



LEEDS
BECKETT
UNIVERSITY

Course Specification

MSc Nutrition in Practice

Course Code: MSCNP

2021/22

leedsbeckett.ac.uk

Award & Title

MSc Nutrition in Practice MSCNP

Material Information Summary for 2021/22 Postgraduate Applicants

Confirmed at 06/04/21

General Information

| | | | |
|-------------------------|---------------------------------|-------------------|--------------|
| Award | MSc Nutrition in Practice MSCNP | | |
| Contained Awards | PG Certificate | Nutrition Studies | 60 credits* |
| | PG Diploma | Nutrition Studies | 120 credits* |

*Credits taken across the course. These awards are not accredited by the AfN

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|---|---|
| Awarding Body | Leeds Beckett University |
| Level of Qualification & Credits | Level 7 of the Framework for Higher Education Qualifications, with 180 credit points at Level 7 of the Higher Education Credit Framework for England |
| Course Lengths & Standard Timescales | <p>Start dates will be notified to students via their offer letter. The length of the course is confirmed below and modes of delivery will be confirmed prior to the start date in line with Government guidance:</p> <p>The MSc Nutrition in Practice is a one year full-time, 2 year part-time course that is accredited by the Association for Nutrition (AfN).</p> |
| Part Time Study | PT delivery is usually at half the intensity of the FT equivalent course, although there may be flexibility to increase your pace of study to shorten the overall course duration. Some modules may be delivered in a different sequence to that defined within this information set but the modules offered within each level are consistent. Please note that the work placement option is not generally available to PT students. |
| Location(s) of Delivery | City Campus, Leeds/ Distance Learning option for part time students. |
| Entry Requirements | <p>Admissions criteria are confirmed in your offer letter. Details of how the University recognises prior learning and supports credit transfer are located here: www.leedsbeckett.ac.uk/studenthub/recognition-of-prior-learning.</p> <p>Admissions enquiries may be directed to: AdmissionsEnquiries@leedsbeckett.ac.uk.</p> |
| Course Fees | Course fees and any additional course costs are confirmed in your offer letter. Fees enquiries may be directed to Fees@leedsbeckett.ac.uk . |

Timetable Information

Timetables will be made available to students during induction week via:

- i) The Student Outlook Calendar
- ii) The Student Portal (MyBeckett)
- iii) The Leeds Beckett app

Any difficulties relating to timetabled sessions may be discussed with your Course Administrator.

Policies, Standards and Regulations (www.leedsbeckett.ac.uk/academicregulations)

Fitness to Practice

As this is a professional course students are expected to act in a professional manner at all times in line with the university policy, regulations and procedures relating to professional suitability or fitness to practice

<http://www.leedsbeckett.ac.uk/public-information/student-regulations/>

Pre-requisite modules:

Students must successfully complete Research Methods for Nutrition 20 credit module prior to undertaking the Research and Practice Development 40 credit module.

Formal recognition and confirmation of the marks awarded for the Research Methods for Nutrition module will be confirmed by Examination Committee at the end of semester 1 of a student's first year (FT) or second year (PT).

Progression to placement:

Students must successfully complete the Nutrition Advances in Practice module (20 credits) and Lifestyle Disease and Social Context module (20 credits) in order to be eligible for placement. Formal recognition and confirmation of the marks awarded for the aforementioned modules are confirmed at the Exam Committee at the end of semester 1 of a student's first year. The earliest students will be eligible to go on placement would be June following Semester 2 of the first year (FT) or second year (PT). Students must also successfully complete the relevant mandatory training in advance of placement.

Key Contacts

| | |
|----------------------------------|--|
| Your Course Director | Kate Austin |
| Your Academic Advisor | TBC |
| Your Course Administrator | Claire McCann C.Mccann@leedsbeckett.ac.uk |

Sandwich or Other 'In Year' Work Placement Information

Summary Optional 4-week placement.

Length 4 weeks

4 week (June – September) 4-week placement F/T. However, placements are flexible in order to ensure students gain the most out of their placement experience and students might choose to do the equivalent of 20-days placement

over a longer period of time - provided this does not interfere with scheduled teaching and/or assessment at the University.

Location

Students have the opportunity to undertake an optional 4-week placement in a nutrition-related environment (e.g. Food Industry, research, clinical practice, public health). Practice Placements are approved, quality assured and allocated within arrangements established by the Health and Social Care Practice Learning Team (PLT). Placement is optional and successful completion of a placement is not required in order to achieve the target award. Students wishing to take up the opportunity of a work placement can do so in a variety of settings: primary care, secondary care, industry, public health and local authority settings across the UK and abroad.

Professional Accreditation or Recognition Associated with the Course

Professional Body

Accreditation/ Recognition Summary

This course is accredited by the Association for Nutrition (AfN) professional body and holds the UK Voluntary Register of Nutritionists (UKVRN), the only register of qualified nutritionists recognised by Public Health England and NHS Careers (further information may be found on our online prospectus).

Distance learning option is subject to PSRB approval.

Course Overview

Aims

The aims of the programme are to:

1. To enable students to systematically analyse and evaluate the evidence-based relationship between food, nutrition and health, applying knowledge creatively to benefit groups, communities and populations.
2. To develop skills in the analysis, interpretation and presentation of nutritional data, accounting for social and economic determinants, current and future healthcare policy.
3. To critically appraise a breadth of research design and apply knowledge in the formulation, implementation and evaluation of original nutritional research.
4. To develop the professional skills of leadership, collaboration and communication required to effect nutritional change within health and food industry settings

Course Learning Outcomes

At the end of the course, students will be able to:

- 1 Integrate, analyse and synthesise knowledge, theories and concepts from a range of disciplines in the analysis of food and nutrition, to determine 'best practice' in Nutrition according to the evidence and apply this knowledge to emerging, complex scenarios.
- 2 Apply problem-solving approaches, critical evaluation, reflective and creative skills in the interpretation and evaluation of existing nutrition related interventions, and demonstrate originality and creativity in developing novel nutrition interventions

3 Demonstrate effective communication techniques for a range of lay and professional audiences, through application of communication/behaviour change techniques with developed presentation, facilitation and report writing skills, being flexible and reactive to unpredictable situations

4 Demonstrate the ability to analyse nutritional intakes, trends, and behaviours, evaluating complex data according to health, social and economic determinants, using relevant IT skills and statistical methods

5 Analyse, evaluate and synthesise a range of quantitative and qualitative research methodologies, applying your knowledge in evaluating the strength of the research base and in the design of original research which contributes to the evidence base.

6 Demonstrate self-direction in establishing a professional approach to learning, through analysis, reflection, and evaluation of your development, and apply learning within the context of leadership, collaborative and cross-sector working.

Teaching and Learning Activities

Summary

Teaching takes place in multi-purpose rooms with additional specialised facilities for technical, clinical and interpersonal skills development. In addition, the course has access to a purpose built catering laboratory.

Teaching approaches include: interactive online lectures, video demonstrations, practical work, student-led online discussions, case studies, problem solving exercises, reflective learning technique and group work.

Problem solving exercises and case studies enable students to integrate their knowledge and increase their interest in the subject matter. Oral communication and the ability to work effectively in groups are developed by assignments such as group presentations and seminars.

Your Modules

This information is correct for students progressing through the programme within standard timescales. Students who are required to undertake repeat study may be taught alternate modules which meet the overall course learning outcomes. Details of module delivery will be provided in your timetable.

Level 7 (Full-time), Face-to-face

| Semester 1 | Core | Semester 2 | Core | Semester 3 | Core |
|--|------|--|------|--|------|
| Nutrition Advances in Practice (20 credits) | Y | Nutritional Epidemiology (20 credits) | Y | 4-week placement (Optional) <i>June - September</i> | N |
| Lifestyle Disease and Social Context (20 credits) | Y | Enterprise in Public Health Nutrition (20 credits) | Y | | |
| Research Methods for Nutrition (20 credits) | Y | Food Systems and Policy (20 credits) | Y | | |
| Semester 1 & 2 | | Semester 1 & 2 | | | |
| Professional and Collaborative Practice (20 credits) | Y | Professional and Collaborative Practice (20 credits) | Y | | |

| | | Semester 2 & 3 | | Semester 2 & 3 | |
|--|--|--|--|--|---|
| | | Research and Practice Development (40 credits) | | Research and Practice Development (40 credits) | Y |

Level 7 (Part-time, year 1), Face-to-face or via Distance learning (from Sept 2021)

| Semester 1 | Core | Semester 2 | Core |
|---|------|--|------|
| Nutrition Advances in Practice (20 credits) | Y | Nutritional Epidemiology (20 credits) | Y |
| Lifestyle Disease and Social Context (20 credits) | Y | Enterprise in Public Health Nutrition (20 credits) | Y |

Level 7 (Part-time, year 2), Face-to-face or via Distance learning (from Sept 2021)

| Semester 1 | Core | Semester 2 | Core | Semester 3 | Core |
|--|------|--|------|--|------|
| Research Methods for Nutrition (20 credits) | Y | Food Systems and Policy (20 credits) | Y | 4-week placement (Optional) June - September | N |
| Semester 1 & 2 | | Semester 1 & 2 | | | |
| Professional and Collaborative Practice (20 credits) | | | Y | | |
| | | Semester 2 & 3 | | Semester 2 & 3 | |
| | | Research and Practice Development (40 credits) | Y | Research and Practice Development (40 credits) | Y |

Level 7 Option Modules (delivery years as per Level 7 core modules above)

4-week placement (Optional) June - September

The 4-week placement demonstrates our commitment to support students in identifying relevant work and preparing them for post-graduate careers. Whilst there is no academic credit awarded for the optional placement module it enables those students without relevant work experience the opportunity to gain practice placement experience. Those students who undertake the optional placement will also have the opportunity to reflect on what they have learnt in their e-portfolio for the 'Professional and Collaborative Practice' module.

The option modules listed are indicative of a typical year. There may be some variance in the availability of option modules.

Assessment Balance and Scheduled Learning and Teaching Activities

The assessment balance and overall workload associated with this course are calculated from core modules and typical option module choices undertaken by students on the course. They have been reviewed and confirmed as representative by the Course Director but applicants should note that the specific option choices students make may influence both assessment and workload balance.

A standard module equates to 200 notional learning hours, which may be comprised of teaching, learning and assessment, any embedded placement activities and independent study. Modules may have more than one component of assessment.

Assessment

On this course students will be assessed predominantly by coursework with some examinations. At the end of the course, students undertake a dissertation which contributes 40 credits to the target award.

Workload

The number of hours of workload generally equates to 1800 for Masters programmes, 1200 for PG Diplomas and 600 for PG Certificates, corresponding to the national standard of 10 notional hours of learning for each UK HE credit point.

Learning Support

If you have a question or a problem relating to your course, your Course Administrator is there to help you. Course Administrators work closely with academic staff and can make referrals to teaching staff or to specialist professional services as appropriate. They can give you a confirmation of attendance letter, and a transcript. You may also like to contact your Course Rep or the Students' Union Advice team for additional support with course-related questions.

If you have any questions about life at our University in general, call into or contact the Student Advice Hub on either campus. This team, consisting of recent graduates and permanent staff, are available to support you throughout your time here. They will make sure you have access to and are aware of the support, specialist services, and opportunities our University provides. There is a Student Advice Hub on the ground floor of the Rose Bowl at City Campus and one in Campus Central at Headingley. You can also find the team in the Gateway in the Leslie Silver Building at City Campus. Email enquiries may be directed to studentadvicehub@leedsbeckett.ac.uk.

Within MyBeckett you will see two tabs (Support and Opportunities) where you can find online information and resources for yourselves. The Support tab gives you access to details of services available to give you academic and personal support. These include Library Services, the Students' Union, Money advice, Disability advice and support, Wellbeing, International Student Services and Accommodation. There is also an A-Z of Support Services, and access to online appointments/registration.

The Opportunities tab is the place to explore the options you have for jobs, work placements, volunteering, and a wide range of other opportunities. For example, you can find out here how to get help with your CV, prepare for an interview, get a part-time job or voluntary role, take part in an international project, or join societies closer to home.