

WiSEAN CONFERENCE 2025 | 24 - 25 JUNE 2025

**WISER TOGETHER:
VALUING DIVERSITY
AND COLLABORATING
FOR CHANGE
PROGRAMME**

#WiSEANCONFERENCE2025



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 **WiSEAN**
Women in Sport and Exercise Academic Network

CONTENTS | WISEAN 2025 PROGRAMME

WELCOME TO WISER TOGETHER	3	SOCIAL ACTIVITIES PROGRAMME	20
RULES OF ENGAGEMENT	4	LEEDS USEFUL INFORMATION	21
THANK YOU TO OUR SPONSORS	5	STAY HYDRATED, STAY GREEN	22
PROGRAMME TUESDAY 24 JUNE 2025	6	HEADINGLEY CAMPUS & TRAVEL INFORMATION	23
KEYNOTE SPEAKER DR NONHLANHLA MKUMBUZI	8	GROUND FLOOR FIND YOUR WAY	24
KEYNOTE SPEAKER DR STACEY EMMONDS	9	FIRST FLOOR FIND YOUR WAY	25
KEYNOTE SPEAKER DR ALEX CULVIN	10	SECOND FLOOR FIND YOUR WAY	26
PROGRAMME WEDNESDAY 25 JUNE 2025	11	MENU CATERED BY CHEF COLIN OAKLEY	27
ROUND TABLES WITH AFTERNOON TEA	13	FREQUENTLY ASKED QUESTIONS (FAQS)	28
KEYNOTE SPEAKER HARRY MEADLEY	14	FREQUENTLY ASKED QUESTIONS (FAQS)	29
OUR KEYNOTE PANEL SOCIAL ACTIVISM, SPORTING FUTURES AND ASPIRATIONS	15	ORGANISING COMMITTEE WISER TOGETHER 2025	30
KEYNOTE SPEAKER LESLEY MCKENNA	16	THE WISEAN 2025 CONFERENCE	31
KEYNOTE SPEAKER SHRUTI SAUJANI	17		
KEYNOTE SPEAKER TESS HOWARD	18		
POSTER PRESENTATIONS	19		



WELCOME TO WISER TOGETHER

Dear WiSEAN delegates,

Welcome to Leeds Beckett University's [Carnegie School of Sport](#). Here, at our Headingley campus we have been delivering sports courses for just over 90 years. From its early origins as a male only college for trainee PE teachers we have continued to grow and diversify. Our school now welcomes students from around the globe and is a target destination for many UK students. Our courses too are diverse, from sport business, sport coaching, nutrition, and sports marketing to physical education, sport psychology and sport and exercise science.

It was this diversity that inspired the conference theme for **WiSEAN 2025 | WISER Together: Valuing Diversity and Collaborating for Change**. The theme acknowledges that by collectively coming together to share a diversity of knowledge, a range of contemporary challenges and societal concerns regarding women in sport and exercise can be grappled with and possible solutions identified.

We have considered diversity throughout the conference in a number of ways: the abstracts chosen, the presentation formats, keynote speakers, and the social activities on offer. With a focus on women in sport and exercise across different contexts, from grassroots participation through to high performance settings, and drawing on a variety of disciplines including sociology, psychology, physiology, coaching, nutrition, sport performance, sport leadership, and sport management we invite you all to join us in collaborating for change.

We hope you enjoy the conference

From Annette (Chair) and the organising committee

#WiSEANCONFERENCE2025



RULES OF ENGAGEMENT

As participants of WiSER Together 2025, we commit to creating an inclusive, respectful, and intellectually vibrant environment that reflects the core values of the conference theme: **Valuing diversity and collaborating for change**. These Rules of Engagement are designed to support meaningful dialogue, foster collaboration, and ensure a welcoming space for all.

1. RESPECT DIVERSITY AND LIVED EXPERIENCE

- Honour the diverse backgrounds, identities, and perspectives of all participants.
- Listen actively and empathetically, especially to voices from historically underrepresented or marginalised groups.
- Avoid assumptions—seek understanding before critique.

2. ENGAGE CONSTRUCTIVELY

- Share ideas in a spirit of mutual respect and curiosity.
- Critique ideas, not individuals. Challenge with kindness and back up disagreements with evidence or experience.
- Promote dialogue over debate—aim for shared understanding and growth.

3. BE INCLUSIVE AND ACCESSIBLE

- Use inclusive language and accessible communication styles.
- Encourage participation from all attendees, including early-career researchers and practitioners from varied disciplines and sectors.
- Consider how your contributions—whether spoken or written—might be interpreted by diverse audiences.

4. SUPPORT COLLABORATION

- Look for opportunities to connect across disciplines and contexts.
- Acknowledge and credit others' contributions in all forms of exchange.
- Be open to learning, adapting, and co-creating new knowledge and practices.

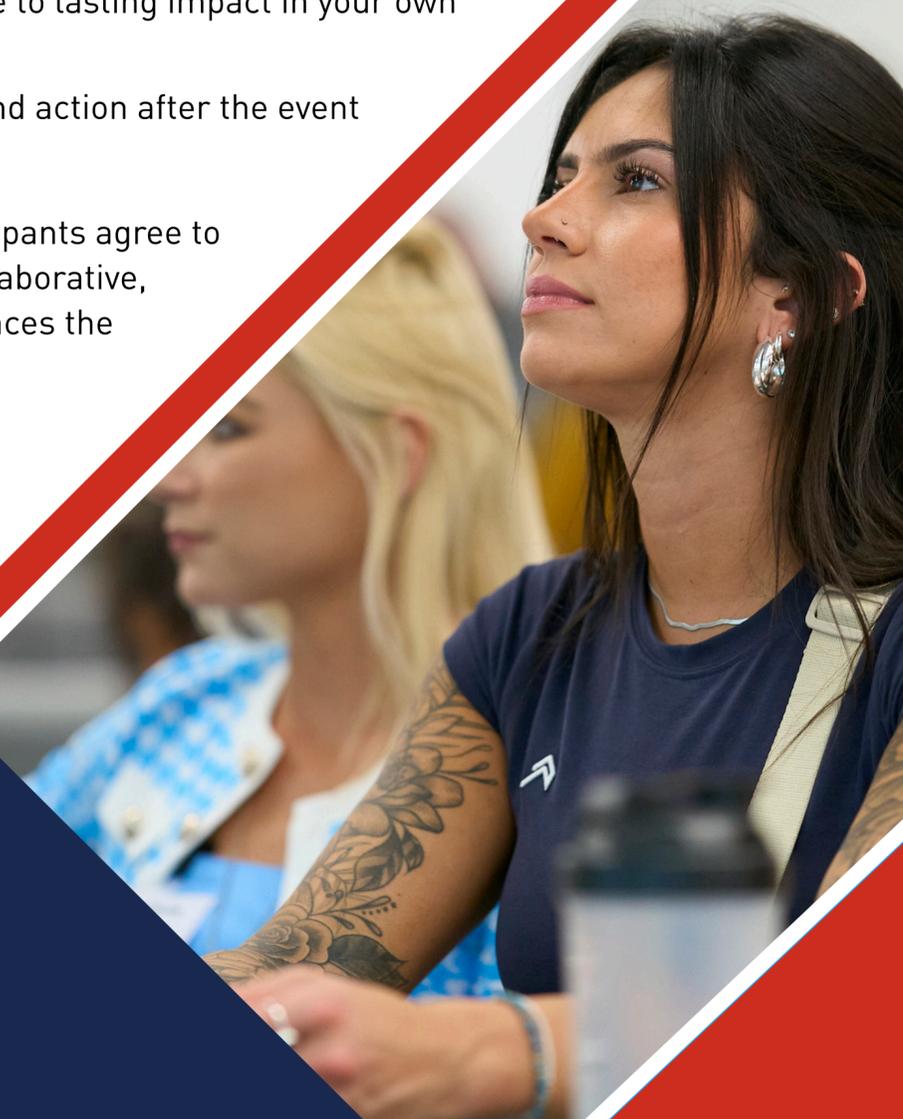
5. CREATE A SAFE AND SUPPORTIVE ENVIRONMENT

- Harassment, discrimination, and disrespectful behaviour will not be tolerated.
- Respect confidentiality where requested or appropriate.
- Speak up or seek support if you witness or experience behaviour that goes against these rules—conference organisers will provide clear support mechanisms.

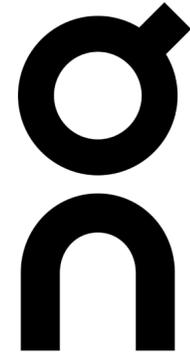
6. FOSTER ENGAGEMENT BEYOND THE CONFERENCE

- Share learnings and insights from the conference responsibly, crediting original contributors.
- Consider how your learning can contribute to lasting impact in your own context.
- Continue conversations, collaborations, and action after the event to extend the conference legacy.

By attending the WiSEAN Conference, all participants agree to these rules. Let's work together to create a collaborative, inclusive and forward-thinking space that advances the role of women in sport and exercise.



THANK YOU TO OUR SPONSORS



PROGRAMME | TUESDAY 24 JUNE 2025

08:30	REGISTRATION AND RECEPTION BREAKFAST  Carnegie School of Sport building, Atrium
09:15	Transition
09:30	OPENING OF CONFERENCE  Lucy Bronze (LT1) → Message from Tracy Brabin, Mayor of West Yorkshire → Professor Sue Backhouse, Director of Research and Knowledge Exchange → WiSEAN committee
10:15	KEYNOTE 1  Lucy Bronze (LT1) Equity, diversity and inclusion in sports and exercise medicine - The case for intersectionality by Dr Nonhlanhla Mkumbuzi (<i>Northumbria University</i>)
11:15	Transition
11:25	<u>PARALLEL SESSIONS</u> SYMPOSIUM CHAIRED BY ZULEIKHA CHIKH  Lucy Bronze (LT1) → Diversity in Proximity: Reflections of Racialised Minority Women on Positionality, Reflexivity, and Power in Sports Leadership Research by Zuleikha Chikh, Kiki Christofi & Betty Bellamy BODIES AND BELONGING: INDIVIDUAL ORAL PRESENTATIONS  Kadeena Cox (LT2) → Empowered or Judged? Exploring Women's Body Image in Gym Spaces by Kat Schneider, Emma Cowley & Aline Tinoco → Spot Me: Uncovering Experiences of Body Talk Between Personal Trainers and their Women Clients by Phoebe Gray, Megan Hurst, Thomas Ormerod & Eleanor Miles → The Influence of Women Only Rock Climbing Spaces on Women's Self-Identity Development: Fostering Authenticity, Belonging, and Self-Rediscovery by Sophie Unsworth → Yes, Still Talking About This! Body Politics, Agency and Embodiment Practices in Women's Sport by Kate Russell WOMEN IN COACHING 1: INDIVIDUAL ORAL PRESENTATIONS  Sam Quek (LT5) → Investigating community of practice as a learning and social support for women coaches in football by Céline Plée, Thierry Middleton, Alessandro Quartiroli & Chris Wagstaff → Gender equity in and women's experiences of sport coaching: An overview of the literature and introducing the UK Women in Coaching National Taskforce by Jonathan Allen, Leanne Norman, Annette Stride, Marina McGoldrick, Tanya Martin & Ciara Grogan

→ **Empowering Orientations: The Experiences and Professional Development of Lesbian Coaches in Spain**
 by Judith Solanas Sánchez, Dillon Landi, Ingrid Hinojosa-Alcalde, Susanna Soler & Anna Vilanova

→ **Equality, not equity: Equestrian women coaches' gendered experiences in high-performance coaching within a gender-integrated sport** by Rachael Bullingham, Nicola McLeish, Rory Magrath & Pauline Williams

12:25 Transition

12:35 **LUNCH & POSTER PRESENTATIONS** |  Atrium

13:30 Transition

13:40 **PARALLEL SESSIONS**

PRACTICAL |  Laura Weightman, Indoor Athletics Track

→ **'Learning and staying safe' with Contact Confident: Using judo principles for safer rugby inspired by women**
 by Anna Stodter & Katrina McDonald

SYMPOSIUM CHAIRED BY KAY CROSSELEY |  Lucy Bronze (LT1)

→ **Injury prevention for women and girls: A how-to guide from co-design to scale up** by Brooke Patterson, Andrea Bruder, Dr Sallie Cowan & Melissa Haberfield

SYMPOSIUM CHAIRED BY NICOLA BROWN |  Kadeena Cox (LT2)

→ **One Million Bounces Later: Advancing Breast Health Research in Sport** by Nicola Brown, Nichola Renwick & Jenny Burbage

SYMPOSIUM CHAIRED BY BRYNA CHRISMAS |  Dee Caffari (LT4)

→ **Protecting Players and Stakeholders Across All Codes of Women's Football: An Interdisciplinary Exploration of Heat, Equipment, Menstrual Health, and Policy** by Bryna Christmas, Nonhlanhla Mkumbuzi, Rebecca Grant & Verity Postlethwaite

SYMPOSIUM CHAIRED BY EMMA RICHARDSON |  Sam Quek (LT5)

→ **"This is Baffling, and my Brain is Vibrating!": What the Heck is Intersectionality?** by Emma Richardson, Helen Black, Kate Marks & Jonny Allen

14:40 Transition

PROGRAMME | TUESDAY 24 JUNE 2025 (CONTINUED)

- 14:50 **KEYNOTE 2** | 📍 Lucy Bronze (LT1)
Project ACL - Increasing Player Availability Through the Reduction of ACL Injury
 Dr Stacey Emmonds (Leeds Beckett University, Physical Performance Coach for England Women's Youth National Teams, UEFA Fitness for Football Advisory Board Member) & Dr Alex Culvin (Director Global Policy and Strategic Relations, Women's Football, FIFPRO)
-
- 15:50 Transition
-
- 16:00 **PARALLEL SESSIONS**
- SYMPOSIUM CHAIRED BY JAMIE CROWTHER** | 📍 Lucy Bronze (LT1)
 → **Empowering female participation in physical activity through innovation, leadership and culture** by Jamie Crowther, Tiko Itsiko, Marie Fraser, Mariam Fargin (on behalf of Jennifer Hall), Fallon Parker & Rifat Razaq
- WOMEN IN COACHING 1: INDIVIDUAL ORAL PRESENTATIONS** | 📍 Kadeena Cox (LT2)
 → **Coaching Girls: An evidence-based and evaluated approach** by Nicole M. LaVoi, Anna Goorevich & Kat Schneider
 → **Challenges and Support for Women High Performance Football Coaches in Africa** by Emmanuel Aboagye
 → **"Advantage Male" Elite University Tennis Players' Views on Working with Female Tennis Coaches** by Dearbhaile Roe & Sophia Jowett
 → **Moving forward with female coaching careers across European football** by Matheus Galdino
- INJURY SURVEILLANCE AND SCREENING: INDIVIDUAL ORAL PRESENTATIONS** | 📍 Sam Quek (LT5)
 → **Determinants of maturation on Anterior Cruciate Ligament injury risk and factors underpinning training for mitigating injury risk in female youth football** by Jon Bell, Chris Brogden, Matt Grieg & Steven Ross
 → **'The Hidden Cost of the Game': Breast Injury and Breast Pain in U18 International Female Rugby Players** by Eloise Kirby, Melissa Jones, Seren Evans, Vicky Gottwald & Julian Owen
 → **Investigating Head Impact Dynamics in University Women's Rugby: Insights from an Instrumented Mouthguard Study** by Will Robinson, Gemma Robinson, Anna Stodter, Genevieve Williams, Izzy Moore, Mark White, Kelly Mackintosh, Melitta McNarry, Natalie Brown, Olga Roldan-Reyolo & Elisabeth Williams
 → **Establishing normative ranges for Bone Mineral Density outcomes in female team sport athletes** by Sarah Chantler, Lois Mackay, Lucy Chesson, Josh Darrall-Jones, Pete Alway, Thamindu Wedatilake, Marina Alexander & Rowena Johnson

- 17:00 **CLOSE OF DAY AND SOCIAL EVENT ANNOUNCEMENT** | 📍 Lucy Bronze (LT1)
-
- 17:30 **ACTIVITIES FOR THOSE WANTING TO WIND DOWN AT THE END OF THE DAY**
 Full information on [social activities page](#)
 → **Strength & conditioning - Whether a beginner or experienced** | 📍 Emily Campbell (CSS S&C suite)
 → **Engage in dance exercises** | 📍 Emily Scarratt Studio (CSS 119)
 → **Walk with Fireside Chats and Snacks** | 📍 Meet CSS reception
 → **Running** | 📍 Meet CSS reception
-
- 19:30 **CONFERENCE SOCIAL AND FOOD** | 📍 Atrium
Come and join us for music, good food and take part in our Owlympics





KEYNOTE SPEAKER | DR NONHLANHLA MKUMBUZI

Lecturer, Northumbria University

PROUDEST ACHIEVEMENT | Noe's proudest achievement was presenting a keynote at the FIFA Women's World Cup 2023.

Nonhlanhla (Noe) is a sports clinician, researcher, and consultant for FIFA's Women's Football Department and the Confederation of African Football (CAF). Her academic work is in marginalised athletes such as women and girls of colour, and those from low- and middle-income settings such as in Africa. Her research focuses on the intersection of biology, race, gender, society and culture, and economics in athletic participation, performance, injury rehabilitation, and sports medicine policy.

"For me WiSER Together means going beyond diversity, and fostering true inclusion in sports and exercise sciences."

KEYNOTE | Equity, diversity and inclusion in sports and exercise medicine:
The case for intersectionality

In her talk, Noe will highlight how an intersectional approach to research in sports and exercise sciences promotes equity, diversity, and inclusion of the most marginalised in sports practice. Noe will provide practical considerations for including marginalised groups throughout the research process: from conceptualisation of research studies, study designs, and dissemination of research outputs.

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KEYNOTE SPEAKER | DR STACEY EMMONDS

Reader in Sports Performance at Leeds Beckett University, Physical Performance Coach for England Women's Youth National Teams and UEFA Fitness for Football Advisory Board Member.

PROUDEST ACHIEVEMENT | "I'm proud and grateful for the many different opportunities football has provided."

Stacey has extensive experience of working with professional sports teams, governing bodies and policy makers on consultancy and research projects. She has published over 50 research articles, book chapters and conference presentations in relation to sports performance and particularly women's football. Alongside her research role, she works as a physical performance coach with the England women youth football teams as well as being an invited member of the UEFA Fitness for Football advisory board.

"We believe we can be WiSER together in the way we translate knowledge and research into practical action, empowering individuals and organizations to innovate, adapt, grow and drive change."

KEYNOTE | Project ACL: Increasing Player Availability Through the Reduction of ACL Injury.

This presentation will outline the aims of Project ACL, which aims to increase player availability through the reduction of ACL injuries. This project seeks to address the lack of research in this area and contribute to meaningful change to professional women footballers in England, and beyond.

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KEYNOTE SPEAKER | DR ALEX CULVIN

Director Global Policy and Strategic Relations, Women's Football, FIFPRO

PROUDEST ACHIEVEMENT | "I'm proud and grateful for the many different opportunities football has provided."

Dr Alex Culvin works as the Director of Global Policy and Strategic Relations in Women's Football for FIFPRO the global union of professional footballers. Alex's PhD was the first to examine football as work for women in England, focusing on employment policy and workplace conditions. Alex is a former professional footballer.

"We believe we can be WiSER together in the way we translate knowledge and research into practical action, empowering individuals and organizations to innovate, adapt, grow and drive change."

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PROGRAMME | WEDNESDAY 25 JUNE 2025

08:00 KICK START YOUR DAY

Full information on [social activities page](#)

- **Strength & conditioning - Whether a beginner or experienced** |  Emily Campbell (CSS S&C suite)
- **Boxing - Come and learn the basics of boxing and let off some steam** |  Emily Scarratt Studio (CSS 119)
- **Running** |  Meet CSS reception

08:15 REGISTRATION AND RECEPTION BREAKFAST | Carnegie School of Sport building (Atrium)

09:00 KEYNOTE 3 | Lucy Bronze (LT1)

Artistic Allyship in the Strategic Entitlement of Marginalised Gender Skateboarders
Harry Meadley (*Leeds Beckett University*)

10:00 Transition

10:10 PARALLEL SESSIONS

SYMPOSIUM CHAIRED BY SCARLETT DRURY | Lucy Bronze (LT1)

→ **Researching transgender inclusion in sports policy: Navigating the 'safety, fairness, inclusion' debate**
by Scarlett Drury, Rachael Bullingham, Seema Patel & Molly Byrne

LEADERSHIP AND CAREERS: INDIVIDUAL ORAL PRESENTATIONS | Kadeena Cox (LT2)

- **Who Gets to Lead? Moving Beyond Superficial Representation Towards Justice Based Inclusion in Young Female Physical Activity Leadership** by Jamie Crowther & Jennifer Hall
- **Invisible Sportswomen: Bias, Parenthood, and the Fight for Equity in Academia** by Emma Cowley, Kate Marks, Sam Moore, Alyssa Olenick, Abbie Smith-Ryan & Kelly McNulty
- **Balancing Gender Equity in Sports Business: Permeating Scholarship, Higher Education and Industry** by Hanya Pielichaty
- **The 'raced' and gendered experiences of racialised minority women participating in sport leadership development programmes in the UK** by Zuleikha Chikh

FROM MENSTRUATION TO MENOPAUSE: INDIVIDUAL ORAL PRESENTATIONS | Sam Quek (LT5)

- **Menopause and Walking Football: A Qualitative Investigation** by Laura Wallace
- **Menopause and equestrian sport: Exploring the impact of the menopause on female equestrian athletes** by Nichola Kentzer, Rosanna Walters-Symons, Katheryn Edwards & Hazel Bending
- **Blood & Pain: Menstrual Health Experiences, Choices, and Knowledges of Intercollegiate Athletes** by Anna Goorevich
- **Lazy labels and untellable stories: Athletes' experiences of severe menstruation and associated mental ill-health** by Emma Quinn, Anthony Papatthomas & Emma O'Donnel

11:10 Transition

11:20 PARALLEL SESSIONS

PRACTICAL | Laura Weightman, Indoor Athletics Track

→ **Promoting positive body image in sport and exercise contexts: A practical showcase** by Megan Hurst & Phoebe Gray

SYMPOSIUM CHAIRED BY JOANNE PARSONS | Lucy Bronze (LT1)

→ **Unravelling gendered environmental pathways to sports injury: Theory to research to practice** by Joanne Parsons & Stephanie E Coen

SYMPOSIUM CHAIRED BY KAY CROSSLEY | Kadeena Cox (LT2)

→ **Be the change for women working in sport and science (the time is now)** by Sallie Cowan, Brooke Patterson, Melissa Haberfield, Andrea Bruder & Kay Crossley

SYMPOSIUM CHAIRED BY KRISTIN MCGINTY-MINISTER | Dee Caffari (LT4)

→ **Levelling the Playing Field Together: Mapping Intersectionality and Privilege in Sport and Academia** by Kristin McGinty-Minister, Laura Swettenham & Mary Fitzgerald

SYMPOSIUM CHAIRED BY THEOCHARIS ISPOGLOU | Sam Quek (LT5)

→ **'Understanding the impact of physical activity, resistance training and workplace experiences of women at peri and menopause life stages'** by Lauren Owen, Nova Deighton-Smith (on behalf of Marie Gwynbleidd), Allie Welsh & Niki Kyriakidou

12:20 Transition

PROGRAMME | WEDNESDAY 25 JUNE 2025

12:30 LUNCH & POSTER PRESENTATIONS |  Atrium

13:15 Transition

13:25 **ROUND TABLES WITH AFTERNOON TEA** |  The Sarah Storey, Acre Room, James Graham Building

JOIN A THEMED DISCUSSION TABLE AND  SEE THE NEXT PAGE (13) FOR MORE INFORMATION:

→ **MENSTRUATION**

→ **BREAST HEALTH**

→ **BARRIERS AND EXPERIENCES**

→ **MOVING FORWARDS**

→ **TREATMENT AND RETURN TO SPORT AND ACTIVITY**

→ **INTERSECTIONALITY**

14:25 Transition

14:40 **KEYNOTE PANEL** |  Lucy Bronze (LT1)

Social activism, sporting futures and aspirations

→ **Shruti Saujani** (*Equality, Diversity and Inclusion Senior Lead at The Football Association*)

→ **Lesley McKenna** (*Olympian, PhD researcher, Coach Developer, Co-owner Wandering Workshops*)

→ **Tess Howard** (*Olympian, Great Britain Hockey Player, Founder & Director of Inclusive Sportswear CIC*)

15:40 **CLOSE OF CONFERENCE** |  Lucy Bronze (LT1)

→ **WiSEAN committee**

→ **Prizes and awards**

→ **Announcement for WiSEAN 2026**

 FIND YOUR WAY | MATCH YOUR LOCATION PIN WITH THE FLOOR PLANS



ROUND TABLES | WITH AFTERNOON TEA

 The Sarah Storey, Acre Room, James Graham Building

MENSTRUATION

- **Period of Activity: Understanding how adolescents' experience of menstruation affects physical activity** by Lisa Ruggles, Helen Clegg & Jenna Gillett
- **Perceptions of parental support for menstrual cycle or menstrual cycle-related issues in sports during adolescence** by Madhuparna Bhattacharya
- **Exploration of motor and cognitive performance across menstrual phases for female athletes** by Kylie Steel, Piyushan Gunawardhana, Daniella Janji, Gabrielle Weidemann, Mike Armour & Bryna Christmas
- **The Menstrual Cycle: Barriers to football and rugby participation, with interventions to maximise perceived sporting performance and participation** by Lydia Shale

BREAST HEALTH

- **Investigating the performance of maternity/nursing sports bras** by Katie Reeves, Jon Wheat, Hannah Divall & Katy Griggs
- **'How much do they know? Perspectives of players and coaches on breast health issues in women's Rugby'** by Kilian Bibby, Ian Kenny, Róisín Cahalan, Lauren Guilfoyle & Tom Comyns
- **The Impact of Breast Shape on Motion and Support During Movement** by Lauren Holmes, Rebecca Grant & Andy Harland
- **The Effect of Isolated Athletic Movements on Supported Breast Dynamics and Perception Across Breast Sizes** by Bahira El Mantawi, Rebecca Grant, Iola Ryland, Rebecca Mumford, Emilia Stonebanks, Adrien Bleger, Andreas Economides & Henry Hanson

BARRIERS AND EXPERIENCES

- **Closing the gender gap: tackling the underrepresentation of women in triathlon** by Juliette Westbrook, Sophie Power & Bianca Fernandez-Clark
- **'Barriers and Facilitators to Participation in Women and Girl's rugby'** by Kirsten Flower, Camilla Knight, Mark Waldron & Thomas Love
- **Women's leadership in sport in small island developing states: Trinidad and Tobago** by Amara Felix-Toussaint
- **Exploring the Lived Experiences & Needs of Black girls in Sport** by Women in Sport

MOVING FORWARDS

- **Disability inclusion: Shaping accessible practice** by Alissa Nehrlich
- **Empowering Women: An Environmental Approach to Unveiling Barriers and Promoting Equity in Sport, Physical Activity and Health** by Hannah Campbell
- **Menstrual Cycle Monitoring in Sport: Athlete Practices and Perceptions** by Avital Prais, Lewis Gough & Annalise Weckesser
- **Perfectionism and sexism in sport** by Tracy Donachie

TREATMENT AND RETURN TO SPORT AND ACTIVITY

- **Considerations for a rehabilitation program to enhance women's outcomes following anterior cruciate ligament reconstruction: A concept mapping approach** by Melissa J Haberfield, Alex Donaldson, Kay M Crossley Kay, Brooke E Patterson, Jackie L Whittaker, Adam G Culvenor, Sonika Balyan, Yana Dellavedova, Jaye Dickinson, Jacqueline Gurr, Lauren Graham, Tali Ryan-Atwood & Andrea M Bruder
- **"It sounds silly, but as a woman..." Recovery experiences after Anterior Cruciate Ligament (ACL) injury differ by gender. A qualitative analysis** by Andrea Bruder, Kay Crossley, Adam Culvenor, Sean Kaplan, Kirsty Forsdike, Melissa Haberfield, Christian Barton & Thomas West
- **A retrospective self-reported audit of injuries amongst female Grappling athletes competing in Great Britain** by Jon Bell, Eleanor Travis, Matt Duke, Mark Johnso & Ashley Jones
- **Dancing Beyond PeriNatal Health Guidelines in collaboration with The English National Ballet** by Rachael Kuik

INTERSECTIONALITY

- **Physical Activity Experiences of Disabled Women with Multiple-Marginalised Identities** by Helen Black
- **Girls' Grassroots Football in England and the Intersection of Race, Ethnicity, and Gender: Insights from Community Members and Collaborators** by Glory Ejike
- **Exploring the intersection of multiple marginalised social identities and their impact on the experiences of women in esports** by Stacie Gray
- **'The Master's Clubhouse': An intersectional approach to women's* experiences of power in rugby leadership roles** by Kate Marks

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KEYNOTE SPEAKER | HARRY MEADLEY

Senior Lecturer in Fine Art, Leeds School of Arts, Leeds Beckett University

PROUDEST ACHIEVEMENT | I'm not sure what my proudest achievement is, but I'm incredibly proud and honoured to be invited to talk at the WiSEAN conference.

Harry is an artist, researcher and skateboarder based in Leeds, UK, who initiates projects that through inclusion, participation and co-production seeks to reclaim and reappropriate civic space. From municipal art galleries, universities, city centres to remote locations, Meadley's socially engaged artistic practice aims to question not just the structures of power within society but of artistic production itself.

"I believe not only in the power of socially engaged art making but in socially engaged research too – the best way to learn is to learn from one another."

KEYNOTE | Artistic Allyship in the Strategic Entitlement of Marginalised Gender Skateboarders

Harry will discuss the project Civic Skateboarding developed and delivered as part of the Leeds 2023 Year of Culture. This co-created mini-festival and socially engaged artwork utilised a system of partnership and relationship building between cultural institutions and the female and marginalised gender skateboard community who are disproportionately affected by a lack of safety in public space. Through working with the skateboard community and aligning them with the community engagement remit of local arts organisations, this effort sought to engender a broader dialogue about the exclusions many female and marginalised gender skaters face within both urban spaces and skateboarding itself.

Featuring excerpts from the accompanying documentary film *Where Do You Want Us?* (Dir. Harry Meadley & Sarah Oglesby) this keynote will shed light on an often-overlooked community who face extensive barriers to pursuing the sport that they love.



OUR KEYNOTE PANEL | SOCIAL ACTIVISM, SPORTING FUTURES AND ASPIRATIONS

Our keynote panel session will draw on the expertise of **Shruti Saujani**, **Lesley McKenna** and **Tess Howard** to consider the progress we have seen in women's sport over the last decade.

They will share some of their work to instigate change and further issues of social justice in sporting spaces. The panel will offer their thoughts for the future of women's sport and their personal and professional aspirations. This session will welcome questions from the audience.

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KEYNOTE SPEAKER | LESLEY McKENNA

Olympian, PhD researcher, Coach Developer, Co-owner of Wandering Workshops

PROUDEST ACHIEVEMENT | Being a mum.

Lesley is a 3 times Olympian Snowboarder, Snowboard coach and backcountry guide, Coach Developer and PhD researcher. Her different strands of work and experience cover sport in many different guises from Olympic Sport to community sport and using sport to help connect people to themselves, each other and to nature. Her research sits broadly under Ethics in High Performance Sport and investigates the comparison between action sports like snowboarding, skateboarding and surfing and those more traditional Olympic sports like rowing, cycling and gymnastics. Lesley is the co-owner of Wandering Workshops CIC set up to make the outdoor sports space more accessible for as many people as possible. Outside of work Lesley enjoys spending time outdoors exploring and having fun with family and friends.

“In order to learn things and evolve in the world it is hugely advantageous, if not essential, that we are able to collaborate and just as important that we are able to do so with people who have different experiences and backgrounds to our own

In these times of crisis and difficult challenges these two things, collaboration and diversity, sit at the centre of our ability to live sustainable lives and build sustainable societies. “

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KEYNOTE SPEAKER | SHRUTI SAUJANI

Equality, Diversity and Inclusion (EDI) Senior Lead (The Football Association, Education)

PROUDEST ACHIEVEMENT | "Has been empowering and inspiring more women like me to step into the world of sports; whether through working, volunteering, or coaching in football and cricket. Seeing more women break barriers and make their mark fuels my passion to keep pushing for change!"

Shruti is super passionate in ensuring sports is for all and has worked towards creating a more equal playing ground in sports through the range of work she has undertaken. Her energy and drive has led her to become a trustee with 'Miss Kicks Foundation' and 'Cricket Builds Hope' as well as having appeared speaking on the BBC and Sky.

Recognised as a 'Sports Industry Next Gen Leader' in 2021, Shruti has grown and developed her leadership skills in diverse commercial roles and continues to bring culture change across the sports industry. Having created positive changes whilst at the ECB her current role at the Football Association allows her to focus on all aspects of EDI to develop the sport further to be more inclusive.

"An incredible opportunity to connect with passionate, like-minded individuals who are driving change and redefining the future of women in sports. Together, we'll learn, inspire, and take bold steps toward a more inclusive and impactful sporting landscape worldwide!"

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KEYNOTE SPEAKER | TESS HOWARD

Olympian, Great Britain Hockey Player, Founder & Director of Inclusive Sportswear CIC

PROUDEST ACHIEVEMENT | Wearing shorts at the Olympics in Paris 2024 alongside my teammates & overcoming my ACL injury.

Tess is a current Team GB Olympian and Great Britain hockey player with over 100 caps for her country, and a Commonwealth Gold Medal. Over the past three years, she successfully campaigned to change national and international hockey uniform policies to allow players choice to wear shorts and skorts in the same team, a ground-breaking move evolving hockey tradition on the biggest Olympic stage. Her published University research on the impact of gendered sport uniforms on girls' participation in sport gained national and international media coverage in 2023, leading her to win The Sunday Times Sportswoman of the Year Changemaker Award. To tackle the systemic issue of discriminatory sports kit practices, she launched Inclusive Sportswear CIC, an education, advocacy and standard-certifying organisation leading the movement for policy based on choice and inclusion.

"It is important to continue researching our society to create change and strive for excellence in both academia and athletics. They go hand-in-hand."

WISER TOGETHER 2025 | #WISEANCONFERENCE2025



POSTER PRESENTATIONS | ATRIUM

STAFFED BY RESEARCHERS OVER LUNCH

A scoping review of strategies to enhance adherence and affective response of resistance training among females

Akanksha Arora, Matthew Barlow, Meghan Brown, Luke Aldrich & Theocharis Ispoglou

'Exploring Muslim women's experiences as sports spectators: A halal tourism perspective'

Fatin Nabilah Azren

"Perceptions of parental support for menstrual cycle or menstrual cycle-related issues in sports during adolescence"

Madhuparna Bhattacharya

Prevalence of Relative Energy Deficiency in Sport (REDs) and Low Energy Availability (LEA) in Elite Adult Female Team Ball Sport Athletes

Tabitha Billingham, Tom Comyns, Catherine Norton, Giles Warrington & Ian Kenny

Women's specific health factors in community level Australian football players

Sallie Cowan, Kay Crossley, Mick Girdwood, Matt King, Andrea Mosler, Andrea Bruder, Melissa Haberfield, Sarah Lampard, Eliza Roughead, Libby Gracias, Diedre McGhee, Daniel Friedman & Brooke Patterson

Game Over Shame: A feasibility study protocol for an intervention targeting girls' sport coaches to address weight bias and diet culture in sport and physical activity settings

Mckenzie Dow

Socio-ecological predictors of physical activity in women during pregnancy and up to 1 year postpartum: A scoping review

Kimberley Farrugia, Martyn Standage, Richard Pulsford & Peter Rouse

Defining Golf Performance from Female Golfer Perspectives

Lindsey Legg

'Experience of the menopause transition in Irish women and how it impacts motivators, facilitators, and barriers to physical activity engagement'

Kelly Lee McNulty, Aoife Lane, Rosarie Kealy and Patricia Heavy

Feasibility, acceptability and effectiveness of a lifestyle program for perimenopause: A pilot study'

Kelly Lee McNulty, Aoife Lane, Annalouise Muldoon, Rosarie Kealy, Michael Harrison, John Windle & Patricia Heavey

Evolving Demands of Women and Girls' Footwear for Physical Activity, Exercise and Sport: A Life Course Perspective

Aimee Mears

Changes in physical activity and breast-related factors during and after pregnancy

Katie Reeves, Ruth James & Katy E Griggs

Comparing 17- β -Estradiol and Progesterone Concentrations in Young, Physically Active Females: Insights from Plasma vs. Serum Analysis

Samantha Rowland, Mariasole Da Boit, Rachel Tan, Liam Heaney & Stephen Bailey

An Investigation into (Dis)Embodied Experience in the W(NBA) and NBA G-League Metaverse: A Woman's Journey Through Digital Sporting Worlds

Nurhanis Binti Abdullah Sani

The Menstrual Cycle: Barriers to football and rugby participation, with interventions to maximise perceived sporting performance and participation

Lydia Shale

The time-motion characteristics of international Female Flag Football match-play during the 2024 World Championships

Eleanor Travis & James Parmely

Kinematics of Crashing: Sex Disparities and Mechanistic Insights into Brain Injury Risks in Elite Track Cycling

Elisabeth Williams & Elis Pryse

Are we throwing the baby out with the doubly labelled water?

Philip Woodbridge

Mapping Opportunities for Girls in Sport

Women in Sport

The Effect of Exercise Snacking on Blood Glucose Control: A Methodological Approach to Uncover Associated Mechanisms

Bethany Rumbellow, Kierat Gidda, Linsey King, Costas Tsakirides, Oliver Wilson & Deaglan McCullough

SOCIAL ACTIVITIES | PROGRAMME

MONDAY 23RD JUNE

19:00-21:00 | HEART Headingley

EVENING PRE-CONFERENCE SOCIAL

This evening social is an informal chance to meet other conference participants, socialise, and experience a local community venue before the conference kicks off. Various drink and food options will be available for purchase. Plus there is a lovely outdoor space if the weather is good! Check out the venue website: HEART Centre Leeds – Headingley Enterprise and Arts Centre

For accessibility information please follow this link: [Accessibility – HEART Centre Leeds](#)

TUESDAY 24TH JUNE

19:30 |  Atrium

EVENING CONFERENCE SOCIAL

This evening event will be the main conference social. Taking place in the Carnegie School of Sport Atrium you will enjoy a delicious buffet dinner, music provided by DJ Dan, and a chance to try out (or compete with each other!) in some accessible games, including Boccia and Kurling. So come and join us for good food, music, and games!

WIND DOWN OR KICK START YOUR DAY

Join us in any of the following activities

BOTH DAYS |  Emily Campbell (CSS S&C suite)

STRENGTH & CONDITIONING - WHETHER A BEGINNER OR EXPERIENCED

17:30 | Tuesday 24th June

08:00 | Wednesday 25th June

Join Ffion Thompson & Leanne Livsey for an energising and interactive team-structured class designed to challenge and strengthen your entire body. This dynamic session will keep you motivated while improving fitness, endurance, and overall well-being.

For those who prefer a self-paced workout, the gym will also be open for a free gym session, with qualified experts on hand to offer guidance and support as needed. Whether you're looking for a structured group workout or independent training with professional assistance, this event has something for everyone!

BOTH DAYS |  Meet CSS reception

RUNNING

17:30 | Tuesday 24th June

08:00 | Wednesday 25th June

Why not come and experience an activity that is helping thousands of women around the world become empowered? 261 Club UK welcomes women of all abilities to a 'pop-up Meet Run'.

This event is a little different from your regular running group. The goal is to switch off from the world, learn techniques to strengthen your mind and body, and have lots of fun! All abilities are welcome. It isn't about time, distance, or speed. It is about enjoying (or learning to enjoy) moving your body and discovering what it is capable of.

With Lisa Ruggles, co-director of [261fearless.org/261clubuk](https://www.261fearless.org/) a women's only running group.

17:30 | Tuesday 24th June |  Emily Scarratt Studio (CSS 119)

ENGAGE IN DANCE EXERCISES

Join Sandria Stornig for a dance session designed to encourage movement, explore new ways of engaging with the body, and connect with others in a supportive environment. This session is open to all, regardless of prior dance experience, offering an opportunity to step outside your routine and engage in movement in a new creative way.

If you have any specific needs or require assistance, please reach out in advance—we're happy to accommodate you.

All ages, genders, and abilities are welcome in this inclusive space. The session will conclude with an optional discussion on the role of dance in research and practice.

17:30 | Tuesday 24th June |  Meet CSS reception

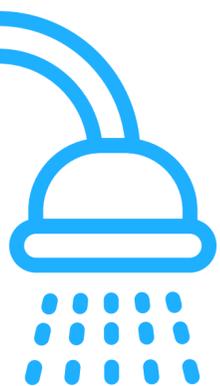
WALK WITH FIRESIDE CHATS AND SNACKS

Join Scarlett and the Carnegie Great Outdoors team for fireside chats and snacks down at the Landscape Resource Centre, our woodland nature oasis on campus. Expect s'mores, toasted marshmallows, hot chocolate, and informal conversations about topical issues from the conference around the fire. This session will provide an ideal opportunity to connect with other conference guests in a welcoming and relaxed environment.

08:00 | Wednesday 25th June |  Emily Scarratt Studio (CSS 119)

BOXING - COME AND LEARN THE BASICS OF BOXING AND LET OFF SOME STEAM

The people of Leeds couldn't be prouder of Nicola Adams, the first woman to become a boxing Olympic champion in 2012. In this session you will be introduced to some basic boxing skills with Hayley Fitzgerald and enjoy a great workout. No experience needed. Go on, come along You'll get hooked on boxing!



CHANGING FACILITIES

Changing rooms with showers are accessible on the ground floor, via the door to the left of the Carnegie Cafe.

Leeds Useful Information



Restaurant Guides

- [Leeds restaurants](#)
- [Private dining experiences](#)
- [Food & Drink video](#)



Itineraries & Things to do

- [24-hour itinerary](#)
- [48-hour itinerary](#)
- [72-hour itinerary](#)
- [Tours and trails](#)
- [Explore further](#)



City Guide

- [Visit Leeds City Guide](#)



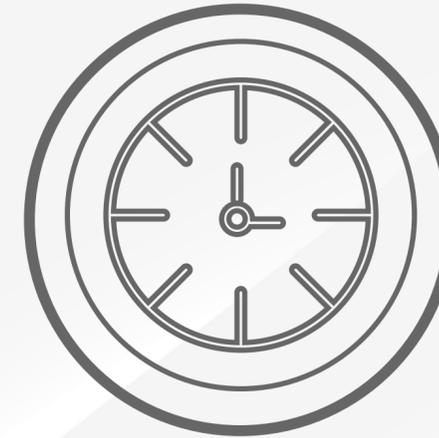
Explore Leeds Day trips

- [Watch the video](#)



Top 7 places to see

- [Watch the video](#)



2 hours in Leeds

- [Watch the video](#)



City Centre Map

- [Download here](#)



Car Parking Map

- [Download here](#)



City Photography

- [Google Drive](#)

STAY HYDRATED, STAY GREEN | AT THE WiSEAN CONFERENCE!

At WiSEAN, we're committed to sustainability and making a positive environmental impact.

That's why we're excited to announce multiple Water Stations throughout the venue!

→ BRING YOUR OWN BOTTLE:

We won't be providing bottled water at the event, so we encourage all attendees to bring their reusable water bottles to help reduce single-use plastics. Refill and stay refreshed while also being kind to our planet.

→ ECO-FRIENDLY HYDRATION:

The water stations are strategically placed and clearly marked on the floor plan, ensuring easy access for everyone. As part of our green initiative, we've made it simple for you to top up throughout the day!

Together, let's make a difference at the WiSEAN Conference by embracing sustainability, one refill at a time!



Look out for the water stations on the building floor plans and hydrate sustainably!

WiSER TOGETHER 2025 | #WiSEANCONFERENCE2025



HEADINGLEY CAMPUS



OUR BUILDINGS

- | | | |
|---|---|--|
| <p>01 James Graham
Bike Fix (rear of building)
Great Hall
Islamic Prayer Facilities
Library & IT Service Desks
Media Equipment
Security Services</p> <p>02 Campus Central
Beckett Careers
Beckett Kitchen
Campus Shop
Prayer Room, Community Space & Chaplaincy
Students' Union Social Space
Tiki Cafe</p> <p>03 Caedmon Hall</p> <p>04 Priestley Hall
Disability Assessment Centre
Student Services Centre</p> | <p>05 Leighton Hall</p> <p>06 Macaulay Hall</p> <p>07 Carnegie Teacher Education Building</p> <p>08 Brontë Hall</p> <p>09 The Grange</p> <p>10 The Coach House</p> <p>11 Cavendish Hall</p> <p>12 Fairfax Hall</p> <p>13 Carnegie School of Sport
Carnegie Cafe</p> <p>14 Carnegie Hall</p> <p>15 Beckett Sport
Access to:
Athletics Track & Field Facilities
Beckett Sport Education
Changing Rooms
CRI Building
Energy Bar
Fitness Suite & Exercise Studios</p> | <p>16 The Cottage</p> <p>17 North Lodge</p> <p>18 Churchwood House</p> <p>19 South Lodge</p> <p>20 Queenswood Hall</p> <p>21 Landscape Resource Centre & Experimental Gardens</p> <p>22 Carnegie Village
Gymnasium
Indoor Tennis Centre
Outdoor Pitches & Tennis Courts
Pavilion
Performance Gym
South Lodge Football Pitches
Sports Arenas 1 & 2
Sports Hall
Squash Courts
Strength & Conditioning Suite
Swimming Pool</p> |
|---|---|--|

LS6 3QS
+44 (0)113 812 0000
leedsbeckett.ac.uk

MAP KEY

- B Bus Stop
- F Faith Space
- C Cycle Parking
- P Car Parking
- Beryl E Bikes
- Bike Fix
- ♥ Defibrillator

TRAVEL INFORMATION

HEADINGLEY CAMPUS:
LS6 3QS

TRAVELLING BY CAR:

FOR SAT NAV: **LS16 5LF**
(Churchwood Avenue entrance)

USE GOOGLE MAPS

Via google maps you can check options for public transport, routes and walks to Headingley Campus

CAR PARKING:

Parking is **free of charge for all attendees**
Use our Headingley Campus pay & display car park. During the days of the conference, there is no need to pay or book a space.

DISABILITY PARKING SPACES

Closest spaces to the building are highlighted on the map with a blue line.

On entry to campus, please speak to security to gain access to park there.

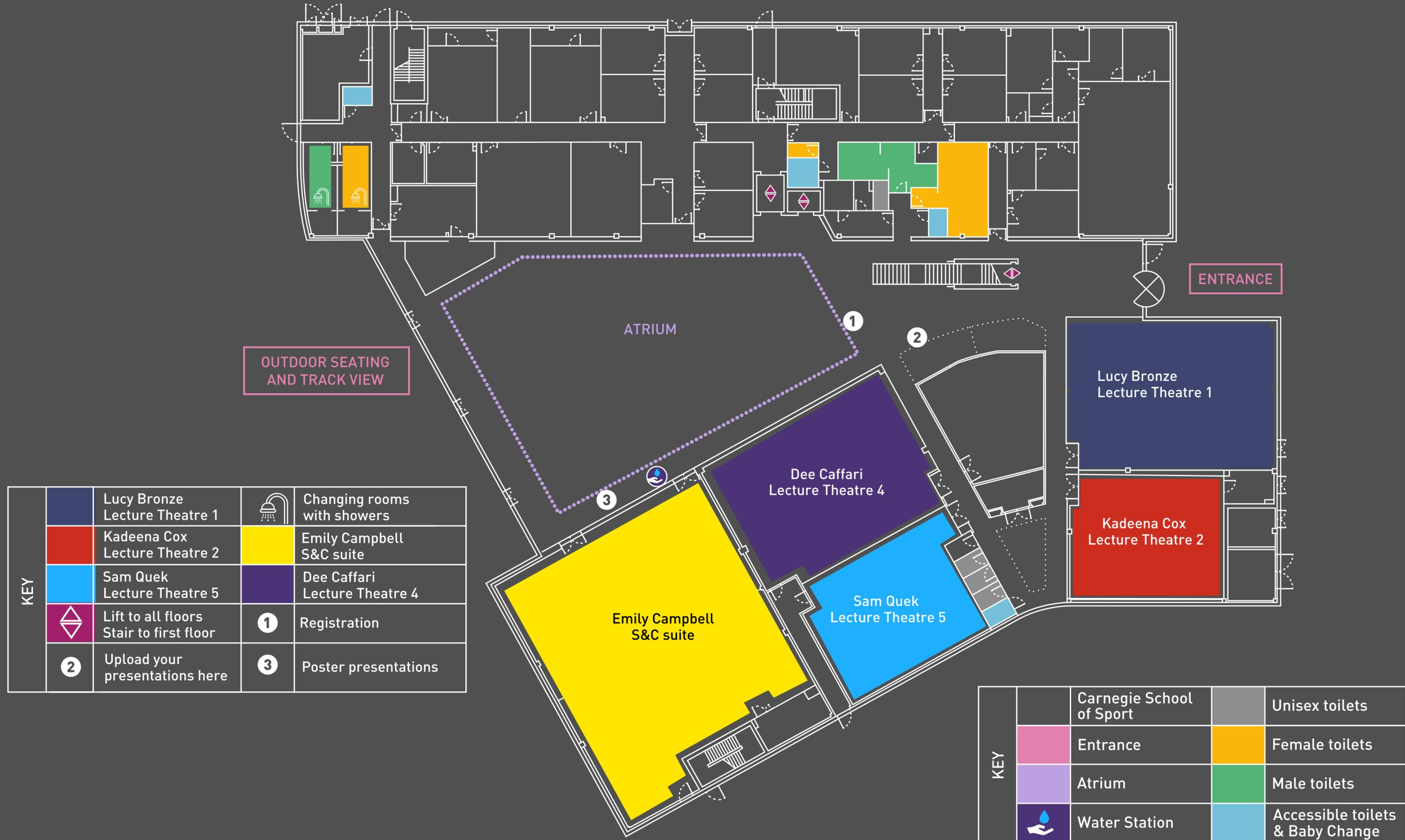
NEED A TAXI?

BOOK VEEZU ONLINE

OR CALL THEM ON **0113 269 1558**
For drop off or collection use
"Carnegie Sports Centre, Headingley Campus, Leeds LS6 3QQ"

Highlighted on the map with a red line.

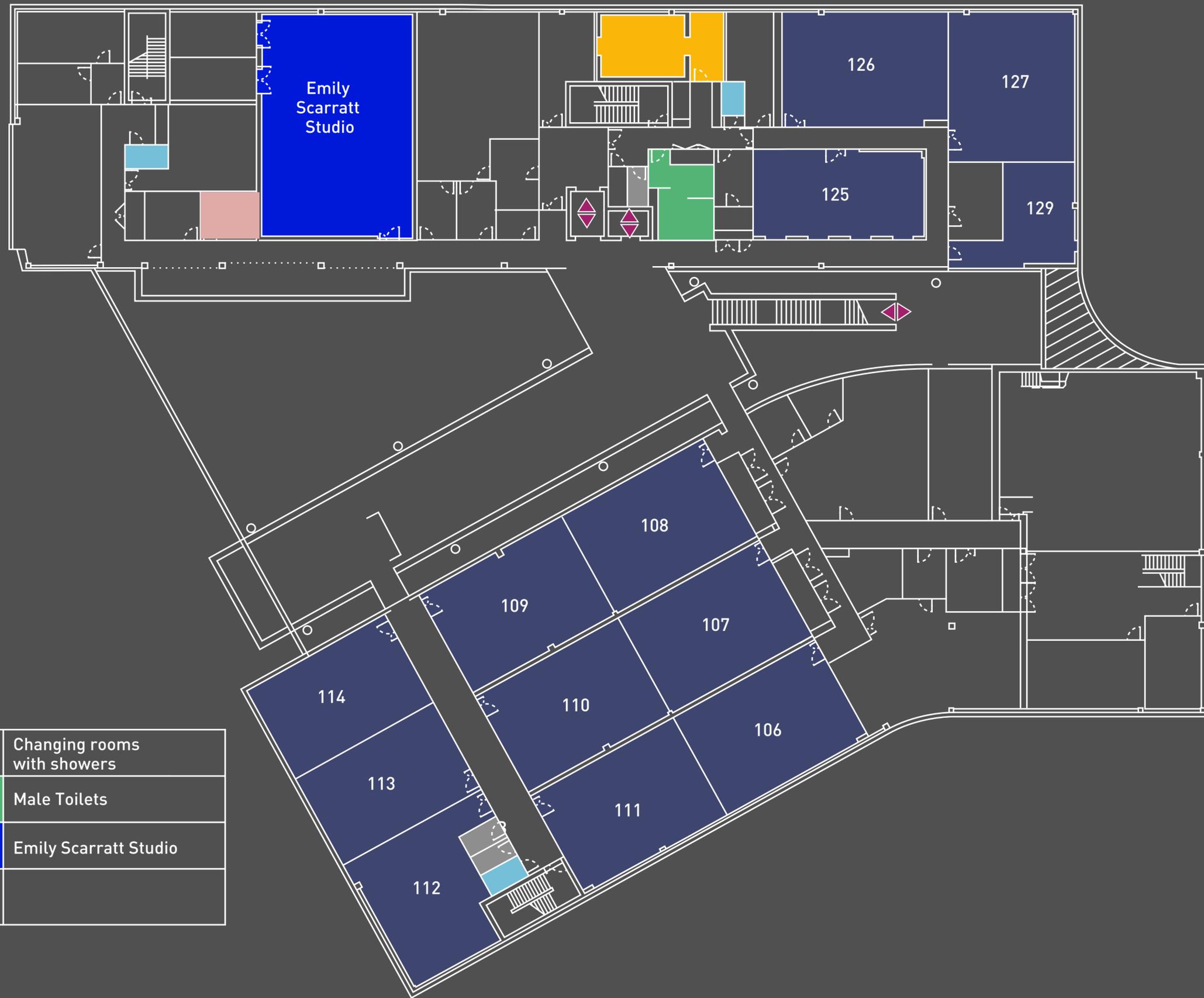
GROUND FLOOR | FIND YOUR WAY



KEY		Lucy Bronze Lecture Theatre 1		Changing rooms with showers
		Kadeena Cox Lecture Theatre 2		Emily Campbell S&C suite
		Sam Quek Lecture Theatre 5		Dee Caffari Lecture Theatre 4
		Lift to all floors Stair to first floor		Registration
		Upload your presentations here		Poster presentations

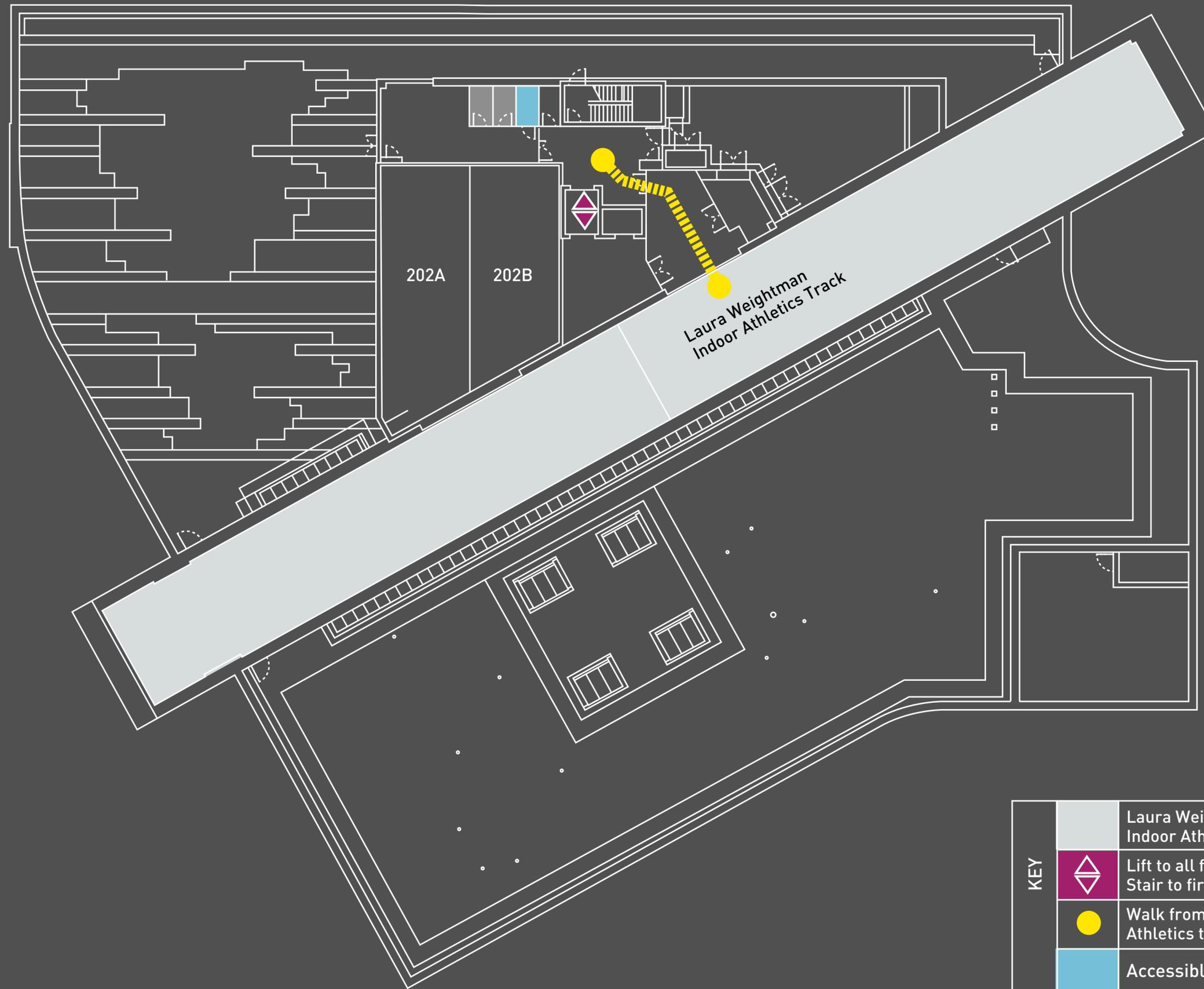
KEY		Entrance		Unisex toilets
		Atrium		Female toilets
		Water Station		Male toilets
				Accessible toilets & Baby Change

FIRST FLOOR | FIND YOUR WAY



KEY			
		Breastfeeding Room	 Changing rooms with showers
		Female Toilets	 Male Toilets
		Accessible Toilets	 Emily Scarratt Studio
		Lift to all floors Stair to first floor	

SECOND FLOOR | FIND YOUR WAY



KEY	
	Laura Weightman Indoor Athletics Track
	Lift to all floors Stair to first floor
	Walk from lift to Athletics track
	Accessible toilets

MENU | CATERED BY CHEF COLIN OAKLEY

TUESDAY 24 JUNE 2025

BREAKFAST

Individual banana splits
with yogurt, granola & honey
Handmade Biscoff breakfast oat bars
Warm crumpets topped
with Indian green chutney & smoky bacon

LUNCH

Live Station served with salads & sauces to top:
Chicken souvlaki flatbreads
Roast Mediterranean veg & pesto flatbreads

Slow cooked beef Massaman curry
Pulled pork served on Mac n cheese
Chickpea & paneer curry
Pilau Rice

Red pesto pasta salad
Homemade chunky coleslaw
Classic Caesar salad
Cucumber & Avocado Maki Rolls

Chocolate & black sesame rice Krispie bars
Individual chia seed puddings
with fresh strawberries

DINNER

COLD BUFFET STARTER

Selection of bread rolls & spreads
Platters of Antipasti
Mixed leaves, tomato, cucumber, onion, beetroot,
olives, feta, orzo pasta salad, coleslaw
Selection of dressings

HOT MAINS

Slow cooked spiced belly pork
Lemon & herb chargrilled chicken breast
Roast Sea bream with cous cous
Greek style vegetable rice
Vegetable lasagne
Warm pitta breads & dips

DESSERTS

Handmade Sticky toffee pudding
with toffee sauce
Malteser Flapjack Bars

WEDNESDAY 25 JUNE 2025

BREAKFAST

Fresh fruit platters
Individual berry smoothies
Live pancake station with assorted toppings

LUNCH

Live Station served with salad and sauces to top:
Tandoori chicken naanwich
Chickpea & spinach naanwich

Traditional Greek Moussaka
Cyprus potatoes
Creamy hot smoked salmon gnocchi bake
Wild Mushroom Ragout

Green pesto & olive pasta salad
Celeriac remoulade
Rocket & parmesan salad
Grilled aubergine & miso nigiri

AFTERNOON SNACKS (AT THE ROUND TABLE SESSION)

White chocolate & walnut fudge
Individual fresh fruit tarts

DIETARY REQUIREMENTS

Vegetarian, vegan and gluten free diets are catered for.

If you have any other requirements or allergies you need us to know about please contact Eivet by Friday 20th June

e.sargon@leedsbeckett.ac.uk



FREQUENTLY ASKED QUESTIONS (FAQS)

BEFORE THE CONFERENCE

IS THERE CONFERENCE ACCOMMODATION I CAN BOOK?

→ Yes. While the discounted accommodation packages for the WiSER Together 2025 conference have now expired, you can still book independently. Here are several nearby options close to Leeds Beckett University's Headingley Campus:

- [🔗 Headingley Lodge](#)
- [🔗 The Boundary Hotel](#)
- [🔗 Roomzzz Leeds Headingley](#)
- [🔗 Premier Inn Leeds Headingley](#)
- [🔗 Village Hotel Leeds North](#)

TRAVEL ENQUIRIES

For any information regarding travel to the event please visit this link:

- [🔗 View our full Leeds Beckett Travel Guide](#)

IS PARKING AVAILABLE FOR CONFERENCE ATTENDEES?

Yes, visitors can use the Headingley Campus pay & display car park - **free of charge for all attendees**. During the days of the conference, there is no need to pay or book a space.

WHERE IS THE ACCESSIBLE CAR PARKING?

Accessible parking for Blue Badge holders is available at Headingley Campus.

The designated space near Carengie School of Sport building and can be accessed via the main entrance on Churchwood Avenue (please refer to the [🔗 campus map on page 23](#) for exact location). Blue Badge holders can park for free without the need for prior booking.

DO I NEED TO UPLOAD MY PRESENTATION SLIDES BEFORE THE CONFERENCE STARTS?

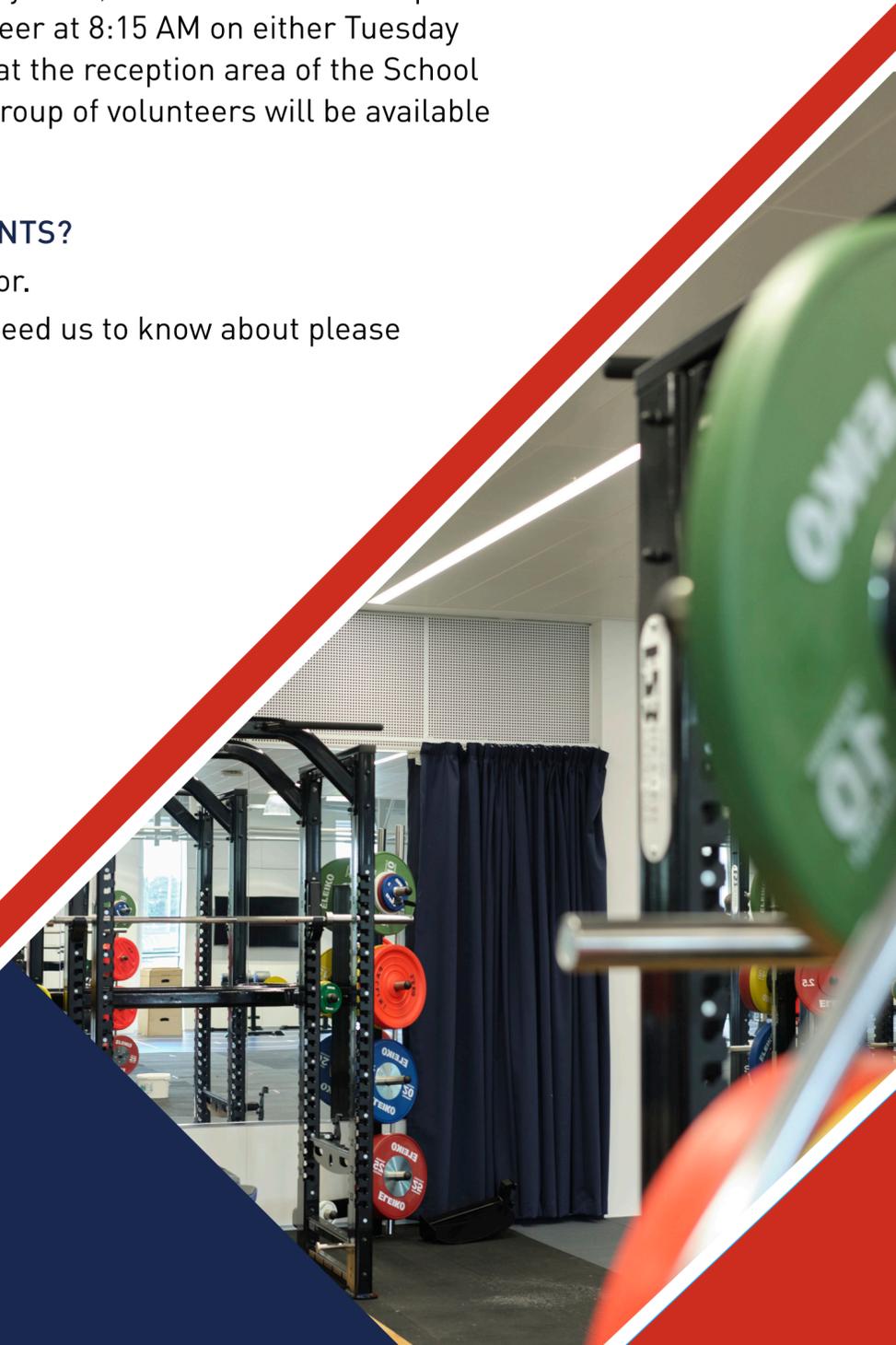
Please ensure your presentation is saved to a memory stick, as it will need to be uploaded on the day you are presenting. You will meet a volunteer at 8:15 AM on either Tuesday or Wednesday (depending on your presentation day) at the reception area of the School of Sport building ([🔗 marked 2 on the floor plan](#)). A group of volunteers will be available there to assist with uploading your presentation.

WHO DO I NOTIFY ABOUT MY DIETARY REQUIREMENTS?

Vegetarian, vegan and gluten free diets are catered for.

If you have any other requirements or allergies you need us to know about please contact Eivet by Friday 20th June

- [🔗 e.sargon@leedsbeckett.ac.uk](mailto:e.sargon@leedsbeckett.ac.uk)



FREQUENTLY ASKED QUESTIONS (FAQS)

DURING THE CONFERENCE

WILL WIFI BE AVAILABLE?

Yes. WiFi is available across campus. If you have a university or institutional email address, you can connect via Eduroam. Alternatively, you can use the guest WiFi.

IS THERE SOMEWHERE I CAN LEAVE LUGGAGE?

Yes, a designated room will be available for luggage storage. Please leave your bags at the reception area with staff or a volunteer, and we will securely store them for the day.

WILL THERE BE A SUITABLE PLACE FOR PRAYING DURING THE CONFERENCE?

Yes. There are several Faith Spaces available across campus:

→ Islamic Prayer Room: James Graham Building, Room JG13, open weekdays 07:30–21:30.

More information: [Faith Spaces | Leeds Beckett University](#)

DO YOU HAVE BABY CHANGE FACILITIES?

Yes. Baby changing facilities are available in the accessible toilet next to the lecture theatres in the Carnegie School of Sport. Highlighted on the [Ground Floor Map](#)

IS THERE A SPACE FOR BREASTFEEDING?

Yes. [Breastfeeding Room \(118\)](#) is on first floor has been reserved as a private space for breastfeeding. Please ask at reception for an access card. You will be asked to sign the card in and out at the reception desk to help us manage access and maintain security.

WHAT FOOD WILL BE PROVIDED OR AVAILABLE TO PURCHASE?

In addition to conference catering (see the brochure for full details), several on-campus outlets will be open, including:

- Beckett Kitchen
- Carnegie Café
- Tiki Café

Check current opening times here: [Headingley Campus Food Outlets](#)

WHERE ARE THE ACCESSIBLE TOILETS LOCATED?

Accessible toilets are available in both the Carnegie School of Sport and the James Graham Buildings at Leeds Beckett University. In the Carnegie School of Sport, their locations are marked on the [floor plans on pages 24-26](#) of the conference booklet. For the James Graham Building, please refer to [the floor plan](#).

AFTER THE CONFERENCE

HOW CAN I PROVIDE FEEDBACK?

We would be delighted to gather your feedback after the event to help us improve and plan for the next conference in 2026.

CAN I GET A CERTIFICATE OF ATTENDANCE?

Yes, all delegates will receive an electronic certificate of attendance by email following conference.

ORGANISING COMMITTEE | WISER TOGETHER 2025



Dr Allie Welsh

Senior Lecturer in Physical Activity and Health



Dr Leanne Livsey

Lecturer in Physical Activity and Health



Dr Ffion Thompson

Post-Doctoral Research Fellow



Dr Omar Heyward

Post-Doctoral Research Fellow



Dr Kate Marks

Post-Doctoral Research Fellow



Dr Faye Didymus

Reader in Sport and Performance Psychology



Dr Christina Le

Post-Doctoral Research Fellow



Dr Annette Stride

Reader in Physical Education



Professor Hayley Fitzgerald

Professor of Disability Sport



Dr Scarlett Dury

Senior Lecturer in Physical Education and Sport Pedagogy



Dr Anna Stodter

Senior Lecturer in Sport Coaching



Dr Brian Hanley

Reader in Sport and Exercise Biomechanics



Dr Lucy Chesson

Lecturer Sport and Exercise Nutrition



Louise Hacking

Lecturer in Physical Education



Rebecca Partridge

MRes Student



Eivet Sargon

Office and Projects Manager



Suneet Morley

Coordinator

SEE THESE PEOPLE OR OUR VOLUNTEERS? COME SAY HI!

Got questions? They're here to help!

Don't hesitate to ask our team and volunteers, we love a good chat.

THE WISEAN 2025 CONFERENCE

We hope you enjoy the WiSEAN 2025 conference and gain valuable insights that will inspire you in your work and studies.

Throughout this event, we aim to foster an environment where you can connect with others, share knowledge, and collaborate on solutions to the pressing challenges facing women in sport and exercise.

We trust that the diverse perspectives and expert discussions will help deepen your understanding and spark new ideas for driving change in your field. As you engage in the sessions, presentations, and social activities, we encourage you to embrace the theme of "**WiSER Together: Valuing Diversity and Collaborating for Change**" and apply it to your own professional journey.

Thank you for being a part of this exciting event – we look forward to welcoming you all to Leeds Beckett University campus.

Enjoy the conference. Together, we can create change.

WiSER TOGETHER 2025 | #WiSEANCONFERENCE2025

