## Leeds Beckett University Counselling & Psychotherapy Pathways 2024/25

This table provides an overview only, we also recommend you refer to our online prospectus for full details of entry requirements. The School of Community Studies also offer more information on their web pages: Click here

If you are unsure which course is the most appropriate for you, please contact our admissions team at: <a href="mailto:directadmissions@leedsbeckett.ac.uk">directadmissions@leedsbeckett.ac.uk</a> or call +44 (0)113 81 23700

## **Undergraduate route – Course Director UG: Bryony Walker**

#### Postgraduate route - Course Director PG: Paul Nicholson

#### **Counselling Skills Introduction Course**

Short course (2 Days) – Check availability and book a place by clicking above title: Dates TBA for 2024. 2 days 9.30am-4.00pm each day (dates will be released in April 2024)

This course aims to help develop practical listening skills and is open to anyone with a keen interest in further counselling training.

This course is mandatory for PG Certificate applicants who have not completed a short face-to-face counselling skills course (minimum 12 hours study) or equivalent training.

#### PG Cert Interpersonal and Counselling Skills (PCICS)

#### Level 7/60 credits/ 1 year Part time

#### **Course Leader: Tara Fox**

Introduction to the knowledge and theory of counselling ethics and theoretical approaches, mainly reflective based study exploring your own feelings, attitudes and personal relational issues.

#### 2024/25 Provisional Timetable Info

Monday either 2pm – 5.30pm <u>or</u> 3.15pm – 7.15pm

#### **Entry Requirements**

- Second Class Honours Degree.
- Completion of face to face short course in counselling skills (minimum of 12 hours of study)
- Click here for course information: Course web link

## **Dip HE Therapeutic Counselling (DTHER)\*\***

## Level 5 / 120 Credits / 2 years part time

#### **Course Leader: Maryam Riaz**

This course provides education and training that meets the standard for professional accreditation with the BACP (British Association for Counselling & Psychotherapy, see <a href="http://www.bacp.co.uk">http://www.bacp.co.uk</a>), and includes a placement with an approved supervisor.

#### 2024/25 Provisional Timetable Info

Thursday either  $9am - 3.30pm \underline{or} 1.00pm - 7.30pm$ 

## **Entry Requirements**

- 120 credits at level 4, GCSE English Language grade C/4
- Completion of 90 hours of counselling training (face to face skills and theory).
   \*\*See additional information
- DBS check.
- All suitable candidates will be required to attend an interview as part of the selection process.
- You will also require a counselling placement: <u>Click here for placement FAQ's</u>
- Click here for course information: Course web link
- Closing Date for applications 13<sup>th</sup> May 2024

#### PG Diploma Counselling and Psychotherapy (PDPCT)\*\*

## Level 7 / 120 credits / 2 years part time

#### **Course Leader: Valerie Fletcher**

This course provides education and training that meets the standard for professional accreditation with the BACP (British Association for Counselling & Psychotherapy, see <a href="http://www.bacp.co.uk">http://www.bacp.co.uk</a>), and includes a placement with an approved supervisor.

### 2024/25 Provisional Timetable Info

Thursday either 9am - 3.30pm or 1.00pm - 7.30pm

## **Entry Requirements**

- Second Class Honours degree.
- Complete a face-to-face Postgraduate Certificate in Counselling Skills or equivalent counselling skills training. Counselling Skills training must include face-to-face counselling skills practice. Training in an allied health profession, such as coaching or social work will not be accepted as meeting this requirement\*\*See additional information.
- DBS check.
- BA (Hons) Social Work achieved at Leeds Beckett will satisfy both the 90 hours counselling and degree entry requriements (if achieved at 2.2 or above)
- All suitable candidates will be required to attend an interview as part of the selection process.
- You will also require a counselling placement: <u>Click here for placement FAQ's</u>
- Click here for course information: Course web link
- This course is NOT eligible for Student Finance
- Closing Date for applications 13<sup>th</sup> May 2024
- Following this course you can choose to 'top-up' with our MA Integrative Counselling (top-up) course \*\*\*

## **BSc (Hons) Therapeutic Counselling -Top up (BSTHC)**

# Level 6 / 120 credits (top up) / 1 year full time or 2 years part time Distance Learning

# Course Leader: Clare Price

This is an academic 'top-up' course aimed at practitioners wishing to increase their expertise in their professional setting and improve their practice.

## **Timetable info**

Distance Learning

## **Entry Requirements**

- Dip HE / 120 credits at level 5, Foundation Degree or equvalent level 5 Counselling award. 100 supervised client hours, membership of BACP or equvlaent body with professional code of ethics.
- Applicants who have completed our BSc Therapeutic Counselling (ordinary degree) in the last five years will be considered for advanced entry and will only need to complete a further 60 level 6 credit points. Applicants who have completed our BSc Therapeutic Counselling degree more than five years ago can apply for credit transfer through the Recognition of Prior Learning route.
- Click here for course information: Course Web Link
- This course IS eligible for a UG Student Loan
- Distance Learning only

## MA Integrative Counselling (MINCO)\*\*

## Level 7 / 180 credits / 2 years full time or 3 years part time

## **Course Leader: Valerie Fletcher**

This course provides education and training that meets the standard for professional accreditation with the BACP (British Association for Counselling & Psychotherapy, see <a href="http://www.bacp.co.uk">http://www.bacp.co.uk</a>), and includes a placement with an approved supervisor plus through further research into an area of interest

## 2024/25 Provisional Timetable Info

Part-time route: Thursday either 9am – 3.30pm or 1.00pm – 7.30pm

<u>Full-time route</u>: as part-time route <u>plus</u> Tuesdays 2pm - 4pm from Semester 2

3 year part-time route: Year 1 & 2 as part-time route plus 3<sup>rd</sup> year delivery is by distance learning with a live one hour seminar over MS Teams on a Tuesday in Semester 2

## **Entry requirements**

- Second Class Honours degree.
- Complete a face-to-face Postgraduate Certificate in Counselling Skills or equivalent counselling skills training. Counselling Skills training must include face-to-face counselling skills practice. Training in an allied health profession, such as coaching or social work will not be accepted as meeting this requirement\*\*See additional information.
- All suitable candidates will be required to attend an interview as part of the selection process.
- Click here for course information: Course web link

#### MA Integrative Counselling (MINCO)\*\*continued

- This course IS eligible for a PG Masters Loan
- Closing Date for applications 13<sup>th</sup> May 2024

#### MA Integrative Counselling (Top-up) (MINCT) \*\*\*

#### Level 7 / 60 credits (top-up)\*/ 1 year part time

Distance Learning Only
Course Leader: Katy Day

This is an academic 'top-up' course aimed at counselling or psychotherapy postgraduates wishing to top up their qualification to a full Masters award through further research into an area of interest

### **Timetable Info**

Distance Learning

## **Entry requirements**

- Postgraduate Diploma in Counselling/Psychotherapy or training at postgraduate level in Clinical Supervision and relvant degree.
- Applicants are asked to submit a reseach topic proposal and submit this with their application. Further details can be found at this <u>link</u>
- Not all students will need a DBS, this will depend on their research proposal and Katy will advise on this.
- Click here for course information: Course web link
- Applications are not available to those whose normal place of residence is SE
   Asia. If that applies to you please contact our franchise partner in Singapore,
   College Allied Educators who provide this award (CAE Singapore)

## \*\*Additional Information

Please see the Course Directors Guidance for Applicants (below) as this should help you decide whether you would need to start with our PG Cert Interpersonal & Counselling Skills course or if you have enough skills training to be able to start on the Dip HE Therapeutic Counselling, PG Diploma Counselling & Psychotherapy or the MA Integrative Counselling.

# **Guidance for Applicants**

As you consider entering a Leeds Beckett University counsellor training course, it is worth considering which stage of training is the best entry point for you. The British Association of Counselling and Psychotherapy (BACP) describe 3 entry points for training <a href="https://www.bacp.co.uk/careers/careers-in-counselling/training/">https://www.bacp.co.uk/careers/careers-in-counselling/training/</a> with introduction and certificate courses coming before the Core practitioner training which qualifies you as a recognised counsellor/psychotherapist with the BACP.

We offer provision at each of these stages i.e.:

- Stage 1 2-day: Counselling Skills Introduction course.
- Stage 2 1-year: Postgraduate Certificate Interpersonal & Counselling Skills.
- Stage 3 2/3 years: Dip HE Therapeutic Counselling / PG diploma Counselling & Psychotherapy / MA Integrative Counselling.

When making your decision about where to commence, please bear in mind that even though the term counsellor is used in the UK to describe several helping or support roles, we work to the current BACP guidance that counselling and psychotherapy are interchangeable terms used to describe forms of talking therapy. As, such we see it as necessary that applicants to our core practitioner training (Dip HE/PG Diploma or MA integrative counselling) have the appropriate foundation of having acquired some therapeutic practice-based skills before gaining entry on to one of our 3rd stage qualifying courses.

We acknowledge that there are many applicants with a range of relevant experience and transferrable skills which would be useful for stage 3 counselling training. However, when determining which entry point onto our courses is the right stage for you, please ask yourself if you would feel equipped and competent enough to safely work with clients in the role of therapist right now. We expect all our starting Dip HE/PG Diploma or MA trainees to be equipped to do that from the outset and commence placement practice in October after enrolling. So, if that doesn't describe your current skill set, then perhaps the certificate stage training is the better entry point for you.