



**LEEDS
BECKETT
UNIVERSITY**

Course information for applicants

This information applies to the course as it will be delivered to students starting the course in 2027/28.

Information provided here was confirmed on 02/09/2026

General information

Programme code

MSSET

Target award

If you complete this course successfully you will be eligible for the award of:

MSc Sports and Exercise Therapy

Delivery mode

- ☒ On campus
☐ Distance learning

Where you will study

Teaching will be split between the Headingley and City campuses.

Professional accreditation or recognition

Professional body

The Society of Sports Therapists

Summary of the accreditation or recognition

Following successful completion of the MSc Sports and Exercise Therapy course, graduates are eligible to apply for full membership of the Society.

Awarding body

Leeds Beckett University

Regulator

Office for Students

Level of qualification

Level 7 of the Framework for Higher Education Qualifications

Course duration

If you are made an offer of a place on the course, your offer letter will include the start date.

This course can be studied:

12 months full-time

24 months part-time

Part-time study

This course can be studied part-time.

If you study the course part-time, it will usually take twice as long to complete compared with the equivalent full-time course. The modules may be delivered in a different sequence than on the full-time course, but you will study the same modules at each academic level. With the agreement of the course team, you may be able to increase your pace of study to shorten the overall course duration.

Work placement

This course includes a compulsory placement module(s).

Students must complete a minimum of 250 hours of supervised practice-based learning in professional environments that align with the education competencies required of a Graduate Sports and Exercise Therapist.

Locations are approved and agreed with the placements co-ordinator. Placements may be local, national, and international.

Entry requirements

Admissions criteria are available on the online prospectus entry for this course.

If you have previous relevant qualifications or experience, you could be exempt from certain parts of your course. Recognition of prior learning (RPL) allows you to start your course at a point appropriate to the learning and skills that you may have developed in a professional, vocational or community setting.

Find out more here: <https://www.leedsbeckett.ac.uk/student-information/course-information/recognition-of-prior-learning>

If you have questions about entry requirements and admissions, contact AdmissionsEnquiries@leedsbeckett.ac.uk

Course fees

Course fees and a breakdown of any additional costs is included on the online prospectus entry for this course.

If you have questions about fees for this course, contact Fees@leedsbeckett.ac.uk

Timetable

You will receive your full timetable for the year during induction week.

What you will study

Course aims

The aims of the course are to:

Enable graduates from relevant disciplines to develop the professional knowledge, skills, values, and behaviours required to achieve the standards of proficiency for Sports and Exercise Therapy. Through the integration of clinical and sports science principles, students will develop expertise in the prevent Learning and teaching activities have been designed to facilitate analysis, synthesis, evaluation and identification of complex problems and solutions; promote effective communication and presentation of oral and written arguments; working with others which includes the capacity to plan, share goals and work as a member of a team; use information and communication technology; interpret, present and critique quantitative and qualitative data information; be aware of and improve their own learning and performance including the development of research and study skills, and the capacity to reflect on, plan and manage their own learning.

Teaching and learning activities

Learning and teaching activities have been designed to facilitate analysis, synthesis, evaluation and identification of complex problems and solutions; promote effective communication and presentation of oral and written arguments; working with others which includes the capacity to plan, share goals and work as a member of a team; use information and communication technology; interpret, present and critique quantitative and qualitative data information; be aware of and improve their own learning and performance including the development of research and study skills, and the capacity to reflect on, plan and manage their own learning.

The pedagogical approach to assessment learning and teaching, aims for an inclusive environment that is non-discriminatory, appropriate and respects and values the perspectives of others. An 'Inclusive learning environment' is referred to by the Higher Education Academy as being where due attention is paid to the pace, length, structure, method of delivery, and materials used. The style of course delivery adopted by the course team affords opportunities for students to act independently and learn autonomously.

Within classroom-based activities, different learning preferences and learning styles, that reflect individual and cultural preferences, are accommodated through traditional lectures, group-work, seminars, problem-based and experiential learning. Similarly, our range of assessment modes takes account of differences in student learning styles. For example, throughout the course students are assessed through their written work, verbal presentation skills and technical competencies in research and analysis.

Enquiry-based learning and a problem-solving approach to learning and teaching will be employed from the outset of the course. The aim is to develop students' skills of searching, analysing, interpreting and applying knowledge for the implementation of evidence-based management within sports and exercise Therapy.

In addition, when, with applying theory to practice whether with simulated or with 'real' clients, students develop a range of transferable skills. These include the analysis, synthesis, evaluation and identification of complex problems and solutions; communication and presentation of oral and written arguments; working with others and to demonstrate the capacity to plan, share goals and work as a member of a team using information and communication technology.

Course structure

This information is correct for students progressing through the course within standard timescales. If you have to repeat study or take time out during your course, you may be taught alternative modules which meet the overall course learning outcomes.

Level 7

Compulsory modules

Module title	Credits	Semester/teaching period
Anatomical Assessment and Examination	30	1
Skills and Practice for Sports and Exercise Therapy	20	1
Sports Trauma Management	20	1
Sports Injury Management and Rehabilitation	20	2
Placements within Sports and Exercise Therapy Contexts	30	Year-long
Research in Professional Practice	60	Year-long
Total number of credits of compulsory modules:	180	

Level 7, Part-time

Compulsory modules

Module title	Credits	Semester/teaching period
Year 1		
Anatomical Assessment and Examination	30	1
Sports Injury Management and Rehabilitation	20	2
Year 2		
Skills and Practice for Sports and Exercise Therapy	20	1
Sports Trauma Management	20	1
Placements within Sports and Exercise Therapy Contexts	30	Year-long
Research in Professional Practice	60	Year-long
Total number of credits of compulsory modules:	180	

Assessment and feedback

Level 7

This course is assessed by a broadly even mix of coursework, written and practical examinations and presentations.

Workload

You can expect to spend a total of 100 hours learning per 10 credits.

Typically, a student on this course can expect to divide their time like this:

Overall workload	Level 7
Teaching, learning and assessment	284 hours
Independent study	1266 hours
Placement study	250 hours