



LEEDS  
BECKETT  
UNIVERSITY

## Course Information

### Undergraduate Courses

Dip HE Therapeutic Counselling  
BSc (Hons) Therapeutic Counselling (top-up)

### Postgraduate Courses

PG Certificate Interpersonal & Counselling Skills  
PG Diploma Counselling & Psychotherapy  
MA Integrative Counselling  
MA Integrative Counselling (top-up)

2024-2025 Entry

Start date: 16 September 2024

Leeds Beckett University  
School of Health

Websites:

## **Undergraduate Courses**

Dip HE Therapeutic Counselling:

<https://www.leedsbeckett.ac.uk/courses/therapeutic-counselling-bsc-top-up>

BSc (Hons) Therapeutic Counselling – (Top-up) Distance Learning only:

<https://www.leedsbeckett.ac.uk/courses/therapeutic-counselling-bsc-top-up>

Course Director UG: Bryony Walker [b.c.walker@leedsbeckett.ac.uk](mailto:b.c.walker@leedsbeckett.ac.uk)

## **Postgraduate Courses**

PG Cert Interpersonal & Counselling Skills:

<https://www.leedsbeckett.ac.uk/courses/interpersonal-counselling-skills-pg-cert>

PG Diploma Counselling & Psychotherapy:

<https://www.leedsbeckett.ac.uk/courses/counselling-psychotherapy-pg-dip>

MA Integrative Counselling:

<https://www.leedsbeckett.ac.uk/courses/integrative-counselling-ma>

MA Integrative Counselling (Top-up) Distance Learning only:

<https://www.leedsbeckett.ac.uk/courses/integrative-counselling-ma-top-up>

Course Director PG: Paul Nicholson [p.nicholson@leedsbeckett.ac.uk](mailto:p.nicholson@leedsbeckett.ac.uk)

## **Admissions & Course Administration**

Course Administrator: Chris Sidebottom [c.sidebottom@leedsbeckett.ac.uk](mailto:c.sidebottom@leedsbeckett.ac.uk)

Admissions: [directadmissions@leedsbeckett.ac.uk](mailto:directadmissions@leedsbeckett.ac.uk)

## 1) Introduction

We provide counselling, psychotherapy and mental health education and training for those interested in a career in the counselling and psychotherapy field or in other types of mental health-related work. We also offer training for more experienced practitioners looking to develop their specialist skillset and consolidate their previous training.

Three of our courses (Dip HE Therapeutic Counselling, PG Diploma Counselling & Psychotherapy and MA Integrative Counselling) are accredited by the British Association of Counselling and Psychotherapy (BACP) The University is also a recognised BACP training centre.

Our courses are delivered by our team of experienced researchers and practitioners, who are members of professional bodies such as the BACP, UK Council for Psychotherapy, and the British Psychological Society. Our staff have worked in Higher and Further Education, the National Health Service, the voluntary sector, and in private practice and all are actively involved in clinical practice or research.

We are at the cutting-edge of developments in practice, research, and education in the field of psychological therapies and mental health and all courses are informed by contemporary research and practice in counselling & psychotherapy and mental health. Recent research, development and scholarly work carried out by the team includes studies of addiction; use of self in therapy; arts and creativity in mental health; spirituality and well-being; self-care; love; anti-oppressive practice and the therapeutic relationship.

Our students can use bespoke, state-of-the-art audio-visual recording facilities to develop therapeutic, communication and interpersonal skills alongside the supervision and guidance from expert tutors. As well as this, students have the opportunity to gain practical experience; for example, students on the BACP-accredited courses spend considerable periods of time working on a placement to hone their skills and apply their knowledge.

Paul Nicholson, PG Course Director & Bryony Walker, UG Course Director

## 2) What are the entry requirements for the courses?

Course	Entry Requirements
Dip HE Therapeutic Counselling	<ul style="list-style-type: none"> <li>• 120 credits at level 4</li> <li>• GCSE English Language grade C/4</li> <li>• Counselling training which has included assessed face-to-face counselling skills practice.</li> <li>• Interview Required</li> </ul>
BSc (Hons) Therapeutic Counselling – Top-up	<ul style="list-style-type: none"> <li>• Dip HE / 120 credits at level 5, Foundation Degree or equivalent level 5 Counselling award.</li> <li>• 100 supervised client hours</li> <li>• Membership of BACP or equivalent body with professional code of ethics.</li> </ul>
PG Cert Interpersonal & Counselling Skills	<ul style="list-style-type: none"> <li>• Second Class Honours Degree.</li> <li>• Completion of face to face short course in counselling skills (minimum of 12 hours of study)</li> </ul>
PG Diploma Counselling & Psychotherapy	<ul style="list-style-type: none"> <li>• Second Class Honours degree.</li> <li>• Postgraduate Certificate in Counselling Skills or equivalent, such as counselling training which has included assessed face-to-face counselling skills practice.</li> <li>• Interview Required</li> </ul>
MA Integrative Counselling	<ul style="list-style-type: none"> <li>• Second Class Honours Degree.</li> <li>• Postgraduate Certificate in Counselling Skills or equivalent, such as counselling training which has included assessed face-to-face counselling skills practice.</li> <li>• Interview Required</li> </ul>
MA Integrative Counselling (Top-up)	<ul style="list-style-type: none"> <li>• PG Diploma in Counselling/Psychotherapy or training at PG level in Clinical Supervision and relevant degree</li> <li>• Submission of a research topic proposal with application</li> </ul>

**Please see the Course Directors Guidance for Applicants (below) as this should help you decide whether you would need to start with a Counselling Skills Introductory course or if you have enough skills training to be able to start on one of our Stage 3 courses.**

### Guidance for Applicants

As you consider entering a Leeds Beckett University counsellor training course, it is worth considering which stage of training is the most appropriate entry point for you. The British Association of Counselling and Psychotherapy (BACP) describe 3 entry points for training <https://www.bacp.co.uk/careers/careers-in-counselling/training/> with introduction and certificate courses coming before the Core practitioner training which qualifies you as a recognised counsellor/psychotherapist with the BACP.

We offer provision at each of these stages i.e.:

- Stage 1 2-day Counselling Skills introduction course.
- Stage 2 1-year Postgraduate Certificate Interpersonal & Counselling Skills. \*\*\* for UG equivalent – see below
- Stage 3 2/3 years Dip HE Therapeutic Counselling / PG Diploma Counselling & Psychotherapy / MA Integrative Counselling

When making your decision about where to commence, please bear in mind that even though the term counsellor is used in the UK to describe several helping or support roles, we work to the current BACP guidance that counselling and psychotherapy are interchangeable terms used to describe forms of talking therapy. As such we see it as necessary that applicants to our core practitioner training (Dip HE Therapeutic Counselling, PG Diploma Counselling & Psychotherapy & MA Integrative Counselling) have the appropriate foundation of having acquired some therapeutic practice-based skills before gaining entry on to one of our Stage 3 qualifying courses.

We acknowledge that there are many applicants with a range of relevant experience and transferrable skills which would be useful for Stage 3 counselling training. However, when determining which entry point onto our courses is the right stage for you, please ask yourself if you would feel equipped and competent enough to safely work with clients in the role of therapist right now. We expect all our starting HE Diploma/PG Diploma/MA trainees to be equipped to do that from the outset and commence placement practice in October after enrolling. So, if that doesn't describe your current skill set, then perhaps the certificate stage training is the better entry point for you.

\*\*\* Unfortunately, we no longer offer an UG course to meet Stage 2. You would need to look for a Level 4 Therapeutic Counselling course or equivalent after which you could “top-up” to a degree with our BSc (Hons) Therapeutic Counselling top up course.

### **Counselling Pathways 2024-25**

Please follow this link to our Counselling Pathways document that should help you decide which of our courses you would need to start with:

[Counselling Pathways Document 2023-2024 – link needs updating](#)

### 3) How much does the course cost?

The fees are revised each academic year. Always make sure you check the online prospectus for further details.

Course	Fees 2024/25	Eligible for Funding
Dip HE Therapeutic Counselling	£3500 per year	No
PG Cert Interpersonal & Counselling Skills	£3500	No
PG Diploma Counselling & Psychotherapy	£4000 per year	No
BSc (Hons) Therapeutic Counselling – Top-up (full-time option)	£8000	Yes
BSc (Hons) Therapeutic Counselling – Top-up (part-time option)	£8000 full course. £66.67 per credit. The total number of credit points for this course is 120	Yes
MA Integrative Counselling – Full time 2 years	£4950 per year	Yes
MA Integrative Counselling – Part time 3 years	£9900 full course. £55 per credit. The total number of credit points for this course is 180	Yes
MA Integrative Counselling (Top-up)	£3500 per year	No

Candidates paying their own fees may be able to pay these by instalments: see [Financing your studies](#) for details. All applicants should familiarise themselves with these details and should note that the course leader and the course administrator are unable to discuss payment of fees. Any discussion regarding fees must be with the fees department – contact details are available from the above link.

### 4) When Does the Course Start?

The courses will next commence with an induction event during week commencing 16th September 2024.

### 5) What is the Attendance Pattern & location of teaching?

Course	Attendance Pattern & Location	Provisional 2024/25 Timetable
Dip HE Therapeutic Counselling, PG Diploma Counselling and Psychotherapy & MA Integrative Counselling	6.5 hours on one day per week usually a choice of 2 start times, at City Campus, Portland Building	Thursday 9.00am – 3.30pm or 1.00pm – 7.30pm
PG Cert Interpersonal & Counselling Skills	3.5 hours on one day per week usually a choice of a morning session or an evening session, at City Campus, Portland Building	Monday 2.00pm – 5.30pm or 3.15pm – 7.15pm

MA Integrative Counselling (Top-up)	Distance Learning	N/A
BSc (Hons) Therapeutic Counselling – Top-up	Distance Learning	N/A

## 6) Is there any professional body accreditation?

Course	Accreditation
PG Cert Interpersonal & Counselling Skills	No
Dip HE Therapeutic Counselling	BACP
PG Diploma Counselling & Psychotherapy	BACP
BSc (Hons) Therapeutic Counselling – Top-up	No
MA Integrative Counselling	BACP
MA Integrative Counselling (Top-up)	No

## 7) Submitting an Application:

To apply please visit: <https://myapplication.leedsbeckett.ac.uk/>

You will need to create an account with your personal and education details including evidence that you meet the entry requirements for the course you are applying for. The evidence should be official certificates. If your name has changed since taking your qualifications, please also attach your name change documentation.

You will also need to add a personal statement and references. You can use our reference template to give to your referees for completion and then they can return directly to us and we will add them to your application. [Reference Template](#)

Once your application is submitted, we will assess it and either make you an offer, ask for further information or invite you to an interview (depending on the course). This will be communicated through the Applicant Portal or by email if necessary.

## 8) How do I enrol?

Once you have received an Unconditional offer you will be invited to accept the offer and then towards the start of the course you will receive invites to our Welcome website where you will create a Welcome Account and complete an online enrolment after which you will be able to assess your welcome and induction information, timetables, fees information etc.

## 9) Do I need any special equipment?

You will need a computer with good broadband connection giving unfettered access to the internet, and to the web site of Leeds Beckett University and its Virtual Learning Environment

(VLE). The University will frequently use material produced in the latest editions of Microsoft Word, Microsoft Excel, and Microsoft PowerPoint – as a minimum you should have the facilities to open and read such documents and to submit assignments using these applications.

## 10) How are the Courses Assessed?

The courses are assessed by course work and practical presentations. The Dip HE Therapeutic Counselling, PG Diploma Counselling & Psychotherapy and MA Integrative Counselling also have placement assessments and supervision.

The BSc (Hons) Therapeutic Counselling top-up coursework is assessed by module assessments, including a dissertation and a journal

## 11) Placements

Placements are required for the PG Diploma Counselling & Psychotherapy and Dip HE Therapeutic Counselling and MA Integrative Counselling courses. The School of Health & Community Studies uses the University Health and Social Care Practice Learning Team to assist applicants in finding appropriate placements. You can find further information on the website using the following link [Placement Team](#)

Please see the FAQ's [Placement FAQ's](#)

If you have further questions about arranging a placement, please email the Placement Team on [counsellingplacements@leedsbeckett.ac.uk](mailto:counsellingplacements@leedsbeckett.ac.uk).

## 12) Courses that we accept to meet the 12-hour Counselling Skills requirement for the PG Cert Interpersonal & Counselling Skills

Accepted Course
Counselling Skills Introduction course – Leeds Beckett University
ABC Level 2 Counselling concepts – Leeds City College
Introduction to Counselling - Leeds City College
Introduction to Counselling Skills 2-day workshop - The Horsforth Centre (Northside Training)
CPCAB level 2 Award introduction to Counselling Skills

Not Accepted
Chrysalis Courses
NCFE L2 Award Helping Hands



### 13) Courses that we accept to meet the Counselling Skills requirement for the Dip HE Therapeutic Counselling, PG Diploma in Counselling & Psychotherapy and MA Integrative Counselling

WEB LINK	FULL TITLE
<a href="https://skillsandeducationgroupawards.co.uk/">https://skillsandeducationgroupawards.co.uk/</a>	SEG Awards Level 3 Certificate in Counselling Skills
	SEG Awards Level 3 Diploma in Counselling Skills
<a href="http://www.cpcab.co.uk/qualifications/">http://www.cpcab.co.uk/qualifications/</a>	CPCAB Level 2 Certificate in Counselling Skills
	CPCAB Level 3 Certificate in Counselling Studies
<a href="https://www.qualhub.co.uk/qualification-search/qualification-detail/ncfe-cache-level-3-diploma-in-counselling-skills-522">https://www.qualhub.co.uk/qualification-search/qualification-detail/ncfe-cache-level-3-diploma-in-counselling-skills-522</a>	NCFE Level 3 Diploma in Counselling Skills
	NCFE Level 3 Award in Counselling Skills and Theory
<a href="https://www.qualhub.co.uk/qualification-search/qualification-detail/ncfe-cache-level-3-award-in-counselling-skills-and-theory-518">https://www.qualhub.co.uk/qualification-search/qualification-detail/ncfe-cache-level-3-award-in-counselling-skills-and-theory-518</a>	

We can also accept some degree courses that are in the subject of Counselling, Counselling Studies, Counselling and Psychology in a Community Setting, Psychology with Counselling, Education with Psychology and Counselling, Psychology with Psychotherapy and Counselling and Counselling and Psychotherapy. We would ask that you attach a transcript to your application so that we can see what modules you have taken and the number of hours Counselling Skills training you have undertaken.

#### Other Courses we have accepted:

Salford University – Graduate Skills in Counselling  
 Foundations of Counselling – SPACE Sheffield  
 The Horsforth Centre – Foundation Certificate in Transactional Analysis  
 York St John University – Certificate in Counselling  
 York St John University – BSc (Hons) Counselling & Mental Health  
 York St John University – Psychology with Counselling  
 BA Education with Psychology and Counselling – Sheffield Hallam University  
 BSc (Hons) Criminology with Counselling – University of Salford  
 Leeds University – Cert HE in Counselling Skills and Theory  
 BSc (Hons) Counselling Psychology – Leeds Trinity University  
 BSc (Hons) Critical approaches to Counselling and Psychotherapy – Edge Hill University  
 BSc (Hons) Psychology and Counselling – Teesside University  
 Certificate in Counselling & Psychotherapy - Regent's University London  
 BSc (Hons) Psychology and Counselling - Birmingham City University

If you are unsure if your current course meets the entry requirements, please email us the details of the course (web link, course handbook & module descriptions) and we will advise you further [directadmissions@leedsbeckett.ac.uk](mailto:directadmissions@leedsbeckett.ac.uk)