



**LEEDS
BECKETT
UNIVERSITY**

Course information for applicants

This information applies to the course as it will be delivered to students starting the course in 2027/28.

Information provided here was confirmed on 24/08/2026

General information

Programme code

BSTHC

Target award

If you complete this course successfully you will be eligible for the award of:

BSc (Hons) Therapeutic Counselling

Delivery mode

- ☐ On campus
- ☒ Distance learning

Where you will study

This is a distance learning course.

Awarding body

Leeds Beckett University

Regulator

Office for Students

Level of qualification

Level 6 of the Framework for Higher Education Qualifications

Course duration

If you are made an offer of a place on the course, your offer letter will include the start date.

This course can be studied:

- 1 year full-time
- 2 years part-time

Part-time study

This course can be studied part-time.

If you study the course part-time, it will usually take twice as long to complete compared with the equivalent full-time course. The modules may be delivered in a different sequence than on the full-time course, but you will study the same modules at each academic level. With the agreement of the course team, you may be able to increase your pace of study to shorten the overall course duration.

Entry requirements

Admissions criteria are available on the online prospectus entry for this course.

If you have previous relevant qualifications or experience, you could be exempt from certain parts of your course. Recognition of prior learning (RPL) allows you to start your course at a point appropriate to the learning and skills that you may have developed in a professional, vocational or community setting.

Find out more here: <https://www.leedsbeckett.ac.uk/student-information/course-information/recognition-of-prior-learning>

If you have questions about entry requirements and admissions, contact AdmissionsEnquiries@leedsbeckett.ac.uk

Course fees

Course fees and a breakdown of any additional costs is included on the online prospectus entry for this course.

If you have questions about fees for this course, contact Fees@leedsbeckett.ac.uk

Timetable

You will receive your full timetable for the year during induction week.

What you will study

Course aims

The aims of the course are to:

The intention of the distance learning course is to facilitate independent and reflexive learning so that students, who are professional practitioners in counselling and psychotherapy, are able to effectively direct their future study and meet the challenges of a changing profession.

This course enriches the expected engagement in continuing professional development enabling counsellors to establish informed and effective counselling in diverse settings and communities. Continuing professional development is a requirement for continuing membership of the main professional counselling and psychotherapy bodies, who advise that practitioners should continually seek learning experiences to maintain, improve and broaden their competence and knowledge. The course aims to create an inclusive learning community in which students learn from each other's experiences, perspectives and work context.

Teaching and learning activities

A range of distance teaching and learning methods are used which are mostly asynchronous, but some more reflective and experiential parts of the curriculum will require some synchronous delivery. Teaching and learning activities are embedded into the Virtual Learning Environment, MyBeckett. Teaching and learning activities include recorded lectures, online tutorials (asynchronous and some synchronous), online group and individual experiential learning activities, case studies, online research supervision sessions both group and one to one. Interaction between students is seen as very important for cohort cohesion and for students to learn by sharing their own experience and understanding their peers' diverse experience, values, identities, and opinions. The teaching and learning style is student-centred with students participating in a variety of activities, both formal and informal, in a climate that supports difference in learning styles and needs, and that encourages the active inclusion and engagement of all students.

Modules are characterised by the integration of theory, research evidence, transfer of knowledge and skills into practice and personal reflection. Activities are challenging and authentic and relate to diverse workplaces and real-world contexts, thereby enhancing the students' practice and their potential for employment.

Course structure

This information is correct for students progressing through the course within standard timescales. If you have to repeat study or take time out during your course, you may be taught alternative modules which meet the overall course learning outcomes.

Level 6

Compulsory modules

Module title	Credits	Semester/teaching period
Theories of Therapy	20	1
Supervision in Practice	20	1
Issues and Debates in Psychological Therapies	20	2
Group Therapies and Group Work	20	2
Theory and Practice of Research	40	Year-long
Total number of credits of compulsory modules:	120	

Level 6, Part time

Compulsory modules

Module title	Credits	Semester/teaching period
Year 1		
Theories of Therapy	20	1
Supervision in Practice	20	1
Issues and Debates in Psychological Therapies	20	2
Year 2		
Theory and Practice of Research	40	Year-long
Group Therapies and Group Work	20	2
Total number of credits of elective modules a student must enrol on:	120	

Assessment and feedback

Level 6

Level 6 is assessed mostly by coursework, with some practical assessments.

Workload

You can expect to spend a total of 100 hours learning per 10 credits.

Typically, a student on this course can expect to divide their time like this:

Overall workload	Level 6
Teaching, learning and assessment	153 hours
Independent study	1047 hours
Placement study	0 hours