in the
English Premier League



Steph Roe

Behaviour Change in
Academy Football Players



Lara Wilson

Nutritional Considerations
for Female Rugby Players

FROM RESEARCH TO PRACTICE



The Carnegie Applied Sport Nutrition Symposium

Contemporary Applied Insights



Dr Debbie Smith

Nutritional Considerations
for Female Cricket



Albert Arrieta

The Landscape for Chefs
Working In English Football



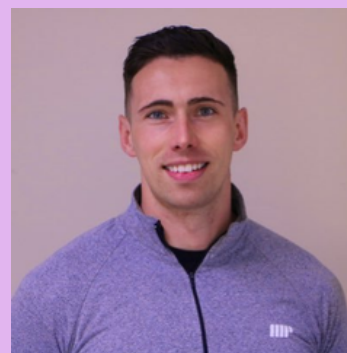
Daniel Carney

Sports Nutrition Provision in
Academy Football



Reuben Stables

Nutritional Considerations for
Academy Football Players



Dr Nessian Costello

Nutritional Considerations
for Female Netball Players

INSIGHTS FROM THE FIELD



The Carnegie Applied Sport Nutrition Symposium



Leeds Beckett University

Do you have
a passion for
great food?

Saturday 1st June

Today's
SPECIAL MENU

**Colin
Oakley**

Executive Chef



**Huddersfield
Town AFC**



**No Sport Nutrition Conference Would Be
Complete Without Excellent Food!**

**Elevate Your Experience with A Culinary
Display By Executive Chef Colin Oakley.**

**Lunch + Snack
INCLUDED
in your ticket price**





Leeds Beckett University

Want to hear
from industry
experts?

Saturday 1st June



The Carnegie Applied Sport
Nutrition Symposium

**MICHAEL
BACHE**

*Bringing Performance
Food to Life*

Executive Chef
Aston Villa FC



The Carnegie Applied Sport Nutrition Symposium



The Carnegie Applied Sport
Nutrition Symposium

DR JOSHUA
ROWE

Innovating Nutrition *Performance*

Performance Scientist
MAURTEN



The Carnegie Applied Sport Nutrition Symposium



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Want to break
into the
industry?

Saturday 1st June



MONA NEMMER



WHAT DOES IT REALLY TAKE?



A Career's Journey



In Sports Nutrition





Leeds Beckett University

Want to join
our sport
nutrition
community?

Saturday 1st June



LEEDS BECKETT
UNIVERSITY



Come And Join Us!



Leeds Beckett University

How can I
attend?

Saturday 1st June



Event Information

Join us for the inaugural Carnegie Applied Sport Nutrition Symposium that aims to bring sport nutrition practitioners together to learn practical skills, gain contemporary knowledge, and foster genuine connections to excel in their careers.

LOCATION:

THE CARNEGIE SCHOOL OF SPORT, HEADINGLEY CAMPUS, LEEDS
BECKETT UNIVERSITY (LS6 3QS)

DATE:

SATURDAY 1ST JUNE, 2024

TIME:

09:00-17:00

TICKET:

EARLY BIRD TICKET PRICE: £25

NORMAL ADMISSION: £35



LEEDS BECKETT
UNIVERSITY

The Carnegie Applied Sport Nutrition Symposium



FAQ's

WHAT ARE THE NEAREST TRANSPORT LINKS?

Leeds railway station and Leeds Bradford airport are easily accessible by taxi.

DRIVING?

Free parking is available on Headingley Campus and can be accessed via St. Chad's Drive. For sat nav please use LS6 3QS.

IS FOOD INCLUDED?

Yes – lunch and a mid-afternoon snack will be provided for all attendees by a professional chef team.

IS THE CONFERENCE BEING RECORDED?

Talks will be recorded and shared with attendees, alongside presentation slides.

CAN MY COMPANY SPONSOR THE EVENT?

Definitely – we have several sponsorship packages available. This is a non-profit event, all income will be used to support conference quality. If you would like to learn more please email n.costello@leedsbeckett.ac.uk or l.sutton@leedsbeckett.ac.uk.

ARE THERE ANY DISCOUNTS?

Early bird tickets are available at £25, with regular admission priced at £35. As a non-profit event, we've worked hard to keep costs as low as possible, making our current pricing the most affordable option we can offer.



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The Carnegie Applied Sport Nutrition Symposium

Sponsors

The logo for Danone Pro+ features the word "DANONE" in white, uppercase letters with a red smile-like arc underneath. Below it, "PRO+" is written in a much larger, bold, white, uppercase font.

DANONE
PRO+

The Hexis logo consists of a circular icon on the left, composed of a rainbow gradient, and the word "hexis" in a white, lowercase, sans-serif font to its right.

 hexis

Thank you!

A huge thank you to our exclusive Platinum and Gold sponsors **Danone Pro+** and **Hexis**, respectively.

This event would not be possible without their support!



The Carnegie Applied Sport Nutrition Symposium