



LEEDS
BECKETT
UNIVERSITY

Course Specification

MSc Mental Health and Addiction

Course Code: MMHAD

2026/27

leedsbeckett.ac.uk

MSc Mental Health and Addiction (MMHAD)

Applicant Facing Course Specification for 2026/27 Entrants

Confirmed at November 2025

General Information

Award	Master of Science Mental Health and Addiction
Contained awards	Postgraduate Diploma Mental Health and Addiction Postgraduate Certificate Mental Health and Addiction
Awarding body	Leeds Beckett University
Level of qualification and credits	Level 7 of the Framework for Higher Education Qualifications, with 180 credit points at Level 7 of the Higher Education Credit Framework for England.
Course lengths and standard timescales	Start dates will be notified to students via their offer letter. The length and mode of delivery of the course is: <ul style="list-style-type: none">• 12 months (full time, campus based)• 24 months (part time, campus based)
Part time study	PT delivery is usually at half the intensity of the FT equivalent course, although there may be flexibility to increase your pace of study to shorten the overall course duration. Some modules may be delivered in a different sequence from that defined within this information set but the modules offered within each level are consistent. Please note that a work placement option is not generally available to PT students.
Location(s) of delivery	The majority of teaching will be at City campus but on occasion may be at Headingley campus.
Entry requirements	Admissions criteria are confirmed in your offer letter. Details of how the University recognises prior learning and supports credit transfer are located here: https://www.leedsbeckett.ac.uk/student-information/course-information/recognition-of-prior-learning/ Admissions enquiries may be directed to: AdmissionsEnquiries@leedsbeckett.ac.uk .
Course fees	Course fees are confirmed in your offer letter. A breakdown of any additional costs is included on the online prospectus entry for this course. Fees enquiries may be directed to Fees@leedsbeckett.ac.uk .

Policies, Standards and Regulations

<https://www.leedsbeckett.ac.uk/our-university/public-information/academic-regulations/>

Standard regulations apply to this course.

Timetable

Timetables for Semester 1 will be made available to students during induction week via:

- i) The Student Portal (MyBeckett)
- ii) The Leeds Beckett app

Any difficulties relating to timetabled sessions may be discussed with your Course Administrator.

Key Contacts

Your course director

Max Bell

Your course administrator

Urszula Scibior, u.scibior@leedsbeckett.ac.uk

Course Overview

Aims

The aims of the programme are to situate and contextualise the complex world of mental health and addiction practice and its associated service provision. The course develops students' knowledge and critical understanding of addiction and mental health, supporting a critical and informed social perspective in learning and research.

Teaching and learning on the course contextualise and critically reflects upon a range of evidence-based practices, models, and interventions for working with and supporting people who are experiencing mental distress and addiction related issues. The course aims to support and develop a psychosocial approach to practice and intervention when working with people encountering and recovering from mental health and addiction.

Students are also supported to locate and critically reflect upon mental health and addiction within a global context, connecting macro critical theory to micro practice within mental health and addiction services.

Course learning outcomes

At the end of the course, students will:

1	Have developed a sophisticated and critical understanding of the social, psychological and medical context of addiction and mental health practice.
2	Have gained a critical understanding of, and ability to employ, a range of social and therapeutic evidence-based practices for working with people encountering mental health and addiction issues in their lives.
3	Be able to adopt an enquiring, analytical and critical disposition towards policy and practice relating to mental health and addiction.
4	Have developed a reflexive approach to new and creative forms of learning including digital literacy.
5	Be able to critically assess and evaluate new and evolving modules of practice within mental health and addiction services.
6	Be able to develop a research-informed global outlook towards mental health and addiction practice, and critically explore the impact of globalisation on the lived experience of people with complex needs relating to mental health and addiction.

Teaching and Learning Activities

Summary

Teaching is delivered face to face, and the majority of teaching is class-based, incorporating a mix of lectures, seminars and workshops.

In line with the University's Education Strategy, the emphasis is on supporting students in their transition to postgraduate study and on the transformation of students into sophisticated, independent, critical thinkers, able to apply their knowledge with originality within advanced academic and professional contexts.

The course emphasises a critical and sophisticated understanding of the concepts of mental health and addiction. The course aims to situate, scaffold and advance student learning within a structured system of lectures supported by seminars and workshops. The use of workshops is essential to ensure students develop peer learning networks and co-produce knowledge with both academic staff and students.

The course is premised on a social model of mental health and addiction, as such learning should be grounded and participatory, in line with a social pedagogic model of teaching and learning. To enable students to make the most of this approach, significant emphasis is placed on preparatory work. This shared approach to learning is further embedded with debates, in-class activities and small group tasks.

Your modules

This information is correct for students progressing through the programme within standard timescales. Students who are required to undertake repeat study may be taught alternate modules which meet the overall course learning outcomes. Details of module delivery will be provided in your timetable.

Level 7, Full Time

Compulsory modules

Module title	Credits	Semester/ teaching period
Understanding Mental Health and Addiction	20	1
Psychiatric Perspectives on Mental Health and Addiction	20	1
Understanding Social Research and Evaluation	20	1
Global Routes to Recovery	20	2
Harm Reduction and Social Support	40	2
Dissertation	60	2
Number of credits of compulsory modules	180	

Level 7, Part Time

Module title	Credits	Semester/ teaching period
Year 1		
Understanding Mental Health and Addiction	20	1
Understanding Social Research and Evaluation	20	1
Harm Reduction and Social Support	40	2
Year 2		
Psychiatric Perspectives on Mental Health and Addiction	20	1
Global Routes to Recovery	20	2
Dissertation	60	2
Number of credits of compulsory modules	180	

Assessment and Scheduled Learning and Teaching Activities

The assessment balance and overall workload associated with this course are calculated from core modules.

A standard module equates to 200 notional learning hours, which may be comprised of teaching, learning and assessment, any embedded placement activities and independent study. Modules may have more than one component of assessment.

Assessment

Level 7

Modules are assessed by coursework, practical assessments and a dissertation.

Workload

Overall Workload	Level 7
Teaching, learning and assessment	206 hours
Independent study	1594 hours