



Is international volunteering right for you? This document will give you a brief outline about volunteering with the Nazareth College in Rochester, USA next year. Please read this information carefully. You can apply directly My Hub by clicking on the Apply Now button on the website or [click here](#). Application deadline is Sunday 11th November 2018.

Project Information

There is the opportunity for 10 volunteers to join a community volunteer programme with Nazareth College (www.naz.edu), one of our partner universities in Upper New York State, USA. Volunteers will work mainly with the Community Place of Rochester City (a well established community centre) and activities will be mainly with children. Volunteers will stay in student accommodation at Nazareth College and will experience lots of social and cultural activities in addition to the volunteer work.

Whilst volunteering at the Community Place the main responsibility is to assist with the summer camp programme, this will include providing the young people with positive social enhancement through educational projects, sporting activities and helping with the overall supervision and safety during social activities. The end of the project will include a family fun day when the young people bring their parents and guardians to meet the teams and celebrate their achievements.

The volunteering part of the project will be approximately from the 20th July – 3rd August with the option some free time afterwards when volunteers can travel to New York City. Exact dates will be confirmed before flights are booked.

Your team leader is Laura Brown, she works as a practise learning administrator in our school of Clinical & Applied Sciences.

About the organisation



The Community Place has over 100 years of experience of working in Rochester City providing various services to the local community. Their vision is to be “The leading neighbourhood-based community centre, providing a foundation for growth, empowerment and stability for those we serve”. The centre provides services in the areas of childhood development, youth work, family and housing, learning disabilities and older people. There are opportunities to help in various aspects of the centre’s work but volunteers will be helping with summer camp for the children and young people and activities with the older people. For more information about the Community Place, check out their website: www.communityplace.org

About the volunteer role

General responsibilities might include:

- Provide positive social enhancement, academic and vocational development to youth from various ethnic backgrounds by participating in summer camp activities that may include: summer sport and recreation, job skills development, and cultural exchange activities.
- Provide positive social enhancement to the Senior Center programs which may include exercise programs; games; dietician’s advisement; computer training; music, arts and crafts; cultural exchanges and field trips.



- Provide support to the Family Emergency Services program by organizing food pantries and assisting with food distribution.

Pre-Departure Activities and Commitments

There's quite a lot for volunteers to do before departure. If you are interested in applying, you must make sure that you will have enough time for the project in between your studies and your work.

After your team has been recruited, there will be a compulsory team briefing and you will need to fundraise, some of which will be with your team, and some you will probably do on your own. There will be other compulsory team meetings to help prepare you for the experience. The team meetings will discuss essential health information and lots of other things to help prepare you about what to expect as a volunteer in your chosen project. Although it's not spread evenly, we'd recommend allowing an average of two hours a week from when you find out you get a place to departure. This includes:

- Attending regular team meetings (every 4-6 weeks)
- Keeping in contact with your Team Leader
- Providing key documents to the volunteering team as required (e.g. Passport)
- Completing DBS checks or visa applications
- Ongoing fundraising activities
- Planning project resources and objectives

Key Dates

Application deadline	11 th November 2018
Shortlisting	13 th November 2018
Selection event	20 th November 2018 16:00 – 18:00 City Campus, room tbc
1st Team meeting	4 th December 2018 16:00 – 18:00 City Campus, room tbc
January - May 2019	Compulsory team meetings (dates TBC)
6th April 2019	The Big Abseil event
11th May 2019	Yorkshire 3 Peak Challenge
Project	20 th July – 3 rd August 2019
Optional travel time	You must decide whether you wish to remain in country for one week following the end of the volunteering project. <i>This must be confirmed by the first team meeting in December. If not, an immediate return will be booked and you must cover any additional costs to change your flight.</i>



About the project

Project Dates: 20th July – 3rd August (Dates TBC, dependent on flights)

Travel - Transport is arranged for you to travel as a team from Leeds Beckett University based on immediate return after volunteering. Your project fees include travel between Leeds and the departure airport only, and unfortunately, we cannot make exceptions/alternative arrangements if you require another pick-up and/or drop-off point. If you are travelling independently, you may have to make your own return journey to Leeds.

Volunteer support - the project is guided by staff from Nazareth College, thorough risk assessments and careful planning is undertaken to ensure your experience is safe from start to finish. Laura Brown from Leeds Beckett will be your team leader & will be there to support you for the duration of the project. Staff at Leeds Beckett will also be on call 24/7 whilst you are volunteering in the USA.

Accommodation – will be at Nazareth College halls of residence on campus. Although it will be summer holidays for Nazareth students, there will be many international students on campus who are on exchange visits from other universities across the world.

Food – We will confirm food during the selection procedure. It most likely will be a combination of catered and self catering.

Cultural activities - The university will also arrange some exchange excursions such as Niagara Falls and attend a baseball game.

Free time - After your time at Nazareth College, volunteers have the option of an addition week of free time in New York. Volunteers must find their own accommodation and will have to fund this part of their trip themselves.

Fundraising

Fundraising for your host organisation is a requirement to being accepted on the project. In addition to the project fees, you also need to fundraise £100 for the host organisation. Many of our previous volunteers have had great success fundraising, and some have continued raising money after returning because they have been so inspired by the work of the organisation. We'll help you with your fundraising and encourage you to work as a group. Your Team Leader will help encourage you, and try to coordinate group activities to help you all reach your targets. Previous fundraising examples include cake sales, abseils, sponsored walks, charity nights and even approaching companies for donations to raffle. We have lots more suggestions and will cover ideas in one of our team meetings, and provide resources for you to use, plus you can look online for other recommendations.

Beyond raising money for the organisation you are volunteering with, fundraising looks fantastic on your CV! It shows prospective employers that you have are confident, have strong marketing and communication skills, can manage events and many other skills.





Each year, to help volunteers with their fundraising targets we organise some events. This year we will be organising a Yorkshire 3 Peak Challenge and a Big Abseil off Portland Building.

Minimum fundraising target: £100

Project Fees

The project fees are £1800 plus £100 Fundraising. However, all volunteers are eligible for our Global Engagement £250 bursary*, which means:

Total FEES payable £1550, *plus* your FUNDRAISING target of £100 = £1650

What **IS** included in your project fees:

- Transport between Leeds Beckett University and a U.K. airport (*based on immediate return*)
- Return flights to volunteering country
- Transport from destination airport to volunteering site
- DBS and Visa checks (if applicable)
- Accommodation whilst volunteering
- Some food (will be confirmed what to expect)
- Travel insurance (subject to eligibility)
- 24-hour support
- Pre-departure training
- Branded Volunteering 1 x hoodie & 2 x t-shirts from LBU and Nazareth College
- Niagara Falls visit & baseball game

What **IS NOT** included:

- Any costs for free-time activities (non-volunteering time)
- Any additional independent travel, food and accommodation costs (e.g. weekend activities, eating elsewhere or sight-seeing costs)
- Personal spending money for free-time (non-volunteering time)
- Vaccinations – Visit www.gov.uk/foreign-travel-advice for details on essential and recommended vaccinations

FEE Payment Deadline £1550 payable

Category	Total Cost (£)
Deposit (<i>non-refundable</i>)	£200
Remaining balance (less deposit) <i>To be paid at least 3 weeks prior to departure</i>	£1350

FUNDRAISING Deadline £100 payable

Minimum donation <i>To be paid at least 3 weeks prior to departure</i>	£100
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Where your money goes:

The largest percentage of your costs is for the long-haul flights and accommodation, which often are around 90% of the total fees. We often pay the money for food and accommodation, plus other associated costs directly to the charity host organisation and they do not make any profit from this money. This covers the cost of you being there, for to ensure you have a place to sleep and food to eat, but you are not paying to volunteer with the organisation.

You do not pay any Leeds Beckett staff costs as part of your fee. The Team Leader gives their time for free (using their personal annual leave) and, in return, their travel expenses are paid by the University. This enables us to try to ensure that you have a safe and enjoyable experience, without worrying about transfers, directions and other logistics.

* **Bursary terms**

In exchange for the Global Engagement bursary, we would like you to submit three photos **and** one of the following within one month of your return to the U.K.:

- a) Blog *written whilst volunteering* (300 word minimum)
- b) Testimonial *when you return* (300 words min) describing the impact the experience has had on you
- c) Vlog (1 minute minimum)
- d) Video edit of your volunteering experience (1 minute minimum)

How to apply

Thank you for your interest! To apply for this international volunteering opportunity, please complete the application by clicking on the Apply Now button on the website or **click here**.

Contact

If you are having any problems please contact volunteering@leedsbeckett.ac.uk / 0113 81 23804

We look forward to hearing from you!