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**MSc Nutrition & Dietetics**

**(pre-registration)**

**Daily Reflective Journal**

**Part of the Placement A Workbook (Learning Activity 4)**

**Learner’s name:**

**Placement location:**

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| **Week 1 reflective diary** | | |
| **Day** | **AM session** | **PM session** |
| **Monday** |  |  |
| **Tuesday** |  |  |
| **Wednesday** |  |  |
| **Thursday** |  |  |
| **Friday** |  |  |
| **End of week reflection:**  **Action points:** | | |

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| **Week 2 reflective diary** | | |
| **Day** | **AM session** | **PM session** |
| **Monday** |  |  |
| **Tuesday** |  |  |
| **Wednesday** |  |  |
| **Thursday** |  |  |
| **Friday** |  |  |
| **End of week reflection:**  **Action points:** | | |

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| **Week 3 reflective diary** | | |
| **Day** | **AM session** | **PM session** |
| **Monday** |  |  |
| **Tuesday** |  |  |
| **Wednesday** |  |  |
| **Thursday** |  |  |
| **Friday** |  |  |
| **End of week reflection:**  **Action points:** | | |