



LEEDS
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UNIVERSITY

Course Specification

MA Leadership of School Mental Health and Wellbeing

Course Code: MSMHW

2024/25

leedsbeckett.ac.uk

MA Leadership of School Mental Health and Wellbeing (MSMHW)

Applicant Facing Course Specification for 2024/25 Postgraduate Entrants

Confirmed at November 2023

General Information

Award	Master of Arts Leadership of School Mental Health and Wellbeing
Contained awards	Postgraduate Certificate Leadership of School Mental Health and Wellbeing Postgraduate Diploma Leadership of School Mental Health and Wellbeing
Awarding Body	Leeds Beckett University
Level of Qualification and Credits	Level 7 of the Framework for Higher Education Qualifications, with 180 credit points at Level 7 of the Higher Education Credit Framework for England
Course Lengths and Standard Timescales	Start dates will be notified to students via their offer letter. The length of the course is confirmed below : <ul style="list-style-type: none">• 1 year (full time)• 2 year (part time)
Part Time Study	PT delivery is usually at half the intensity of the FT equivalent course, although there may be flexibility to increase your pace of study to shorten the overall course duration. Some modules may be delivered in a different sequence to that defined within this information set but the modules offered within each level are consistent. Please note that the work placement option is not generally available to PT students.
Location(s) of Delivery	The teaching on your course will take place at Headingley Campus and Distance Learning
Entry Requirements	Admissions criteria are confirmed in your offer letter. Details of how the University recognises prior learning and supports credit transfer are located here: https://www.leedsbeckett.ac.uk/student-information/course-information/recognition-of-prior-learning/

Admissions enquiries may be directed to:
AdmissionsEnquiries@leedsbeckett.ac.uk.

Course Fees

Course fees and any additional course costs are confirmed in your offer letter. Fees enquiries may be directed to
Fees@leedsbeckett.ac.uk.

Timetable Information

Timetables for Semester 1 will be made available to students during induction week via:

- i) The Student Portal (MyBeckett)
- ii) The Leeds Beckett app

Any difficulties relating to timetabled sessions may be discussed with your Course Administrator.

Policies, Standards and Regulations (www.leedsbeckett.ac.uk/academicregulations)

There are no additional or non-standard regulations which relate to your course.

Key Contacts

Your Course Director	Dr Sarah Swann
Your Academic Advisor	To be confirmed upon commencement of the course.
Your Course Administrator	education@leedsbeckett.ac.uk

Professional Accreditation or Recognition Associated with the Course

Professional Body

There are no professional bodies associated with this course.

Course Overview

Aims

The aims of the programme are to:

1. The confidence, knowledge, independence of thought and skill to evaluate their school's current approach to mental health, using a sound grasp of the evidence base
2. The understanding and application of theory and recent education and health policy to develop and implement a sophisticated, original and highly effective school mental health improvement plan

3. Deeper self-awareness and self-critique of their own views on mental health and experiences leading these changes across the school
4. Critical enquiry skills to confidently evaluate and understand global best practice when it comes to school mental health support
5. Specialist in-depth knowledge of how they can support the fostering of student resilience across their school community
6. Critical enquiry skills to develop an up-to-date map of local mental health provision available to their students, understanding which services will be most useful to assist them.

Course Learning Outcomes

At the end of the course, students will be able to:

- 1 Demonstrate knowledge, originality and increased confidence in combining skills as leaders of mental health across their school
- 2 Demonstrate critical evaluation skills to reflect on current school practice and identify innovative and sophisticated solutions which improve mental health within their school
- 3 Demonstrate multidisciplinary specialist theoretical knowledge in the field of promoting whole school approach to positive mental health and supporting student resilience
- 4 Critically evaluate international contemporary approaches to mental health support in different educational settings
- 5 Critically evaluate local mental health provision, identifying where these services may be of benefit to their students
- 6 Demonstrate critical understanding of self in relation to mental health, school leadership and their work with individual students
- 7 Demonstrate the ability to select and employ ethically approved and methodologically robust research strategies and approaches

Teaching and Learning Activities

Summary

The programme will develop communities of practice through face-to-face and distance teaching and learning. Most modules will utilise a conference style event for group discussion, presentations, feedback and collaborative learning and will be led by colleagues with relevant professional practice and research expertise.

All modules require senior leadership role in a school, either primary or secondary. The course will involve students critically reflecting upon their professional practice, the current and potential activities within their school, their learning on the course and the interconnectedness of a community of practice.

For **Major independent study**, each student will be allocated a supervisor who will guide the student in drawing up their research proposal and developing and investigating a negotiated line of enquiry in order to develop as an independent practice-researcher.

The VLE (MyBeckett) will be used in the following ways:

- As a repository for learning materials and resources;
- As a forum for discussions;
- As a means of feedback and formal assessment.

For Distance Learners, the VLE will be shaped through the involvement of the University's Distance Learning Unit to ensure a consistent and interactive approach.

Use of Blended Learning

This course will be offered both as face-to-face and distance. The aim is to create learning communities for both modes of delivery. Given the busy professional roles undertaken by students on the course, the development of online materials and communities for distance learners will also facilitate blended learning opportunities for face-to-face students.

Your Modules

This information is correct for students progressing through the programme within standard timescales. Option modules listed are indicative of a typical year. There may be some variance in the availability of option modules. Students who are required to undertake repeat study may be taught alternate modules which meet the overall course learning outcomes. Details of module delivery will be provided in your timetable.

Level 7 Core Modules

Full time: Level 7 Semester 1	Core (Y/N)	Semester 2	Core (Y/N)	Semester 3	Core (Y/N)
A whole school approach to mental health A (20 credits)	Y	A whole school approach to mental health B (20 credits)	Y		
Working with local mental health support agencies (20 credits)	Y	Leading Student Resilience Across The School (20 credits)	Y	Evaluating global perspectives on mental health in schools (Semester 3) (20 credits)	Y

		Critical Case Review (20 credits)	Y		
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Full time: Level 7 *module is studied across Semester 1 and Semester 2					Core (Y/N)
Major Independent Study (60 credits)					Y

Part time: Year 1 Semester 1	Core (Y/N)	Semester 2	Core (Y/N)	Semester 3	Core (Y/N)
A whole school approach to mental health A (20 credits)	Y	A whole school approach to mental health B (20 credits)	Y	Evaluating global perspectives on mental health in schools (Semester 3) (20 credits)	Y
Leading student resilience across the school (20 credits)	Y				

Part time: Year 2 Semester 1	Core (Y/N)	Semester 2	Core (Y/N)
Working with local mental health support agencies (20 credits)	Y	Critical Case Review (20 credits)	Y
Major Independent Study (60 credits)	Y	Major Independent Study (60 credits) <i>*Continued from Semester 1</i>	Y

There are no optional study modules on this course.

Assessment Balance and Scheduled Learning and Teaching Activities

The assessment balance and overall workload associated with this course are calculated from core modules and typical option module choices undertaken by students on the course. They have been reviewed and confirmed as representative by the Course Director but applicants should note that the specific option choices students make may influence both assessment and workload balance.

A standard module equates to 200 notional learning hours, which may be comprised of teaching, learning and assessment, any embedded placement activities and independent study. Modules may have more than one component of assessment.

Assessment

On this course students will be assessed through a broadly even mix of coursework and presentations. There is a major independent study module which will require the production of a dissertation of 10 thousand words.

Workload

Overall Workload for the Course	
Teaching, Learning and Assessment	150 hours
Independent Study	530 hours
Placement	1120 hours

Learning Support

If you have a question or a problem relating to your course, your Course Administrator is there to help you. Course Administrators work closely with academic staff and can make referrals to teaching staff or to specialist professional services as appropriate. They can give you a confirmation of attendance letter, and a transcript. You may also like to contact your Course Rep or the Students' Union Advice team for additional support with course-related questions.

Student Services

If you have any questions about life at University, call into our Student Services Centre at either campus or contact Student Advice directly. This team, consisting of trained officers and advisers are available to support you throughout your time here. They will make sure you have access to and are aware of the support, specialist services, and opportunities our University provides. They also work on a wide range of projects throughout the year all designed to enhance your student experience and ensure you make the most of your time with us. Student Advice are located in the Student Services Centre in the Leslie Silver Building at City Campus and on the ground floor of the Priestley Building at Headingley Campus. The team can also be contacted via email at studentadvice@leedsbeckett.ac.uk, telephone on 0113 812 3000, or by accessing our online chat link, available on the student homepage.

Support and opportunities

Within MyBeckett you will see two tabs (Support and Opportunities) where you can find online information and resources for yourselves. The Support tab gives you access to details of services available to give you academic and personal support. These include Library Services, the Students' Union, Money advice, Disability advice and support, Wellbeing, International Student Services and Accommodation. There is also an A-Z of Support Services, and access to online appointments/registration.

The Opportunities tab is the place to explore the options you have for jobs, work placements, volunteering, and a wide range of other opportunities. For example, you can find out here how to get help with your CV, prepare for an interview, get a part-time job or voluntary role, take part in an international project, or join societies closer to home.