



LEEDS  
BECKETT  
UNIVERSITY

# Course Specification

## BSc (Hons) Psychology

### Course Code: PSYCO

### 2026/27

[leedsbeckett.ac.uk](https://leedsbeckett.ac.uk)

# ***BSc (Hons) Psychology (PSYCO)***

## **Applicant Facing Course Specification for 2026/27 Undergraduate Entrants**

Confirmed October 2025

### **General Information**

<b>Award</b>	Bachelor of Science (with Honours) Psychology
<b>Contained Awards</b>	Bachelor of Science Psychology Diploma of Higher Education Psychology Certificate of Higher Education Psychology
<b>Awarding Body</b>	Leeds Beckett University
<b>Level of Qualification and Credits</b>	Level 6 of the Framework for Higher Education Qualifications, with 120 credit points at each of Levels 4, 5 and 6 of the UK Credit Framework for Higher Education (360 credits in total).
<b>Course Lengths and Standard Timescales</b>	Students will be notified of starts dates via their offer letter. The length and mode of delivery of the course is: <ul style="list-style-type: none"><li>• 3 years (full-time, campus based)</li><li>• 4 years (full-time, campus based with sandwich placement year)</li><li>• 6 years (part-time, campus based)</li></ul>
<b>Part Time Study</b>	<p>PT delivery is usually at half the intensity of the FT equivalent course, although there may be flexibility to increase your pace of study to shorten the overall course duration. Some modules may be delivered in a different sequence from that defined within this information set but the modules offered within each level are consistent. Please note that a work placement option is not generally available to PT students.</p> <p>Part-time students will be supported by the course team to determine an appropriate selection of modules from the level for each year of study.</p>
<b>Location(s) of Delivery</b>	The majority of teaching will be at City Campus but on occasion may be at Headingley Campus.
<b>Entry Requirements</b>	Admissions criteria are confirmed in your offer letter. Details of how the University recognises prior learning and supports credit transfer

are located here: <https://www.leedsbeckett.ac.uk/student-information/course-information/recognition-of-prior-learning/>

Admissions enquiries may be directed to:  
[AdmissionsEnquiries@leedsbeckett.ac.uk](mailto:AdmissionsEnquiries@leedsbeckett.ac.uk)

### **Course Fees**

Course fees are confirmed in your offer letter. A breakdown of any additional costs is included on the online prospectus entry for this course.

Fees enquiries may be directed to [Fees@leedsbeckett.ac.uk](mailto:Fees@leedsbeckett.ac.uk)

## **Policies, Standards and Regulations**

<https://www.leedsbeckett.ac.uk/our-university/public-information/academic-regulations/>

In addition to the usual policies, standards and regulations, students will be required to obtain a minimum of 30% on the following modules: Research Methods 1A and Research Methods 1B (Level 4), Research Methods 2 (Level 5), Research Methods 3 (Level 5).

To obtain an Honours degree, students must obtain a minimum of 40% on the Final Year Project (Level 6). To be eligible for Graduate Membership of the BPS (GMBPsS), students must pass the Final Project and have a 2:2 or above degree classification.

In addition, decisions for Category A mitigation cases for the Final Year Project must be in line with the British Psychological Society (BPS) requirements and this module cannot be condoned or compensated.

## **Professional Accreditation or Recognition Associated with the Course**

### **Professional Body**

British Psychological Society

### **Accreditation/ Recognition Summary**

Students who complete this award, and pass their empirical psychology project (i.e., Final Year Project in Psychology), and gain at least a Lower Second Class Honours degree will be eligible for Graduate Basis for Chartered Membership with the BPS.

## **Sandwich Placement Information**

### **Summary**

Leeds Beckett is dedicated to improving the employability of our students and one of the ways in which we do this is to support our students to gain valuable work experience through work-based placements. Our placement teams have developed strong links with companies, many of whom repeatedly recruit our

students into excellent placement roles. Our teams are dedicated to supporting students through every stage of the placement process. Details of how to contact our placement teams may be found here:

<https://www.leedsbeckett.ac.uk/student-information/careers-and-opportunities/placements/>

### **Placement Delivery**

Students can choose to suspend their studies for a period of one year (in the first instance) to undertake a placement at any point in their studies. Further, students can opt to formally take a sandwich placement year (between completing level 5 and level 6).

Some students source their own placements, and some students apply for placements advertised by the University's Placement Unit / Experiential Learning Team and / or the Psychology group.

### **Location**

The locations will vary, dependant on the opportunity.

### **Approval**

Students are responsible for obtaining their own placement, with assistance from the University. Whilst students source their own placements, they will need to meet requirements which will be outlined before module enrolment. All placements advertised via the Placements Unit/ Experiential Learning Team and / or the Psychology group already have approval.

## **'In Year' Work Placement Information**

### **Summary**

All students undertake two weeks of work experience (Occupational Engagement and Reflection Period – OERP) in Semester 2 of Level 5.

### **Placement Delivery**

2 weeks duration (70 hours). Students are expected to source their own work experience (e.g., some students use their existing part-time work and take on additional duties, some students seek new experiences / work experience). A small number of work experience opportunities are offered within the Psychology group, or the wider School of Social Sciences, however students may need to apply for these. Work experience does not need to be Psychology-specific.

### **Location**

This is arranged by the students, so the locations vary.

### **Approval**

Whilst students source their own placements, they will need to meet requirements which will be outlined before module enrolment.

## Timetable Information

Timetables for Semester 1 will be made available to students during induction week via:

- i) The Student Portal (MyBeckett).
- ii) The Leeds Beckett app.

Any difficulties relating to timetabled sessions may be discussed with your Course Administrator.

## Key Contacts

**Your Course Director** Dr Helen J Fawkner

**Your Course Administrator** The name of your Course Administrator/s will be confirmed during induction. Their contact details are:

[hss-admin-socialsciences@leedsbeckett.ac.uk](mailto:hss-admin-socialsciences@leedsbeckett.ac.uk)

## Course Overview

### Aims

The course aims to teach you how to analyse and explain thoughts, feelings and behaviour in a systematic and reproducible way. It shows the importance of the relationship between theory, empirical data, and application of knowledge to real world issues. The core curriculum we offer is clearly benchmarked to the QAA/BPS core subject areas, providing a sound basis for your professional development.

Support for employability and career planning is embedded throughout the degree programme and is based on developing your ability to reflect on, recognise, and articulate the general and subject-specific skills developed. In this refreshed and refocused curriculum, our psychology degree programme fully supports the development of the graduate attributes of digital literacy, enterprise and global outlook.

Psychology is distinctive in the rich and diverse range of attributes it develops, drawing, as it does, on skills that are associated both with studying the humanities (e.g., critical thinking and essay writing) and the sciences (hypotheses-testing and numeracy). These include effective communication skills, data analysis skills, computer literacy, the ability to retrieve and organise information from a variety of sources, problem-solving and scientific reasoning, the ability to make critical evaluations of issues, and the ability to conduct independent research and manage projects.

The BSc (Hons) Psychology Course aims to develop:

1. A sound, critical, scientific understanding of historical and contemporary issues and theoretical approaches to studying the mind, brain, behaviour and experience, and of the complex interactions between these.
2. Your ability to critically evaluate and synthesise psychological concepts, theory and research findings from multiple theoretical, ethical, cultural and global perspectives.
3. Your understanding of the applications of psychological knowledge and interventions and your creativity in real-world problem solving.

4. Your research skills in employing a range of quantitative and qualitative research methods, statistical analysis and measurement techniques, culminating in the ability to conduct research independently.
5. Your professional and transferable skills, including the Leeds Beckett graduate attributes of digital literacy, enterprise and global outlook, as preparation for a range of career opportunities and/or for further postgraduate study and training.

## **Course Learning Outcomes**

At the end of the course, students will be able to:

1. Systematically review, synthesize and critically evaluate a body of psychological knowledge, including new and specialised knowledge, recognising the diversity of psychological functioning and the global and socio-cultural context of human experience.
2. Demonstrate a comprehensive understanding of a range of qualitative and quantitative research methodologies, and competence in working independently to design, conduct and report an empirical research project complying with established ethical standards.
3. Show competency in the analysis and interpretation of statistical and other forms of data, including employment of digital literacy skills in accessing, processing and evaluating information, ideas and evidence from a wide range of psychological and other scientific sources.
4. Demonstrate a sound and critical understanding of the applications of psychology and approach problem-solving in systematic, innovative and creative ways to explain and devise solutions to a range of real-world problems.
5. Structure and effectively communicate ideas and information to a range of different audiences, using professional standards and enterprise skills appropriate to the socio-cultural and global contexts and purpose of the communication.
6. Demonstrate effective, respectful and culturally sensitive team working skills and ability to reflect critically and constructively on the achievement of personal and group objectives and potential for enhancing performance.

## **Teaching and Learning Activities**

### **Summary**

The learning and teaching methods on our course are designed to align the learning, teaching and assessment strategy with the learning outcomes specified for each module and the course. Each year you will receive a course handbook, which details the course structure at that level and what is expected of you (it also provides other information about the University, course team, regulations and policies etc.).

In addition, you will receive a module handbook for each module, providing details about the module, how the module will be delivered in terms of types of teaching sessions and the main topic for each session, how it will be assessed, a reading list and other material relevant to the module. In order to deliver core knowledge, facilitate understanding of theories and concepts and develop practical and applied skills, we employ a range of teaching methods including lectures, seminars, group work, practical/laboratory classes,

presentations, problem-based projects/briefs and tutorials. We also make use of on-line activities including formative quizzes, on-line discussion boards.

Each teaching session is contextualized in terms of its intended purpose, its expected outcomes and its role as part of the wider programme of study. Sessions are designed to promote participation, provide a formative assessment dimension and encourage further study. The overall learning experience is therefore designed to offer a diverse and stimulating range of learning and teaching activities.

The majority of teaching occurs in person on campus. There are a small minority of modules which use online teaching. Additional learning resources will also be provided online via our Virtual Learning Environment.

## Your Modules

This information is correct for students progressing through the programme within standard timescales. Option modules listed are indicative of a typical year. There may be some variance in the availability of option modules. Students who are required to undertake repeat study may be taught alternate modules which meet the overall course learning outcomes. Details of module delivery will be provided in your timetable.

Part time students will be supported by the course team to determine an appropriate selection of modules from the level for each year of study.

### Full-time students

#### Level 4

##### *Compulsory modules*

Module title	Credits	Semester/ teaching period
Introducing Psychology	20	1
Introduction to Social and Developmental Psychology	20	1
Research Methods in Psychology 1A	20	1
Mind, Brain and Behaviour	20	2
Psychology and Mental Health	20	2
Research Methods in Psychology 1B	20	2
Number of credits of compulsory modules	120	

#### Level 5

##### *Compulsory modules*

Module title	Credits	Semester/ teaching period
Cognitive and Biological Psychology	20	1
Research Methods in Psychology 2	20	1
Individual Differences and Work Behaviour	20	2

Research Methods in Psychology 3	20	2
Social And Developmental Psychology	20	2
Number of credits of compulsory modules	100	

### ***Option modules***

<b>Module title</b>	<b>Credits</b>	<b>Semester/ teaching period</b>
Applying Psychology to Mental Health and Wellbeing	20	1
Cyber Psychology	20	1
Drug Addiction	20	1
Psychology of Sport, Exercise and Physical Activity	20	1
Real World Psychology	20	1
Number of credits of option modules a student should choose	20	

Note. Study abroad is usually offered only to full-time students. Study abroad is only offered in Semester 1 for the BSc (Hons) Psychology program. Not all elective modules are offered each year (delivery can be influenced by factors such as student-demand).

### **Placement year – optional.**

Students must have passed level 5 of the BSc (Hons) Psychology degree; Students must have secured a placement of usually a minimum of 40 weeks full time (or equivalent) duration and have had this approved by the Experiential Learning Team and the Employability Lead for Psychology.

### ***Compulsory modules***

<b>Module title</b>	<b>Credits</b>	<b>Semester/ teaching period</b>
Psychology Sandwich Placement	120	Year-long
Number of credits of compulsory modules	120	

## **Level 6**

### ***Compulsory modules***

<b>Module title</b>	<b>Credits</b>	<b>Semester/ teaching period</b>
Critical and Philosophical Issues in Psychology	20	1
Final Year Project	40	Year-long
Number of credits of compulsory modules	60	

### ***Option modules***

<b>Module title</b>	<b>Credits</b>	<b>Semester/ teaching period</b>
Cultural Psychology	20	1
Health Psychology	20	1
Organisational Psychology	20	1

Psychology of Gender and Sexuality	20	1
Biopsychology of Stress and Health	20	2
Clinical and Counselling Psychology	20	2
Consumer Psychology	20	2
Critical Approaches to Forensic Psychology	20	2
Educational Psychology	20	2
Number of credits of option modules a student should choose	60	

**Note.** All elective modules have been approved for delivery in Semester 1 and/or Semester 2. Modules with high demand (e.g., Clinical and Counselling Psychology) may be delivered in both semesters in the same academic year. All other modules will be delivered in either Semester 1 or Semester 2 but not necessarily the same semester each year so as to be able to offer a wide pool for students to choose from. Not all elective modules are offered each year (delivery can be influenced by factors such as student-demand).

### Part-time students

#### Level 4 - Year 1

##### *Compulsory modules*

Module title	Credits	Semester/ teaching period
Introducing Psychology	20	1
Mind, Brain and Behaviour	20	2
Psychology and Mental Health	20	2
Number of credits of compulsory modules	60	

#### Level 4 - Year 2

##### *Compulsory modules*

Module title	Credits	Semester/ teaching period
Introduction to Social and Developmental Psychology	20	1
Research Methods in Psychology 1A	20	1
Research Methods in Psychology 1B	20	2
Number of credits of compulsory modules	60	

**Note.** Students who study part-time may elect to take any combination of modules in their first and second year of study, except that Research Methods in Psychology 1A must be taken before Research Methods in Psychology 1B. The sequence above is recommended because taking Intro Psychology provides an introduction to important academic skills that will assist you in other modules.

This sequence also limits the time lapse between studying the Research Methods modules in L4 and L5. Other combinations of modules (e.g., taking Intro to Social and Dev Psych in Semester 1 instead of taking 40 credits in Sem 2) can be negotiated with the Course Director, as long as you complete 60 credits in Year 1 and 60 credits in Year 2 of your studies.

## Level 5 – Year 3

### *Compulsory modules*

Module title	Credits	Semester/ teaching period
Individual Differences and Work Behaviour	20	2
Cognitive and Biological Psychology Or Social And Developmental Psychology	20	1 2
Number of credits of compulsory modules	40	

### *Option modules*

Module title	Credits	Semester/ teaching period
Applying Psychology to Mental Health and Wellbeing	20	1
Cyber Psychology	20	1
Drug Addiction	20	1
Psychology of Sport, Exercise and Physical Activity	20	1
Real World Psychology	20	1
Number of credits of option modules a student should choose	20	

## Level 5 – Year 4

### *Compulsory modules*

Module title	Credits	Semester/ teaching period
Research Methods in Psychology 2	20	1
Research Methods in Psychology 3	20	2
Cognitive and Biological Psychology Or Social And Developmental Psychology	20	1 2
Number of credits of compulsory modules	60	

**Note.** Not all elective modules are offered each year (delivery can be influenced by factors such as student-demand). Students who study part-time may elect to take any combination of modules in their third and fourth year of study, however, it is recommended they take 60 credits each year and complete RM 2 before RM3. The combination of modules can be negotiated with the Course Director or their nominee (e.g., Year Tutor).

### **Placement year optional.**

Students must have passed level 5 of the BSc (Hons) Psychology degree; Students must have secured a placement of usually a minimum of 40 weeks full time (or equivalent) duration and have had this approved by the Experiential Learning Team and [the Employability Lead for Psychology](#).

### ***Compulsory modules***

<b>Module title</b>	<b>Credits</b>	<b>Semester/ teaching period</b>
Psychology Sandwich Placement	120	Year-long
Number of credits of compulsory modules	120	

### **Level 6 – Year 5**

#### ***Compulsory modules***

<b>Module title</b>	<b>Credits</b>	<b>Semester/ teaching period</b>
Critical and Philosophical Issues in Psychology	20	1
Number of credits of compulsory modules	20	

#### ***Option modules***

<b>Module title</b>	<b>Credits</b>	<b>Semester/ teaching period</b>
Cultural Psychology	20	1
Health Psychology	20	1
Organisational Psychology	20	1
Psychology of Gender and Sexuality	20	1
Biopsychology of Stress and Health	20	2
Clinical and Counselling Psychology	20	2
Consumer Psychology	20	2
Critical Approaches to Forensic Psychology	20	2
Educational Psychology	20	2
Number of credits of option modules a student should choose	40	

### **Level 6 – Year 6**

#### ***Compulsory modules***

<b>Module title</b>	<b>Credits</b>	<b>Semester/ teaching period</b>
Final Year Project	40	Year-long
Number of credits of compulsory modules	40	

#### ***Option modules***

<b>Module title</b>	<b>Credits</b>	<b>Semester/ teaching period</b>
Cultural Psychology	20	1
Health Psychology	20	1
Organisational Psychology	20	1
Psychology of Gender and Sexuality	20	1

Biopsychology of Stress and Health	20	2
Clinical and Counselling Psychology	20	2
Consumer Psychology	20	2
Critical Approaches to Forensic Psychology	20	2
Educational Psychology	20	2
Number of credits of option modules a student should choose	20	

**Note.** All elective modules have been approved for delivery in Semester 1 and / or Semester 2. Modules with high demand (e.g., Clinical and Counselling Psychology) may be delivered in both semesters in the same academic year. All other modules will be delivered in either Semester 1 or Semester 2 but not necessarily the same semester each year so as to be able to offer a wide pool for students to choose from. Not all elective modules are offered each year (delivery can be influenced by factors such as student-demand).

## Assessment and Scheduled Learning and Teaching Activities

The assessment balance and overall workload associated with this course are calculated from core modules and typical option module choices undertaken by students on the course. They have been reviewed and confirmed as representative by the Course Director, but applicants should note that the specific option choices students make may influence both assessment and workload balance.

A standard module equates to 200 notional learning hours, which may be comprised of teaching, learning and assessment, any embedded placement activities and independent study. Modules may have more than one component of assessment.

### Assessment

Level 4 is assessed by coursework predominately, with some examinations.

Level 5 core modules are assessed by a broadly even mix of coursework and examinations

Level 6 core modules are assessed by coursework.

### Workload

Overall Workload	Level 4	Level 5	Level 6
Teaching, Learning and Assessment	261	236	183.5
Independent Study	939	894	1,016.5
Placement	N/A	70	N/A