



**LEEDS
BECKETT
UNIVERSITY**

Course information for applicants

This information applies to the course as it will be delivered to students starting the course in 2027/28.

Information provided here was confirmed on 07/09/2026

General information

Programme code

BAPEO

Target award

If you complete this course successfully you will be eligible for the award of:

BA (Hons) Physical Education with Outdoor Education

Delivery mode

- ☒ On campus
☐ Distance learning

Where you will study

The majority of teaching will be at Headingley campus but on occasion may be at City campus.

Awarding body

Leeds Beckett University

Regulator

Office for Students

Level of qualification

Level 6 of the Framework for Higher Education Qualifications

Course duration

If you are made an offer of a place on the course, your offer letter will include the start date.

This course can be studied:

3 years full-time

Work placement

Level 4: Students undertake a series of employability activities in the Personal, Professional and Academic Development module. Students are also encouraged to undertake a minimum of two weeks of self-directed employability activities tailored to their individual needs, which can include a placement.

Level 5: A minimum of 60 hours placement, although this can be considerably higher depending upon the elective modules chosen.

Level 6: The number of placement hours is dependent upon elective modules chosen and can be up to 64 hours.

Students are responsible for obtaining their own placement, with assistance from the University. The locations will vary, dependent on the opportunity.

Entry requirements

Admissions criteria are available on the online prospectus entry for this course.

If you have previous relevant qualifications or experience, you could be exempt from certain parts of your course. Recognition of prior learning (RPL) allows you to start your course at a point appropriate to the learning and skills that you may have developed in a professional, vocational or community setting.

Find out more here: <https://www.leedsbeckett.ac.uk/student-information/course-information/recognition-of-prior-learning>

If you have questions about entry requirements and admissions, contact AdmissionsEnquiries@leedsbeckett.ac.uk

Course fees

Course fees and a breakdown of any additional costs is included on the online prospectus entry for this course.

If you have questions about fees for this course, contact Fees@leedsbeckett.ac.uk

Timetable

You will receive your full timetable for the year during induction week.

What you will study

Course aims

The aims of the course are to:

- provide an academically and vocationally relevant education for a career in Physical Education teaching (via postgraduate teacher education routes) with an outdoor specialism;
- provide an academically and vocationally relevant education for a career in Outdoor Education related areas of work with the option of a specialist area in PE Teaching, Health and Sport Science disciplines;
- provide a multi-disciplinary Award that integrates theory and practice in the broader contexts of Physical Education and Outdoor Education from natural science, social science and outdoor activity perspectives;
- provide students with knowledge and a critical understanding of the concepts, theories, principles and methodologies that are central to the study of Physical Education and Outdoor Education;
- enable students to develop qualities and transferable skills necessary for employment E.g. communication skills, team work skills and professional attributes such as highly motivated and competitive but also collaborative and inclusive.

Teaching and learning activities

Students will be engaged through a variety of teaching and learning activities whilst studying the BA (Hons) Physical Education with Outdoor Education degree. Challenging and authentic tasks will be used to stretch the student's capabilities in real world learning and assessment resulting in a deeper approach to learning. Engagement in these tasks will involve practical participation, observation and analysis, along with critical reflection. This will mean that students from a variety of backgrounds, with different (dis)abilities will be able to find their own Level of engagement. The majority of modules on the degree will consist of 20 credits which equates to 200 notational learning hours. The learning of each 20 credit module will consist of a minimum of 48 hours contact time.

The following learning and teaching strategies will be used across the modules on the BA (Hons) Physical Education with Outdoor Education degree:

- Students will participate in practical workshops to experience/develop the skills required in delivering programmes in a variety of physical and outdoor education contexts
- Students will lead practical sessions on physical and outdoor activity for a variety of target populations.
- Students will attend interactive lectures where they will be expected to contribute having done some preparatory reading in advance
- Students will participate in tutorials where they will work in small groups to engage with learning activities (e.g. small group discussions)
- Students will engage and contribute to laboratory/ practical sessions.
- Students will organise and conduct laboratory and field data collection, analysis and interpretation.
- Students will work independently to research the relevant literature predominantly using electronic databases and search engines.
- Students will complete weekly directed activities/ formative assessments which will inform the content of scheduled sessions, providing opportunities for feedback.

The blend of learning approaches will involve a combination of face-to-face facilitated learning, online learning and self-study which will differ by module and across Levels. The main emphasis is on face to face learning, a relatively high proportion of which is practical.

Course structure

This information is correct for students progressing through the course within standard timescales. If you have to repeat study or take time out during your course, you may be taught alternative modules which meet the overall course learning outcomes.

The option modules listed may vary. Those listed here are likely to be offered in a typical year.

Level 4

Compulsory modules

Module title	Credits	Semester/teaching period
Personal, Professional and Academic Development	20	Semester 1 and 2
PE and Sport Pedagogy 1a	20	Semester 1
Foundations of Adventure	20	Semester 1
Sociology of PE	20	Semester 1
PE and Sport Pedagogy 1b	20	Semester 2
Foundations of Movement	20	Semester 2
Total number of credits of compulsory modules:	120	

Level 5

Compulsory modules

Module title	Credits	Semester/teaching period
PE and Sport Pedagogy 2	20	Semester 1 and 2
Research in Practice for PE	20	Semester 1 and 2
Professional Development in PE and Outdoor Education	20	Semester 1 and 2
Total number of credits of compulsory modules:	60	

Option modules

Module title	Credits	Semester/teaching period
<i>One outdoor education option:</i>		
Lifestyle and Adventure Sports	20	Semester 1
Applied Adventure Practice	20	Semester 2
<i>At least one theory option:</i>		
Applied Human Movement	20	Semester 1
Applied Psychology	20	Semester 1
Applied Social Science	20	Semester 2
<i>Other options:</i>		
Working with Children	20	Semester 1
Inclusive Practice	20	Semester 2
Total number of credits of elective modules a student must enrol on:	60	

Level 6

Compulsory modules

Module title	Credits	Semester/teaching period
Final Year Project	40	Semester 1 and 2
PE and Sport Pedagogy 3	20	Semester 1 and 2
Total number of credits of compulsory modules:	60	

Option modules

Module title	Credits	Semester/teaching period
Contemporary Issues in PE and Youth Sport	20	Semester 1
Special Educational Needs and Disability in PE	20	Semester 1
Teaching and Learning through the Outdoors	20	Semester 1
Leadership Through Adventure	20	Semester 2
Lifelong Participation for 'at risk' populations	20	Semester 2
PE Pedagogy in Practice	20	Semester 2
Total number of credits of elective modules a student must enrol on:	60	

Assessment and feedback

The balance of assessment may change depending on which option modules you choose.

Level 4

Level 4 is assessed mostly by coursework, with some practical assessments.

Level 5

Level 5 is assessed mostly by coursework, with some practical assessments.

Level 6

Level 6 is assessed mostly by coursework, with some practical assessments.

Workload

You can expect to spend a total of 100 hours learning per 10 credits.

Typically, a student on this course can expect to divide their time like this:

Overall workload	Level 4	Level 5	Level 6
Teaching, learning and assessment	300 hours	294 hours	210 hours
Independent study	900 hours	846 hours	926 hours
Placement study	0 hours	60 hours*	64 hours*

This may vary depending on module choices.