



MULTI ACADEMY TRUST MENTAL HEALTH IMPACT AWARD

Developing a whole trust approach to fostering a collaborative, supportive and positive mental health and wellbeing culture for all members of your community.

This professional development framework takes a whole trust approach to mental health and wellbeing providing a framework to evidence the trusts strategy, policies and initiatives that work towards improving mental health and wellbeing for both staff and pupils within the wider Multi Academy Trust community.

Multi Academy Trusts will evaluate their whole trust strategies, current mental health policies and practices within their schools, identify gaps, develop and strengthen their work towards building an emotionally healthy community for all.

WHAT DOES THE MULTI ACADEMY TRUST MENTAL HEALTH IMPACT AWARD COVER?

The award takes a whole trust approach to mental health and covers five key competencies each with a series of statements that trusts will work to embed.

The five competencies are:

- Leadership and Governance
- Culture and People
- Provision for All Pupils
- Finance and Operations
- Education for All

WHAT IS THE PROCESS?

The award process allows multi academy trusts to make mental health and wellbeing a guided strategic priority for both the trust and its school development. The trust will develop a series of case studies through a process of building the skills and knowledge needed to bring about whole trust improvements in mental health and wellbeing.

Your trust will work with an allocated coach to create and develop an action plan for your trust. As assessment panel will verify your work against the competencies of the framework and the three levels of bronze, silver and gold.

As well as being recognised as a thought leader in School Mental Health and Wellbeing you will have the opportunity to showcase your practice with other trusts, engage in research and support the building of a professional community.

**For more information please email
SchoolMH@leedsbeckett.ac.uk**

WHY ATTAIN THE AWARD?

- Providing a culture and environment that maximises pupils' and staff mental health and wellbeing
- Improving pupils' and staff self-confidence, self-awareness, resilience, and emotional intelligence
- Building a stronger society and enabling better futures for pupils by reducing the risk that mental ill-health brings in later life
- Promoting social inclusion, equality, diversity, dignity, and respect for all members of the trust community
- Improving recruitment and retention of high-quality staff

HOW MUCH DOES THE AWARD COST AND HOW LONG IS IT VALID FOR?

The cost of the award is currently available at a discounted rate of £995 +VAT and lasts for three years, after which you can apply for reassessment to maintain your level or strive for higher quality standards.

(Please note this award does not supersede the School Mental Health Award and is not awarded to individual schools within the Multi Academy Trust)

