

INAUGURAL
PROFESSORIAL
LECTURE



LEEDS
BECKETT
UNIVERSITY



Professor Sergio Lara-Bercial


**It takes a village to raise
a Sport Coaching Prof -
Building the evidence for
practice-based research**



Inaugural Lecture:

It Takes a Village to Raise a Sport Coaching Prof - Building the Evidence for Practice-Based Research

In his inaugural lecture, Professor Sergio Lara-Bercial will reflect on his journey as an “accidental Prof”, especially on the need for practitioners to have adequate levels of support when transitioning to academic positions. Within this context, Sergio will discuss the research and development work he has conducted over the last two decades across a variety of sport coaching topics and its impact at local, national, and international levels.



Research outputs

Prof Sergio Lara-Bercial – Selected Publications in Chronological Order

- Mallett, C. & Lara-Bercial, S. (In press). Learning from Serial Winning Coaches. Abingdon: Routledge.
- Lara-Bercial, S., & Peña-Garces, M. (In press). Coach development in a Basketball context: Identification and development of youth performance coaches in Spain. In S. Rynne, & C. Mallett (Eds.), THE ROUTLEDGE HANDBOOK of Coach Development in Sport. Routledge.
- Emmonds, S., Till, K., Weaving, D., Burton, A., & Lara-Bercial, S., (accepted). Youth Sport Participation Trends Across Europe: Implications for Policy and Practice. Research Quarterly for Exercise & Sport. 94(1).
- Lara-Bercial, S. & Oehlenschlaeger, J. (2022). AVDANCE Badminton Europe Coaching Curriculum. Brøndby: Badminton Europe
- Lara-Bercial, S., Emmonds, S., Jowett, G., Gledhill, A., McKenna, J., Weaving, D., . . . Burton, A. (2022). Enhancing Youth Sport Participation in the EU: Rates, Motivations, Barriers and Ways Forward: Enhancing Youth Sport Participation in the EU: Rates, Motivations, Barriers and Ways Forward. Leeds: ICOACHKIDS+.
- Lara-Bercial, S., Hodgson, G., North, J., & Schipper-Van Veldhoven, N. (2022). The 10 Golden Principles for Coaching Children: Introducing the ICOACHKIDS Pledge. Forum Kinder- und Jugendsport. doi:[10.1007/s43594-022-00082-9](https://doi.org/10.1007/s43594-022-00082-9)
- Lara-Bercial, S., Jowett, G., Gledhill, A., McKenna, J.,... Schipper-Van Veldhoven, N. (2022). ICOACHKIDS+ Technical Report 2 - Why do children and young people dropout of organised Youth Sport. Leeds: ICOACHKIDS+.
- Sargent-Megicks, B., Lara-Bercial, S., Navarro-Barragan, R., Schipper-Van Veldhoven, N., Balogh, J., Horvath, R., . . . Mitchell, T. (2022). From the Ground Up: Case Studies of Holistic Development Environments in Sport. Leeds: ICOACHKIDS+.
- Sargent-Megicks, B., Lara-Bercial, S., Till, K., Rongen, F., Mitchell, T., Cowburn, I., & Gledhill, A. (2022). Beyond Performance: Guidelines for the Development of Effective Holistic Talent Development Environments: Beyond Performance: Guidelines for the Development of Effective Holistic Talent Development Environments. Leeds: ICOACHKIDS+.
- Rongen, F., Cowburn, I., Lara-Bercial, S., Mitchell, T. & Piggott, D. (2022). Psycho-Social Maturation and the Implications for Coaching Children. In M. Toms & Jeanes, R. (Eds.) Routledge Handbook of Coaching Children in Sport.
- Lara-Bercial, S., Till, K., Mitchell, T., Hodgson, G., O'Leary, D., Sargent-Megicks, B., . . . Rongen, F. (2022). ICOACHKIDS Massive Open Online Course #5 - "Developing Effective Talent Development Environments" STUDY GUIDE. Leeds: ICOACHKIDS+
- Lara-Bercial, S., O'Leary, D., Quinn, S., Emmonds, S., Cowburn, I., Hodgson, G., . . . Brazier, R. (2022). ICOACHKIDS Massive Open Online Course #4 "Maximising Sport Participation and Engagement in Youth Sport" - STUDY GUIDE. Leeds: ICOACHKIDS+
- Lara-Bercial, S., & Calvo, G. (2022). Resumen de buenas practicas en el Mini Basketball: Aprendizajes de la serie de seminaries virtuales FIBA 2021 en español y portugués. Mies: FIBA.
- Hill, M., & Lara-Bercial, S. (2022). Evaluation of UEFA Playmakers: Player Pathways and Transitions. Nyon: UEFA
- Lara-Bercial, S., & Hill, M. (2022). The UK Youth Sport Coaching Workforce Report – Part 1. Leeds: UK Coaching.
- Lara-Bercial, S., & McKenna, J. (2022). Roots to Grow and Wings to Fly: An Ethnography of Psychosocial Development in Adolescent Performance Sport. Sports, 10(4), 48. doi:[10.3390/sports10040048](https://doi.org/10.3390/sports10040048)



Lara-Bercial, S., & McKenna, J. (2022). Looking Back and Looking Around: How Athletes, Parents and Coaches See Psychosocial Development in Adolescent Performance Sport. *Sports*, 10(4), 47. doi:[10.3390/sports10040047](https://doi.org/10.3390/sports10040047)

Lara-Bercial, S., North, J., Bales, J., Petrovic, L., & Calvo, G. (2022). International Council for Coaching Excellence Position Statement: "Professionalisation of Sport Coaching as a Global Process of Continuous Improvement. *International Sport Coaching Journal*. doi:[10.1123/iscj.2021-0097](https://doi.org/10.1123/iscj.2021-0097)

Lara-Bercial, S., & Bales, J. (2022). The challenge of doing coach education and development in the 21st century: Past, present, and future trends. In K. Petry, & J. de Jong (Eds.), *Education in Sport and Physical Activity Future Directions and Global Perspectives* (pp. 11-23). Routledge. doi:[10.4324/9781003002666](https://doi.org/10.4324/9781003002666)

Hill, M., & Lara-Bercial, S. (2022). Evaluation of UEFA Playmakers: Perceptions and experiences of parents, players and coaches. Nyon: UEFA

Moustakas, L., Lara-Bercial, S., North, J., & Calvo, G. (2021). Sport coaching systems in the European union: state of the nations. *International Journal of Sport Policy and Politics*, 14(1), 93-110. doi:[10.1080/19406940.2021.1987291](https://doi.org/10.1080/19406940.2021.1987291)

North, J., Callary, B., Dieffenbach, K., Galatti, L., Lara-Bercial, S., Nash, C., & O'Connor, D. (2021). A Reflection on the State of Sport Coaching Research, Its Community, and Representation: The 2020 International Council for Coaching Excellence Research Committee. *International Sport Coaching Journal*, 1-9. doi:[10.1123/iscj.2021-0041](https://doi.org/10.1123/iscj.2021-0041)

Emmonds, S., Till, K., Weaving, D. & Lara-Bercial, S., (2021). ICOACHKIDS+ Technical Report 1 - Participation Rates in Youth Sport in the European Union. Leeds: ICOACHKIDS+.

Lara-Bercial, S., Bales, J., & North, J. (2021). Coaching around the world: On becoming a profession. In R. Resende, & R. Gomes (Eds.), *Coaching for human development and performance in sports*. Berlin: Springer.

Lara-Bercial, S., & Bales, J. (2020). Core Coaching Skills. In C. Mallett, & D. Gould (Eds.), *Sport Coaches' Handbook*. Champaign, IL: Human Kinetics Publishers.

Lara-Bercial, S., North, J., Calvo, G., Moustakas, L., & Petry, K. (2020). The EU Coaching Landscape Report 2020: The EU Coaching Landscape Report 2020. Leeds: CoachForce21

Calvo, G., Lara-Bercial, S., North, J., & Moustakas, L. (2020). European Coaches Associations Map 2020 Presence and Impact: European Coaches Associations Map 2020 Presence and Impact. Leeds: CoachForce21

Lara-Bercial, S. (2020). Empowering Youth Volunteers Through Sport (EYVOL) - Educational Modules. Seville: EYVOL


Lara-Bercial, S., Smulders, H., & Collins, C. (2020). Enhancing the Employability of Young People in Active Leisure: Enhancing the Employability of Young People in Active Leisure. Brussels: Europe Active.

Lara-Bercial, S., Cujko, A., Jericevic, M., McGeehin, M., & Ulp, K. (2020). Guidelines regarding the minimum requirements in skills and competences for coaches. Brussels: European Commission. doi:[10.2766/69405](https://doi.org/10.2766/69405)

Stride, A., Fitzgerald, H., Brazier, R., Lara-Bercial, S., Staples, M., & Piggott, S. (2019). UEFA PlayMakers Programme Literature Review: Nyon: UEFA.

Lara-Bercial, S., McKenna, J., Till, K., North, J., Emmonds, S., Ogilvie, P., & Mitchell, T. (2019). UEFA Football in Schools Programme: Literature Review. UEFA.

Dohme, L. -C., Rankin-Wright, A. J., & Lara-Bercial, S. (2019). Beyond Knowledge Transfer: The Role of Coach Developers as Motivators for Lifelong Learning. *International Sport Coaching Journal*, 6(3), 317-328. doi:[10.1123/iscj.2019-0034](https://doi.org/10.1123/iscj.2019-0034)



- Abraham, A., North, J., Lyle, J., Lara-Bercial, S., Norris, L., Ashford, M., & Till, K. (2019). Expert, Effective and Ethical Coaching: Finding the Line. UK Sport.
- Lara-Bercial, S., & Bales, J. (2019). International Coach Education and Development: A Case Study. In K. Dieffenbach, & M. Thompson (Eds.), *Coach Education Essentials* (First ed., pp. 209-235). Champaign, IL: Human Kinetics.
- Patterson, L. B., Backhouse, S., & Lara-Bercial, S. (2019). Examining coaches' experiences and opinions of anti-doping education. *International Sport Coaching Journal / ISCJ*, 6(2), 145-159. doi:[10.1123/iscj.2018-0008](https://doi.org/10.1123/iscj.2018-0008)
- North, J., Piggott, D., Lara-Bercial, S., Abraham, A., & Muir, B. (2019). The professionalisation of sport coaching. In R. Thelwell, & M. Dicks (Eds.), *Professional advances in sports coaching: Research and practice* (pp. 3-21). London: Routledge.
- Patterson, L., Backhouse, S., & Lara-Bercial, S. (2018). Provision of Guidance for the Development of a Sustainable, Cooperative and International Anti- Doping Training Programme for High Performance Coaches. World Anti-Doping Agency.
- Lara-Bercial, S., & McKenna, J. (2018). No Coach, No Maximum Gain: The central role of the coach in the deliberate personal development of youth performance athletes. *Revista de Psicologia del Deporte*, 27(3), 50-59.
- Rankin-Wright, A. J., North, J., Lara-Bercial, S., Fix, M., Veldhoven, N., O'Leary, D., . . . Statkeviciene, B. (2017). Audit of the Children's Coaching Workforce in Seven European countries: Audit of the Children's Coaching Workforce in Seven European countries. *iCoachKids*.
- Lara-Bercial, S., North, J., Petrovic, L., Minkhorst, J., Oltmanns, K., & Hamalainen, K. (2017). *The European Sport Coaching Framework*. Champaign, IL: Human Kinetics.
- North, J., Lara-Bercial, S., Rankin-Wright, A. J., Ashford, M., & Whitaker, L. (2016). Player development systems in the performance pathway in four world-leading badminton nations: A literature review and interviews with experts from Indonesia, Korea, Denmark and Spain. Nyon: UEFA
- Lara-Bercial, S., Jimenez, A., Abraham, A., Bales, J., Colmaire, P., Curado, J., . . . Rynne, S. (2016). The International Sport Coaching Bachelor Degree Standards of the International Council for Coaching Excellence. *International Sport Coaching Journal / ISCJ*, 3(3), 344-348. doi:[10.1123/iscj.2016-0085](https://doi.org/10.1123/iscj.2016-0085)
- North, J., Piggott, D., Lyle, J., Lara-Bercial, S., Muir, R., Petrovic, L., . . . Shaw, W. (2016). Research study on the UEFA Coaching Convention: A research report for UEFA. Nyon: UEFA
- Lara-Bercial, S., & Mallett, C. J. (2016). The Practices and Developmental Pathways of Professional and Olympic Serial Winning Coaches. *International Sport Coaching Journal / ISCJ*, 3(3), 221-239. doi:[10.1123/iscj.2016-0083](https://doi.org/10.1123/iscj.2016-0083)
- Mallett, C., & Lara-Bercial, S. (2016). Serial Winning Coaches: People, Vision and Environment. In M. Raab, P. Wylleman, R. Seiler, A. M. Elbe, & A. Hatzigeorgiadis (Eds.), *Sport and Exercise Psychology Research: From Theory to Practice* (pp. 289-322). London: Academic Press (Elsevier). doi:[10.1016/B978-0-12-803634-1.00014-5](https://doi.org/10.1016/B978-0-12-803634-1.00014-5)
- Lara-Bercial, S., Solana-Sanchez, A., & Solana-Sanchez, D. (2016). Athlete and Coach Development in the Sevilla Club de Fútbol Youth Academy: A Values-Based Proposition. *International Sport Coaching Journal / ISCJ*. doi:[10.1123/iscj.2015-0085](https://doi.org/10.1123/iscj.2015-0085)
- Lara-Bercial, S., North, J., Morgan, G., & Rongen, F. (2014). The identification of good practice principles to inform player development and coaching in European youth football - A literature review and expert interviews in Belgium, England, France, Germany, Italy, the Netherlands, and Spain in the performance pathway. Nyon: UEFA.

Biography:

Professor Sergio Lara-Bercial

Professor Sergio Lara-Bercial will reflect on his journey to 'accidental Prof', and the need for practitioners to have adequate levels of support when transitioning into academic positions.

Professor Sergio Lara-Bercial was born in Madrid, Spain at a time of rapid change in the country. He fell in love with basketball early in life and was able to spend a few years in the lower pro-leagues before deciding to take a leap of faith and move to the UK with his high-school sweetheart. Professor Lara-Bercial has been a basketball coach for nearly 30 years at all levels of the sport, from community to senior international and has guided male and female teams to 18 national titles. In the late 2000s Sergio started working for UK Coaching where he met the late Professor Pat Duffy, a life-changing event if there ever was one. Under Professor Duffy's guidance, he moved to Leeds Beckett University in 2011 to support the work of the International Council for Coaching Excellence and complete a PhD.

The ensuing 12 years have been a globe-trotting adventure working with an incredible amount of inspiring people dedicated to the development of sport coaching globally. As a result, Sergio has been involved in a wide range of projects and initiatives and published widely on a variety of coaching-related topics. He is also the co-founder of ICOACHKIDS, a global movement helping coaches put kids first in sport, and consults for multiple high-level organisations such as Nike, UEFA, FIBA, the IOC, and The European Commission.

He lives in Salford with his wife Susana, their two children Luca and Dario and a Yorkshire Terrier named Charlie.

Wednesday 1 March 2023

18:00-19:00

Carnegie School of Sport, Lecture Theatre 1
Headingley Campus

