



# BOARDING SCHOOL MENTAL HEALTH AWARD

Improve resilience, emotional intelligence, mental health and wellbeing for all members of your boarding community.

This award takes a boarding community approach to mental health providing a framework to evidence policies and initiatives that work towards improving mental health and wellbeing for both staff and pupils within the wider school community. Using a development framework, boarding schools will evaluate current mental health practices, identify gaps, develop and strengthen these and work towards building an emotionally healthy boarding community for all.

## WHAT DOES THE BOARDING SCHOOL MENTAL HEALTH AWARD COVER?

The award takes a whole school approach to mental health and covers eight key competencies each with a series of statements that Boarding schools will work to embed.

The eight competencies are:

- Leadership and strategy
- Organisational structure and culture – staff
- Organisational structure and culture – pupils
- Support for staff
- Support for pupils
- Staff professional development and learning
- Working with parents and carers
- Working with external services

## WHAT IS THE PROCESS?

The award process allows boarding schools to make mental health and wellbeing a guided strategic priority for school development. The role of your school action team is to develop an implementation plan and guide the school community through a process of building the skills and knowledge needed to bring about whole school improvements in mental health and wellbeing.

Your action team is a group that is interested in and passionate about mental health and is comprised of diverse roles and voices representing different groups in the school. Your action team work with an allocated coach to create a personalised action plan for your school. Together, you will develop a portfolio of evidence for your school set against the competencies of the framework. Once submitted, your evidence will be

verified against the three levels : bronze, silver and gold. As well as being recognised thought leader in Boarding School Mental Health and Wellbeing you will have the opportunity to showcase your practice with other schools, engaging in research and support the building of a professional community.

Your school will receive:

- A self-assessment diagnostic
- An allocated coach who will support the school through the process
- A paper and e-certificate
- A plaque to be displayed in your school
- An e logo to display on your website and school stationery

Your school will gain a profile by appearing on our 'School Mental Health Hall of Fame' on the Carnegie Centre for Excellence for Mental Health In Schools website.

## WHY ATTAIN THE AWARD?

- Creates a culture of an awareness of mental health, tolerance and acceptance, helping to reduce behavioural problems and promotes positive mental health strategies.
- Improves boarding community wellbeing for all
- An opportunity for the school to identify its own priorities and areas for development using the framework
- Addresses the needs of all mental health needs of your community such as staff at all levels, international boarders and day students.
- Increases staff retention rates meaning continuity of care and attract high calibre staff.
- Demonstrates commitment to adhere to and exceed professional and government guidance. Allows specific professional development opportunities for all levels of boarding staff whether house based or as part of a whole school team.

## HOW MUCH DOES THE AWARD COST AND HOW LONG IS IT VALID FOR?

The award costs **£395 excluding VAT** and lasts for three years, after which you can apply for reassessment to maintain your level or strive for higher quality standards.

## FOR MORE INFORMATION:

Contact Louise Turner **0113 8126137**  
**schoolMH@leedsbeckett.ac.uk**  
**www.leedsbeckett.ac.uk/schoolmh/**

Minds  
Ahead