



LEEDS
BECKETT
UNIVERSITY

Course Specification

BSc (Hons) Therapeutic Counselling

Course Code: BSTHC

2021/22

BSc (Hons) Therapeutic Counselling (BSTHC)

Applicant Course Specification for 2021/22 Undergraduate Entrants

Confirmed at August 2021

General Information

Award	Bachelor of Science with Honours Therapeutic Counselling
Contained Awards	Bachelor of Science Therapeutic Counselling
Awarding Body	Leeds Beckett University
Level of Qualification and Credits	Level 6 of the Framework for Higher Education Qualifications, with 120 credit points at 6 of the UK Credit Framework for Higher Education. This is a 'top-up' award.
Course Lengths and Standard Timescales	<p>Start dates are notified to students via their offer letter. The length of the course is confirmed below and modes of delivery will be confirmed prior to the start date in line with Government guidance:</p> <ul style="list-style-type: none">• 1 year, full time• 2 years, part time
Part Time Study	Part-time delivery is usually at half the intensity of the full-time equivalent course, although there may be flexibility to increase the pace of study to shorten the overall course duration. Some modules may be delivered in a different sequence from that defined within this specification but the modules offered within each level are consistent.
Location of Delivery	City Campus, Leeds
Entry Requirements	<p>Admissions criteria are confirmed in your offer letter. Details of how the University recognises prior learning and supports credit transfer are located here: www.leedsbeckett.ac.uk/studenthub/recognition-of-prior-learning.</p> <p>Admissions enquiries may be directed to: AdmissionsEnquiries@leedsbeckett.ac.uk.</p>
Course Fees	<p>Course fees and any additional course costs are confirmed in your offer letter. Fees enquiries may be directed to Fees@leedsbeckett.ac.uk.</p>

Timetable Information

Timetables will be made available to students during induction week via:

- The Student Portal (MyBeckett)
- The Leeds Beckett app

Any difficulties relating to timetabled sessions should be discussed with your Course Administrator.

Policies, Standards and Regulations

www.leedsbeckett.ac.uk/academicregulations

There are no additional or non-standard regulations which relate to your course.

Your Key Contacts

Course Director Bryony Walker

Your Course Leader Tracy Hitchcock

Your Academic Advisor Tracy Hitchcock

Course Administrator Charlotte Benn c.a.benn@leedsbeckett.ac.uk

Work Placement Information

This course does not have work placements.

Professional Accreditation or Recognition Associated with the Course

This course does not have professional body accreditation or recognition.

Course Overview

Aims

The intention of the course is to facilitate independent and reflexive learning so that students, who are professional practitioners in counselling and psychotherapy, are able to effectively direct their future study and meet the challenges of the fluid and changing profession.

This course enriches the process of continuing professional development enabling counsellors to establish informed and effective counselling in diverse settings and communities. Continuing professional development is a requirement for continuing membership of the main professional counselling and psychotherapy bodies, who advise that practitioners should continually seek learning experiences to maintain, improve and broaden their competence and knowledge. The course aims to create an inclusive learning community in which students learn from each other's experiences, perspectives and work context.

Course Learning Outcomes

At the end of the course, students are able to demonstrate:

- 1 An integration of critical evaluation of theory and research, application of theory to practice with critical self-reflection and taking account of issues of ethnicity, class, gender, disability, age, religion and sexuality.
- 2 A critical understanding of the key theoretical orientations of counselling, through the use of contemporary digital technology.
- 3 A critical understanding of key issues and debates in psychological therapies within contrasting local and global contexts and including analysis of ethical and legal concerns and analysis of historical, organisational and commercial influences.
- 4 A critical understanding of group work and process within diverse cultural, organisational and commercial contexts, including a critical understanding of the significance of identities and of the practical application to the workplace.
- 5 A critical understanding of the principal models, research evidence, ethical considerations and power dynamics in contemporary supervision practice, making use of digital literacy skills and academic scholarship.
- 6 Competence as an autonomous and reflective learner with the increased confidence to access and critically use a range of digital technologies, in order to research, communicate ideas, present findings and critically reflect on one's own capacity to influence future career and lifelong learning.

Teaching and Learning Activities

A wide variety of teaching methods is used, including tutorials, group and individual experiential activities, case study discussion, research project supervision sessions, tutor-led lectures and presentations, student-led learning activities and group discussion. Interaction between students is seen as an important opportunity for students to learn by sharing their own and their peers' diverse experience, values, identities and opinions. The teaching and learning style is largely student-centred with students participating in a variety of activities, both formal and informal, in a climate that supports difference in learning styles and needs, and that encourages the active inclusion and engagement of all students.

Modules are characterised by the integration of theory, research evidence, client application and personal reflection. Activities are challenging and authentic and relate to diverse workplaces and real-world contexts, thereby enhancing the students' practice and their potential for employment.

Your Modules

This information is correct for students progressing through the course in standard timescales. Students who are required to undertake repeat study may be taught alternate modules which meet the overall course learning outcomes. Details of module delivery is provided in your timetable. All modules are core.

Full time

Semester 1	Semester 2
Theories of Therapy (20 credits)	Issues and Debates in Psychological Therapies (20 credits)
Group Therapies and Group Work (20 credits)	Supervision in Practice (20 credits)
Theory and Practice of Research (40 credits)	Theory and Practice of Research <i>continues</i>

Part time Year 1

Semester 1	Semester 2
Theories of Therapy (20 credits)	Issues and Debates in Psychological Therapies (20 credits)
	Supervision in Practice (20 credits)

Part time Year 2

Semester 1	Semester 2
Group Therapies and Group Work (20 credits)	
Theory and Practice of Research (40 credits)	Theory and Practice of Research <i>continues</i>

Assessment Balance and Scheduled Learning and Teaching Activities

The assessment balance and overall workload associated with this course are calculated from core modules. A standard 20 credit module equates to 200 notional learning hours, comprising teaching, learning and assessment and guided independent study. Modules may have more than one component of assessment.

Assessment

The modules are assessed by coursework mainly with some practical assessments.

Workload

Overall workload in hours	Level 6
Teaching and Learning	153
Independent Study and Assessment	1047
Placement	0
Total	1200

Learning Support

If you have a question or a problem relating to your course, your Course Administrator is there to help you. Course Administrators work closely with academic staff and can make referrals to teaching staff or to specialist professional services as appropriate. They can give you a confirmation of attendance letter, and a transcript. You may also like to contact your Course Representative or the Students' Union Advice team for additional support with course-related questions.

If you have any questions about life at our University in general, call into or contact the Student Advice Hub on either campus. This team, consisting of recent graduates and permanent staff, are available to support you throughout your time here. They will make sure you have access to and are aware of the support, specialist services, and opportunities our University provides. There is a Student Advice Hub on the ground floor of the Rose Bowl at City Campus and one

in Campus Central at Headingley. You can also find the team in the Gateway in the Leslie Silver Building at City Campus. Email enquiries may be directed to studentadvicehub@leedsbeckett.ac.uk.

Within MyBeckett there are two tabs (Support and Opportunities) where you can find online information and resources for yourselves. The Support tab gives you access to details of services available to give you academic and personal support. These include Library Services, the Students' Union, Money advice, Disability advice and support, Wellbeing, International Student Services and Accommodation. There is also an A-Z of Support Services, and access to online appointments/registration.

The Opportunities tab is the place to explore the options you have for jobs, work placements, volunteering, and a wide range of other opportunities. For example, you can find out here how to get help with your CV, prepare for an interview, get a part-time job or voluntary role, take part in an international project, or join societies closer to home.