



**LEEDS
BECKETT
UNIVERSITY**

Course information for applicants

This information applies to the course as it will be delivered to students starting the course in 2027/28.

Information provided here was confirmed on 01/09/2026

General information

Programme code

MINCO

Target award

If you complete this course successfully you will be eligible for the award of:

MA Integrative Counselling

Delivery mode

- ☒ On campus
☐ Distance learning

Where you will study

The majority of teaching will be at City campus but on occasion may be at Headingley campus.

Professional accreditation or recognition

Professional body

British Association for Counselling and Psychotherapy (BACP)

Summary of the accreditation or recognition

Graduates of the course can register as members of the BACP and join the BACP register for counsellors and psychotherapists. Additionally, graduates of the course are able to work towards achieving accredited status with the BACP

Awarding body

Leeds Beckett University

Regulator

Office for Students

Level of qualification

Level 7 of the Framework for Higher Education Qualifications

Course duration

If you are made an offer of a place on the course, your offer letter will include the start date.

This course can be studied:

24 months full-time

36 months part-time

Part-time study

This course can be studied part-time.

If you study the course part-time, it will usually take twice as long to complete compared with the equivalent full-time course. The modules may be delivered in a different sequence than on the full-time course, but you will study the same modules at each academic level. With the agreement of the course team, you may be able to increase your pace of study to shorten the overall course duration.

Work placement

This course includes a compulsory placement module(s).

Students are required to complete 100 hours of client contact under supervision with an approved supervisor. Placements are to be sourced from the University's approved placement list. Students also require external placement supervision and personal therapy.

Entry requirements

Admissions criteria are available on the online prospectus entry for this course.

If you have previous relevant qualifications or experience, you could be exempt from certain parts of your course. Recognition of prior learning (RPL) allows you to start your course at a point appropriate to the learning and skills that you may have developed in a professional, vocational or community setting.

Find out more here: <https://www.leedsbeckett.ac.uk/student-information/course-information/recognition-of-prior-learning>

If you have questions about entry requirements and admissions, contact AdmissionsEnquiries@leedsbeckett.ac.uk

Course fees

Course fees and a breakdown of any additional costs is included on the online prospectus entry for this course.

If you have questions about fees for this course, contact Fees@leedsbeckett.ac.uk

Timetable

You will receive your full timetable for the year during induction week.

What you will study

Course aims

The aims of the course are to:

Provide an inclusive education and training in therapeutic counselling and psychotherapy that meets the standards for professional recognition by the BACP.

Offer a systematic and thorough education and training in integrative counselling via Relational approaches to therapeutic counselling and psychotherapy.

Develop an advanced critical reflexive understanding of the theory, practice and research of counselling and psychotherapy.

Students gain a critical and comprehensive understanding of Relational theory and practice and learn how to apply therapeutic counselling and psychotherapy skills with clients. Through supervised practice, which follows the BACP core curriculum, students identify their strengths and areas for development, ensuring they become capable and self-reflective practitioners. Integrative counselling looks at the whole person, taking into account mental, physical and emotional needs and the therapist uses techniques and tools from different modalities to tailor an individual approach for their client.

The course also aims to accommodate the personal and professional challenges of being a counsellor through reflective practice and original contribution to the field via research and a dissertation.

Teaching and learning activities

Learning and teaching activities consist of a mix of tutorials, group and individual activities, workshops and case study analysis, where students are given opportunities to relate the material covered to the workplace. The teaching and learning style is student-centred and an inclusive environment is created in which students learn by sharing their own and their peers experience through the development of critical reflection, dialogue and debate. The group agrees a code of conduct, which respects and values the individuals within the group, whilst taking responsibility for their own psychological safety. This is further enhanced through students developing the core conditions of empathy, congruence and unconditional positive regard, as described by Carl Rogers.

As part of the course, students undertake a placement of 100 hours of supervised practice with adult clients (aged over 16). Students undertake external training supervision that meets BACP requirements. Students also undertake at least 20 hours of external personal therapy, which provides students with first-hand experience as a client, and they can then link this insight back to their theoretical grounding and research. Placements, external supervisors and personal therapists are taken from a University approved list. Students also attend internal supervision as part of the Therapeutic Process and Supervision module.

There is an emphasis on the practical application of theory to a working environment and on the opportunity for students reflect upon, discuss and relate theory to. Students gain an understanding of Counselling theory and integrative process and learn how to apply their therapeutic counselling and psychotherapy skills with clients. Through supervised practice, students identify their strengths and areas for development, ensuring they become a capable and self-reflective practitioner.

Students are taught alongside the students on the Diploma HE Therapeutic Counselling Skills (level 5) and PG

Diploma Counselling and Psychotherapy courses. Learning and teaching activities are sometimes differentiated from the level 5 students to support the development of level 7 academic skills and formative and summative assessments.

Formally integrated into the professional training is the BACP's 2021 Online and phone therapy (OPT) training curriculum. This is constituted out of eleven subject areas which are covered across the six core clinical modules associated with this course. The various items in the curriculum have been interwoven into existing teaching and learning scheduling and activities and represent a triangulation of existing theory and skills with the differences presented to practice when working in online and phone therapy media. This expansion is driven by a dual commitment: enhancing the accessibility of therapeutic services for clients and responding to the changing landscape of psychotherapy practice in the 21st century.

Course structure

This information is correct for students progressing through the course within standard timescales. If you have to repeat study or take time out during your course, you may be taught alternative modules which meet the overall course learning outcomes.

Level 7, Full-time

Compulsory modules

Module title	Credits	Semester/teaching period
Year 1		
Personal and Professional Development 1	20	Year-long
Relational Framework	20	Year-long
Therapeutic Skills	20	Year-long
Understanding Social Research and Evaluation (online delivery)	20	2
Year 2		
Personal and Professional Development 2	20	Year-long
Becoming a Therapist	20	Year-long
Therapeutic Process and Supervision	20	Year-long
Dissertation	40	Year-long
Total number of credits of compulsory modules:	180	

Level 7, Part-time

Compulsory modules

Module title	Credits	Semester/teaching period
Year 1		
Personal and Professional Development 1	20	Year-long
Relational Framework	20	Year-long
Therapeutic Skills	20	Year-long
Year 2		
Personal and Professional Development 2	20	Year-long
Becoming a Therapist	20	Year-long
Therapeutic Process and Supervision	20	Year-long
Year 3		
Understanding Social Research and Evaluation (online delivery)	20	1
Dissertation	40	2
Total number of credits of elective modules a student must enrol on:	180	

Assessment and feedback

Level 7

This course is assessed by a broadly even mix of coursework and examinations. There is a major independent study module which is assessed by a dissertation. Placements are assessed.

Workload

You can expect to spend a total of 100 hours learning per 10 credits.

Typically, a student on this course can expect to divide their time like this:

Overall workload	Level 7
Teaching, learning and assessment	486 hours
Independent study	1176 hours
Placement study	138 hours