Carnegie Centre of Excellence for Mental Health in Schools

2020 Vision for Mental Health in Schools

Knowledge Exchange

June 26th 2020

McDonald Burlington Hotel, Birmingham
Come to our 4th Annual Knowledge Exchange: a day of dynamic sessions with over a hundred teachers, senior leaders, mental health leads and governor delegates as we bring together expertise and insight from schools, colleges and allied professions based on rich conversations and knowledge exchange.

Explore with us practices that build excellence in your practise in supporting students and staff mental health in schools. Reflect on the conversations we have with colleagues, our discussions that address dilemmas and promote and share good practice.

Leave with a renewed purpose and the potential to enhance mental health in schools through professional dialogue.

Our main stage contributors are:

- **Pooky Knightsmith** (School Mental Health Award Coach and Director of Research, Creative Education)
- **Viv Grant** (Director of Integrity Coaching and member of Carnegie Centre of Excellence for Mental Health in Schools Advisory Board)
- **Ben Levinson** (Headteacher of Kensington Primary School and member of DfE Wellbeing Advisory Board)
- **Krissi Carter** (Headteacher of Burton Borough School)
- **Liz Dawson** (Success Coaching and Lead Coach for School Mental Health Award)

We will also be hearing from young people on their mental health vision

Our roundtable discussions will allow conference participants to join discussions that interest them. Our hosts will draw on their own practical expertise to facilitate a rich discussion. Each discussion will be framed around a different question. Themes include understanding behaviour, Supervision in Schools, Students Coaching Students, Destigmatising conversations: Staff mental health, Embedding attachment and trauma informed practice as a whole school approach.

There will also be an opportunity to attend a masterclass on the following themes: Resilient Strategies for Secondary Schools, Dealing with difficult conversations, the role of the Senior Mental Health Lead and Engaging parents where there children have a mental health challenge

Why attend?

- Implement new approaches to mental health, leading to improved attendance, behaviour and attainment in students.
- Learn effective strategies to build resilience in students and staff.
- Learn from practical examples of student led peer support programmes.
- Learn more about the School Mental Health Award
- Implement new approaches to staff wellbeing
• Learn how Supervision can have an impact on the role of the School Mental Health Lead

We will also celebrate and congratulate Schools who have achieved the School Mental Health Award.

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<thead>
<tr>
<th>Type of Booking</th>
<th>Cost</th>
<th>Please tick</th>
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<tbody>
<tr>
<td>Standard Fee</td>
<td>£150</td>
<td></td>
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<tr>
<td>School Mental Health and Wellbeing Governor Fee</td>
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<td>Other Organisations</td>
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Supervision in Education Conference takes place on the 25.06.20 in Birmingham, please email for a 2 day ticket cost

To Book a place please email Schoolmh@leedsbeckett.ac.uk

or book a place online https://onlinestore.leedsbeckett.ac.uk/conferences-and-events/conferences-events-memberships/events/2020-vision-for-mental-health-in-schools-conferencee