** C PLACEMENT INDIVIDUAL CONSULTATION TOOL**

**Competent: C1** [ ]  **C2** [ ]  **C3 (Process)** [ ] (please check)

**Signed:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Student** |  | **Date** |  |
| **Educator** |  | **Placement week** |  |
| **Context/ setting** |  | **Practice area** |  |
| **Service user disease/ condition/ age group** |  | **Intervention** |  |
| **Observed or measurable behaviours and actions**(With minimal supervision as appropriate to the practice area) | **N/A** | **Working towards** | **Met** | **Educator comments** |
| **Identification of nutritional need and Assessment (C3)** |  |  |  |  |
| * Utilises wider team to support identification
* Adheres to guidance, pathways and referral criteria
* Collects relevant information from records, service user, carer, and/or other health professionals, as follows:
	+ Anthropometry, Biochemistry, Clinical, Dietary, Environmental/ Social
* Assesses service user’s general food knowledge and/or cooking skills
* Identifies service user’s perceived barriers to change
* Checks understanding of medical condition
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| **Identification of nutrition and dietetic diagnosis (C3)** |
| * Correctly interprets assessment information
* Integrates medical, social and dietary information
* Generates a PASS statement
* Correctly identifies and prioritises nutrition and dietetic diagnosis
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| **Planning nutrition and dietetic intervention (C3)** |
| * Understands, and applies, ethical and legal principles
* Considers the knowledge, beliefs and attitudes of the service user
* Identifies who will carry out intervention and resources needed
* Defines length, frequency and duration of intervention
* Creates suitable physical environment for consultation
* Works collaboratively to identify appropriate evidence-based SMART goals/ outcomes
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| **Implementation of nutrition and dietetic intervention (C3)** |
| * Conducts, co-ordinates or delegates care
* Selects and uses appropriate tools, techniques and resources to implement plan
* Explains how nutrients relate to the condition
* Provides accurate food and nutrition information
* Makes reference to a relevant evidence base
* Works in partnership with service user to identify possible dietary changes
* Develops measurable and specific outcomes, checking understanding and agreement
* Monitors, problem solves and refines strategies, both in and following action, as needed
* Concludes consultation appropriately
* Follow-up arranged as appropriate
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| **Professionalism (C1)** |  |  |  |  |
| * Adheres to infection control procedures
* Obtains consent
* Does not discriminate
* Demonstrates sensitivity to confidentiality
* Recognises and works within scope of practice
* Works in line with organisational policies, procedures and professional standards
* Completes, and manages, consultation within agreed time
* Demonstrates reflection in, and on, action
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| **Communication (C2)** |  |  |  |  |
| * Greeting, introductions and establishes rapport
* Establishes background and clarifies reason for consultation
* Outlines what to expect from consultation
* Uses appropriate questioning style to elicit relevant information
* Listens to and demonstrates understanding of the client’s story, using active listening skills
* Empathetic, acknowledges feelings and is sensitive in their approach
* Acknowledges clients view and feelings, using behaviour modification techniques
* Shows respect and preserves dignity
* Uses effective verbal and non-verbal language/ communication that can be understood
 |  |  |  |  |
| **Complexity** | Straightforward/ Mildly challenging/ Moderately challenging/ Very challenging |
| **Additional information** |  |
| **Strengths of this consultation (mandatory)** | **Areas for improvement (mandatory)** |
| **1)** | **1)** |
| **2)** | **2)** |