** C PLACEMENT INDIVIDUAL CONSULTATION TOOL**

**Competent: C1**  **C2**  **C3 (Process)** (please check)

**Signed:**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Student** |  | | | | **Date** | | |  |
| **Educator** |  | | | | **Placement week** | | |  |
| **Context/ setting** |  | | | | **Practice area** | | |  |
| **Service user disease/ condition/ age group** | | |  | | **Intervention** | | |  |
| **Observed or measurable behaviours and actions**  (With minimal supervision as appropriate to the practice area) | | | | | **N/A** | **Working towards** | **Met** | **Educator comments** |
| **Identification of nutritional need and Assessment (C3)** | | | | |  |  |  |  |
| * Utilises wider team to support identification * Adheres to guidance, pathways and referral criteria * Collects relevant information from records, service user, carer, and/or other health professionals, as follows:   + Anthropometry, Biochemistry, Clinical, Dietary, Environmental/ Social * Assesses service user’s general food knowledge and/or cooking skills * Identifies service user’s perceived barriers to change * Checks understanding of medical condition | | | | |
| **Identification of nutrition and dietetic diagnosis (C3)** | | | | |
| * Correctly interprets assessment information * Integrates medical, social and dietary information * Generates a PASS statement * Correctly identifies and prioritises nutrition and dietetic diagnosis | | | | |
| **Planning nutrition and dietetic intervention (C3)** | | | | |
| * Understands, and applies, ethical and legal principles * Considers the knowledge, beliefs and attitudes of the service user * Identifies who will carry out intervention and resources needed * Defines length, frequency and duration of intervention * Creates suitable physical environment for consultation * Works collaboratively to identify appropriate evidence-based SMART goals/ outcomes | | | | |
| **Implementation of nutrition and dietetic intervention (C3)** | | | | |
| * Conducts, co-ordinates or delegates care * Selects and uses appropriate tools, techniques and resources to implement plan * Explains how nutrients relate to the condition * Provides accurate food and nutrition information * Makes reference to a relevant evidence base * Works in partnership with service user to identify possible dietary changes * Develops measurable and specific outcomes, checking understanding and agreement * Monitors, problem solves and refines strategies, both in and following action, as needed * Concludes consultation appropriately * Follow-up arranged as appropriate | | | | |
| **Professionalism (C1)** | | | | |  |  |  |  |
| * Adheres to infection control procedures * Obtains consent * Does not discriminate * Demonstrates sensitivity to confidentiality * Recognises and works within scope of practice * Works in line with organisational policies, procedures and professional standards * Completes, and manages, consultation within agreed time * Demonstrates reflection in, and on, action | | | | |
| **Communication (C2)** | | | | |  |  |  |  |
| * Greeting, introductions and establishes rapport * Establishes background and clarifies reason for consultation * Outlines what to expect from consultation * Uses appropriate questioning style to elicit relevant information * Listens to and demonstrates understanding of the client’s story, using active listening skills * Empathetic, acknowledges feelings and is sensitive in their approach * Acknowledges clients view and feelings, using behaviour modification techniques * Shows respect and preserves dignity * Uses effective verbal and non-verbal language/ communication that can be understood | | | | |  |  |  |  |
| **Complexity** | | Straightforward/ Mildly challenging/ Moderately challenging/ Very challenging | | | | | | |
| **Additional information** | |  | | | | | | |
| **Strengths of this consultation (mandatory)** | | | | **Areas for improvement (mandatory)** | | | | |
| **1)** | | | | **1)** | | | | |
| **2)** | | | | **2)** | | | | |