

EXAMPLE PROGRAMME - 4 DAYS 3 NIGHTS

For 20 children with 2 teachers at a Lake District venue this programme would cost approximately £250 per child including full board accommodation and transport to and from the activity venues from the accommodation

MONDAY



Coach trip to the venue, loved seeing the scenery on the way. Get to share a room with my friends and have packed lunch

TUESDAY



Gorge scrambling was so much fun and helped improve my confidence with the help of my friends

WEDNESDAY



In our teams we were given kit to make rafts out of. We set sail across the lake in a race against the other teams!

THURSDAY



Canoeing on the lake was great, we learnt how to paddle and played games in the water, we helped each other when we fell in



Got to know the other kids in my team with challenges on site. Learnt ways to communicate and work together



Went on a mountain adventure. Learnt about wildlife and weather and how to read a map. It was great to get to the top!



Abseiling was a bit scary but I faced my fears with my friends and felt fantastic when I completed the challenge



I really didn't want to leave I had such a great adventure! Looking forward to doing some of the activities when I get back home

Programmes can be any length from 1 day with no overnight to 5 days with 4 overnights and you can choose the activities (venue dependent)

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