



Phoenix Stanbury
URBAN SOUL

Friday 17th, 11.30am, Cinema

Based on a true story, 'Urban Soul' is a short film that follows story of Phoenix, as they embark on a journey to learn the Northern Soul dance. Enter Luke, a professional street dancer who baffles Phoenix with his vibrant dance moves. Inspired by this new foe, Phoenix finds the confidence to own their new-found style.

The two rivals embark on a playful dance across the streets of Leeds, conversing only through their bodies. Eventually, a friendship is formed as they realise, they are not so different after all. Set to an energetic soundtrack of groovy soul and punchy hip-hop beats, 'Urban Soul' explores the joy of dancing together across different styles, backgrounds and abilities and the comradeship that comes with it.



Thomas Jacques-Smith & Jacob Squires
DREAMSCAPE

Friday 17th, 12.15pm, Black Box

"Where do you go when you fall asleep?"

Who comes to visit you when you are?

In this piece, two performers are set to take you on a journey through an intricate narrative, using real life submissions anonymously submitted to them. We watch a story unfold to captivate the audience, reminding them that dreams are not only figments of the night's imagination, but are the blueprints of tomorrow's reality.



Lilly Miskin

BABBLE & BITCH

Friday 17, 1.15pm, PAS1

Two girls. One couch. Big opinions. What do you think? Have your say on television's hottest shows and movies. Trigger warning: there might be spoilers but it's up to you if you're ready to hear them. Will you stay quiet or will you tell us how you really feel? Yapping with a side of waffle. Join us as we babble and bitch our hearts out.



Regan Askin

DON'T FORGET ME

Friday 17th, 2pm, Black Box

Feeling forgetful?

Could you be showing signs of dementia?

Come find out with our resident "medical professional" as she goes through the signs and symptoms from this illness.

Warning! There will be cake.

DOUBLE BILL:



Eirini Papadopoulou

Pitcicòco

Friday 17th, 3pm, Theatre

Pitcicòco is the youngest son of *Karagiozis*, a shadow-puppet and main character of the tales narrated in the Turkish and Greek shadow-puppet theatre. The work is an intricate interplay between movement, light and shadow. The concept creation of the show, the set design and the prop choices are based on...a dream. Embrace the surreal as bodies morph and meld with the luminous atmosphere, exploring the nuances of shadow play, abstract choreography and surrealism. **Pitcicòco** is a movement exploration of the relationship between performer and prop, choreography and light, light and space.

Dancers: Eva Carmel-Smith, Darcy Delezio, Niamh Fox, Sophia Jackson, Saskia Roy
Photography: Jack Dennis



Gracie Ashmore

EL MAR

Friday 17th, 3pm, Theatre

This work explores the captivating world of the Atlantic Ocean. Inspired by the ebb and flow of the tides and chaos of the currents and the crashing waves.

Choreographed by Gracie Ashmore, five dancers will embody the rhythmic patterns of the waves and its dynamic energy, its fluidity and its untamed energy. We invite the audience to delve into the depths of the ocean with us.

Kae-Lauren Whitter-Turley

Friday 17th, 4.30pm, Black Box



Viktorija Gudijevaite

TIME

Friday 17th, 5.30pm, Theatre

A duet takes on different interpretations of time- exploring memory, the accumulative nature time brings with the build-up of movement and a play on the notion of wanting to stop/start, speed up/slow down time.

The performance is a hybrid of live stage presence and a projection to bring the theme together. The exploration into this theme topic of time shift between a non- human representation and back to a rich human experience. With the dancers covering their identity with a white morphed suit and then in the projection, the dancers bring a human feel whilst representing memory and looking back in time.

Choreographer: Viktorija Gudijevaite
Dancers: Ivy Wappett, Cameron Ruff



Femirates Airlines

Crew: Ashley, Caitlin, Niamh, Molly & Poppy

FEMIRATES

Friday 17th, 6.10pm, The Theatre

Welcome aboard Femirates, the world's first airline run entirely by women, can you bloody believe it! Buckle up and get ready, as in this five-woman show we take you on a journey from girlhood to womanhood, stopping at everywhere in between. Brace yourselves because it's going to be one hell of a bumpy ride.

Photograph: Amy Leigh Chalmers / Insta: @0illegallyblonde0