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## Carnegie Faculty Research & Enterprise Bulletin

January 2016



Welcome to the first Research and Enterprise Bulletin for the academic year 2015/16. It is packed with evidence of the great research and enterprise work that staff and students of the Carnegie Faculty have already completed from the beginning of the September.

Since the last bulletin in August, we have welcomed a number of new staff, including new professors and a reader in the School of Sport. Professors Clive Beggs, David Woods and Ernest Schilders, have all joined us on 0.2 contracts, and Dr Eric Brymer, as a full time Reader in Outdoor Education. Our congratulations are also due to John O'Hara for his internal promotion to Professor. In the School of Education and Childhood, we have welcomed Professor John Sharp, who will be providing research leadership across the School, SERL and Unit of Assessment 25 (Education) for REF 2021, to work with Professor Carey Philpott who joined us before the summer. We also welcome a new Head of School for Education and Childhood, Dr Damien Page, who joined us on the 18th January. In addition to these research leaders, we continue to recruit new research-active staff to the faculty, as well as PGR students, and GTAs. Indeed, we have been fortunate to be able to offer full time appointments to many of those who have recently completed their doctorates with us, thus ensuring that we don't lose their expertise and cutting edge research to jobs

elsewhere. Welcome to all our new staff and students, and congratulations to the staff and students who have secured doctorates over the summer, or in the first semester.

The recent university research excellence audits have provided us with a useful picture of our current position in relation to forward preparations for REF 2021. Thanks to all of you that provided information about your research outputs as part of that exercise, and to Prof. Sue Backhouse and Prof. John Sharp for their work as Unit 26 and Unit 25 coordinators respectively, and to Sam Sherman, for their work in collating a considerable amount of information. We will use this to inform our ongoing work of developing the new university and faculty research strategy, and to identify how we can best continue our research efforts to ensure we are in good shape by 2020, the next REF census date. There will be an opportunity for all staff to hear about this further in one of two seminars that I would encourage you to attend if possible: 25th February for staff working in Unit 26, and 9th June for staff working within Unit 25 – more details below.

In addition to the REF audit, we have also been reviewing our research supervision capacity across the university, essential as we continue to grow our PGR numbers. Increasing our supervisory capacity and capability is a priority for the faculty, so thanks to everyone who has recently completed their supervisory training. Several of us ‘oldies’ who went through our training some time ago, or staff that are experienced supervisors but new to the university, will benefit from attending the 2 hour supervision update sessions to ensure we are up to date with the current supervisory policy, practice and regulations.

We have appointed a number of full time PhD bursary students across the faculty, GTAs and match-funded MPhils and MRes studentships to further add to our flourishing PGR community – welcome to all, and good luck with your research.

Please enjoy reading the other successes and achievements in research and enterprise in the rest of this bulletin.

Anne Flintoff  
January 2016

## Grant News

### British Academy

In September of last year Dr Tom Quarmby was successful in securing funding for £9,776 from the British Academy to conduct the research project ‘Right to be Active: Examining the Sport/Physical Activity Experiences of Looked After Children in England’.

This research seeks to examine the sport/physical activity (PA) experiences of Looked-after children (LAC) in England. LAC are identified as one of the most disadvantaged groups in society and as being at-risk of a range of poor outcomes (Sempik et al., 2008). Sport/PA is increasingly being seen as a means of contributing to LAC’s positive development and it is argued that they should have access to such activities that is “equal to their peers” (DfES,

2007 p.10). However, concerns have been expressed about the piecemeal nature of sport/PA opportunities for LAC at a local level and young people's capacity to access these. Moreover, relatively little is known about LAC's experiences in this respect and it is argued they represent a 'hidden group' in research (Quarmby, 2014). This project seeks to address this, by looking at the strategies in place to support LAC's engagements with sport/PA and individuals' lived experiences of these (from both a professional and young person perspective and at a national and local level) with a view to informing subsequent policy and practice.

### Pulse Health and Wellbeing

Dr Andy Pringle and Stephen Zwolinsky were successful in bidding for an externally funded evaluation of a health intervention for hard-to-reach adults in Leeds.

### Ministry of Defence Surgeon General Fund

Dr Kevin Deighton, Professor John O'Hara, Professor David Woods and Dr Adrian Mellor received £5,000 from the Ministry of Defence Surgeon General Fund for the project: "Appetite, gut hormone and body composition responses during a high altitude expedition".

### Mount Everest Foundation

Professor John O'Hara, Professor David Woods, Visiting Professor Adrian Mellor, Dr Matthew Barlow and Mark Cooke (PhD student) have secured a research grant for £1,350 from the Mount Everest Foundation. This is a contribution towards two research studies investigating the effectiveness of pre-acclimatisation strategies in reducing the occurrence of acute mountain sickness at high altitude. These studies will be undertaken on a research expedition around the Dhaulagiri trekking circuit in Nepal, April 2016. This research expedition is being organised by the Defence Medical Services Hypoxic study group, with support colleagues within the School of Sport. Further details can be found [here](#).

### Carnegie Faculty Research Fund

Dr Michelle Mellis (Senior Lecturer in Exercise Physiology) was successful in securing an Infrastructure Grant for £12,900 alongside Dr Zoe Rutherford (Principal Lecturer in Physical Activity and Health). These funds have provided the springboard to initiate exciting research plans into the role of sedentary behaviour, particularly in the workplace. They have purchased a number of ActivPal3 devices that objectively measure activity as well as quantifying time spent sitting and standing, which will be extensively used over a number of projects. In addition, advanced continuous glucose monitoring equipment was purchased to conduct a project with colleagues Dr Nicky Kime (Research Fellow) and Dr Oliver Wilson (Senior Lecturer in Sport & Exercise Physiology), due to commence shortly. They would like to thank the Carnegie Faculty for this support and are looking forward to developing this research area within the Centre for Active Lifestyles.

Dr Barney Wainwright, Dr Chris Low, Dr Jamie Poolton, Julian North and Professor Carlton Cooke have been awarded a funding from the Carnegie Research Fund to investigate "The relationship between Olympic sprint canoe stroke technique and performance". This is the start of collaboration between Leeds Beckett University and British Canoeing where the

researchers will be supporting the coaches and athletes of their 'Girls4Gold' programme who are targeting winning medals at the Tokyo Olympic games in 2020.

### England and Wales Cricket Board

Professor Susan Backhouse has secured sponsorship from the England and Wales Cricket Board for an MPhil Studentship. The successful candidate will explore the role parents play in doping prevention, Sue will be the Director of Studies and Dr Laurie Patterson will be the supervisor.

### BERA

Professor Lori Beckett was successful in bidding for a BERA Research Commission on Poverty and Policy Advocacy, the commission aims to influence and broaden public debate on the role of education to improve the life chances of children and youth living in poverty. This will comprise a seminar series, the first one was held in Leeds on 21st January 2016.

### International Olympic Committee

Professor Sue Backhouse and colleagues were successful in a bid to the International Olympic Committee (IOC). The research involves a three country intervention to optimise coaching motivational climates and prevent current and future willingness to dope in adolescent sport. The overall funding received is \$277,526 and Leeds Beckett will receive \$103,096. This project establishes an international research collaboration with Curtin University in Australia and University of Thessaloniki in Greece (Nikos Ntoumanis, Curtin University, is the PI).

### AHRC Research Grant

Professor Jonathan Long has been awarded funding for a project titled 'Sport in the Arts: the Arts in Sport' with the Arts and Humanities Research Council (co-investigator, Franco Bianchini). This is for a research network building on the Fields of Vision initiative. There will be three seminars (Manchester, Bristol and Leeds) leading to a declaration and manifesto. If anyone is interested in getting involved, please get in touch with Jonathan.





## Conference News

**June 2015**

### [International Society of Biomechanics in Sport Conference](#)

Dr Barney Wainwright gave an oral presentation at the International Society of Biomechanics in Sport Conference in June on 'Performance related technique factors in Olympic Sprint Kayaking', co-authored by Dr Chris Low and Professor Carlton Cooke.

### [2015 Fifth Conference of the International Association for Tourism Economics](#)

Dr ShiNa Li is the Co-Chair of Conference Organising Committee for the 2015 [Fifth Conference of the International Association for Tourism Economics](#). This conference was co-hosted by ICRETH, Leeds Beckett University and Hong Kong Polytechnic University in Hong Kong between 30 June and 3 July 2015. It was sponsored by United Nations World Tourism Organisation. It is one of the most prestigious and largest conferences in the field of tourism economics.

**September 2015**

### [23rd Annual European Association of Sport Management](#)

Dr Paul Widdop presented at the 23rd Annual European Association of Sport Management (EASM) 'Sport Management in the Digital Age' conference in Dublin, Ireland from the 9th – 12th September 2015.

Kacy Mackreth presented a paper called '#RLNEWERA: An Exploratory study into the Marketing Planning Activities of Rugby League Clubs in the UK'. This was a joint paper and had contributions from Dr Lisa O'Keefe and Alex Bond.

Dr Ian Richards presented a paper called 'The Challenges Facing the Development of Sports Management and Marketing in Higher Education in Egypt: Reflections on the International Inspirations University Links Programme in Egypt'.

### UEFA Coach Education Workshop

Julian North and Dr David Piggott successfully presented the UEFA commissioned research evaluating the UEFA Coaching Convention (a European wide system for coach education) to the two yearly UEFA 'Coach Education Workshop' in Bratislava, Slovakia. The event was attended by senior technical and coaching staff from 54 national associations across Europe and beyond including Dan Ashworth from the English FA. The feedback was very positive and new leads for consultancy work have already been established.

### 5th Nordic Conference on Doping Prevention

Professor Susan Backhouse delivered a keynote presentation at the Nordic Conference on Doping Prevention in Recreational Sport, 25 – 26 September, Helsinki, Finland.

### Conference of the World Rugby Science Network

Dr Kevin Till presented a paper entitled "Maturation of the Youth Rugby Player: Implications for talent ID and development" at the Conference of the World Rugby Science Network in September 2015 at the University of Bath in preparation for the Rugby Union World Cup.

**October 2015**

### Rugby Football League Human Performance Seminar

Dr Ben Jones presented "Current research trends in rugby research" at the RFL Human Performance seminar at the University of Huddersfield in October 2015.

### International Society for Pediatric and Adolescent Diabetes (ISPAD)

Dr Nicky Kime attended the International Society for Pediatric and Adolescent Diabetes (ISPAD) annual conference in Brisbane, Australia from 7-10 October. The conference featured the latest results and insights from diabetes and endocrine research, with the emphasis on "Leaping over Barriers". Nicky attended the conference to promote the work of her cluster research, which focused on diabetes and physical activity. ISPAD conference resources can be found [here](#).

### Annual County Sports Partnership Conference

Dr Leanne Norman was invited to deliver a keynote on the issue of occupational well-being and women coaches in Coventry in October 2015.

### World Anti-Doping Agency – Canadian Centre for Ethics in Sport Values-Based Education Conference

Professor Susan Backhouse delivered a keynote lecture at the WADA – Canadian Centre for Ethics in Sport Values-Based Education Conference from 1 – 2 October, Ottawa, Canada.

### [Australian Association for Research in Education Conference](#)

Three members of staff from the Physical Education group presented papers at the Australian Association for Research in Education (AARE), Fremantle Australia 29th October – 3rd November 2015.

Professor Anne Flintoff's paper was part of an international symposium organised with Professor Fiona Dowling from Oslo, Norway) entitled, 'Challenging the whiteness of Health and Physical Education: race and racialization in teacher education and schools'. Fiona and Anne's research papers were part of their ongoing British Academy research. The title of her paper was: 'I just treat them all the same really': Teachers, whiteness and (anti) racism in physical education.

Dr Hayley Fitzgerald and Dr Annette Stride presented a paper, 'Staying ahead of the game: Supporting disability coach development'. This presentation was based on their recently completed research on behalf of the Football Association. Annette also delivered a paper entitled, 'Homing in: South Asian Muslim girls tell tales about physical activity in the home'. Annette and Hayley also conducted a number of interviews with key PE scholars as part of a curriculum innovation project they are leading. The resource developed from these interviews will be accessed by MA PE students.

#### **November 2015**

### [Sport Northern Ireland coaches and coach educators training event](#)

Dr Leanne Norman was invited to deliver a keynote on the issue of occupational well-being and women coaches at the Sport Northern Ireland coaches and coach educators' training event in November 2015.

### [International Congress and Convention Association](#)

Professor Rhodri Thomas was invited by the International Congress and Convention Association (ICCA) to speak at their annual conference in Buenos Aires about research they sponsored him and Dr Emma Wood to conduct on absorptive capacity in the meetings industry.

#### **December 2015**

### [British Psychological Society's Division of Sport and Exercise Psychology Conference](#)

Dr Faye Didymus presented at the BPS Division of Sport and Exercise Psychology Conference in December 2015, held in Leeds.

### [Mind Over Metal Conference](#)

Professor Karl Spracklen has delivered a keynote at the Mind Over Metal conference at the University of Southern Denmark in December 2015.

## Muslim's, Sport and Physical Activity Conference

In December Dr Thomas Fletcher delivered a keynote presentation to the 'Muslims, Sport and Physical Activity' conference in Leuven, Belgium.

## UNITE Conference 2015

In December, Stuart Moss delivered a presentation entitled 'Employability Skills' as a key note speaker for the UNITE 2015 conference in Edinburgh.

## BASES Conference

Ten members of staff or PhD students involved in the Carnegie Adolescent Rugby Research (CARR) project presented their research at the BASES Conference at St Georges Park, 1 – 2 December 2015. The work provided opportunity to share the excellent research of student and staff in poster and oral format.

The papers presented were:

Read, D., Jones, B. & Till, K. A comparison of rugby union match demands between age group categories in UK representative adolescent players. BASES conference 2015. St George's Park, Tatenhill, Burton upon Trent, 1-2 December

Tester, E., Smith, D. & Jones, B. Effectiveness of a commercially available guarana supplement on subjective measures in elite rugby players: A case study. BASES conference 2015. St George's Park, Tatenhill, Burton upon Trent, 1-2 December

Roe, G., Till, K. & Jones, B. Changes in Markers of Fatigue Following a Competitive Match in Elite Academy Rugby Union Players. BASES conference 2015. St George's Park, Tatenhill, Burton upon Trent, 1-2 December

Till, K., Jones, B., Lees, M., Barlow, M., Brightmore, A., O'Hara, J. & Hind, K. Six-year Changes in Body Composition of UK Professional Rugby League Players using Dual Energy X-Ray Absorptiometry. BASES conference 2015. St George's Park, Tatenhill, Burton upon Trent, 1-2 December

Darrall-Jones, J., Jones, B. & Till, K. The influence of Body Mass on the 30-15 Intermittent Fitness Test in Rugby Union players. BASES conference 2015. St George's Park, Tatenhill, Burton upon Trent, 1-2 December

Smith, D., Jones, B., Sutton, L., King, R. & Duckworth, L. Relationships of dietary intake with age, body mass and body composition in professional adolescent rugby league and rugby union players. BASES conference 2015. St George's Park, Tatenhill, Burton upon Trent, 1-2 December

Smith, D., Jones, B., Sutton, L., King, R. & Duckworth, L. Dietary intakes differ across age groups in professional adolescent rugby league & rugby union players. BASES conference 2015. St George's Park, Tatenhill, Burton upon Trent, 1-2 December

Phibbs, P., Jones, B. & Till, K. Training load and movement demands of English adolescent rugby union players. BASES conference 2015. St George's Park, Tatenhill, Burton upon Trent, 1-2 December



Jones, B., Till, K. & Manley, A. Advancing The Profiling of Athletes: Incorporating Coach-athlete Collaboration when Interpreting Fitness Testing Data. BASES conference 2015. St George's Park, Tatenhill, Burton upon Trent, 1-2 December

Jones, B., Till, K., Clarkson, M., Barnes, C., Bradley, P. & Twist, C. Movement demands of International rugby league players during the 2013 Rugby League World Cup by group stage and position. BASES conference 2015. St George's Park, Tatenhill, Burton upon Trent, 1-2 December

Black, C. Till, K., O'Hara, J., Davidson, J. & Jones, B. Seasonal changes in session external training load in professional rugby league players: a case study from an elite European rugby league squad. BASES conference 2015. St George's Park, Tatenhill, Burton upon Trent, 1-2 December

Till, K., Jones, B. & Geeson-Brown, T. A Retrospective Analysis of the Longitudinal Development of Physical Qualities Associated with Career Attainment in Academy Rugby League. BASES conference 2015. St George's Park, Tatenhill, Burton upon Trent, 1-2 December

#### **January 2016**

#### **Sports Coach UK CPD event**

Sports Coach UK invited Dr Leanne Norman to deliver one of the three keynotes at a British Coaching event at Manchester Velodrome in January 2016. The conference is based on the theme of shaping the future of coaching and ScUK invited Leanne to deliver a talk on women coaches and wellbeing based on the University funded research cluster bid that she has recently led.

#### **Women's Sport – Participation, Access and Funding**

Dr Leanne Norman, Dr Faye Didymus and Dr AJ Rankin-Wright were invited to speak at the UK Policy conference in January, on the issue of increasing the numbers and retaining women as coaches and the link to their sense of well-being. The event took place in London and was based on the theme of 'Women's Sport - increasing participation, access and funding'. Their session was the only one discussing coaching and the team joined a list of prestigious speakers including Baroness Sue Campbell, Barbara Slater BBC Director for Sport and other heads of sporting organisations and charities. The invitation is based on recognition of the University research cluster work carried out here at Leeds Beckett University around women coaches and their psychological and sociological well-being in the work place.

#### **April 2016**

#### **European Women and Sport Conference**

Dr Leanne Norman has accepted an invitation from European Women and Sport (EWS) to deliver a keynote speech at their forthcoming annual conference in April 2016 in Stockholm Sweden, on gender equality and coaching. The theme of conference is 'Moving towards Gender Equality in Sport' which includes four central themes: gender equality in decision

making roles; gender equality in coaching; fighting against gender violence; and fighting against gender stereotypes. Leanne will be delivering the keynote on the coaching theme.

**June 2016**

### [AIESEP Conference 2016](#)

Dr Hayley Fitzgerald has been invited to deliver a keynote at the 2016 Association Internationale des Écoles Supérieures d'Éducation Physique (AIESEP) Conference, which will be held June 8-11, 2016 in Laramie at the University of Wyoming.

**July 2016**

### [Conference of the Leisure Studies Association](#)

Professor Karl Spracklen has been invited to deliver a keynote at the conference of the Leisure Studies Association at Liverpool John Moores University in July 2016.



## **Research and Enterprise News**

### [Promising Research Fellowships](#)

Congratulations to Dr Faye Didymus, Dr Claire Griffiths and Dr Mariana Kaiseler from the School of Sport who were successful in their applications for a Carnegie Faculty Promising Research Fellowship for semester two, 2015/16.

### MARIE Skłodowska-CURIE Individual Fellowships

Professor Anne Flintoff and Dr Bonnie Pang (School of Science and Health, Western Sydney University) have recently received feedback on their application to the European Union, for a Marie Curie Individual Fellowship. The application received a score as 91.6%, and is currently on a reserve list, awaiting further communication from the EU. Marie Curie Individual fellowships aim at enhancing the creative and innovative potential of experienced researchers who wish to diversify their individual competence in terms of skill acquisition through advanced training, international and intersectoral mobility. The fellowship would entail Bonnie working at Leeds Beckett for two years in order to undertake her research about Chinese young people's experiences of physical activity, PE and health, (see [here](#) for the abstract), and engage in training and research leadership development activities within the Diversity, Equity and Inclusion research centre. Although not (yet) successful, both applicants have learnt a lot about the process of developing an application to this EU funding stream, and are happy to share that with others thinking about submitting to the next round. Copies of the full bid are also available if helpful.

### House of Lords Meeting

Professor Kevin Hylton was recently invited to a House of Lords meeting by the Laureus Sport for Good Foundation chaired by Dame Tanni Grey-Thompson and attended by national governing organisations of sport to explore issues relating to the barriers to participation in sport for black and minority ethnic, low income and/or disabled young women.

### Gender Mainstreaming in Sport

Dr Leanne Norman was invited to talk at the Council of Europe's Enlarged Partial Agreement in Sport (EPAS) event entitled 'Gender Mainstreaming in Sport' in conjunction with the European Women and Sport organisation. Leanne was invited to talk to the group which consisted of representatives of European sport ministries and international sporting organisations, on the issue of improving gender equality in sport. The event took place in Strasbourg, France in November.

### BBC Action Group

Dr Leanne Norman has been invited to join the BBC action group for women in sport leadership. As part of this, the research cluster that Leanne led to do with occupational well-being and women coaches has formed the basis for a short BBC Sport film, aired at the first meeting of the action group around the issue of women in coaching, on Thursday 5th November 2015. Dr AJ Rankin-Wright and Leanne attended the BBC meeting at Broadcasting House in London. Further details can be found [here](#).

### British Dietetic Association IBEX award for Professional Achievement 2016

In recognition of her contributions to the field of sport and exercise nutrition Louise Sutton has been awarded the 2016 BDA IBEX Award for Professional Achievement. This prestigious award is given to individuals who have shown commitment and significant contributions to the

dietetic profession having given outstanding service and worked to promote the highest standards in the science and practice of dietetics. The impact of Louise's achievement and contributions has provided opportunities to develop strategic partnerships with external organisations which have filtered into curriculum, research and enterprise activity. She has also recently been appointed Deputy Chair of the Sport and Exercise Nutrition Register Board with particular responsibility for registration and accreditation, and is Chair of the British Dietetic Association (BDA) Sport Nutrition Specialist Interest Group. Louise has been recognised in the BDA's Role of Honour for the last two years for her contribution to the development of the Sport and Exercise Nutrition Register in respect of raising the profile of the SENr nationally and internationally.

### Sport Insight Magazine

Dr Leanne Norman was interviewed by Sports Insight Magazine for their piece on women in football and sports leadership to provide expert commentary to their story.

### Institut Nacional d'Educació Física de Catalunya

Dr Leanne Norman, Dr Faye Didymus and Dr AJ Rankin-Wright were invited to INEFC in Barcelona at the end of October to advise their research team on replicating a Catalan-based research project similar to the research cluster Leanne led here. Leanne, Faye and AJ delivered a series of the talks to the multidisciplinary team which were very well received and they will now be involved in collaborating together over the 3 year project to share findings to build an international perspective around the issue of occupational well-being and women coaches.

### Homeless World Cup

Dr Kathryn Curran attended the Homeless World Cup in Amsterdam to begin a longitudinal investigation into the psychosocial impact of engagement in the Homeless FA's Training programme and the Homeless World Cup (Amsterdam, September 2015) for members of the England men's football team.

Further details can be found [here](#).

### Norman K. Denzin Qualitative Research Award

Dr Kitrina Douglas and Professor David Carless' work "Finding a Counter Story at an Inclusive, Adapted, Sport and Adventurous Training Course for Injured, Sick, and Wounded Soldiers: Drawn In–Drawn Out" was nominated for consideration for the 2015 Norman K. Denzin Qualitative Research Award.

### Participation by Black and minority ethnic communities in sport in Wales

In September Sport Wales held a political launch of the Institute's report on 'Understanding participation and non-participation in sport amongst Black and minority ethnic groups in Wales'. This coincided by a call by Sport Wales to its partners to 'join it in stepping up to the plate to tackle inequality in sport'.

Rather than providing survey data the research drew on more ethnographic approaches to provide Sport Wales with insights to the variety of responses to sport and physical recreation from segments of the community that are often 'lumped together'. At the end of the research,

instead of making 'recommendations' we encouraged Sport Wales (and its partners) to consider a dozen possible courses of action that might redress what were identified by research participants as deficiencies in the current set-up. The project team of Dr Kate Dashper, Dr Tom Fletcher, Professor Jonathan Long and Dr Neil Ormerod were delighted to see the research having such an immediate impact in the shape of the Sport Wales initiative.

The Press Release from Sport Wales can be found [here](#).

And the full report along with Sport Wales' briefing paper for partners can be found [here](#).

The University's own news report is [here](#).

*The full report may not be as long as the Chilcot report, but if you want a quick read, one of the project team can provide you with the executive summary.*

## ESRC Festival of Social Science - Maximising the Value of Sports and Cultural Events

On the 13th of November the International Centre for Research in Events, Tourism and Hospitality (ICRETH) participated in the annual Economic and Social Research Council (ESRC) Festival of Social Science, hosting a seminar entitled: Maximising the value of sports and cultural events. The event was one of over 220 events taking place across the UK during the festival and featured presentations from guest speakers David Andrews (Independent Consultant) and Jane Earnshaw (Independent Producer and Programmer), alongside Leeds Beckett academics Dr ShiNa Li and Dr Emma Wood. This well-received event was organised by Professor Rhodri Thomas and Dr Neil Ormerod and prompted lively discussion between the audience and speakers on topics which explored the social goals of events, the hidden value within events, the motivations for hosting large-scale events, and the rationale for quantifying the economic impact of events.

An account of the event, written by Professor Jonathan Long, can be found [here](#).

## Yorkshire Wildlife Trust

Dr Neil Ormerod has been working in partnership with the Yorkshire Wildlife Trust (YWT) to deliver the 2015 YWT Visitor Survey for Wildlife Locations in East Yorkshire. This project builds on a previous study conducted in 2010 by Dr Simon Woodward, and will assist YWT and other stakeholders within the Yorkshire Nature Triangle Initiative in ensuring that visitor data is available to inform management and development decisions at current and future nature tourism locations.

## International Review for the Sociology of Sport's Top Ten Downloaded Articles

Professor Kevin Hylton's article "How a turn to critical race theory can contribute to our understanding of 'race', racism and anti-racism in sport", was included in the International Review for the Sociology of Sport's Top Ten Downloaded Articles over 50 years of the journal (since 1966). It is included in a [Virtual Issue](#).

## Global Sport Management Journal

Professor Kevin Hylton has been invited to join the Editorial Board of the new Journal of Global Sport Management. The inaugural issues will be published in 2016.

## Institute of Black Culture Media and Sport

Professor Kevin Hylton has accepted an invitation to be a Director of the Institute of Black Culture Media and Sport who are currently working on a Heritage Lottery Funded documentary on the African History of Sport. This ground breaking 60 minute documentary film and hard copy learning pack, focus on nearly three millennia of Nile Valley Civilisations' sport legacy, using artifacts and audio visual materials from Petrie, British, World Museums, and written works by Wolfgang Decker, A.J Serrano, Irvin Finkel etc., about rituals dating from the beginning of the third millennium BCE, and lasted for twenty-three hundred years before the first Olympic Games in Greece. The film concerns itself with the sport, play and games traditions of Twenty Six Kemetic Dynasties; that is Nile Valley Sport, Play and Games traditions ca. 2950-- 525 B.C., before Persian, Hittite, Greco-Roman and Arab conquests.

## Equality Challenge Unit

Professor Kevin Hylton has accepted an invitation from the Equality Challenge Unit to be Patron of the Race Charter Mark. The Race Charter aims to improve the representation, progression and success of Black and minoritised ethnic staff and students within higher education. As Patron, Professor Hylton has been invited to keynote and present awards in January 2016 to the 8 successful universities from the pilot. The Race Charter will be rolled out to all universities in 2016.

## A Sense of Belonging? Race, Ethnicity and Culture in Higher Education

Professor Kevin Hylton and Dr Deborah Gabriel (University of Bournemouth/Founder and CEO of Black British Academics) have had a book proposal accepted by Trentham books entitled: A Sense of Belonging? Race, Ethnicity and Culture in Higher Education, London: Trentham.

## Spoken language in late 1930s Bolton

The website arising from Dr Ivor Timmis' Leverhulme research grant looking at spoken language in late 1930s Bolton is now available [here](#). The website showcases the data – conversations which took place among working class people in Bolton at various public locations such as pubs, shops, bowling greens, stations and Blackpool beach. There is also background on the Mass-Observation project which yielded this data. Ivor delivered a guest lecture on this work at the University of Huddersfield and will be giving a plenary lecture on the same data at the IVACS (Inter-varietal applied corpus studies) conference in Bath in June 2016.

## Rugby Football League Executive Summary

Kacy Mackreth has recently provided an Executive Summary to an independent piece of research to the RFL. This 'Executive Summary' has been very well received and Kacy presented this work to the RFL's member clubs CEO's from the Championship and League one clubs on 21st October in Dewsbury. Kacy also presented further research findings to the RFL member clubs on Friday 6th November 2015.

## The London Olympics of 2012: Politics, Promises and Legacy

Professor Stephen Wagg's book "The London Olympics of 2012: Politics, Promises and Legacy" was recently published by Palgrave Macmillan, further details on this can be found [here](#).

### International Sociological Association's Forum of Sociology

Professor Karl Spracklen is joint Program Co-ordinator for the sociology of leisure (Research Committee 13) element of the International Sociological Association's Forum of Sociology, to be held in Vienna in July 2016.

### Sport: Probing the Boundaries

Professor Karl Spracklen is on the Editorial Board of a new journal, which he has been instrumental in setting up. Sport: Probing the Boundaries will be published from 2016 by Inter-Disciplinary Press, and is an inter-disciplinary journal for sports studies.

### 2015 World Artistic Gymnastics Championships

During the final two weeks of October Dr Lisa Gannon was asked to take on the role of technical presenter/announcer at the 46th Artistic Gymnastics World Championships. This event saw a record 594 gymnasts representing 87 nations arrive in Glasgow to perform over 10 days of competition. Not only were they vying for the coveted title of World Champion, but the championships also served as the first qualifying event for the Rio 2016 Olympic Games. The British women and men (which included Nile Wilson from Leeds) exceeded all expectation by winning bronze and silver team medals respectively as well as crowning our first ever male World Champion on pommel horse, Max Whitlock.

The championships have been praised as one of the greatest occasions in the history of the sport by the President of the International Gymnastics Federation, Professor Bruno Grandi.

### Guest Lecture, University of Roehampton

Dr Kevin Deighton delivered a guest lecture at the University of Roehampton on Friday 13th November 2015. The lecture was titled "Appetite and gut hormone responses to acute exercise and nutritional interventions" and showcased some of the work currently being completed at Leeds Beckett.

### Sport and Exercise Nutrition Register (SEnr)

Dr Kevin Deighton and Dr Lauren Duckworth have been accepted onto the Sport & Exercise Nutrition Register (SEnr) as Academic Associates.

### Research Fellowship – Association for Information Technology in Teacher Education

Dr Alison Iredale has been awarded a research fellowship with the Association for Information Technology in Teacher Education (ITTE) to lead a review and synthesis of existing research on digital technologies and the participation and collaboration of pre-service teachers in initial teacher education (systematic literature review). The project seeks to develop a deeper understanding of the complex interplay between digital technologies and the participation and collaboration of pre-service teachers in initial teacher education. The project will review the existing literature on the use of social media to support the participation of trainee teachers. It will draw upon previous reviews into the use of ICT in formal educational settings. The

findings of the review and synthesis will provide a significant contribution to the development of effective teacher education and training across the UK curriculum.

In addition to the award there is also a team of research associates including: Lyn Farrell, Katharine Stapleford, Jakki Sheridan Ross, Christine Holbrey, Dr Susan Atkinson and Nick Mitchell

### 'Sprachentag' Workshop, University of Ilmenau in Germany

Stuart Moss recently delivered a seminar at the Technical University of Ilmenau's annual 'Sprachentag' (languages day) on 'Business Strategy in the Micro Environment' and a workshop entitled 'Recognising, developing and selling your employability skills'.

### Wattbike Ltd Contract

A research group consisting of Dr Barney Wainwright, Professor John O'Hara and Dr Andy King has been awarded a contract by Wattbike Ltd to design and validate a protocol for a submaximal cycling performance test that can be used for both high performance and recreational cyclists.

### Sharing Expertise

On Friday 11th September Professor Sue Backhouse (doping prevention) and Sergio-Lara Bercial (coaching practice) shared their expertise with a Chinese delegation of Olympic athletes, officials and academics.

### The Blue New Deal

Dr Davina Stanford has recently been invited by the New Economics Foundation to be part of a working group for the Blue New Deal initiative. The Blue New Deal initiative acknowledges the many different groups on our coast working towards the goals of improving people's quality of life, and calling for a more integrated approach to the management and sustainable development of our coastal and marine environment. It also acknowledges existing policy and national objectives working towards economic prosperity for coastal communities and healthier, more productive UK seas for the future. The Blue New Deal action plan will propose solutions and practical measures for all related sectors, moving beyond the existing barriers to help turn this vision into a reality. Davina will be involved as part of the working group to help develop a Blue New Deal tourism action plan to be delivered in September 2017.

### Collaborative Research Project

Dr Athanassios Bissas recently visited Greece for data collection for a collaborative research project. The project (part of this funded through a Carnegie Research Fund but also supported financially by the collaborative institutions\*) aims to generate original data on "Differences in architectural and functional features of upper and lower body tendon and muscles between officer cadets and young active males". As this type of investigation in military populations has not taken place before, the team are confident that it will generate a lot of attention worldwide with high quality publications.

In terms of other benefits derived from the project, apart from the developing relationships with HAA and Jyvaskeyla, the visit provided the opportunity to build up our relationship with the School of Physical Education and Sports Science of the University of Thessaloniki



(<http://www.phed.auth.gr/index.php/en/>) from which we have received a good number of postgraduate students over the past few years.

### Research Expedition Sponsorship

Dr Matthew Barlow has recently secured sponsorship from Cranlea in the form of research equipment to the value of £5431 for the Dhaulagiri Apnoea Research. Following the expedition the equipment will be available for other research/teaching.

### International Association for China Tourism Studies

Dr ShiNa Li has been elected as the official fellow of International Association for China Tourism Studies with the other 17 experts who are playing a leading role in the Chinese tourism research.

### ABPCO Centre of Excellence

Although it hasn't been announced officially yet, the UK Centre for Event Management has been successful in its application to become an ABPCO Centre of Excellence. ABPCO is the leading British professional association relating to association events. We have the only Centre in the UK to enjoy this accolade.

### Partnerships and collaborations

The Faculty has been active across a number of opportunities which will ensure our students have access to a range of opportunities to gain experiences in applied settings, often alongside professional staff. We have taken advantage of our reputation in sport, events and education to continue to develop our portfolio of alliances for the benefit of staff and students. The examples below indicate benefits across the academic community, BUCS and wider City region.

Dr Helen Whitrod Brown, Associate Dean, Enterprise

### This Girl Can

A team from the School of Sport led by Aarti Ratna are developing a Memorandum of Understanding (MOU) with Gill Keddie from Leeds City Council to support the This Girl Can Campaign. Areas of collaboration include match funding from Leeds City Council and Leeds University to undertake research, website development and social media projects and the development of a programme theory led framework. In addition the Events Support Service based in the School of Events, Tourism and Hospitality is looking at events support for the campaign.

### Active Schools

The successful collaboration with Active Schools continues to move forward with Nick Mitchell from Education and Childhood Studies joining Pete Mackreth on the Strategy Group to represent Initial Teacher Education. Chaired by Gail Palmer-Smeaton, membership includes the University of Leeds, Leeds Trinity University and Leeds City Council. Initiatives include CPD opportunities with current teachers, research into active lifestyles, volunteering and placement opportunities and event management.

## Yorkshire Jets (YJ) Netball

Further discussions have taken place following the successful negotiations to work more closely with YJ which now sees Leeds Beckett branding on their super league kit alongside our partners Leeds Rhinos. Round table discussions with YJ identified a range of potential opportunities around student engagement including physiotherapy support, match day planning and execution, PR and marketing and sports science support.

## Yorkshire CCC win bid to host women's super league team

The Carnegie Faculty played it's part in supporting the YCCC bid and we will be providing a range of opportunities for our students to get involved including placements, projects, volunteering and research. There are six super league teams and we hope to assist YCCC in ensuring Yorkshire Women are the best. More information on how to get involved to follow.

## Leeds Beckett Rugby Football Union bid

A team from Leeds Beckett led by Professor Paul Smith travelled to Twickenham to present the University bid to host a men's national squad. Sally Nickson, Ian Smyth and Colin Stevens made an impressive presentation and were asked to include a bid for the women's development squad going forward. The bid included a letter of support from partners Leeds Rugby and reference to the successful talent development model developed in partnership with academic staff Dr Ben Jones and Dr Kevin Till with Yorkshire Carnegie's Academy Director Andy Rock.

## UK Centre for Events Management

The School of Events Tourism and Hospitality will be celebrating 20 years since the launch of the UK Centre for Events Management (UKCEM) commencing January 2016. The UKCEM is home to the Events Support Service (ESS) which provides commercial opportunities for events students to work on live event planning and delivery. The brain child of Jackie Mulligan, this service has grown in strength and has forthcoming projects worth about £40k which makes it a sustainable operation.

## The Independent Food and Drink Academy

An exciting and innovative partnership for the independent food and drink sector is due to be launched with Leeds City Council in January 2016. The Independent Food and Drink Academy will be based at the Pavilion and serve the needs of the growing street food and drink retailer market.





## Research Student News

Many congratulations to the following who have recently successfully completed their doctoral research – and of course to their supervisors for giving them the support and expertise to ensure that they reached the finish line! You will also see that we have managed to appoint many of them to positions within the University, so we continue to benefit from their expertise. Well done to all.

Professor Anne Flintoff

### [Dr Andrew King](#)

Andy King successfully completed his viva in September 2015 and was recommended for the award of PhD subject to very minor edits. Both examiners commended Andy on his excellent thesis, which was titled “The Effect of Carbohydrate Dose on Liver and Muscle Glycogen Metabolism During Exercise”.

Congratulations to his supervisory team, Professor Rod King and Dr John O’Hara. Andy has completed a very laboratory intensive doctorate within four years of registration and we are delighted he is going to continue working with us as a Project Officer in the School of Sport.

### [Dr Tim Bennett](#)

Dr Tim Bennett successfully defended his thesis in September and was recommended for the award of Doctor of Philosophy subject to minor amendments. His thesis title was “The evaluation of

instep soccer kick technique and performance through an analysis of movement variability". This success follows his recent appointment as a Senior Lecturer in Sport and Exercise Biomechanics within the School of Sport.

Tim's supervisory team comprised Professor Carlton Cooke (DoS) and Dr Chris Low (Supervisor).

#### [Dr AJ Rankin-Wright](#)

Congratulations to AJ Rankin-Wright who successfully defended her thesis "Racial and Gender Equality and Diversity in Sport Coaching in the United Kingdom".

AJ's supervisory team was made up of Professor Kevin Hylton, Dr Leanne Norman and Professor Pat Duffy. AJ has recently been appointed as Research Officer in the School of Sport.

#### [Dr Yanning Li](#)

Congratulations to Dr Yanning Li on the successful defence of her thesis "The Implementation of Innovation in Events: the Chinese Context". Yanning's supervisory team comprised Professor Rhodri Thomas and Dr Emma Wood.

#### [Dr Toni Williams](#)

Toni Williams (School of Sport) successfully defended her thesis in November 2015. The title of Toni's thesis is "Spinal Cord Injury and Physical Activity: Health, Well-being and (False) Hope".

Toni joined the School of Sport in September after undertaking her doctoral studies at Loughborough University under the supervision of

Prof. Brett Smith and Dr Anthony Papathomas.

#### Dr Stacey Emmonds

Stacey Emmonds successfully defended her thesis in November 2015, her thesis title was “The Physiological and Movement Demands of Rugby League Refereeing: Influence on Penalty Accuracy”.

The Rugby Football League partly funded her PhD and Stacey was commended on her approach to balancing science with real-world practice. This success follows her recent appointment as a Senior Lecturer in Physical Education within the School of Sport.

#### Dr Kelsey Erickson

Kelsey Erickson successfully defended her thesis in December 2015, her thesis title was “Doping in sport: a cross-national qualitative analysis of track and field athletes”. Kelsey’s supervisory team was made up of Professor Sue Backhouse (DoS) and Professor David Carless (supervisor).

#### Dr Fieke Rongen

Fieke Rongen has successfully defended her thesis in December 2015, Fieke’s thesis title was “Talent Development: An Evaluation of Program Impact on Youth Athlete Development”. Fieke’s supervisory team comprised Professor Jim McKenna (DoS) and Dr Kevin Till (Supervisor).

Fieke has recently started as Senior Lecturer in Sports Coaching in the School of Sport.

#### [Dr Lorena Lozano](#)

Lorena Lozano-Sufrategui successfully passed her PhD in January 2016. Her thesis title was "Characteristics of effective community interventions to promote physical activity with asymptomatic adults". Lorena's supervisory team comprised Professor Jim McKenna (DOS), Prof. Dave Carless and Dr Andy Pringle (Supervisors).

This success follows her recent appointment as a Senior Lecturer in Physical Activity, Exercise & Health.

#### [Dr Lisa Gannon](#)

Congratulations to Lisa who heard the news that she was awarded her PhD whilst commentating at the World Gymnastics Championships last year.

#### [Webinar Presentation](#)

PhD candidate and local GP, Dr Dane Vishnubala (supervised by Dr Andy Pringle and Professor Jim McKenna) presented a webinar for bases and human kinetics on exercise referral on November 25.

#### [Carnegie Adolescent Rugby Research Project](#)

In October 2015, 5 new PhD students joined the Carnegie Adolescent Rugby Research (CARR) Project working alongside Dr Ben Jones and Dr Kevin Till. Matthew Ireton (Physical qualities in rugby league), Sean Scantlebury (Training load), Tom Sawzcuk

(Wellbeing and injury), Charlotte Hinchcliffe (Psychology in rugby) and Nessian Costello (Nutrition) have all commenced their projects and will also provide support to Leeds Rhinos RLFC and Queen Ethelburga's College. This project secured £187,500 in external income.

#### DSEP Poster Prize Winner

Helen Heaviside won the poster award at the recent British Psychological Society Division of Sport and Exercise Psychology conference. Helen's poster was titled "Put up there on a pedestal and expected to be the star...But nobody really knows how difficult it is": An in-depth analysis of media-constructed expectations within elite sport.

## Other News

### Achieving Excellence Awards December 2015

Many congratulations to our colleagues who were recognised at the Staff Excellence Awards.

- Andrew Manley – joint winner of Inspiring Teacher of the Year
- Ben Jones – joint winner of Researcher of the Year
- Kevin Till – joint winner of Researcher of the Year
- Nick Halafihi – winner of Team Leader of the Year

### Centre for Sports Performance Seminar Series



The Centre for Sports Performance held its Autumn seminar to allow staff and research students the opportunity to share their research findings ahead of national and international conference attendance. In total, 19 papers were presented from across the Sport and Exercise Science disciplines.

### 2016 Carnegie Conversations

The line-up for the 2016 Carnegie Conversations includes BBC Sports personality of the year runner up Kevin Sinfield and Yorkshire Carnegie Head Coach Brian Redpath in conversation with Tanya Arnold. Back to back County Championship winning head coach Jason Gillespie talking to Dave Callaghan, and Dr Leanne Norman examining the role and experiences of high performance women coaches with a panel of expert coaches. There are also speakers from the Hospitality Industry and Education. For further information and to register for the events please click [here](#).

### Preparations for REF 2021 in Carnegie Faculty

Please note that two REF Open Seminars are taking place on:

Unit 26 Sport and Exercise Sciences, Leisure & Tourism: 25th February 2016 Carnegie Pavilion 418 10:00 – 12:00

Unit 25 Education: 9th June 2016 LT C Rose Bowl 09:00 – 13:00 (in conjunction with 2 other units)

Each unit co-ordinator will lead a session and it is expected that all of the Readers and Professors included in these units will also be



present. It is hoped that those academic staff who will and/or are anticipated being returned in REF 2021 will also be able to attend. The invitation is also extended to Research Students, Research Assistants, GTA's and members of staff from our wider academic community who wish to be informed about our preparations.

## Research Outputs

[Carnegie Faculty](#)

[School of Events, Tourism and Hospitality](#)

[Education and Childhood](#)

[School of Sport](#)

[PASES](#)

[Physical Education](#)

[Sports Coaching](#)

[Leisure Sport and Entertainment](#)

[Sports Management](#)

