

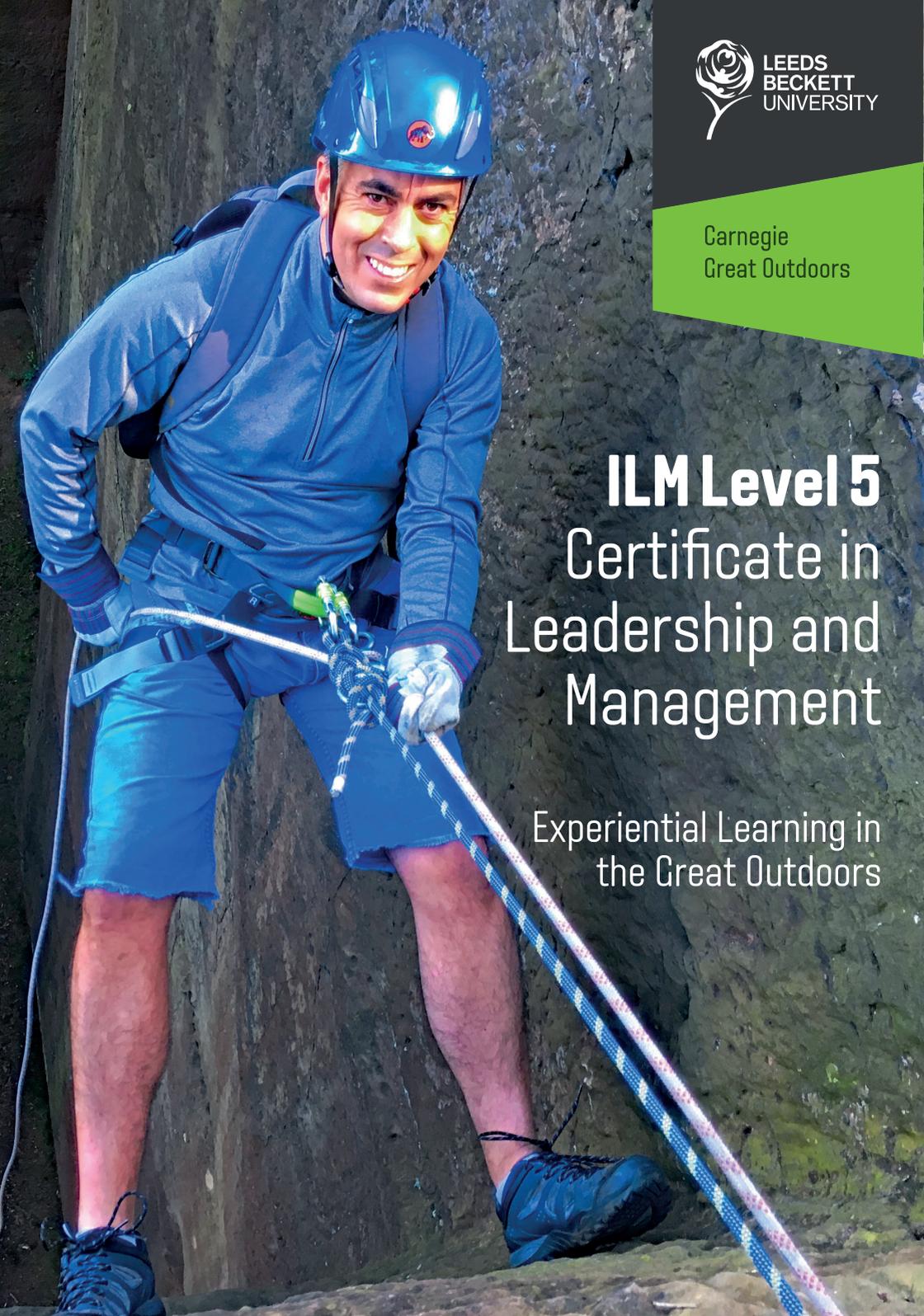


LEEDS
BECKETT
UNIVERSITY

Carnegie
Great Outdoors

ILM Level 5 Certificate in Leadership and Management

Experiential Learning in
the Great Outdoors



Enhanced learning is best gained through exploration and challenge in a supportive environment, where participants feel confident in expressing their ideas. The natural outdoor environment provides much of the setting and the stimulus for Carnegie Great Outdoors' experiential learning programmes, which enable participants to gain an ILM Level 5 Certificate qualification.

Our programme is accredited through Leeds Beckett University's Leadership Centre, an approved ILM Centre. It is delivered as a 5-day residential programme that encourages learning through a series of engaging activities delivered outdoors, blended with classroom and workshop sessions.

This ILM Level 5 Certificate qualification is ideal for project managers, department heads and practising middle managers. Develop skills and experience, improve your performance and prepare for senior management responsibilities.





Benefits for delegates:

- Uses core management techniques to drive better results
- Develops ability to lead, motivate and inspire
- Provides strategic leadership as well as day-to-day management skills
- Benchmarks managerial skills
- Participate in exciting adventurous activities
- Work cooperatively and support others in challenging situations
- Connect with nature and the environment
- Enhances health and wellbeing

Benefits for employers:

- Encourages strategic thinking at this level of management, to foster business improvement
- Engages middle managers with training and development – this qualification is designed to provide clear, measurable benefits to career-minded professionals
- Promotes greater employee engagement and general commitment to job role and performance
- Contributes to maximising staff potential
- Can improve staff morale and motivation
- Supports employees' emotional and physical wellbeing



Becoming an Effective Leader

Delegates will learn leadership theories, discuss leadership and teams and understand emotional intelligence theories and leadership. The classroom sessions are blended with engaging and fun activities designed to get things started, allowing people to settle in and to get groups working well together. This will create early experiential learning experiences for reflecting upon, giving the group a foundation for the programme ahead and an understanding of how they can contribute and learn from the practical sessions. Communication, leadership, teamwork and problem solving will all play a key part in these activities.

Abseiling and high rope traverses (commonly known as Tyrolean Traverses) draw on the idea of stretching a person's comfort zone. Individuals will need to control their emotions to maintain effective communication with their team and achieve success. Everyone will be expected to do their piece - making sure everyone is supported and overcoming the challenge together. Our qualified coaches will support, encourage and ensure the safety of individuals as they enjoy the exhilaration of stepping over the edge. The group role will be key to the task success and individuals will really feel part of that safety chain and not just passengers. Understanding emotions, maintaining focus & effective communication, the building of trust and effective teamwork will be essential for completing this challenge.

Becoming an Effective Leader

Level: ILM Level 5 Certificate in Leadership and Management

Unit: 8607-522

Credits: 5



Assessing your own leadership capability and performance

Delegates will discover reflective practice theories through completing a self-assessment of their self-reflection skills and discuss reflections and leadership skills. Putting the theory into action, wheelchair basketball is a fantastic 'inclusive' activity which is surprisingly physical and great fun. It can be both fast and competitive with all players getting maximum opportunity to take part on a level playing field. This activity provides opportunities to motivate, delegate and empower other team mates. It can also highlight individual leadership styles and communication methods.

Delegates will be introduced to Self Determination Theory. They will learn how to measure performance effectively and efficiently, and discover communication models. There will be opportunities to bring the theory to life with an indoor climbing and caving session. Indoor climbing and caving are both physically and mentally challenging, however, with varying levels of difficulty it provides a platform for individuals to push themselves, lead by example and encourage others. Our expert coaches will support, encourage and ensure the safety of individuals whilst teaching the fundamentals of each activity, enabling independence and self-management. Following on from the previous activity, both climbing and caving can highlight individual leadership styles and the effect these can have on an individual/team performance.

Assessing your own leadership capability and performance

Level: ILM Level 5 Certificate in Leadership and Management

Unit: 8607-520

Credits: 6



Developing and leading teams to achieve organisational goals and objectives

Delegates will learn motivation theories and leadership effectiveness, how motivation affects performance against goals and understand the leadership role to achieve performance expectations. Delegates will work together to put the learning into action during a night navigation exercise.

Successful navigation requires attention to detail, a strong plan and intelligent execution. Individuals will need to work together during the evening prior to the day to ensure they are as well prepared as possible to undertake the exercise.

Open countryside terrain will offer a challenging environment for the group to make tough decisions, deal with adversity and ensure they use every team member to their full potential. Individual and team performances will be apparent throughout the challenge, providing opportunities for performance evaluation, feedback, motivation and different leadership styles.

Developing and leading teams to **achieve organisational goals and objectives**

Level: ILM Level 5 Certificate in Leadership and Management

Unit: 8607-519

Credits: 4



The Carnegie Great Outdoors **difference**

Over the course of the 5-day residential programme, delegates will take part in a mix of classroom sessions and outdoor adventure activities delivered onsite and in the local area. All adventure activities are offered on a challenge by choice basis – trust us that no-one is forced to do anything!

Our programme delivers engaging and inspiring leadership development through a process of transformational re-learning. Embedding highly contemporary Self Determination Theory within an experiential residential outdoor activity programme and blended with classroom sessions, this approach delivers a tried and tested, highly engaging programme. Delegates will return to their organisation a more confident and energised member of the team, having developed skills to help find a deeper understanding of the people they are working with and making them better equipped to operate in a business environment.

During the residential programme delegates will deliver a presentation to the trainers which will be assessed, and once back in the workplace delegates will be required to submit two written assessments of approximately 1000 words within 8–12 weeks. An allocated personal tutor will provide support for the written assessments via a phone call, Skype or face-to-face tutorial.

Each of our programmes includes:

- ILM registration fee
- ILM induction and guided learning
- Programme delivery
- Lunch and refreshments
- Workbook and course reading
- Assessment and marking
- One-hour tutorial support post programme

Programme Options

- Attend a residential programme and gain an ILM Development Certificate and continue to ILM Certificate at a later date.
- Attend a residential programme and complete assessments to gain sufficient credit to submit for an assessed ILM Level 5 Certificate in Leadership and Management

Cost

Prices are dependent on the number of days selected, participants and venue. Please contact us for a quotation. Prices are dependent on the number of participants and venue. Please contact us for a quotation.

How to book

We run a range of open programmes in venues around the UK. You can book online – for dates and details please visit

carnegiegreatoutdoors.co.uk

We also offer bespoke residential programmes for our corporate clients of eight or more participants. For further details, please email us:

carnegiegreatoutdoors@leedsbeckett.ac.uk

Moving on up?

ILM programmes support participants through career progression. Please contact us for details on our ILM 7 Leadership and Management programmes.

Contact details

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