



LEEDS
BECKETT
UNIVERSITY

Course Specification

BA (Hons) Physical Education

Course Code: BAHPE

2026/27

leedsbeckett.ac.uk

BA (Hons) Physical Education (BAHPE)

Applicant Facing Course Specification for 2026/27 Undergraduate Entrants

Confirmed at 12/2025

General Information

Award	Bachelor of Arts with Honours Physical Education
Contained Awards	Bachelor of Arts Physical Education (Level 6) Diploma of Higher Education Physical Education (Level 5) Certificate of Higher Education Physical Education (Level 4)
Awarding Body	Leeds Beckett University
Level of Qualification and Credits	Level 6 of the Framework for Higher Education Qualifications, with 120 credit points at each of Levels 4, 5 and 6 of the UK Credit Framework for Higher Education (360 credits in total).
Course Lengths and Standard Timescales	Start dates will be notified to students via their offer letter. The length and mode of delivery of the course is confirmed below: <ul style="list-style-type: none">• 3 years (full time, campus based)
Part Time Study	PT delivery is usually at half the intensity of the FT equivalent course, although there may be flexibility to increase your pace of study to shorten the overall course duration. Some modules may be delivered in a different sequence to that defined within this information set but the modules offered within each level are consistent. Please note that the work placement option is not generally available to PT students.
Location(s) of Delivery	The majority of teaching will be at Headingley campus but on occasion may be at City campus.
Entry Requirements	Admissions criteria are confirmed in your offer letter. Details of how the University recognises prior learning and supports credit transfer are located here: https://www.leedsbeckett.ac.uk/student-information/course-information/recognition-of-prior-learning/ Admissions enquiries may be directed to: AdmissionsEnquiries@leedsbeckett.ac.uk .

Course Fees

Course fees and any additional course costs are confirmed in your offer letter. Fees enquiries may be directed to Fees@leedsbeckett.ac.uk.

Timetable Information

Timetables for Semester 1 will be made available to students during induction week via:

- i) The Student Portal (MyBeckett)
- ii) The Leeds Beckett app

Any difficulties relating to timetabled sessions may be discussed with your Course Administrator.

Policies, Standards and Regulations (<https://www.leedsbeckett.ac.uk/our-university/public-information/academic-regulations/>)

Standard regulations apply to this course.

Key Contacts

Your Course Director

Dr David Cooke

Your Course Administrator

schoolofsportadmin@leedsbeckett.ac.uk

Sandwich or Other 'In Year' Work Placement Information

Summary

Level 4: Students undertake a series of employability activities in the Personal, Professional and Academic Development module. Students are also encouraged to undertake a minimum of two weeks of self-directed employability activities tailored to their individual needs, which can include a placement.

Level 5: A minimum of 60 hours placement, although this can be considerably higher depending upon the elective modules chosen.

Level 6: The number of placement hours is dependent upon elective modules chosen and can be up to 64 hours.

Location

Students are responsible for obtaining their own placement, with assistance from the University.

The locations will vary, dependent on the opportunity.

Professional Accreditation or Recognition Associated with the Course

None

Course Overview

Aims

The aims of the programme are to:

- provide an academically and vocationally relevant education for a career in physical education teaching (via post graduate teacher education routes)
- provide an academically and vocationally relevant education for a career in related areas of work with the option of a specialism in PE teaching, outdoor education, health or sport science disciplines.
- provide a multi-disciplinary Award that integrates theory and practice in the broader contexts of physical education from natural science, social science and activity perspectives
- provide students with knowledge and a critical understanding of the concepts, theories, principles and methodologies central to the study of physical education, outdoor education, physical activity and health and/or PE's relationship with Sport Science disciplines
- enable students to develop qualities and transferable skills necessary for employment such as communication skills, teamwork skills and professional attributes such as being highly motivated and competitive but also collaborative and inclusive.

Course Learning Outcomes

At the end of the course, students will be able to:

1	Demonstrate a critical understanding of the multi-disciplinary nature of academic and vocational definitions of physical education.
2	Work effectively and efficiently both independently and as part of a team in a range of professional contexts including, school, sport, and community settings.
3	Demonstrate the ability to critically evaluate theories within physical education and associated disciplines.
4	To explore the complex interrelationships between theory and pedagogy in practice in physical education.
5	Demonstrate critical thinking, critical inquiry, and critical analysis, evaluation and interpretation of research and its application to physical education.

Teaching and Learning Activities

Summary

Students will be engaged through a variety of teaching and learning activities whilst studying the BA (Hons) Physical Education degree. Challenging and authentic tasks will be used to stretch the student's capabilities in real world learning and assessment. Engagement in these tasks will involve practical participation, observation and analysis, along with critical reflection. This will mean that there are multiple ways for students from a variety of backgrounds with different learning needs and styles, to experience and engage with the course and university more broadly. The majority of modules on the degree will consist of 20-credits which equates to 200 notational learning hours. The learning on each 20-credit module will consist of a minimum of 48 hours contact time.

Learning and teaching strategies used on this course include but are not limited to:

- participating in practical workshops to experience/develop the skills required to deliver programmes in a variety of physical education contexts
- leading and delivering practical sessions for a variety of target populations
- attending and engaging in interactive lectures making meaningful contributions through advanced preparatory reading
- participating in tutorials where small groups of students will engage and contribute to learning activities
- engaging and contributing to laboratory and practical sessions
- organising and conducting data collection, analysis, and interpretation
- engaging in independent research
- completing weekly directed study activities and formative assessments to inform the content of scheduled sessions

The blend of learning approaches will involve a combination of face-to-face facilitated learning, online learning and self-study which will differ by module and across levels. The main emphasis on BA (Hons) Physical Education is face to face learning, a relatively high proportion of which is practical.

Your Modules

This information is correct for students progressing through the programme within standard timescales. Option modules listed are indicative of a typical year. There may be some variance in the availability of option modules. Students who are required to undertake repeat study may be taught alternate modules which meet the overall course learning outcomes. Details of module delivery will be provided in your timetable.

Level 4

Compulsory modules

Module title	Credits	Semester/ teaching period
Personal, Professional and Academic Development	20	Semester 1 and 2
PE and Sport Pedagogy 1a	20	Semester 1
Foundations of Adventure	20	Semester 1
Sociology of PE	20	Semester 1
PE and Sport Pedagogy 1b	20	Semester 2
Foundations of Movement	20	Semester 2
Number of credits of compulsory modules	120	

Option modules

None

Level 5

Compulsory modules

Module title	Credits	Semester/ teaching period
PE and Sport Pedagogy 2	20	Semester 1 and 2
Research in Practice for PE	20	Semester 1 and 2
Professional Development in PE	20	Semester 1 and 2
Number of credits of compulsory modules	60	

Option modules

Module title	Credits	Semester/ teaching period
<i>At least one theory option from:</i>		
Applied Human Movement	20	Semester 1
Applied Psychology	20	Semester 1
Applied Social Science	20	Semester 2
<i>Other options:</i>		
Working with Children	20	Semester 1
Lifestyle and Adventure Sports	20	Semester 1
Inclusive Practice	20	Semester 2
Applied Adventure Practice	20	Semester 2
Number of credits of option modules a student should choose	60	

Level 6

Compulsory modules

Module title	Credits	Semester/ teaching period
Final Year Project	40	Semester 1 and 2
PE and Sport Pedagogy 3	20	Semester 1 and 2
Number of credits of compulsory modules	60	

Option modules

Module title	Credits	Semester/ teaching period
Contemporary Issues in PE and Youth Sport	20	Semester 1
Teaching and Learning through the Outdoors	20	Semester 1
Special Educational Needs and Disability in PE	20	Semester 1
Leadership Through Adventure	20	Semester 2
PE Pedagogy in Practice	20	Semester 2
Lifelong Participation for 'at risk' populations	20	Semester 2
Number of credits of option modules a student should choose	60	

Assessment Balance and Scheduled Learning and Teaching Activities by Level

The assessment balance and overall workload associated with this course are calculated from core modules and typical option module choices undertaken by students on the course. They have been reviewed and confirmed as representative by the Course Director, but applicants should note that the specific option choices students make may influence both assessment and workload balance.

A standard module equates to 200 notional learning hours, which may be comprised of teaching, learning and assessment, any embedded placement activities and independent study. Modules may have more than one component of assessment.

Assessment

Level 4

Level 4 is assessed by coursework predominately, with some examinations and practical assessments.

Level 5

Level 5 is assessed by coursework predominantly, with some practical assessments.

Level 6

Level 6 is assessed by coursework predominantly, with some practical assessments.

Workload

Overall Workload	Level 4	Level 5	Level 6
Teaching, learning and assessment	300 hours	288 hours	210 hours
Independent study	900 hours	852 hours	926 hours
Placement	*	60 hours*	64 hours*

* Refer to Work Placement Information above for further details. This may vary depending on module choices.