



LEEDS  
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# Course

# Specification

# BA (Hons) Physical Education with Outdoor Education

Course Code: BAPEO

2024/25

[leedsbeckett.ac.uk](https://leedsbeckett.ac.uk)

# ***BA (Hons) Physical Education with Outdoor Education (BAPEO)***

## **Applicant Facing Course Specification for 2024/25 Undergraduate Entrants**

Confirmed at DEC/2023

### **General Information**

<b>Award</b>	Bachelor of Arts (with Honours) Physical Education with Outdoor Education
<b>Contained Awards</b>	Bachelor of Arts Physical Education with Outdoor Education Diploma of Higher Education Physical Education with Outdoor Education Certificate of Higher Education Physical Education with Outdoor Education
<b>Awarding Body</b>	Leeds Beckett University
<b>Level of Qualification and Credits</b>	Level 6 of the Framework for Higher Education Qualifications, with 120 credit points at each of Levels 4, 5 and 6 of the UK Credit Framework for Higher Education (360 credits in total).
<b>Course Lengths and Standard Timescales</b>	Start dates will be notified to students via their offer letter. The length and mode of delivery of the course is confirmed below: <ul style="list-style-type: none"><li>• 3 years (full time, campus based)</li></ul>
<b>Location(s) of Delivery</b>	The teaching on your course will take place at Headingley campus (plus location of work placement, if applicable)
<b>Entry Requirements</b>	Admissions criteria are confirmed in your offer letter. Details of how the University recognises prior learning and supports credit transfer are located here: <a href="https://www.leedsbeckett.ac.uk/student-information/course-information/recognition-of-prior-learning/">https://www.leedsbeckett.ac.uk/student-information/course-information/recognition-of-prior-learning/</a>  Admissions enquiries may be directed to: <a href="mailto:AdmissionsEnquiries@leedsbeckett.ac.uk">AdmissionsEnquiries@leedsbeckett.ac.uk</a> .
<b>Course Fees</b>	Course fees and any additional course costs are confirmed in your offer letter. Fees enquiries may be directed to <a href="mailto:Fees@leedsbeckett.ac.uk">Fees@leedsbeckett.ac.uk</a> .

### **Timetable Information**

Timetables for Semester 1 will be made available to students during induction week via:

- i) The Student Portal (MyBeckett)
- ii) The Leeds Beckett app

Any difficulties relating to timetabled sessions may be discussed with your Course Administrator.

## **Policies, Standards and Regulations** (<https://www.leedsbeckett.ac.uk/our-university/public-information/academic-regulations/>)

There are no additional or non-standard regulations which relate to your course.

## **Key Contacts**

<b>Your Course Director</b>	Dr David Cooke
<b>Your Academic Advisor</b>	Your Academic Advisor will be allocated to you at induction.
<b>Your Course Administrator</b>	Your Course Administrator can be contacted on <a href="mailto:schoolofsportadmin@leedsbeckett.ac.uk">schoolofsportadmin@leedsbeckett.ac.uk</a>

## **Work Placement Information**

### **Summary**

Leeds Beckett is dedicated to improving the employability of our students and one of the ways in which we do this is to support our students to gain valuable work experience through work-based placements. Our placement teams have developed strong links with companies, many of whom repeatedly recruit our students into excellent placement roles and the teams are dedicated to supporting students through every stage of the placement process. More information about the many benefits of undertaking a work placement, along with details about how to contact our placement teams may be found [here](http://www.leedsbeckett.ac.uk/studenthub/placement-information/): <http://www.leedsbeckett.ac.uk/studenthub/placement-information/>

### **Length**

Level 4: Students undertake a series of employability activities in the Personal, Professional and Academic Development module. Students are also encouraged to undertake a minimum of two weeks of self-directed employability activities tailored to their individual needs, which can include a placement.

Level 5: A minimum of 60 hours placement, although this can be considerably higher depending upon the elective modules chosen.

Level 6: The number of placement hours is dependent upon elective modules chosen and can be up to 64 hours.

### **Location**

Students may be placed with various Schools in the Leeds region. Further information on the allocation process is provided by the module leader prior to option choices being made.

## **Professional Accreditation or Recognition Associated with the Course**

### **Professional Body**

There is no professional accreditation associated with this course.

### **Accreditation/ Recognition Summary**

N/A

## **Course Overview**

### **Aims**

The aims of the programme are to:

- provide an academically and vocationally relevant education for a career in Physical Education teaching (via postgraduate teacher education routes) with an outdoor specialism;
- provide an academically and vocationally relevant education for a career in Outdoor Education related areas of work with the option of a specialist area in PE Teaching, Health and Sport Science disciplines;
- provide a multi-disciplinary Award that integrates theory and practice in the broader contexts of Physical Education and Outdoor Education from natural science, social science and outdoor activity perspectives;
- provide students with knowledge and a critical understanding of the concepts, theories, principles and methodologies that are central to the study of Physical Education and Outdoor Education;
- enable students to develop qualities and transferable skills necessary for employment E.g., communication skills, team work skills and professional attributes such as highly motivated and competitive but also collaborative and inclusive.

### **Course Learning Outcomes**

At the end of the course, students will be able to:

1. Demonstrate a critical understanding of the multi-disciplinary nature of academic and vocational definitions of physical and outdoor education.
2. Work effectively and efficiently both independently and as part of a team in a range of professional contexts including, school, sport and community settings.

3. Demonstrate the ability to critically evaluate the complex interrelationships between theories within physical and outdoor education disciplines.
4. To explore the complex interrelationships between theory and pedagogy in practice in physical education and outdoor education.
5. Demonstrate critical thinking, critical inquiry, and critical analysis, evaluation and interpretation of research and its application to physical education.

## **Teaching and Learning Activities**

### **Summary**

Students will be engaged through a variety of teaching and learning activities whilst studying the BA (Hons) Physical Education with Outdoor Education degree. Challenging and authentic tasks will be used to stretch the student's capabilities in real world learning and assessment resulting in a deeper approach to learning. Engagement in these tasks will involve practical participation, observation and analysis, along with critical reflection. This will mean that students from a variety of backgrounds, with different (dis)abilities will be able to find their own Level of engagement. The majority of modules on the degree will consist of 20 credits which equates to 200 notational learning hours. The learning of each 20 credit module will consist of a minimum of 48 hours contact time.

The following learning and teaching strategies will be used across the modules on the BA (Hons) Physical Education with Outdoor Education degree:

- Students will participate in practical workshops to experience/develop the skills required in delivering programmes in a variety of physical and outdoor education contexts
- Students will lead practical sessions on physical and outdoor activity for a variety of target populations.
- Students will attend interactive lectures where they will be expected to contribute having done some preparatory reading in advance
- Students will participate in tutorials where they will work in small groups to engage with learning activities (e.g. small group discussions)
- Students will engage and contribute to laboratory/ practical sessions.
- Students will organise and conduct laboratory and field data collection, analysis and interpretation.
- Students will work independently to research the relevant literature predominantly using electronic databases and search engines.
- Students will complete weekly directed activities/ formative assessments which will inform the content of scheduled sessions, providing opportunities for feedback.

The blend of learning approaches will involve a combination of face-to-face facilitated learning, online learning and self-study which will differ by module and across Levels. The main emphasis is on face to face learning, a relatively high proportion of which is practical.

### **Your Modules**

This information is correct for students progressing through the programme within standard timescales. Option modules listed are indicative of a typical year. There may be some variance in the availability of option modules. Students who are required to undertake repeat study may be taught alternate modules which meet the overall course learning outcomes. Details of module delivery will be provided in your timetable.

Level 4			
Semester 1	Core (Y/N)	Semester 2	Core (Y/N)
Personal, Professional and Academic Development in Physical Education with Outdoor Education <sup>1</sup> (20)			Y
Lifestyle and Adventure Sports <sup>1</sup> (20)			Y
Sociology of Physical Education (10)	Y	Scientific Foundations of Human Movement for PE (20)	Y
PE and Sport Pedagogy 1a (20)	Y	PE and Sport Pedagogy 1b (20)	Y
		Psychology of Learning (10)	Y

<sup>1</sup> Taught across semesters

Level 5			
Semester 1	Core (Y/N)	Semester 2	Core (Y/N)
Professional Development in Physical Education with Outdoor Education <sup>1</sup> (20)			Y
Research in Practice for Physical Education with Outdoor Education <sup>1</sup> (20)			Y
PE and Sport Pedagogy 2 <sup>1</sup> (20)			Y
<b>L5 Core Outdoor Education elective modules - at least one from:</b>			
Adventure Analysis <sup>2</sup> (20)	N	Adapted Outdoor Adventure <sup>2</sup> (20)	N
<b>L5 Theory modules - at least one from:</b>			
Social Psychology <sup>2</sup> (20)	N	Applied Social Science of PE <sup>2</sup> (20)	N

Level 5			
Applied Human Movement for PE <sup>2</sup> (20)	N		
L5 Electives			
Inclusive Practice (Multi Activity) (20)	N	Physically Active Learning (20)	N
Working with Children (20)	N	Working with Children (20)	N

<sup>1</sup> Taught across semesters

<sup>2</sup> Core Electives.

NB - All option modules are indicative.

Level 6			
Semester 1	Core (Y/N)	Semester 2	Core (Y/N)
Final Year Project in Physical Education with Outdoor Education <sup>1</sup> (40)			Y
PE and Sport Pedagogy 3 <sup>1</sup> (20)			Y

**L6 Core Outdoor Education elective modules - at least one from the two modules below AND Final year Project with an Outdoor Education focus**

**OR Both Outdoor Education elective modules and broader PE choices for Final Year Project**

Semester 1	Core (Y/N)	Semester 2	Core (Y/N)
Teaching and Learning through the Outdoors <sup>2</sup> (20)	N	Leadership through Adventure <sup>2</sup> (20)	N
L6 Theory modules – at least one from:			
Analysing Human Movement <sup>2</sup> (20)	N	Applied Psychology <sup>2</sup> (20)	N
Contemporary Issues in Physical Education and Youth Sport <sup>2</sup> (20)	N		
Level 6 Electives			
Lifelong participation for 'at-risk' populations (20)	N	Special Educational Needs and Disability in Physical Education (20)	N

Special Educational Needs and Disability in Physical Education (20)	N		
PE Pedagogy in Practice (20) <sup>1</sup>			N

<sup>1</sup> Taught across semesters

<sup>2</sup> Core Electives

NB - All option modules are indicative.

## Assessment Balance and Scheduled Learning and Teaching Activities by Level

The assessment balance and overall workload associated with this course are calculated from core modules and typical option module choices undertaken by students on the course. They have been reviewed and confirmed as representative by the Course Director but applicants should note that the specific option choices students make may influence both assessment and workload balance.

A standard module equates to 200 notional learning hours, which may be comprised of teaching, learning and assessment, any embedded placement activities and independent study. Modules may have more than one component of assessment.

### Assessment

Level 4 is assessed by coursework predominately, with some examinations and practical assessments.

Level 5 is assessed by coursework predominantly, with some practical assessments.

Level 6 is assessed by course work predominantly, with some practical assessments.

### Workload

Overall Workload	Level 4	Level 5	Level 6
Teaching, Learning and Assessment	300 hours	294 hours	210 hours
Independent Study	900 hours	846 hours	926 hours
Placement	*	60 hours*	64 hours*

\* Refer to Work Placement Information above for further details. This may vary depending on module choices.

### Learning Support



If you have a question or a problem relating to your course, your Course Administrator is there to help you. Course Administrators work closely with academic staff and can make referrals to teaching staff or to specialist professional services as appropriate. They can give you a confirmation of attendance letter, and a transcript. You may also like to contact your Course Rep or the Students' Union Advice team for additional support with course-related questions.

## **Student Services**

If you have any questions about life at University, call into our Student Services Centre at either campus or contact Student Advice directly. This team, consisting of trained officers and advisers are available to support you throughout your time here. They will make sure you have access to and are aware of the support, specialist services, and opportunities our University provides. They also work on a wide range of projects throughout the year all designed to enhance your student experience and ensure you make the most of your time with us. Student Advice are located in the Student Services Centre in the Leslie Silver Building at City Campus and on the ground floor of the Priestley Building at Headingley Campus. The team can also be contacted via email at [studentadvice@leedsbeckett.ac.uk](mailto:studentadvice@leedsbeckett.ac.uk), telephone on 0113 812 3000, or by accessing our online chat link, available on the student homepage.

## **Support and Opportunities**

Within MyBeckett you will see two tabs (Support and Opportunities) where you can find online information and resources for yourselves. The Support tab gives you access to details of services available to give you academic and personal support. These include Library Services, the Students' Union, Money advice, Disability advice and support, Wellbeing, International Student Services and Accommodation. There is also an A-Z of Support Services, and access to online appointments/registration.

The Opportunities tab is the place to explore the options you have for jobs, work placements, volunteering, and a wide range of other opportunities. For example, you can find out here how to get help with your CV, prepare for an interview, get a part-time job or voluntary role, take part in an international project, or join societies closer to home.