



LEEDS
BECKETT
UNIVERSITY

Course Specification

MSc Sport and Exercise Medicine

Course Code: MSMED

2021/22

leedsbeckett.ac.uk

Award and Title: MSc Sport and Exercise Medicine (MSMED)

Material Information Summary for 2021/22 Postgraduate Entrants

Confirmed at 23/03/21

General Information

Award

Master of Science Sport and Exercise Medicine

Contained Awards

Post Graduate Diploma Sport and Exercise Medicine

Post Graduate Certificate Sports Injury Management

Awarding Body

Leeds Beckett University

Level of Qualification & Credits

Level 7 of the Framework for Higher Education Qualifications, with 180 credits points at level 7 of the Higher Education Credit Framework for England.

Course Lengths & Standard

Start dates will be notified to students via their offer letter. The length of the course is confirmed below and modes of delivery will be confirmed prior to the start date in line with Government guidance:

Full-Time: 1 Year

Part-Time Route 1: 2 - 5 years

Part-Time Route 2 (Accelerated Route): 2 years

Timescales

Part Time Study

PT delivery is usually at half the intensity of the FT equivalent course, although there may be flexibility to increase your pace of study to shorten the overall course duration. Some modules may be delivered in a different sequence to that defined within this information set but the modules offered across the course are consistent. For this course, two options are available. Any student wishing to access a loan must follow Route 2 and complete the course within 2 years. Students who wish to study over a longer period, e.g. to fit around existing work commitments, can opt for Route 1.

Location(s) of Delivery	City Campus, Leeds
Entry Requirements	Admissions criteria are confirmed in your offer letter. Details of how the University recognises prior learning and supports credit transfer are located here: www.leedsbeckett.ac.uk/studenthub/recognition-of-prior-learning . Admissions enquiries may be directed to: AdmissionsEnquiries@leedsbeckett.ac.uk .
Course Fees	Course fees and additional course costs are confirmed in your offer letter. Enquiries may be directed to Fees@leedsbeckett.ac.uk .

Timetable Information

Timetables will be made available to students during your induction week via:

- i) The Student Outlook Calendar
- ii) The Student Portal (MyBeckett)
- iii) The Leeds Beckett app

Any difficulties relating to timetabled sessions may be discussed with your Course Administrator.

Policies, Standards and Regulations (www.leedsbeckett.ac.uk/academicregulations)

There are no additional or non-standard regulations which relate to your course.

Key Contacts

Your Course Director	Dr Gareth Jones
Your Academic Advisor	To be advised
Your Course Administrator	Maxine Allinson (M.L.Allinson@leedsbeckett.ac.uk)

Professional Accreditation or Recognition Associated with the Course

None.

Course Overview

Aims

The aims of the programme are to enable professionals from a variety of backgrounds to develop their knowledge, skills and practice within the field of Sports and Exercise Medicine. Students will be equipped with the skills to integrate clinical and sports science principals in the prevention, assessment and management of injuries in a variety of athletic populations.

Course Learning Outcomes

At the end of the course, students will be able to:

1. Critically apply principles of epidemiology, exercise, clinical reasoning and sports science to the practice of sports and exercise medicine.
2. Synthesise and critically discuss evidence from a variety of sources and adopt a research informed approach to practice in sports and exercise medicine.
3. Evaluate and integrate existing and new knowledge to their current practice.
4. Critically evaluate existing knowledge and use effective strategies to conduct research relevant to the field of sports and exercise medicine.

Teaching and Learning Activities

Learning and teaching activities have been designed to facilitate analysis, synthesis, evaluation and identification of complex problems and solutions; promote effective communication and presentation of oral and written arguments; working with others which includes the capacity to plan, share goals and work as a member of a team; use information and communication technology; interpret, present and critique quantitative and qualitative data information; be aware of and improve their own learning and performance including the development of research and study skills, and the capacity to reflect on, plan and manage their own learning.

The pedagogical approach to assessment learning and teaching, aims for an inclusive environment that is non-discriminatory, appropriate and respects and values the perspectives of others. An 'Inclusive learning environment' is referred to by the Higher Education Academy as being where due attention is paid to the pace, length, structure, method of delivery, and materials used. The style of course delivery adopted by the course team affords opportunities for students to act independently and learn autonomously.

Within classroom-based activities, different learning preferences and learning styles, that reflect individual and cultural preferences, are accommodated through: traditional lectures, group-work, seminars, problem-based and experiential learning. Similarly, our range of assessment modes takes account of differences in student learning styles. For example, throughout the course students are assessed through their written work, verbal presentation skills and technical competencies in research and analysis.

Enquiry-based learning and a problem solving approach to learning and teaching will be employed from the outset of the course. The aim is to develop students' skills of searching, analysing, interpreting and applying knowledge for the implementation of evidence based management within sport and exercise medicine.

In addition when, with applying theory to practice whether with simulated or with 'real' clients, students develop a range of transferable skills. These include the analysis, synthesis, evaluation and identification of complex problems and solutions; communication and presentation of oral and written arguments; working with others and to demonstrate the capacity to plan, share goals and work as a member of a team using information and communication technology.

Your Modules

This information is correct for students progressing through the programme within standard timescales. Students who are required to undertake repeat study may be taught alternate modules which meet the overall course learning outcomes. Details of module delivery will be provided in your timetable.

Full-time			
Semester 1	Core (Y)	Semester 2	Core (Y)
Epidemiology and Sports Trauma Management	Y	Sports Injury Management and Rehabilitation	Y
Neuromuscular Biomechanics	Y	Clinical Decision Making in Sport	Y
Evidence-Based Practice in Sports Physiology	Y	Clinical Exercise Testing	Y
Research in Professional Practice			Y

Part-time*			
Semester 1	Core (Y)	Semester 2	Core (Y)
Epidemiology and Sports Trauma Management	Y	Sports Injury Management and Rehabilitation	Y
Neuromuscular Biomechanics	Y	Clinical Decision Making in Sport	Y
Evidence-Based Practice in Sports Physiology	Y	Clinical Exercise Testing	Y
Research in Professional Practice			Y

*Students on the part-time course of study can negotiate the number of modules undertaken per semester with the Course Director.

Assessment Balance and Scheduled Learning and Teaching Activities

The assessment balance and overall workload associated with this course are calculated from information provided about each of the core modules. They have been reviewed and confirmed as representative by the Course Director.

A standard module equates to 200 notional learning hours, which may comprise teaching, learning and assessment, and independent study. Modules may have more than one component of assessment.

Assessment

On this course students will be assessed through a broadly even mix of written assessments, oral presentations, written examinations and practical examination. There is a major independent study module which will require the production of a dissertation of 12 thousand words.

Workload

Overall Workload for the Course	
Teaching, Learning and Assessment	248 hours
Independent Study	1560 hours

Learning Support

If you have a question or a problem relating to your course, your Course Administrator is there to help you. Course Administrators work closely with academic staff and can make referrals to teaching staff or to specialist professional services as appropriate. They can give you a confirmation of attendance letter, and a transcript. You may also like to contact your Course Rep or the Students' Union Advice team for additional support with course-related questions.

If you have any questions about life at our University in general, call into or contact the Student Advice Hub on either campus. This team, consisting of recent graduates and permanent staff, are available to support you throughout your time here. They will make sure you have access to and are aware of the support, specialist services, and opportunities our University provides. There is a Student Advice Hub on the ground floor of the Rose Bowl at City Campus and one in Campus Central at Headingley. You can also find the team in the Gateway in the Leslie Silver Building at City Campus. Email enquiries may be directed to studentadvicehub@leedsbeckett.ac.uk.

Within MyBeckett you will see two tabs (Support and Opportunities) where you can find online information and resources for yourselves. The Support tab gives you access to details of services available to give you academic and personal support. These include Library Services, the Students' Union, Money advice, Disability advice and support, Wellbeing, International Student Services and Accommodation. There is also an A-Z of Support Services, and access to online appointments/registration.

The Opportunities tab is the place to explore the options you have for jobs, work placements, volunteering, and a wide range of other opportunities. For example, you can find out here how to get help with your CV,

prepare for an interview, get a part-time job or voluntary role, take part in an international project, or join societies closer to home.