LEEDS BECKETT UNIVERSITY

Course information for applicants

This information applies to the course as it will be delivered to students starting the course in 2027/28.
Information provided here was confirmed on 14/10/2026

General information

Programme code
MHPSY

Target award
If you complete this course successfully you will be eligible for the award of:
MSc Health Psychology

Delivery mode
✓ On campus
☐ Distance learning

Where you will study
The majority of teaching will be at City campus but on occasion may be at Headingley campus.

Professional accreditation or recognition

Professional body
The British Psychological Society (BPS) has granted accreditation to this course.

Summary of the accreditation or recognition
The MSc in Health Psychology has been designed to meet the criteria for Stage 1 professional accreditation by the British Psychological Society (BPS). The British Psychological Society (BPS) has granted accreditation to this course.

With this accreditation, successful completion of this MSc programme will enable students to progress onto Stage 2 of their Health Psychology training which confers eligibility for registration as a Practitioner Health Psychologist with the Health and Care Professions Council in the future if desired. To be eligible, students have passed all modules (180 credits) with a minimum 50% grade in each module.

Awarding body
Leeds Beckett University

Regulator
Office for Students

Level of qualification

Level 7 of the Framework for Higher Education Qualifications

Course duration

If you are made an offer of a place on the course, your offer letter will include the start date.

This course can be studied:
12 months full-time
24 months part-

Part-time study

This course can be studied part-time.

If you study the course part-time, it will usually take twice as long to complete compared with the equivalent full-time course. The modules may be delivered in a different sequence than on the full-time course, but you will study the same modules at each academic level. With the agreement of the course team, you may be able to increase your pace of study to shorten the overall course duration.

Work placement

This course does not include a placement year.

Entry requirements

Admissions criteria are available on the online prospectus entry for this course.

If you have previous relevant qualifications or experience, you could be exempt from certain parts of your course. Recognition of prior learning (RPL) allows you to start your course at a point appropriate to the learning and skills that you may have developed in a professional, vocational or community setting.

Find out more here: https://www.leedsbeckett.ac.uk/student-information/course-information/recognition-of-prior-learning
If you have questions about entry requirements and admissions, contact AdmissionsEnquiries@leedsbeckett.ac.uk

Course fees

Course fees and a breakdown of any additional costs is included on the online prospectus entry for this course.

If you have questions about fees for this course, contact Fees@leedsbeckett.ac.uk

Timetable

Teaching for the full-time delivery is on two days per week. Teaching for the part-time delivery is on one day per week.
You will receive your full timetable for the year during induction week.

What you will study

Course aims

The aims of the programme are to provide an in-depth knowledge and understanding of the psychological methods and theories that are used to advance understanding about the possible causes, progressions and consequences of health and illness. The content of the curriculum has been developed to meet the requirements for Stage One accreditation by the British Psychological Society (BPS).

As stipulated by the BPS, the Stage One modules will encourage the development of critical thinking skills and will cover: Research Processes for Health Psychology; Socioeconomic Determinants of Health; Psychology of Disease and Illness; Client groups and other stakeholders; Health-related behaviour and cognitions; Social dimensions of health; Interventions; Applications of health psychology; Healthcare and professional settings; Measurement and Professional issues.

Successful completion of these modules as part of the Stage One training, will then enable students to progress onto Stage Two of their Health Psychology training which confers eligibility for registration as a Practitioner Health Psychologist with the Health and Care Professions Council. The Stage Two training is not delivered as part of this MSc course and is something that students will undertake in the future if desired.

Teaching and learning activities

The students' experience of the delivery of this course is through a range of teaching methods and learning activities. While the lecturers and tutors are there to disseminate knowledge and facilitate learning, there is an emphasis on students' collaboration in the learning experience.

Students receive an on-line course handbook, which details the course structure and what is expected of students (it also provides other information about the University, course team, regulations and policies etc.). In addition, there is a module site for each module. The module site provides details about the module, how the module will be delivered in terms of types of teaching elements, the main topic for each unit, how it will be assessed, a reading list and other material relevant to the module.

In order to deliver core knowledge, facilitate understanding of theories and concepts and develop practical and applied skills, we employ a range of teaching methods depending on the delivery mode. These may include (as appropriate): lectures, seminars, group work, practical/laboratory classes, presentations, problem-based projects/briefs, tutorials, and on-line activities on the university's VLE. Lectures and seminars will be delivered in person. Additional learning resources will also be provided online via our Virtual Learning Environment.

The range of learning activities not only provides an opportunity for students to develop communication skills via different media, but also encompasses different learning styles amongst students.

All members of staff are aware of the need for all teaching and learning contexts to be:
(i) non-discriminatory and tailored for each student with a reasonable adjustment plan.
(ii) respectful and valuing the perspectives and experiences each individual can offer.
(iii) promoting the values and practices associated with inclusive attitudes and behaviours in others.

Course structure

This information is correct for students progressing through the course within standard timescales. If you have to repeat study or take time out during your course, you may be taught alternative modules which meet the overall course learning outcomes. Details of module delivery will be provided in your timetable.

Level 7 full-time

Compulsory modules

Module title	Credits	Semester/ teaching period
Socioeconomic Determinants of Health	20	1
Research Processes for Health Psychology	30	1
Applied Research in Health Psychology	20	1
Application of Professional Skills in Health Psychology	10	1
Client Groups across the Life Span	20	2
Psychology of Disease and Illness	20	2
Dissertation	60	2 + summer
Number of credits of compulsory modules	180	

Level 7 part-time

Year 1 compulsory modules

Module title	Credits	Semester/ teaching period
Socioeconomic Determinants of Health	20	1
Research Processes for Health Psychology	30	1
Psychology of Disease and Illness	20	2
Number of credits of compulsory modules	70	

Year 2 compulsory modules

Module title	Credits	Semester/ teaching period
Applied Research in Health Psychology	20	1
Application of Professional Skills in Health Psychology	10	1
Client Groups across the Life Span	20	2
Dissertation	60	2 + summer
Number of credits of compulsory modules	110	

Assessment and feedback

The balance of assessment may change depending on which option modules you choose.

Level 7

This Level 7 course is assessed predominantly by coursework, with some examinations and practical assessments.

Workload

You can expect to spend a total of 100 hours learning per 10 credits. Typically, a student on this course can expect to divide their time like this:

Overall workload	Level 7
Teaching, learning and assessment	240 hours
Independent study	1560 hours
Placement study	0 hours