



LEEDS  
BECKETT  
UNIVERSITY

# Course

# Specification

# BSc (Hons) Applied Sport Studies in Rugby League

Course Code: RBASS

2024/25

[leedsbeckett.ac.uk](https://leedsbeckett.ac.uk)

# ***BSc (Hons) Applied Sport Studies in Rugby League (RBASS)***

## **Applicant Facing Course Specification for 2024/25 Undergraduate Entrants**

Confirmed at DEC/2023

### **General Information**

<b>Award</b>	Bachelor of Science with Honours Applied Sport Studies in Rugby League
<b>Contained Awards</b>	Bachelor of Science Applied Sport Studies in Rugby League (Level 6) Diploma of Higher Education Applied Sport Studies in Rugby League (Level 5) Certificate of Higher Education Applied Sport Studies in Rugby League (Level 4)
<b>Awarding Body</b>	Leeds Beckett University
<b>Level of Qualification and Credits</b>	Level 6 of the Framework for Higher Education Qualifications, with 120 credit points at each of Levels 4, 5 and 6 of the UK Credit Framework for Higher Education (360 credits in total).
<b>Course Lengths and Standard Timescales</b>	Start dates will be notified to students via their offer letter. The length of the course is confirmed below and modes of delivery will be confirmed prior to the start date in line with Government guidance: <ul style="list-style-type: none"><li>• 3 years (full time, campus based)</li><li>• 6 years (part time, campus based)</li></ul>
<b>Part Time Study</b>	PT delivery is usually at half the intensity of the FT equivalent course, although there may be flexibility to increase your pace of study to shorten the overall course duration. Some modules may be delivered in a different sequence to that defined within this information set but the modules offered within each level are consistent. Please note that the work placement option is not generally available to PT students.
<b>Location(s) of Delivery</b>	The teaching on your course will take place at Headingley campus. Depending on the subject specialism, the placement may take place with one of these partners: - Yorkshire County Cricket Foundation, Leeds Rhinos Foundation, Leeds Rhinos Netball, British Athletics and Leeds United.

## Entry Requirements

Admissions criteria are confirmed in your offer letter. Details of how the University recognises prior learning and supports credit transfer are located here: [www.leedsbeckett.ac.uk/studenthub/recognition-of-prior-learning](http://www.leedsbeckett.ac.uk/studenthub/recognition-of-prior-learning)

Satisfactory enhanced criminal history checks will be required by all applicants prior to acceptance on the course, (processed through the University only). The University is unable to accept DBS checks obtained through another institution (this includes those registered with the DBS Update Service); the checks undertaken by the University are appropriate to the course of study and relevant regulated activity placements.

Admissions enquiries may be directed to: [AdmissionsEnquiries@leedsbeckett.ac.uk](mailto:AdmissionsEnquiries@leedsbeckett.ac.uk)

## Course Fees

Course fees and any additional course costs are confirmed in your offer letter. Fees enquiries may be directed to [Fees@leedsbeckett.ac.uk](mailto:Fees@leedsbeckett.ac.uk)

## Timetable Information

Timetables will be made available to students during induction week via:

- i) The Student Portal (MyBeckett)
- ii) The Leeds Beckett app

Any difficulties relating to timetabled sessions may be discussed with your Course Administrator.

## Policies, Standards and Regulations ([www.leedsbeckett.ac.uk/academicregulations](http://www.leedsbeckett.ac.uk/academicregulations))

Exemption to Academic Regulation 3.4 Module Assessment; Pass/fail exemption for L4 Employability 1 (20 credits) and L5 Employability 2 (20 credits - one component out of two).

## Key Contacts

### Your Course Director

Jamie French

### Your Academic Advisor

Your Academic Advisor will be allocated to you at induction.

### Your Course Administrator

Your Course Administrator can be contacted on [schoolofsportadmin@leedsbeckett.ac.uk](mailto:schoolofsportadmin@leedsbeckett.ac.uk)

## **'In Year' Work Placement Information**

### **Summary**

Students are strongly encouraged from induction through to graduation to work towards both breadth and depth of work experience through a combination of core modules, option modules, volunteering, coaching qualifications and paid employment.

Many of them have previous experience to build upon. The first year Personal, Professional and Academic Development, and Employability modules requires students to evidence such experiences and future planning via their portfolio and the summative assessed interview. A portfolio expectation is evidence of a planned employability period involving both formal and informal work-based learning. This could consist of engaging with a variety of relevant experiences hosted by sport specific partners as well as other taster activities closely aligned with possible employment options.

Through the Level 5 (second year) Employability module, students are required to plan and complete a minimum of 100 hours formal work-based learning. This is arranged by the student but coordinated and agreed formally via the Placements Office in order to carry out appropriate safeguarding checks both for students (for example, supervision requirements) and for the placement provider (for example, DBS certification where work is with children and/or vulnerable adults). Professional and personal development is planned for and summatively assessed via an initial work-based learning proposal/ learning contract and interview.

At Level 6 students continue contact with their Personal Tutor and sport specific placement with scheduled formal personal tutor sessions the content of which directly considers their next steps into employment or postgraduate study. Personal inventories and reflection on essential vocational knowledge, skills and attributes are important content of these sessions. The Final Year Project will be completed in an area that is vocationally relevant and related to the needs of a potential employer, taking the form of one from an empirical study, extended literature review or consultancy project.

### **Length**

Level 4 – 100 hours

Level 5 – 100 hours

### **Location**

Students may be placed with various companies or clubs in the Leeds region. Further information on the allocation process is provided by the module leader prior to option choices being made.

## **Professional Accreditation or Recognition Associated with the Course**

## **Professional Body**

There are no PSRB requirements for this course.

## **Accreditation/ Recognition Summary**

N/A

## **Course Overview**

### **Aims**

The Applied Sport Studies in Rugby League undergraduate 3-year (full time) degree is a unique provision within the Carnegie School of Sport, drawing from all the disciplines within sport. It will allow students who are passionate about sport, to explore these disciplines, within a coherent and aligned curriculum. The course will allow students to explore the principles of Sports Performance, Sports Coaching, Sports Business and Management and the Social context of sport, whilst also developing academic and professional skills through these two pathways. Students will apply learning around these disciplines to their own chosen sporting context, including (but not withstanding), the sports of Athletics, Cricket, Football, Netball and Rugby League, and students will spend time working within these sporting environments at all levels within Personal, Professional and Academic Development (PPAD), Employability and Research modules. The course makes the most of new and existing partnerships with key employers such as Leeds Rhinos (rugby and netball), Leeds United, Yorkshire County Cricket, British Athletics. Students will be both grouped into areas of specialism to maximise peer learning opportunities, whilst on occasion changing these groups to allow for learning across sports.

The course philosophy and rationale are primarily based on continuation data from our existing provision, recent staff and student insights into employability and a thorough market analysis.

Every year we see students transfer, withdraw or suspend their studies, often due to realising they have an interest and passion for an area that is not covered on the remainder of their course. We also often see students employed in areas that are related to their degrees but not always 100% aligned. Employers and industry stakeholders are also suggesting they need prospective employees to be much more diverse in their roles. The Applied Sport Studies in Rugby League degree is therefore designed to be multi and interdisciplinary.

Four key pathways (sport performance, sport management, sport pedagogy and contemporary issues) combine with our standard core delivery (PPAD, employability and Final Year Project) to provide students with the opportunity to develop their knowledge, skills and understanding across a range of sport-based contexts. Whilst students focus on these core strands at levels 4 and 5, they can develop more specialist expertise via the level 6 elective programme. The rationale here is that whilst students might graduate as relative experts in one or two areas, they will have a good understanding across all four key strands, further increasing their employability.

The employability strand of the course focusses students on gaining authentic placement experiences by using the Carnegie School of Sports existing network of professional partners, including: Leeds Rhinos (Rugby League and Netball), Yorkshire County Cricket, Leeds United and British Athletics. With employability embedded at both level 4 and level 5, a key aim of the course is to develop students to be 'industry ready' by the time they graduate.

One final rationale for the course is its potential to appeal to wider markets. For students that might not have studied in the UK before, or those that are less familiar with the terminology used in more typical courses, a multi-disciplinary course offers the chance to study a broad range of topics and areas, establishing their areas of expertise in a more informed manner.

### **Course Learning Outcomes**

At the end of the course, students will be able to:

- 1 Critically analyse and evaluate information and data relevant to their chosen area of applied sport studies in rugby league
- 2 Critically Review and evaluate contemporary issues within their chosen area of applied sport studies in rugby league
- 3 Demonstrate an autonomous and critically aware approach to personal, professional and academic development within the discipline areas of applied sport studies in rugby league
- 4 Plan, design, execute and communicate a sustained piece of independent work related to applied sport studies in rugby league
- 5 Critically evaluate own and others work related skills in relation to their chosen area of applied sport studies in rugby league

### **Teaching and Learning Activities**

#### **Summary**

The learning and teaching on the BSc (Hons) Applied Sport Studies in Rugby League degree places the student at the centre of the experience by fostering an inclusive, supportive, caring and challenging environment. Through a curriculum which is informed by research and professional practice students will develop a combination of skills, knowledge, and experience. The course focuses on developing both sound knowledge of the subject (content) and ample opportunity to apply learning in practical and work-based contexts. Learning is further enhanced through problem solving approaches which nurture students throughout the course developing independent learners and critical thinkers well prepared for employment or postgraduate study. Much of the learning draws on Baxter-Magolda's (2003) 'Learning Partnerships' model where 'cognitive maturity' is developed through experiences designed to demonstrate the value of multiple

perspectives and 'integrated identity' and confidence is fostered based on a spirit of collaboration with peers and staff.

Learning and teaching approaches will be continually improved using feedback from mid and end of module evaluations, peer review, focus groups, enhancement and development days and module development days. This will ensure the learning experience is continually enhanced by the continuing professional development needs of the delivery team.

Students will be engaged through a variety of teaching and learning approaches while studying the BSc (Hons) Applied Sport Studies in Rugby League degree. Challenging and authentic tasks will be used to stretch their capabilities in real world learning and assessment resulting in a deeper approach to learning. Most modules on the degree consist of 20 credits equating to 200 notional learning hours. The timetabled contact on each 20 credit module will be approximately 48 hours (equivalent to 4 hours per week). This varies and is sometimes fewer for higher levels of study where students have developed more independence in their learning.

Learning and teaching strategies used on this course include but are not limited to:

- attendance at interactive lectures making meaningful contributions through advanced preparatory reading
- participation in tutorials where small groups of students will engage and contribute to learning activities
- engagement and contribution to laboratory/practical sessions
- organising and conducting laboratory and field data collection, analysis, and interpretation
- working independently to research relevant literature predominantly using electronic databases and search engines
- completing weekly directed study activities/formative assessments informing the content of scheduled sessions and providing opportunities for feedback
- participating in practical workshops to experience/develop the skills required in delivering programmes in a variety of applied sport studies contexts
- leading practical sessions on physical activity for a variety of target populations.

The blend of learning approaches will involve a combination of face-to-face facilitated learning, online learning and self-study which will differ by module and across levels. The main emphasis on BSc (Hons) Applied Sport Studies in Rugby League is face to face learning, a relatively high proportion of which is practical.

## **Your Modules**

This information is correct for students progressing through the programme within standard timescales. Students who are required to undertake repeat study may be taught alternate modules which meet the overall course learning outcomes. Details of module delivery will be provided in your timetable.

<b>Level 4</b>			
<b>Semester 1</b>	<b>Core (Y/N)</b>	<b>Semester 2</b>	<b>Core (Y/N)</b>
Sports Performance 1 (20 Credits)	Y	Sport Management 1 (20 Credits)	Y
Sport and Physical Activity in the Community 1 (20 Credits)	Y	Sports Coaching and Pedagogy 1 (20 Credits)	Y
<b>Across both Semester 1 and 2</b>			
Personal, Professional and Academic Development (20 Credits)			Y
Employability 1 (20 Credits)			Y

<b>Level 5</b>			
<b>Semester 1</b>	<b>Core (Y/N)</b>	<b>Semester 2</b>	<b>Core (Y/N)</b>
Sports Performance 2 (20 Credits)	Y	Sport Management 2 (20 Credits)	Y
Sport and Physical Activity in the Community 2 (20 Credits)	Y	Sports Coaching and Pedagogy 2 (20 Credits)	Y
<b>Across both Semester 1 and 2</b>			
Research Methods (20 Credits)			Y
Employability 2 (20 Credits)			Y

<b>Level 6</b>			
<b>Students Must Choose Three from the Following Four Core Electives</b>			
<b>Semester 1 Core Electives</b>	<b>Core (Y/N)</b>	<b>Semester 2 Core Electives</b>	<b>Core (Y/N)</b>
Sports Performance 3 (20 Credits)	Core Elective	Sport Management 3 (20 Credits)	Core Elective
Sport and Physical Activity in the Community 3 (20 Credits)	Core Elective	Sports Coaching and Pedagogy 3 (20 Credits)	Core Elective
<b>Students Must Choose One from the Following Four Contextual Electives</b>			
<b>Semester 1 Contextual Electives</b>	<b>Core (Y/N)</b>	<b>Semester 2 Contextual Electives</b>	<b>Core (Y/N)</b>



Special Educational Needs And Disability (20 Credits)	Contextual Elective	Obesity Management (20 Credits)	Contextual Elective
Performance in Extreme Environments (20 Credits)	Contextual Elective	Sport Events Management	Contextual Elective
Across both Semester 1 and 2			
Final Year Project (40 Credits)			Y

### Part-time route

The maximum duration for Part Time Study will be 6 years. Planned part time students will have the flexibility to study 60 credits of a level each year, normally studying one “long thin” module at levels 4 and 5, with 2 other 20 credit modules, one taken in each semester. The nature of planned part time study will vary at level 6 and will depend upon specific modules chosen. Conversations about the exact nature of planned part time study at level 6 will be finalised at the end of the students Level 5.

### Assessment Balance and Scheduled Learning and Teaching Activities by Level

The assessment balance and overall workload associated with this course are calculated from core modules and typical option module choices undertaken by students on the course. They have been reviewed and confirmed as representative by the Course Director but applicants should note that the specific option choices students make may influence both assessment and workload balance.

As previously mentioned, the standard module equates to 200 notional learning hours, which may be comprised of teaching, learning and assessment, any embedded placement activities and independent study. Modules may have more than one component of assessment.

### Assessment

Level 4 is assessed by broadly an even mix of coursework and examinations, with some practical assessments.

Level 5 is assessed by broadly an even mix of coursework and examinations, with some practical assessments.

As students progress to Level 6, the choice of what to study will take into account the area of interest but students may also consider the mode of assessment of the Core and Contextual Electives. The Final Year Project is Core to all students in level 6, and this will involve a sustained piece of written coursework. Assessments in the other Core Electives include coursework and practical assessments.

### Workload

The number of hours of workload generally equates to 1200 per level for an honours degree, corresponding to the national standard of 10 notional hours of learning for each UK HE credit point.

Approximate Overall Workload	Level 4	Level 5	Level 6
Teaching, Learning and Assessment	262 hours	252 hours	212 hours

Approximate Overall Workload	Level 4	Level 5	Level 6
Independent Study	838 hours	848 hours	978 hours
Placement	100 hours	100 hours	10 hours

## Learning Support

If you have a question or a problem relating to your course, your Course Administrator is there to help you. Course Administrators work closely with academic staff and can make referrals to teaching staff or to specialist professional services as appropriate. They can give you a confirmation of attendance letter, and a transcript. You may also like to contact your Course Rep or the Students' Union Advice team for additional support with course-related questions.

## Student Services

If you have any questions about life at University, call into our Student Services Centre at either campus or contact Student Advice directly. This team, consisting of trained officers and advisers are available to support you throughout your time here. They will make sure you have access to and are aware of the support, specialist services, and opportunities our University provides. They also work on a wide range of projects throughout the year all designed to enhance your student experience and ensure you make the most of your time with us. Student Advice are located in the Student Services Centre in the Leslie Silver Building at City Campus and on the ground floor of the Priestley Building at Headingley Campus. The team can also be contacted via email at [studentadvice@leedsbeckett.ac.uk](mailto:studentadvice@leedsbeckett.ac.uk), telephone on 0113 812 3000, or by accessing our online chat link, available on the student homepage.

## Support and Opportunities

Within MyBeckett you will see two tabs (Support and Opportunities) where you can find online information and resources for yourselves. The Support tab gives you access to details of services available to give you academic and personal support. These include Library Services, the Students' Union, Money advice, Disability advice and support, Wellbeing, International Student Services and Accommodation. There is also an A-Z of Support Services, and access to online appointments/registration.

The Opportunities tab is the place to explore the options you have for jobs, work placements, volunteering, and a wide range of other opportunities. For example, you can find out here how to get help with your CV, prepare for an interview, get a part-time job or voluntary role, take part in an international project, or join societies closer to home.