



LEEDS  
BECKETT  
UNIVERSITY

# Course Specification

**BA (Hons) Physical  
Education with  
International  
Foundation Year**

**Course Code: BAPEF**

**2021/22**

[leedsbeckett.ac.uk](https://leedsbeckett.ac.uk)

# ***BA (Hons) Physical Education with Integrated Foundation Year (BAPEF)***

## **Applicant Facing Course Specification for 2021/22 Undergraduate Entrants**

Confirmed at March 2021

### **General Information**

<b>Award</b>	Bachelor of Arts (with Honours) Physical Education with Integrated Foundation Year
<b>Contained Awards</b>	Bachelor of Arts Physical Education with Integrated Foundation Year Diploma of Higher Education Physical Education with Integrated Foundation Year Certificate of Higher Education Physical Education with Integrated Foundation Year Foundation Certificate
<b>Awarding Body</b>	Leeds Beckett University
<b>Level of Qualification &amp; Credits</b>	Level 6 of the Framework for Higher Education Qualifications, with 120 credit points at Level 0, and 120 credit points at each of Levels 4, 5 and 6 of the UK Credit Framework for Higher Education (480 credits in total)
<b>Course Lengths &amp; Standard</b>	
<b>Timescales</b>	Start dates will be notified to students via their offer letter. The length of the course is confirmed below and modes of delivery will be confirmed prior to the start date in line with Government guidance: <ul style="list-style-type: none"><li>• 4 years (full time, campus based)</li></ul>
<b>Location(s) of Delivery</b>	Headingley Campus, Leeds (plus location of work placement, if applicable)
<b>Entry Requirements</b>	Admissions criteria are confirmed in your offer letter. Details of how the University recognises prior learning

and supports credit transfer are located here: [www.leedsbeckett.ac.uk/studenthub/recognition-of-prior-learning](http://www.leedsbeckett.ac.uk/studenthub/recognition-of-prior-learning).

Admissions enquiries may be directed to: [AdmissionsEnquiries@leedsbeckett.ac.uk](mailto:AdmissionsEnquiries@leedsbeckett.ac.uk).

### **Course Fees**

Course fees and any additional course costs are confirmed in your offer letter. Fees enquiries may be directed to [Fees@leedsbeckett.ac.uk](mailto:Fees@leedsbeckett.ac.uk).

### **Timetable Information**

Timetables will be made available to students during induction week via:

- i) The Student Outlook Calendar
- ii) The Student Portal (MyBeckett)
- iii) The Leeds Beckett app

Any difficulties relating to timetabled sessions may be discussed with your Course Administrator.

### **Policies, Standards and Regulations ([www.leedsbeckett.ac.uk/academicregulations](http://www.leedsbeckett.ac.uk/academicregulations))**

There are no additional or non-standard regulations which relate to your course.

### **Key Contacts**

<b>Your Course Director</b>	Foundation Year – David Cooke; Levels 4-6 - Dr Annette Stride
<b>Your Academic Advisor</b>	Your Academic Advisor will be allocated to you at induction.
<b>Your Course Administrator</b>	Your Course Administrator can be contacted on <a href="mailto:schoolofsportadmin@leedsbeckett.ac.uk">schoolofsportadmin@leedsbeckett.ac.uk</a>

### **Sandwich or Other 'In Year' Work Placement Information**

#### **Summary**

Leeds Beckett is dedicated to improving the employability of our students and one of the ways in which we do this is to support our students to gain valuable work experience through work-based placements. Our placement teams have developed strong links with companies, many of whom repeatedly recruit our students into excellent placement roles and the teams are dedicated to supporting students through every stage of the placement process. More information about the many benefits of undertaking a work placement, along with details about how to contact our placement teams may be found [here](http://www.leedsbeckett.ac.uk/studenthub/placement-information/): <http://www.leedsbeckett.ac.uk/studenthub/placement-information/>

### **Length**

Level 4: Students undertake a series of employability activities in the Personal, Professional and Academic Development module. Students are also encouraged to undertake a minimum of two weeks of self-directed employability activities tailored to their individual needs, which can include a placement.

Level 5: A minimum of 60 hours placement, although this can be considerably higher depending upon the elective modules chosen.

Level 6: The number of placement hours is dependent upon elective modules chosen and can be up to 64 hours.

### **Location**

Not specified

## **Professional Accreditation or Recognition Associated with the Course**

### **Professional Body**

There is no professional accreditation associated with this course.

### **Accreditation/ Recognition Summary**

N/A

## **Course Overview**

The course is aimed at students with a significant amount of vocational, sporting or life experience, or those who have not been through a “traditional’ academic journey. This will include mature students, those that have been focussed upon professional sport, and those that have been unable to focus upon academic study until this point. The Foundation Year has

a common structure, curriculum and set of learning outcomes, which will prepare students for HE level study.

## **Aims**

The aims of the programme are to:

- provide an academically and vocationally relevant education for a career in physical education teaching (via post graduate teacher education routes such as PGCE and Schools Direct)
- provide an academically and vocationally relevant education for a career in related areas of work with the option of a specialism in PE teaching, outdoor education, health, sport science disciplines or dance
- provide a multi-disciplinary Award that integrates theory and practice in the broader contexts of physical education from natural science, social science and activity perspectives
- provide students with knowledge and a critical understanding of the concepts, theories, principles and methodologies central to the study of physical education, outdoor education, physical activity and health and/or PE's relationship with Sport Science disciplines
- enable students to develop qualities and transferable skills necessary for employment such as communication skills, teamwork skills and professional attributes such as being highly motivated and competitive but also collaborative and inclusive.

## **Course Learning Outcomes**

At the end of the course, students will be able to:

- 1 Demonstrate a critical understanding of the interdisciplinary nature of academic and vocational definitions of physical education.
- 2 Work effectively and efficiently both independently and as part of a team in a range of professional contexts including, schools and community settings.
- 3 Demonstrate the ability to critically evaluate the complex interrelationships between theory and pedagogy in practice in physical education.
- 4 Demonstrate a critical appreciation of creative inquiry, critical thinking and critical analysis, evaluation and interpretation of research and its application to physical education.

## Teaching and Learning Activities

### Summary

Students will be engaged through a variety of teaching and learning activities whilst studying the BA (Hons) Physical Education with Integrated Foundation Year degree. Challenging and authentic tasks will be used to stretch the student's capabilities in real world learning and assessment resulting in a deeper approach to learning. Engagement in these tasks will involve practical participation, observation and analysis, along with critical reflection. This will mean that students from a variety of backgrounds, with different (dis)abilities will be able to find their own Level of engagement. The majority of modules on the degree will consist of 20 credits which equates to 200 notational learning hours. The learning of each 20 credit module will consist of a minimum of 48 hours contact time.

Learning and teaching strategies used on this course include but are not limited to:

- participating in practical workshops to experience/develop the skills required in delivering programmes in a variety of physical education contexts
- leading practical sessions on physical activity for a variety of target populations.
- attendance at interactive lectures making meaningful contributions through advanced preparatory reading
- participation in tutorials where small groups of students will engage and contribute to learning activities
- engagement and contribution to laboratory/practical sessions
- organising and conducting laboratory and field data collection, analysis and interpretation
- working independently to research relevant literature predominantly using electronic databases and search engines
- completing weekly directed study activities/formative assessments informing the content of scheduled sessions and providing opportunities for feedback

The blend of learning approaches will involve a combination of face-to-face facilitated learning, online learning and self-study which will differ by module and across levels. The main emphasis on BA (Hons) Physical Education with Integrated Foundation Year is face to face learning, a relatively high proportion of which is practical.

### Your Modules

This information is correct for students progressing through the programme within standard timescales. Students who are required to undertake repeat study may be taught alternate modules which meet the overall course learning outcomes. Details of module delivery will be provided in your timetable.

## Level 0

Semester 1	Core (Y/N)	Semester 2	Core (Y/N)
Introduction to Applied Pedagogy (20 credits)	Y	Developing Lifelong Health and Performance (20 credits)	Y
Introduction to Sport Development and Social Sciences (20 credits)	Y	The Sporting Environment (20 credits)	Y
Across both semesters			
Introduction to Higher Education Study Skills (20 credits)	Y	Introduction to Careers in Sport (20 credits)	Y

## Level 4

Semester 1	Core (Y/N)	Semester 2	Core (Y/N)
Personal, Professional and Academic Development (20)			Y
The Making of Modern PE (20)	Y	Scientific Foundations of Human Movement for PE (20)	Y
Sociology of Physical Education (10)	Y	PE and Sport Pedagogy 1b (20)	Y
PE and Sport Pedagogy 1a (20)	Y	Psychology of Motor Learning (10)	Y

## Level 5

Semester 1	Core (Y/N)	Semester 2	Core (Y/N)
Employability in Physical Education (20)			Y
Research Methods for Physical Education (20)			Y
PE and Sport Pedagogy 2 (20)			Y
<b>L5 Theory modules - at least one from:</b>			
Social Psychology (20)	YE	Applied Social Science of PE (20)	YE
Applied Human Movement for PE2 (20)	YE		
<b>L5 Electives</b>			
Adapted Outdoor Adventure (20)	N	Adventure Analysis (20)	N

Inclusive Practice (Multi Activity) (20)	N	Physically Active Learning (20)	N
Working with Children (20)	N	Working with Children (20)	N
		Dance Education 2 (20)	N

(YE = at least one from)

NB - All option modules are indicative.

## Level 6

Semester 1	Core (Y/N)	Semester 2	Core (Y/N)
Final Year Project (40)			Y
PE and Sport Pedagogy 3 (20)			Y
<b>L6 Theory modules – at least one from:</b>			
Analysing Human Movement (20)	YE	Applied Psychology (20)	YE
Contemporary Issues in Physical Education and Youth Sport (20)	YE		
<b>L6 Electives</b>			
Teaching and Learning through the Outdoors (20)	N	Journeying through the Outdoors (20)	N
Lifelong participation for 'at-risk' populations (20)	N	Dance Education 3 (20)	N
Special Educational Needs and Disability in Physical Education (20)	N	Special Educational Needs and Disability in Physical Education (20)	N
PE Pedagogy in Practice (20)			N

(YE = at least one from)

NB - All option modules are indicative.

## Assessment Balance and Scheduled Learning and Teaching Activities by Level

Foundation Year modules are delivered using lectures, seminars and tutorials with each module delivering a minimum of 48 hours of scheduled staff/ student contact time. Students will undertake an additional 152 hours of guided independent study during each module. Foundation Year students arrive at the University often with very different skills and experiences compared to those who arrive at Level 4. To help recognise these differences and support these students, the teaching and learning activities along with both formative and summative assessments need to be carefully considered. Learning tasks that take place within one module will be used to scaffold the summative assessments that take place within other modules. An example includes searching for peer reviewed journal articles associated with defining "Pedagogy" within the Introduction to H.E. Study Skills. This could be given

Formative feedback, whilst also adding to a portfolio of evidence to be submitted for Summative assessment. This learning can be used to help support the Summative assessment within the Intro to Applied Pedagogy. Similarly, during each of the discipline modules, students will be exposed to experiences linked to skills and knowledge required in several different careers. Within the Introduction to Careers in Sport, students are required to reflect upon their experiences within and outside that module, to rationalise a chosen career. Along side this, several assessments require students to evidence their engagement in both workshops, seminar activities and other independent study tasks. Whilst it would be expected that Level 4 students may engage in these activities due to a recognition of their importance, within the Foundation Year, these tasks have been written into a number of modules Summative assessments, giving extrinsic and academic credit for completion.

The assessment balance and overall workload associated with this course are calculated from core modules and typical option module choices undertaken by students on the course. They have been reviewed and confirmed as representative by the Course Director but applicants should note that the specific option choices students make may influence both assessment and workload balance.

A standard module equates to 200 notional learning hours, which may be comprised of teaching, learning and assessment, any embedded placement activities and independent study. Modules may have more than one component of assessment.

### **Assessment**

The Foundation Year is assessed by course work predominantly, with some examinations and practical assessments.

Level 4 is assessed by coursework predominately, with some examinations and practical assessments.

Level 5 is assessed by course work predominantly, with some examinations and practical assessments.

Level 6 is assessed by course work predominantly, with some examinations and practical assessments.

### **Workload**

<b>Overall Workload</b>	<b>Foundation Year</b>	<b>Level 4</b>	<b>Level 5</b>	<b>Level 6</b>
Teaching, Learning and Assessment	288 hours	308 hours	245 hours	204 hours
Independent Study	912 hours	892 hours	895 hours	932 hours

Placement	-	50 hours*	90 hours*	64 hours*
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\* Refer to Placement information above for further details.

## Learning Support

If you have a question or a problem relating to your course, your Course Administrator is there to help you. Course Administrators work closely with academic staff and can make referrals to teaching staff or to specialist professional services as appropriate. They can give you a confirmation of attendance letter, and a transcript. You may also like to contact your Course Rep or the Students' Union Advice team for additional support with course-related questions.

If you have any questions about life at our University in general, call into or contact the Student Advice Hub on either campus. This team, consisting of recent graduates and permanent staff, are available to support you throughout your time here. They will make sure you have access to and are aware of the support, specialist services, and opportunities our University provides. There is a Student Advice Hub on the ground floor of the Rose Bowl at City Campus and one in Campus Central at Headingley. You can also find the team in the Gateway in the Leslie Silver Building at City Campus. Email enquiries may be directed to [studentadvicehub@leedsbeckett.ac.uk](mailto:studentadvicehub@leedsbeckett.ac.uk).

Within MyBeckett you will see two tabs (Support and Opportunities) where you can find online information and resources for yourselves. The Support tab gives you access to details of services available to give you academic and personal support. These include Library Services, the Students' Union, Money advice, Disability advice and support, Wellbeing, International Student Services and Accommodation. There is also an A-Z of Support Services, and access to online appointments/registration.

The Opportunities tab is the place to explore the options you have for jobs, work placements, volunteering, and a wide range of other opportunities. For example, you can find out here how to get help with your CV, prepare for an interview, get a part-time job or voluntary role, take part in an international project, or join societies closer to home.