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UNIVERSITY

# **Course Specification**

## **MSc Sports and Exercise Therapy**

**Programme Code: MSSET**

**2020/21**

Version date: 13/07/2020

# **Postgraduate Material Course Information** **Summary**

## **MSc Sports and Exercise Therapy**

**Revised Course Structure and Delivery Information for Academic Year 2020/21 in Response to Coronavirus Covid-19 and Associated Public Health England Guidance as at 3 July 2020**

**PART 1 of 2: Important General Information about Course Delivery for Leeds Beckett University Awards in 2020/21 (Information Specific to Your Course is Provided in PART 2)**

### **Introduction**

This document contains important information about Leeds Beckett University's planned approach to course delivery and assessment in 2020/21. It provides an update to the information previously available in our online prospectus. You should read this document carefully so that you are aware of any changes that affect your course.

Information is provided in two parts:

The University is informed by Public Health England (PHE) Covid-19 advice and guidance for maintaining a Covid-secure learning and working environment. We have made arrangements to continue to provide a high-quality educational experience in a way that protects the safety and wellbeing of both students and staff. We are engaging closely with Leeds Beckett Students' Union to inform the arrangements and will also be informed by feedback provided by our individual students.

Public Health England guidance continues to evolve, so the arrangements for delivery of your course and use of the campus may need to change during the academic year to continue to protect students and staff.

The taught content advertised at each level of study, or its equivalent, will be delivered across the academic year 2020/21. We have identified an appropriate mix of blended learning – a mix of face-to-face, on-campus, online and digital content and teaching and learning for each subject, reflecting what will maximise learning as well as supporting more vulnerable learners and enabling the university as a whole to minimise transmission risk.

Covid-19 social distancing measures will be implemented during 2020/21 for teaching, learning, assessment and student support.

In the event of further government lockdowns, either local or national, we will prioritise digital and online learning and support to enable students to continue with their studies.

If there is an easing of Covid-19 restrictions, we will continue to provide blended delivery for teaching block 1 or semester 1 in 2020/21. We will keep teaching blocks 2 and 3 or semester 2 under review, informed by Public Health England advice. We may revert to different proportions of on-campus learning and online learning delivery later in the academic calendar year or a later teaching block. Learning will remain accessible for students who are unable to attend on campus sessions.

## **How we will communicate with you**

We have sent information to applicants who have accepted an offer by email on the plans for delivery of your course in 2020/21, the academic calendar (teaching block delivery or alternative) applicable for your course and on the options available to you as a prospective student, to enable you to make informed choices.

As the situation evolves, further information on local course delivery arrangements will be provided to you in emails from your School.

In addition to the course specific information set out in this document and the above communications, the University's Covid-19 microsite contains information for students and applicants, including information relating to University accommodation and University facilities and services. The Covid-19 microsite is regularly reviewed and updated as the situation, advice and planning evolve and is available at:

<https://www.leedsbeckett.ac.uk/COVID19/#tabplaceholder2>.

## Key terms and conditions

Further important information for applicants and students is available on our web site: <https://www.leedsbeckett.ac.uk/information-for-applicants-and-students/>. This includes information about the student contract, fees and funding, your rights of cancellation, the student protection plan and the University complaints process. It is essential that you read the information on this webpage carefully as it sets out the rights and obligations that will form the contract between you and the University upon accepting an offer and information about how to make a complaint.

## Start dates

Our academic year will begin at the normal time. Start dates will be notified to direct applicants via their offer letter or for UCAS applicants, via UCAS Track. The length of the course is confirmed in the information about your course in Part 2 of this document below.

## Location of delivery

In academic year 2020/21, it is planned that your course will be delivered via a blend of online and digital learning and on-campus teaching and learning, with the necessary Covid-19 social distancing and other measures in place on campus informed by Public Health England advice and guidance.

Information on how blended teaching and learning will be delivered and the location of any on-campus delivery is provided in a subsequent section of this document entitled '**Teaching and Learning Activities**'.

Information on the delivery of placements and other off-campus learning opportunities is provided in a subsequent section of this document entitled '**Placements and Other Off-Campus Learning Opportunities**'.

## Course Fees

Your course fee is stated in your offer letter. The course fee published for 2020/21 on the University's Online Prospectus and included in your offer letter has not changed. Other additional costs remain as published on our original Online Prospectus information in addition to the areas of costs outlined below.

The course will be delivered via a blended approach that includes online teaching and learning, digital learning and on campus sessions. If a further lockdown is necessary then delivery will be continued and supported via online and digital learning. Students are advised that they will need a personal digital device for this purpose. The University's wide range of student support services available for students also includes a laptop loans scheme. Students may wish to bring an existing personal device or purchase or lease a laptop or similar device for their personal use which would be an additional cost. The costs of this

would vary depending on your individual requirements but can be in the region of £400-800 depending on the device.

The University is developing a means-tested Covid-19 Financial Assistance Package to support students to acquire a laptop should this be needed. Students may also apply for a living expenses fund for unexpected personal hardship as a result of the Covid-19 Crisis.

Students will need to follow the Public Health England advice and any specific national requirements for maintaining personal safety and hygiene to protect themselves and others from the Covid-19 risks. These personal safety measures such as the wearing of face coverings will be an additional cost that students need to consider.

Where PPE is an essential requirement for the nature of the course you are undertaking this will be detailed below.

## **Timetable Information**

This course will be scheduled using a teaching block/semester-based delivery and will be specified in timetable information.

The 2020/21 academic calendar and term dates are available on our web site at:

<https://www.leedsbeckett.ac.uk/-/media/files/academic-calendars/2021-student-calendar-sept.pdf?la=en>

The academic year 2020/21 will start on the dates notified to you.

Taught sessions will normally be scheduled and included in your timetable. This will include on-campus sessions that you should attend. In 2020/21, depending on your course, this may also include scheduled online teaching and learning sessions where student engagement is required at a specified time and tutor pre-recorded lectures and scheduled discussion sessions. Module information will be made available online by the school for enrolled students.

Timetables will be made available to students during induction week via:

1. The Student Portal (MyBeckett)
2. The Leeds Beckett app

You should discuss any difficulties relating to your engagement with timetabled sessions with your Course Administrator.

## **Policies, Standards and Regulations** ([www.leedsbeckett.ac.uk/public-information](http://www.leedsbeckett.ac.uk/public-information))

Covid-19 social distancing measures will be in place for teaching, learning, assessment and student support in 2020/21. This means that there will be operational requirements and protocols in place for the way in which your course is delivered and the way in which University activities, facilities, and spaces operate which students and staff will need to follow.

In the event of further government lockdowns either local or national in response to Covid-19, we will prioritise digital and online learning and support to enable students to continue with their studies. We may need to implement approved emergency Covid-19 pandemic academic regulations to take account of the impact of Covid-19 general extenuating circumstances.

### **Placement Information**

Covid-19 response measures are likely to impact on the arrangements for placements, field trips, volunteering and other off-campus activities. If available, these are likely to operate with appropriate social distancing arrangements. Employers may reduce the availability of placement or volunteering opportunities due to the impact of Covid-19 on their operations.

The availability or type of placements with employers, study abroad or volunteering opportunities, may be restricted. The University follows the UK Government's Foreign and Commonwealth travel advice and is also informed by any specific in-country international travel restrictions or requirements.

The University's current position is that we will not facilitate outward (from UK) international/overseas placements, study abroad or volunteering activity in 2020/21. This is to protect students and minimise the risk of you being stranded abroad in the event of a lockdown and the introduction of national/local travel restrictions. We will only consider international placements for students whose domicile address is in the country of their placement.

Inward Exchange study (from other EU countries to the UK under this scheme) will be supported where these align with the teaching blocks academic calendar delivery dates. There may be other national or international travel restrictions or quarantine measures or specific work-place Covid-19 measures that impact on these opportunities.

Should the Covid-19 response and alert level be amended any activity may also be subject to Covid-19 employer, local or in-country requirements applicable at the time of the placement/activity. We will keep the position under review for teaching blocks 2 and 3 or

semester 2, informed by Public Health England and the UK Government's Foreign and Commonwealth travel advice.

Students will have access to advice and support from the University careers and employability team during their studies via the online resources and support.

Further information on placements or other off-campus learning opportunities applicable to your course is provided below.

### **Professional Accreditation or Recognition Associated with the Course**

We will prioritise face-to-face teaching and practical teaching to meet any requirements of relevant professional, statutory and regulatory bodies (PSRB) if your course includes these elements. This will ensure that your course retains its full professional status.

Specific information on applicable professional statutory or regulatory body recognition or requirements for your course is summarised below.

### **Teaching and Learning Activities**

The way we will deliver this course and teaching, learning and assessment activities in 2020/21 will be informed by Public Health England advice and guidance on Covid-19 secure requirements and the need for social distancing for the protection of students and staff.

You will experience a blended approach to learning for 2020/21; this is a mix of face-to-face, on campus online, and digital content, teaching and learning.

We are working within the government 2 metre social distancing measures for Teaching Block 1 so we are not planning to deliver large-group teaching on campus throughout 2020/2021. This will ensure that maximum space will be available for small-group teaching.

In most cases, the taught content will also be available online so you can still access it if you are not able to attend campus due to the pandemic (for example, due to self-isolation, shielding or travel restrictions). There will be digital content and recorded lectures available online to support students who may be unable to travel to campus. In some circumstances, other formal taught sessions may also be recorded.

In the event of a further government lockdown in response to Covid-19, we will prioritise digital and online learning and support to enable students to continue with their studies and study towards achieving any specified professional statutory and regulatory body accreditation requirements where this applies.

If there is an easing of Covid-19 restrictions, we will continue to provide blended delivery for teaching block 1 or semester 1 in 2020/21. We will keep teaching blocks 2 and 3 or semester 2 under review, informed by Public Health England advice (see Introduction section above).

Further information on local course delivery arrangements will continue to be available from your School.

Students will be kept up to date with new information when this is available via this University web site.

## **Learning Support**

### **Our approach to delivering student support in 2020/21**

Given the planned social distancing measures in place on campus for 2020/21 to ensure safe delivery of services for students and staff, some of the arrangements for student support will be accessible online.

We are committed to ensuring you continue to have opportunities to access the learning and wellbeing support that you need over the forthcoming year. General learning spaces, including access to libraries, will be available to be booked online; and where specialist space is needed, this will either be provided: as normal; created in newly adapted spaces; or replicated as part of an enhanced suite of online resources.

We want to provide a safe environment for students and staff, so on-campus delivery of student support services will be limited. This may mean that campus-based school offices will operate within defined core office hours. However, full access to advice, learning support and specialist services will be delivered via telephone, email, video calls and online live chat. The Students' Union will also be implementing social distancing arrangements for student advice services.

### **Access to Library support in 2020/21**

The Library offers access to thousands of resources via MyBeckett or the Library website (<http://libguides.leedsbeckett.ac.uk/home>) which also provides full details of all our services.

In response to Covid-19, and the need for social distancing for the protection of students and staff, the libraries will be available via a booking system in 2020/21 for students to study, access PCs and laptops, printer/ copiers, and other equipment, and to use the books and journals.

The Library and Student IT Advice Service is available by online chat, email or phone, and provides support on using the University's online and digital services, finding information, borrowing, Office 365, MyBeckett, online meetings, saving your work, passwords, etc.

- online (including 24/7 chat): [http://libguides.leedsbeckett.ac.uk/contact\\_us](http://libguides.leedsbeckett.ac.uk/contact_us)
- by phone - 0113 812 1000 (24/7 IT support)

The Library Academic Support Team can help you develop your academic skills such as critical thinking, academic writing and analysing data, and research skills such as how to

find, use and evaluate information for your studies. The team liaises with your lecturers to provide the information resources you need for your subject and to arrange academic skills sessions to support you in your studies. They also have a wide range of short tutorials available on the Library's YouTube channel:

<https://www.youtube.com/channel/UCFFd5u75zmy00EnkM9F2zPQ>

### **Support from your School**

If you have a question or a problem relating to your course, your Course Administrator is there to help you. Course Administrators work closely with academic staff and can make referrals to teaching staff or to university specialist support services as appropriate. They can also arrange for a confirmation of attendance letter, and a transcript on your behalf. You may also like to contact your Course Representative or the Students' Union Advice team for additional support with course related questions.

### **Student Advice and Support**

If you have any questions about life at our University in general, you may contact the Student Advice Hub to speak to one of our Student Services Advisers. This team, consisting of recent graduates, are able to support you throughout your time here. They will make sure you have access to and are aware of the support, specialist services, and opportunities our University provides. Our Student Advice Hub will be operating via live chat, video, telephone and email services. Telephone lines - 0113 812 3000 will open as usual 09.00-17.00 Mon-Fri. You can book an appointment via telephone or online video chat with an adviser via the link at: <https://www.leedsbeckett.ac.uk/studenthub/student-experience-team/>. This is where contact details for all specialist support services can also be found. You can also email the team at [studentadvicehub@leedsbeckett.ac.uk](mailto:studentadvicehub@leedsbeckett.ac.uk).

### **Range of Support Services Available**

There is a range of support for disabled or vulnerable students. Any student with a disability, who may or may not have declared this to the University and wishes to discuss their learning support for the year ahead or their status as a Covid-19 extremely vulnerable person, should contact their Disability Adviser for their School who is based in Student Services to discuss their support needs in the first instance. The service contact details are [disabilityadvice@leedsbeckett.ac.uk](mailto:disabilityadvice@leedsbeckett.ac.uk) or telephone 0113 812 5831. Students who are classed at Covid-19 Extremely Vulnerable (i.e. you have received a Shielding Letter from the NHS) but who do not regard themselves as disabled, and have not registered with the Disability Team, should discuss any support arrangements they may need, directly with their Course Director and if resident in halls, their Residential Life Team.

Once enrolled, you will have access to our virtual learning environment, MyBeckett. Within this system you will see two tabs (Support and Opportunities) where you can find online information and resources for yourselves. The Support tab gives you access to details of services available to give you academic and personal support. These include Library Services, the Students' Union, Money advice, Disability advice and support, Wellbeing, International Student Services and Accommodation. There is also an A-Z of Support Services, and access

to online appointments/registration. The Opportunities tab is the place to explore the options you have for jobs, work placements, volunteering, and a wide range of other opportunities. For example, you can find out here how to get help with your CV, prepare for an interview, get a part-time job or voluntary role, take part in an international project, or join societies closer to home.

You can also access details of all University student support teams at our web A-Z of Services. This can be found at <https://www.leedsbeckett.ac.uk/studenthub/student-support/>. Here you can obtain further information including service contact details, access self-help resources or book an appointment with a range of support services.

In order to provide you with information on student services support in 2020/21 in response to the changing Covid-19 position, updated information will be provided on our University Covid-19 microsite.

## Part 2: Important Information Specific to the MSc Sports and Exercise Therapy course for 2020/21

<b>Award</b>	Master of Science Sports and Exercise Therapy  <i>[The minimum requirements for a Masters degree in Sports &amp; Exercise Therapy is successful completion of 180 credit points at M level. Following the successful completion of 200 hours of practice in a Sports and Exercise Therapy context, the student is then eligible to apply for membership of the Society of Sports Therapy].</i>
<b>Contained Awards</b>	Post Graduate Diploma Sports Therapy  <i>[Minimum requirements for this award are that the student successfully completes a minimum of six modules (120 M level credit points), excluding the Research in Practice (Dissertation). Following the successful completion of 200 hours of practice in a Sports and Exercise Therapy context, the student is then eligible to apply for membership of the Society of Sports Therapy].</i>  Post Graduate Certificate Sports and Rehabilitation Studies  <i>[Minimum requirements for this award are that the student successfully completes a minimum of three modules (60 M level credit points) the student is not eligible to apply for membership of the Society of Sports Therapy].</i>
<b>Awarding Body</b>	Leeds Beckett University
<b>Level of Qualification &amp; Credits</b>	Level 7 of the Framework for Higher Education Qualifications, with 180 credits points at level 7 of the Higher Education Credit Framework for England.

## **Course Lengths & Standard Timescales**

The standard start date for Leeds Beckett University induction week is reproduced below and relates to the majority of students starting a course in September 2020. A proportion of courses have alternate start dates which are displayed on the online prospectus and additionally will be notified to the students concerned via the offer letter. Non-September starters will also have their start dates confirmed in their offer letters.

- 1 year (full time, campus based)
- 2 years (part time, campus based)

**for more information about part-time delivery contact your school**

## **Timetable Information**

This course will be taught via teaching block delivery. Details of on campus and other scheduled sessions will be confirmed in your timetable.

Further information on learning and teaching activities and your modules is provided in a later section of this document.

## **Placement Information**

### **Summary**

The placement module provides students the opportunity to integrate theoretical knowledge, evidence base and practical skills under the supervision of industry professionals.

Successful completion of a minimum of 200 hours of practice placements is a PSRB requirement.

### **Length**

The Society of Sports Therapists require students to complete 200 hours of placement experience. They may accrue these hours in line with the course timetable for such experiential learning. Students should also gain confirmation that the University and Society of Sports Therapists will insure them for their learning activities. Students are required to work only within their scope of practice. During placements students are supernumerary to the work of the unit to which they are attached.

### **Location**

Practice placement opportunities can be undertaken in a variety of Sports and Exercise Therapy environments. These must be undertaken under the supervision of a qualified (appropriate governing body registration and professional indemnity insurance required) Sports Therapist, Sports Rehabilitator, Physiotherapist, Massage Therapist, Osteopath or

Strength and Conditioning Coach. Additional hours of placement can be accrued in the Student Massage and Sports Injury Clinics based at Headingley Campus.

**Policies, Standards and Regulations** ([www.leedsbeckett.ac.uk/public-information](http://www.leedsbeckett.ac.uk/public-information))

It is requested that Placements within Sports and Exercise Therapy Contexts be delivered over two semesters to facilitate student learning in our student clinic and external placement settings to ensure that the PRSB requirements of 200 hours of placement is achieved.

**Modules – ‘Must Pass’:**

Where a student had not on admission to the course demonstrated through prior qualifications the competence requirements for the membership of the Society of Sports Therapists, they must pass all the modules with a skills/practice base to them that form a part of their diet of modules.

These skills/practice based modules are:

- Anatomical Assessment and Examination
- Skills & Practice for Sports and Exercise Therapy
- Placements within Sports and Exercise Therapy Contexts
- Sports Trauma Management

The above practical based modules (and components within module) must be passed with a minimum mark of 40%. This is a requirement of the Society of Sports Therapists to ensure that graduates fulfil the competencies of the Society in order to be eligible to apply for membership

For the Masters award the module: Research in Practice (Dissertation) must also be passed.

To make the awards with Merit or Distinction – the criteria will be defined in line with University Academic Principals and Regulations

This is a professional course and students are expected to act in a professional manner at all times in line with the university Policy, Regulations and Procedures relating to professional suitability or professional misconduct. Attendance at all modules: inclusive of lectures, practical sessions, tutorial classes and practice placements is mandatory. Non-attendance for any reason must be reported to the course leader, normally via the course administrator. If a student’s non-attendance is sufficient to give cause for concern regarding the student’s professional suitability this will then be managed through application of the Policy, Regulations and Procedures relating to the Fitness to Practice Policy. Such information is available at <http://www.leedsbeckett.ac.uk/public-information/student-regulations/>

## Professional Suitability

The University has a Fitness to Practice Policy which applies to students preparing for professional registration. These regulations and procedures apply to the conduct of a student whilst enrolled on the programme of study. <http://www.leedsbeckett.ac.uk/public-information/student-regulations/>

### Key Contacts

<b>Your Course Director</b>	Dr Gareth Jones
<b>Your Academic Advisor</b>	To be advised
<b>Your Course Administrator</b>	Maxine Allinson ( <a href="mailto:M.L.Allinson@leedsbeckett.ac.uk">M.L.Allinson@leedsbeckett.ac.uk</a> ) Joanne Featherby ( <a href="mailto:J.Featherby@leedsbeckett.ac.uk">J.Featherby@leedsbeckett.ac.uk</a> )

### Professional Accreditation or Recognition Associated with the Course

**Professional Body:** The Society of Sports Therapists

#### Accreditation/Recognition Summary:

Following successful completion of the MSc Sports and Exercise Therapy course graduates are eligible to apply for full membership of the Society.

Further details can be found here: <https://society-of-sports-therapists.org/public-information/what-is-sports-therapy/>

## **Course Overview:**

### **Aims**

The MSc in Sports & Exercise Therapy will provide a progression opportunity for suitably qualified graduates to undertake a programme of study leading to both a Masters award and eligibility to apply for membership of the Society of Sports Therapists. This course is aimed at a range of graduates from a sports, health, physiotherapy or sports science background who may benefit from being able to further develop their knowledge and skills in this professional area. Students on this course will enhance their employability and promote their career opportunities in the area of sports and exercise therapy and rehabilitation. Our educational strategy outlines a learning pathway that is underpinned by research to engage students both academically and professionally.

With the national drive to improve health there are increasing numbers of people participating in sports and this has resulted in increased demand for skilled and trained therapists to meet the needs of people with sports injuries.

Graduate sports therapists are specifically prepared to meet the health demands of a varied sporting population. The Society of Sports Therapists (SST) currently approves courses in Sports Therapy at HE institutions in the UK.

### **The aims of the course are:**

1. To develop the students as competent, autonomous learners and reflective practitioners;
2. To provide a learning environment that promotes enquiry and the adoption of an evidenced based approach to Sports and Exercise Therapy practice;
3. To enable students to develop, apply and critically evaluate skills in the management of sports injuries and conditions; including being able to assess accurately the holistic needs of individuals from diverse backgrounds, to plan, implement and evaluate interventions that are safe, efficient and effective, and to organise and manage a case load;
4. To enable students to develop an understanding and critical awareness of the health benefits of exercise, and to promote these benefits to the wider public;
5. To foster a culture of continuing professional development and commitment to life-long learning;
6. To enable students to develop a critical appreciation of existing knowledge through the use of effective research strategies and to initiate, conduct and disseminate research findings that further develop the professional knowledge base of sports and exercise therapy.

## **Course Learning Outcomes**

At the end of the course, students will be able to:

1. Demonstrate a critical understanding of the principles of Sports and Exercise Therapy and how they are applied to practice at a level of academic attainment appropriate to a Master's degree graduate;
2. Apply, critically reflect on and evaluate skills in the management of sports injuries and conditions;
3. Critically discuss and synthesise the main principles, theories and concepts of the contributory disciplines studied to generate innovative solutions in Sports and Exercise Therapy practice;
4. Critically evaluate research related to Sports and Exercise Therapy for its contribution to increasing the knowledge base;
5. Demonstrate creativity in contributing to the knowledge base by the formulation of research questions and the selection, development and implementation of appropriate research strategies;
6. Demonstrate critical reflective practice and the capacity to be a lifelong learner and to engage with Continuing Professional Development;
7. Demonstrate critical awareness of, and ability to comply with, the professional, ethical and legal requirements for practice as a sports and exercise therapist working with diverse populations.

## **Teaching and Learning Activities and Your Modules**

### **Summary**

Teaching takes place in multi-purpose rooms with additional specialised facilities for technical, clinical and interpersonal skills development. The course accesses teaching and learning resources at City campus, Headingley campus and Carnegie Stadium.

At City Campus teaching accommodation is available in Portland and Calverley Buildings, Broadcasting Place and the Rose Bowl. In particular the Clinical Skills Suite has been developed for inter-professional use across the health and social care courses. Its skills rooms contain ten examination couches, stools and arm tables and can accommodate up to 20 students or can be opened up to form two larger rooms. All have Smartboards or large mobile TVs with PC access. A 4-bedded ward area can be achieved by using one of the generic clinical skills rooms if required for specific teaching sessions. Technology enhanced learning is enhanced with the addition of LabTutor (physiological experiments) and Anatomy TV (3D anatomy tutorials with self-assessments). The Clinical Skills suite offers a vast array

of equipment to be utilised to enhance learning during sessions. Some examples of this include extensive sports trauma management equipment, Game Ready and Squid.

At the Headingley Campus teaching accommodation is available in Fairfax, James Graham and the Carnegie Sports Centre. The physiology, biochemistry and biomechanics laboratories are based at the Headingley campus to enable students to assess physical activity and sporting performance in high calibre facilities. There are a variety of teaching rooms within Carnegie Stadium and the Carnegie Pavilion, overlooking world-class sporting venues.

### Learning Activities

Teaching activities include: staff-led lectures and workshops, student led seminars and workshops, practical work, study packs, tutorials, clinically-based teaching; case studies, problem solving exercises; reflective learning techniques, computer-assisted learning, simulated practice and inter-personal group skills. All enrich the versatility of the delivery. Problem solving exercises and case studies enable students to integrate their knowledge and increase their interest in the subject matter. Oral communication and the ability to work effectively in groups are developed by assignments such as group presentations and seminars. Interpersonal skills and interviewing techniques are developed in workshops. During placements students will be required to develop portfolios and reflections of work experience.

During induction we will provide additional information to students on individual module teaching and learning. A blended approach to delivery of all modules is planned and appropriate support and guidance provided.

### Your Modules

<b>Level 7</b>	
<b>Teaching Block 1</b>	<b>Core (C) / Option (O)</b>
Research in Practice (Dissertation)	C
Anatomical Assessment and Examination	C
Skills and Practice for Sports and Exercise Therapy	C
*Neuromuscular Biomechanics	O
<b>Teaching Block 2</b>	<b>Core (C) / Option (O)</b>
Research in Practice (Dissertation)	C
Anatomical Assessment and Examination	C

<b>Level 7</b>	
*Placements within Sports and Exercise Therapy Contexts	C/O
Skills and Practice for Sports and Exercise Therapy	C
Sports Trauma Management	C
*Clinical Exercise Testing	O
*Evidence-based Practice in Sports Physiology	O
<b>Teaching Block 3</b>	<b>Core (C) / Option (O)</b>
Research in Practice (Dissertation)	C
*Placements within Sports and Exercise Therapy Contexts	C/O
Sports Injury Management and Rehabilitation	C
*Clinical Decision Making in Sport	C/O

\* Indicates an elective module choice for students on an identified pathway i.e. qualified Physiotherapist/Sports Therapist only.  
140 credits from core modules and 40 credits from 2 electives.

*Please contact the School for further details of part-time module delivery and learning and teaching.*

### **Assessment Balance and Scheduled Learning and Teaching Activities by Level**

The assessment balance and overall workload associated with this course are calculated from information provided about each of the core modules. They have been reviewed and confirmed as representative by the Course Director.

A standard module equates to 200 notional learning hours, which may comprise teaching, learning and assessment, and independent study. Modules may have more than one component of assessment.

### **Assessment**

On this course students will be assessed through a broadly even mix of written assessments, oral presentations, written examinations and practical examination. There is a major independent study module which will require the production of a dissertation of 12 thousand words.

## Workload

<b>Overall Workload for the Course</b>	
Teaching, Learning and Assessment	290 hours
Independent Study	1360 hours
Placement	200 hours

## Learning Support Arrangements

- All students will be assigned an academic advisor;
- Academic librarian and statistician support;
- Online delivery of learning material by synchronous and asynchronous sessions;
- Practical (face-to-face) session delivery to be compliant with University guidelines for COVID secure teaching using level appropriate Personal Protective Equipment to be worn by both students and staff.