

Health Together trains health champions

Feedback and evaluation from participants on RSPH Level 2 course, Award in Understanding Health Improvement in Sheffield on 6th and 13th March 2013

Introduction

Eleven people from a range of backgrounds (including several pharmacy assistants) took part in a two day course to prepare them for the role of health champion. The course was delivered by one of our delivery partners Sarah Lockyer, an experienced freelance trainer and practitioner in public health and health promotion: <http://www.trainingforhealthimprovement.co.uk/>

Feedback at the end of Day one

Participants were asked to write down one important thing they had learnt that day. These are their responses:

(8/11 responses. 3 participants had to leave 15 minutes early)

- Communication- how to speak and how to listen
- Communication between different people, giving eye contact and how it benefits the situation, difference in equality from men to women, richer to poor and ethnic groups
- Health is a balance of everything. Try getting the right balance for you
- Communication is very important in all aspects of life and health issues
- That everyone has different views but we all got on as a team
- Observing body language of others during the task and seeing how different people communicate
- Today I learned how to discuss and communicate with people and voice my opinion and work as a team
- Learnt about health inequalities and how we are/ can be affected by government policies

Feedback at the end of Day two about the course as a whole.

All 11 participants filled in an evaluation sheet – see the box below for their responses which are summarise below.

1. Knowledge. All learners reported that their level of knowledge had increased as a result of the 2 day training. Before the training most reported they had none or some knowledge. After the training 10 reported that their level of knowledge was now good or high.
2. Learning objectives. All agreed or strongly agreed that the learner objectives were met and all agreed or strongly agreed that they were better prepared for their role
3. All strongly agreed that the venue and facilities were suitable and 9 strongly agreed that the resources were appropriate and useful. All strongly agreed that the trainer was responsive to the group and created an effective learning environment.

Below are all the written feedback comments:-

- Good training course, enjoyed learning and meeting new people
- I had a very interesting and enjoyable 2 days with a great group of people
- Sarah was a great tutor/trainer. She made it really comfortable and easy to work
- Really found this course useful. Would like to learn more and attend future courses
- I felt the course was well structured, enough interaction and group work for learning, covering the topics well. The course outline was well designed to get an understanding of what would be covered prior to the course. Time to ask questions and to raise any points which affected my learning
- Very well presented, informative
- The course was really useful and a good refresher for what I have already learnt. Sarah the tutor was really helpful, knowledgeable and friendly. Overall it's been a good course that I have enjoyed.
- I really enjoyed this training and my knowledge is good now. I will be happy if I have some more training like this about health
- Really enjoyed the course, was very relaxed and didn't feel under any pressure but encouraged to participate as a group

Summary of evaluation responses

Knowledge				
1. My level of knowledge of the subject (BEFORE)				
	2 none	6 some	3 good	<input type="checkbox"/> high
2. My level of knowledge of the subject (AFTER)				
	<input type="checkbox"/> none	1 some	5 good	5 high
Learning objectives				
3. The learning objectives were met				
	<input type="checkbox"/> Strongly disagree	<input type="checkbox"/> Disagree	6 Agree	5 Strongly agree
4. I feel better prepared for the Community Health Champion/Volunteer or other Support role I am now doing or aiming to do				
	<input type="checkbox"/> Strongly disagree	<input type="checkbox"/> Disagree	6 Agree	5 Strongly agree
The training event				
5. The venue and facilities used were suitable				
	<input type="checkbox"/> Strongly disagree	<input type="checkbox"/> Disagree	<input type="checkbox"/> Agree	11 Strongly agree
6. The resources used were useful and appropriate				
	<input type="checkbox"/> Strongly disagree	1 Disagree	1 Agree	9 Strongly agree
7. The trainer was responsive to the group and created an effective learning environment				
	<input type="checkbox"/> Strongly disagree	<input type="checkbox"/> Disagree	<input type="checkbox"/> Agree	11 Strongly agree