



Course Specification

Postgraduate Diploma Sport and Exercise Medicine

Course Code: PDMED

2024/25

leedsbeckett.ac.uk

Postgraduate Diploma Sport and Exercise Medicine (PDMED)

Applicant Course Specification for 2024/25 Postgraduate Entrants

Confirmed at November 2023

General Information

Award	Postgraduate Diploma Sport and Exercise Medicine
Contained Awards	Postgraduate Certificate Sports Injury Management
Awarding Body	Leeds Beckett University
Level of Qualification and Credits	Level 7 of the Framework for Higher Education Qualifications, with 120 credit points at Level 7 of the Higher Education Credit Framework for England.
Course Lengths and Standard Timescales	<p>Start dates will be notified to students via their offer letter. The length and mode of delivery of the course are:</p> <ul style="list-style-type: none">• Full-time: 1 year• Part-time: 2 years
Part Time Study	Part-time delivery is usually at half the intensity of the full-time equivalent course, although there may be flexibility to increase your pace of study to shorten the overall course duration. Some modules may be delivered in a different sequence from that detailed in this specification.
Location(s) of Delivery	Teaching will be at City Campus and Headingley Campus.
Entry Requirements	<p>Admissions criteria are confirmed in your offer letter. Details of how the University recognises prior learning and supports credit transfer are located here: https://www.leedsbeckett.ac.uk/student-information/course-information/recognition-of-prior-learning/</p> <p>Admissions enquiries may be directed to: AdmissionsEnquiries@leedsbeckett.ac.uk.</p>
Course Fees	Course fees and any additional course costs are confirmed in your offer letter. Fees enquiries may be directed to Fees@leedsbeckett.ac.uk .

Timetable Information

Timetables will be made available to students during induction week via:

- The Student Portal (MyBeckett)
- The Leeds Beckett app

Any difficulties relating to timetabled sessions may be discussed with your Course Administrator.

Policies, Standards and Regulations

<https://www.leedsbeckett.ac.uk/our-university/public-information/academic-regulations>

The course follows the Academic Regulations except where noted below.

The following Regulatory exemption applies to the *Epidemiology and Sports Trauma Management* module: Recognition of Prior Learning (RPL) may be awarded to those students who hold a current pre-hospital trauma certificate at the intermediate standard or above.

Your Key Contacts

Course Director	Dr Gareth Jones
Academic Advisor	Confirmed at induction
Course Administrator	Maxine Allinson M.L.Allinson@leedsbeckett.ac.uk

Professional Accreditation or Recognition Associated with the Course

None.

Course Overview

Aims

The aims of the programme are to enable professionals from a variety of backgrounds to develop their knowledge, skills and practice within the field of Sports and Exercise Medicine. Students will be equipped with the skills to integrate clinical and sports science principals in the prevention, assessment and management of injuries in a variety of athletic populations.

Course Learning Outcomes

At the end of the course, students will be able to:

1. Critically apply principles of epidemiology, exercise, clinical reasoning and sports science to the practice of sports and exercise medicine.
2. Synthesise and critically discuss evidence from a variety of sources and adopt a research informed approach to practice in sports and exercise medicine.
3. Evaluate and integrate existing and new knowledge to their current practice.

Teaching and Learning Activities

Teaching is delivered in person on campus.

Learning and teaching activities have been designed to facilitate analysis, synthesis, evaluation and identification of complex problems and solutions; promote effective communication and presentation of oral and written arguments; working with others which includes the capacity to plan, share goals and work as a member of a team; use information and communication technology; interpret, present and critique quantitative and qualitative data information; be aware of and improve their own learning and performance including the development of research and study skills, and the capacity to reflect on, plan and manage their own learning.

The pedagogical approach to assessment learning and teaching, aims for an inclusive environment that is non-discriminatory, appropriate and respects and values the perspectives of others. An 'Inclusive learning environment' is referred to by the Higher Education Academy as being where due attention is paid to the pace, length, structure, method of delivery, and materials used. The style of course delivery adopted by the course team affords opportunities for students to act independently and learn autonomously.

Within classroom-based activities, different learning preferences and learning styles, that reflect individual and cultural preferences, are accommodated through: traditional lectures, group-work, seminars, problem-based and experiential learning. Similarly, our range of assessment modes takes account of differences in student learning styles. For example, throughout the course students are assessed through their written work, verbal presentation skills and technical competencies in research and analysis.

Enquiry-based learning and a problem solving approach to learning and teaching will be employed from the outset of the course. The aim is to develop students' skills of searching, analysing, interpreting and applying knowledge for the implementation of evidence based management within sport and exercise medicine.

In addition when, with applying theory to practice whether with simulated or with 'real' clients, students develop a range of transferable skills. These include the analysis, synthesis, evaluation and identification of complex problems and solutions; communication and presentation of oral and written arguments; working with others and to demonstrate the capacity to plan, share goals and work as a member of a team using information and communication technology.

Your Modules

This information is correct for students progressing through the programme within standard timescales. Students who are required to undertake repeat study may be taught alternate modules which meet the overall course learning outcomes. Details of module delivery will be provided in your timetable. All module are core and 20 credits.

Full-time route	
Semester 1	Semester 2
Epidemiology and Sports Trauma Management	Sports Injury Management and Rehabilitation
Neuromuscular Biomechanics	Clinical Decision Making in Sport
Evidence-Based Practice in Sports Physiology	Clinical Exercise Testing

Part-time route: Students on the part-time course of study can negotiate the number of modules undertaken in a semester with the Course Director.

Assessment Balance and Scheduled Learning and Teaching Activities

The assessment balance and overall workload associated with this course are calculated from core modules. A standard 20 credit module equates to 200 notional learning hours, comprising teaching, learning and assessment and independent study. Modules may have more than one component of assessment.

Assessment

Modules are assessed through coursework, oral presentations, written examinations and practical examination.

Workload

Overall Workload	Hours
Teaching, Learning and Assessment	216
Independent Study	984
Total	1200

Learning Support

If you have a question or a problem relating to your course, your Course Administrator is there to help you. Course Administrators work closely with academic staff and can make referrals to teaching staff or to specialist professional services as appropriate. They can give you a confirmation of attendance letter and a transcript. You may also like to contact your Course Representative or the Students' Union Advice team for additional support with course-related questions.

Student Services

If you have any questions about life at University, call into our Student Services Centre at either campus or contact Student Advice directly. This team, consisting of trained officers and advisers are available to support you throughout your time here. They will make sure you have access to and are aware of the support, specialist services, and opportunities our University provides. They also work on a wide range of projects throughout the year all designed to enhance your student experience and ensure you make the most of your time with us. Student Advice are located in the Student Services Centre in the Leslie Silver Building at City Campus and on the ground floor of the Priestley Building at Headingley Campus. The team can also be contacted via email at studentadvice@leedsbeckett.ac.uk, telephone on 0113 812 3000, or by accessing our online chat link, available on the student homepage.

Support and Opportunities

Within MyBeckett you will see two tabs, Support and Opportunities, where you can find online information and resources. The Support tab gives you access to details of services available to give you academic and personal support. These include Library Services, the Students' Union, Money advice, Disability advice and support, Wellbeing, International Student Services and Accommodation. There is also an A-Z of Support Services, and access to online appointments/registration. The Opportunities tab is the place to explore the options you have for jobs, work placements, volunteering, and a wide range of other opportunities. For example, you can find out here how to get help with your CV, prepare for an interview, get a part-time job or voluntary role, take part in an international project, or join societies closer to home.