



**LEEDS BECKETT UNIVERSITY**

**School of Health**

**Nutrition and Dietetic Group**

**BSc (Hons) Nutrition  
BSc (Hons) Nutrition (Sandwich)**

**Nutrition Work Placement Strategy**

**DOCUMENT**

**2024 - 25**

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# INTRODUCTION

## RATIONALE FOR NUTRITION WORK PLACEMENTS

The justification for placements is based foremost on enhanced employability considerations and on the importance within both employment and higher education on Professional Development and Lifelong Learning, particularly in those professions which are regulated or accredited. Employability issues remain high on the political agenda particularly in the current economic situation. Although it is desirable and expected for students to undertake a work placement for the above reasons, it is a non-compulsory requirement to obtain the final award of the BSc (Hons) Nutrition.

The value and benefits of completing a placement can be summarised as follows:

**An opportunity to put theory and academic learning into practice** - these employability skills enable students to communicate, disseminate, present, teach, reflect on, assess and evaluate their development and achievement in a diversity of progressive professional workplace settings and situations.

**To develop practical skills** - it facilitates the development of transferable skills and the ability to reflect on these skills and how they may be adapted when working in different communities or with individuals. It also provides learning opportunities in team building, multi-disciplinary working and collaborative multi-agency partnerships. Students also benefit by gaining greater confidence and insight from their experience in the environment.

**To support your professional development and contribute to your e-portfolio** – which enables you to document your achievements and to reflect on your experiences to support your continued development.

**To find out what opportunities there are for Nutritionists (Registered Nutritionists)** – working within a field where Nutritionists are employed will give you an insight into the types of roles which may be available for you on graduation. It will also increase your networking opportunities to help you to find out about new opportunities.

**To open doors for future employment** - placements complement academic learning providing students with the opportunity to develop the necessary interpersonal and social skills required for successful employment. Many past students have gained appropriate employment suited to their qualifications through their placement or placement providers.

Recognition of the value of the placements is therefore strongly acknowledged and importantly the sandwich year (Sandwich Placement) is formally accredited by the AfN for fast-track Registration purposes. Consequently, graduates of our Sandwich course are required to complete just two of the three years of relevant postgraduate experience which is normally a minimum necessity to become a Registered Nutritionist. The general accreditation of an Honours Degree course in Nutrition by the AfN is itself a reflection of the overall course quality, including placement provision

and confers eligibility on our new Graduates to become Registered Associate Nutritionists through registration with the AfN.

## **THE AIM OF THE PLACEMENT**

The overall aim of a Nutrition Work Placement is to produce a nutritionist equipped to demonstrate competency and fitness to practice in nutrition both within the UK and overseas.

On successful completion of the course, the Nutrition students will be able to integrate and synthesise theoretical principles from the natural and social sciences and to demonstrate competency in a variety of practical skills relevant to the nutrition profession. It is anticipated that most of the theoretical knowledge and practical skills underpinning the nutrition profession will be delivered on campus, but the application of these skills will take place while students are on a work placement. Placements aspire to give students the opportunity to appraise and integrate academic theory with the practical skills required for professional employment as a Nutritionist.

The work placement learning outcomes which support the aims and objectives are based around the AfN Nutrition Competencies. The rationale for this being that students can begin to collate evidence for their portfolios and that these pieces of evidence will be based around the AfN Competencies.

### **20 – 30 day placement (level 5)**

The three-year Honours Degree (full time) recommends the completion of 20 - 30 days of placement. Although this is optional, it is an expectation that students will complete a placement to gain the final award as it is highly desirable that students complete it in order to be able to demonstrate working towards the AfN competencies and also for future employment opportunities.

The Nutrition work placement for level 5 students is expected to be 20 - 30 placement days (4 – 6 weeks) Nutrition work placement and will normally occur in the summer when students have completed level 5 and prior to starting Level 6.

**Aim:** to enhance prior academic and placement learning by providing practical experience in the use, further development and reflection of the general skills required in professional Nutrition practice, including skills specific to the placement setting and to integrate this work-related learning with personal and professional development planning.

#### **Objectives:**

1. To demonstrate a working knowledge of the professional requirements of the practising Nutritionist.
2. To produce evidence of experience and development of basic competency in translating nutrition theory into practice within the placement setting
3. To keep a reflective diary of work experience and compile relevant evidence of placement practice and reflection within a professional portfolio.

4. To successfully engage for the full duration in the placement using and developing basic competency in relevant practice skills where required and reach a satisfactory standard of achievement as indicated by the Nutrition work placement Supervisor report and submission of a placement report in the form of a presentation, as well as any of the student's own reflections on their practice.
5. To demonstrate within the assessment clear evidence of achievement of the 20 - 30 Day Placement objectives and integration of work-related learning with personal and professional development planning.

### **Nutrition Extended Work Placement (Sandwich Year, Level 6)**

Students have an option to undertake a sandwich year on a work placement. In this situation their final award will be BSc (Hons) Nutrition (Sandwich). A Nutrition work placement for one academic year or 9 months / 40 weeks (sandwich) commences after successful completion Level 5 and before starting Level 6. Students must complete and pass level 5 and be eligible to progress to level 6 before starting a sandwich work placement year. If a 20 - 30 day placement has already been successfully achieved this can be incorporated into the required number of weeks of completion, providing this is acceptable to the sandwich placement provider.

**Aim:** To provide the in-depth experience and professional development in the selected placement setting/s over and above that achieved in the 20 - 30 Day Nutrition work placement and to therefore enhance employability and fast-track eligibility for full AfN registration as a Registered Nutritionist

#### ***Additional objectives for Nutrition Extended Placement:***

*(Note: 20 - 30 Day objectives are embedded in the first 4 weeks or equivalent and should be built upon during the placement and hence remain applicable).*

1. To be able to plan, justify, produce and/or implement and evaluate nutritional resources and/or interventions for specific clients/groups/populations applicable to the placement setting.
2. To be able to demonstrate with supporting evidence the development of a range of Nutrition Practice competencies both individually and when working with others, including appropriate skills relevant to the placement setting.

#### ***Contact with and Support from the University during the Nutrition Extended Work Placement:***

**Prior to week 1 of placement** – the Placement Tutor (and / or Module Tutor) will contact the student and the Placement Supervisor to check and confirm all is arranged for the placement.

**Approximately 6 weeks** – visit, telephone or online call will be made by the Module Tutor / Placement Tutor to the Placement Supervisor and student.

**Approximately 6 months** – meeting will be arranged, if possible on-site by the Module Tutor / Placement Tutor with the student and Placement Supervisor.

**End of placement** – Module Tutor / Placement Tutor to arrange to visit, email or telephone / online call prior to completion of placement.

***Note:** ongoing communication via email or online meeting can be arranged throughout placement if required.*

## TIMING OF NUTRITION WORK PLACEMENTS

The Nutrition work placements will be available to students to undertake at the end of the 2<sup>nd</sup> year and will be introduced to students at the start of the Professional Development for Nutritionists module (Level 5).

Placements will normally be completed by 31 August prior to starting the next academic year.

## ARRANGEMENTS FOR NUTRITION WORK PLACEMENTS

### Who is involved

The people involved in the arrangements and delivery of placements are as follows and contact details of relevant staff can be found in **Appendix 1**:

**The student** – the level 5 (Year 2) student who will be undertaking the placement.

**Module Tutor, Professional Development for Nutritionists (Level 5)** – the placement will be introduced in this Level 5 module when students will undertake their preparation for placement including mandatory training, CV development, supporting statement, applying for and obtaining a placement and reflection prior to starting the placement

**Nutrition work placement Tutor** – is one of the academic staff in the Nutrition & Dietetic Group who will be advise on placements and will be your point of contact while on placement. Ensures that placements are professionally appropriate and suitable for the course.

**Practice Learning Administrator (Health & Social Care Practice Learning Team)** – maintains the University based database of placements (InPlace), details of which individual students have submitted to the Placement Tutor and Practice Learning Facilitator for approval prior to confirming arrangements. Ensures that health & safety standards are appropriate within placements prior to approval as well as mandatory training completion.

**Placement Supervisor** – this is the person who will be your supervisor during your work placement, who will normally be an AfN nutritionist or a registered dietitian or an SENr sports nutritionist.

**Module Tutor, Competent Professional (Level 6)** - assessment documentation from your placement will be taken forward into this module at level 6 where it will be incorporated into the e-portfolio.

## Finding a placement

The Timescale and Checklist for Nutrition Work Placements can be found in **Appendix 2**.

It is the responsibility of the individual student to apply for and arrange a suitable placement and to take steps to do this. Placements undertaken by previous students in the previous year will be included in the PD Module information on My Beckett, so that students can access the PowerPoint presentations of previous student experiences. This will give ideas for suitable placements. In addition, the Placement Tutor and Module Tutor will make suggestions for suitable placement opportunities and details of these will also be promoted on the PD Module information on My Beckett as well as during module sessions.

Students will be introduced to the option of a placement at the start of their 2<sup>nd</sup> Year (level 5) with further information and details provided during the introduction to the module *Professional Development for Nutritionists (Level 5)* when they will be provided details by the Placement Tutor and Practice Learning Administrator (Health & Social Care Practice Learning Team) in conjunction with the Module Tutor on the process for finding, recording, gaining approval for and undertaking the placement as well as the assessment documentation required.

Students should prepare their CV and outline cover letter prior to applying for work placements, Support will be provided by the course team and the Careers team at the University to do this.

## Approval of placement

If a placement has been previously used by students on the course within the last 2 years, then there may be a Nutrition work placement approval check and a professional suitability check in place, however this needs to be updated every 2 years. The Practice Learning Administrator will confirm if an approval or an updated approval needs to take place once the student has submitted details of the planned placement to the Placement Tutor. If this is

in existence, then the student will be given approval to go ahead with the planned placement.

If the Nutrition work placement approval check and professional suitability checks are required or need updating, then action will be taken to do this by the Practice Learning Administrator and Placement Tutor after the student has submitted details of the planned placement. Further arrangements for the placement should not take place until this approval is given.

Any placement which is self – sourced and not on the University list of approved placements needs to be approved prior to confirming that it is suitable.

The Nutrition work placement approval form used for placements can be found at the following link:

[https://forms.microsoft.com/Pages/ResponsePage.aspx?id=EoGa175PekGhEs0PtJDYXJgDdCoLevFGrz\\_G6FUKP1dUOEROSIBIUvcwSkIEMTdBSDBEUEEYtzVPMi4u](https://forms.microsoft.com/Pages/ResponsePage.aspx?id=EoGa175PekGhEs0PtJDYXJgDdCoLevFGrz_G6FUKP1dUOEROSIBIUvcwSkIEMTdBSDBEUEEYtzVPMi4u)

The Professional suitability check is to cover the following:

1. Name of the organisation
2. Details of the content of the placement, job role, duties, tasks, etc
3. Name of the placement supervisor
4. Qualifications or professional background of the placement supervisor
5. Health and safety requirements
6. Expectation of the University and Placement Provider roles
7. Mandatory training which will be undertaken by the student prior to the placement.

### **Approval of Overseas work placements**

Some students may wish to do an Overseas work placement and this can be accommodated. This could include international students who wish to do a placement in their home country. However there is a longer process for the approval of Overseas placements as this can take between 6 – 8 weeks. Students may be able to source a work placement in their home country or there are other opportunities through Study Abroad or volunteering adverts. In any of these situations approval is required for this to be a recognised placement as part of the course. Once the student provides details of the placement provider, the Placement Tutor will check the professional suitability of the placement for an AfN accredited course by contacting the placement provider and send a proforma for completion:

If the placement meets this requirement the Placement Tutor then refers this to the Practice Learning team who will contact both the placement provider and the student with forms for completion to undertake the health & safety

and insurance check. They will then confirm if the placement is approved and will provide insurance details and guidance on behalf of the University. The latter requires an online meeting with the student (student, Practice Learning team member, Placement tutor).

### **Confirmation of placement**

Once the Nutrition work placement approval and professional suitability checks have been agreed, the Placement tutor will inform the student that they can progress with agreeing the placement and dates with the Placement Supervisor.

### **Mandatory Training**

A list of mandatory training requirements prior to undertaking the Nutrition work placement has been agreed and this can be found in **Appendix 3**. These are accessible on **e-Learning for Healthcare** (Health Education England) and should be accessed and completed **by 28 February 2025**.

The mandatory training modules are valid for 12 months and should be valid throughout the placement.

Once students have completed a mandatory training module they are able to print / save a certificate to add to their e-portfolio and marks will be allocated for this as part of the *Professional Development for Nutritionists (Level 5)* assessment.

Health & Social Care Practice Learning Team can provide regular reporting to academic staff with completed mandatory training for each student.

Students cannot apply to any Placement Provider until the mandatory training modules have been completed.

Students will need to provide evidence of their certificates of completion of this training if requested by the placement provider and this will be a condition of the placement offer.

The Level 2 Food Hygiene Course for Catering which all Nutrition students complete at the start of their course is also one of the mandatory training courses required prior to going on placement. Students who undertake a placement which requires direct handling of food are likely to be asked to provide evidence of completion and validity of this training.

### **Curriculum Vitae, covering letter and reflection on the placement application process**

Students should also produce an up to date Curriculum Vitae, a covering letter as well as their own reflection on the placement application process. This will be included in the *Professional Development for Nutritionists (Level 5)* assessment and marks will be allocated for this.

You will need to amend your CV and Cover letter to make them specific and appropriate for each placement you apply for. The Careers team at the University will also support you in doing this. Most placement providers will shortlist applications received for interview so you can also ask for support from the Careers team for the interview process and this will also be part of the module programme for *Professional Development for Nutritionists (Level 5)*.

***Please ensure that you use your University email address, as opposed to a personal one in all placement correspondence, including your CV and application.***

### **Prior to starting placement**

Prior to the start of the placement the student should be in contact with the Placement Supervisor to ensure that they have the starting arrangements (venue, start time, working hours, etc). The Placement Tutor will also contact the Placement Supervisor and the student to confirm the placement and the mandatory training completed prior to placement. The Placement Tutor will inform them that they will be in touch during the placement and will be a named contact if any problems occur. The Placement Tutor will also send the assessment details for the placement to both the Placement Supervisor and the student.

### **During placement**

During or after the placement the student may choose to complete the Reflection form for Nutrition work placements (**Appendix 4**). This can form part of the assessment for the *Competent Professional* module at level 6 as it can be used to contribute to the evidence for the AfN competencies.

At the end of the placement the Placement Supervisor will complete the Nutrition work placement Supervisor Report (**Appendix 5**).

### **After placement**

Following the placement, the student should ensure that they send appropriate thanks to the Placement Supervisor and also any others who contributed to their placement.

The student should ensure that all relevant documents are submitted for assessment purposes at the end of their placement, including:

- Supervisor's Report (which may be submitted directly by the Placement Supervisor)
- Placement Presentation with voice over

The Practice Learning Administrator (Health & Social Care Practice Learning Team) will also contact the Placement Supervisor to give thanks for their support on behalf of the University.

## **ASSESSMENT OF PLACEMENTS**

Assessments related to the placement will take place during the following:

### ***Professional Development for Nutritionists (Level 5) module***

This includes mandatory training, evidenced by certificates of completion, curriculum vitae, covering letter and reflection on the placement application process.

### ***After the Placement (Appendix 7)***

The student should submit their Placement Presentation with voice over and the Placement Supervisor the Nutrition work placement Supervisor Report to the Nutrition work placement Tutor within 2 weeks of finishing their placement.

Following the submission of the assessment documentation, as outlined in Appendix 7 the student will be issued with a CPD Certificate for the Nutrition work placement for inclusion in their portfolio and to confirm they have passed the placement.

### ***Appendix 8.***

The assessment documentation for each student will be stored on the School Repository under Practice Learning/Nutrition/Year/ Level 5.

### ***Competent Professional (level 6) module***

During the placement the student can complete the Reflection form for Nutrition work placements for their e-portfolio at level 6. This is optional but it would help to provide evidence against the AfN competencies for the level 6 assessment.

## **SUPPORT DURING THE PLACEMENT**

### **Raising Concerns for Practice**

Should any problems arise during a placement; the University will expect to be informed and action will be taken to provide appropriate support for the student. Similarly, the Nutrition Placement Tutor will liaise with the Placement Supervisor if

there are any on-going concerns or mitigation which may affect the student's ability to perform well on placement. The Module Tutor and Course Director will be consulted and will be involved as applicable, if further action needs to be taken.

If a situation arises when a student wishes to raise a concern while they are on placement, they are advised to contact a member of the Nutrition team in the first instance. This could be the Placement tutor, Module tutor, Academic Adviser or Course Director. This concern may be for the safety of service users or a concern about the learning environment or a concern about an individual student. The student may also discuss it with their immediate placement supervisor, if they feel they are able to do this, and dependent on the circumstances.

Please refer to the guidance on the University website for School of Health student:

[Raising concerns School of Health and Speech and Language Therapy | Leeds Beckett University](#)

If the student feels unable to contact any of the above for any reason, then they can contact a Freedom to Speak Up Guardian for Health who provide a supportive and safe space for you to talk about your concerns in a non-judgemental environment. The following link gives details of access to this service:

[Freedom to Speak Up | Leeds Beckett University](#)

## **FAILURE AND RE-ASSESSMENTS**

### **Placement Related Assessment Considerations**

Students should be informed of their progress on a regular basis during and at the end of placement period, when the Placement supervisor report forms should be completed, signed and dated. Placement providers are asked to share the Placement supervisor report with the student and to provide them with a copy for their portfolio.

***Students should inform the Placement Tutor as well as the Placement Supervisor, without delay of any absence from the placement due to sickness or other reason.***

### **Student Conduct and Professional Suitability**

All students are expected to adhere to the university general regulations for student conduct and related specific policies and procedures for code of discipline, misconduct, dignity at work and study, violence and freedom of speech.

As students are on a course which is accredited by the Association of Nutrition, they are also expected to conform with the [AfN Standards of Ethics, Conduct and Performance](#).

The placement must be in an organisation approved for the accredited AfN course. The final decision on placement outcome must rest with the Placement Supervisor and Placement Tutor. Depending on whether the placement is in a block or not, students must normally work the equivalent weekly/daily statutory hours of a full-time employee in the workplace.

Any time lost should be noted and discussed and agreed by the Placement Supervisor and the Placement Tutor and at their discretion depending on the individual circumstances the time should be made up.

## Appendix 1

### Nutrition work placements – Who is Involved

<b>Role</b>	<b>Name</b>	<b>Email Address</b>
Module Tutor, Professional Development for Nutritionists (Level 5)	Claire Glazzard	<a href="mailto:C.E.Glazzard@leedsbeckett.ac.uk">C.E.Glazzard@leedsbeckett.ac.uk</a>
Nutrition work placement Tutor	Diane Spalding	<a href="mailto:d.i.spalding@leedsbeckett.ac.uk">d.i.spalding@leedsbeckett.ac.uk</a>
Practice Learning Administrator (Health & Social Care Practice Learning Team)	Ben Milton	<a href="mailto:nutritionplacements@leedsbeckett.ac.uk">nutritionplacements@leedsbeckett.ac.uk</a>  <a href="mailto:b.j.milton@leedsbeckett.ac.uk">b.j.milton@leedsbeckett.ac.uk</a>
Module Tutor, Competent Professional (Level 6)	Claire Glazzard	<a href="mailto:C.E.Glazzard@leedsbeckett.ac.uk">C.E.Glazzard@leedsbeckett.ac.uk</a>

## Appendix 2

### Timescale and Checklist for Nutrition Work Placements

Date	Actions	Tick
Sept	Briefing – Introduction to Nutrition Work Placements during <i>Professional Development Module (Level 5)</i>	
Sept	Nutrition Work Placement folder available on My Beckett under <i>Professional Development Module (Level 5)</i>	
Sept - ongoing	Students to view presentations from previous year students on their placement experience (in Nutrition Work Placement folder on My Beckett)	
Sept - ongoing	Students to start completing mandatory training modules required in preparation for and prior to placement	
Nov	Nutrition Work Placement tutorials arranged with individual students (to discuss interests / ideas and make suggestions).	
Nov	Preparation of outline CV and Cover Letter <b>Use University email address</b>	
January	Nutrition Work Placement adverts to be posted on My Beckett for placements sourced by the University.	
January - March	Nutrition Work Placements sourced by the University will be on the University's list of approved placements for health and safety and professional suitability. If a student wishes to source their own placement, then they need to provide contact details of the placement provider to the Placement tutor so that this approval process can be initiated.	
Feb / March	Nutrition Work Placement tutorials arranged with individual students (to confirm intentions regarding placements).	
Feb	Mandatory training modules required to be completed prior to placement – deadline for completion <b>28 Feb 2025</b> <b>Students who have not completed all the required modules will not be eligible to apply for a placement.</b>	
March	Closing date for making Nutrition Work Placement applications (this specific date will be included in the adverts – <b>28 March 2025</b> ) <b>Students to inform Placement tutor of placements applied for</b>	
March - May	Selection process for successful students to take place by Placement provider <b>Students to inform Placement tutor of placements offered and accepted as soon as possible</b>	
March - June	Once a placement is accepted and Placement tutor informed, the student should then liaise with the Placement provider to arrange dates (start, end date and number of placement days planned). After provisionally agreeing this the student should inform the Placement tutor so that the placement can be approved and	

	documented in the student's records as part of their course.	
Prior to start of placement	The Practice Learning team will email the student to confirm that the placement is approved as part of their course and is documented on InPlace. <b><i>This confirmation must be given before starting the placement.</i></b>	
Prior to start of placement (1-2 weeks)	Prior to the student starting the placement the Placement tutor will email both the Placement provider and the student to confirm the placement including the dates / number of days / mandatory training undertaken, including DBS and the assessment details. <b><i>This confirmation must be given before starting the placement.</i></b>	
During the placement	The student should keep the Placement tutor informed of any changes to dates and / or number of days of the placement. The student should also keep their own records of any reflections they undertake during the placement so that they can use this as part of their course assessments.	
Prior to the end of the placement	The Placement tutor will email the Placement provider and the student to confirm the end of the placement and to re-confirm the assessment details.	
Within 2 weeks of the end of the placement	The Placement supervisor to submit the Placement supervisor report and the student to submit their presentation with voice over – both to be sent to the Placement tutor within 2 weeks of the end of the placement. <b><i>There assessment documents should also be shared with each other.</i></b>	
Following receipt of the placement assessment documents	The Practice Learning team will contact the Placement provider to express the University's gratitude for providing the placement and supporting the student. <b><i>It is also expected that the student will also send a note of their thanks to the Placement provider for providing their placement, which can be sent along with their presentation.</i></b>	
On completion of placement and submission of successful assessment documents	The Placement tutor will confirm that the student has completed and passed the Placement Module and will send a CPD certificate to confirm this which can be added to their professional portfolio along with their assessment documents and any reflections undertaken during their placement. This will provide valuable evidence for future course assessments in relation to meeting the AfN standards. The student who successfully completes the placement will also have the Placement module included on their final degree transcript.	

## Appendix 3

### Mandatory Training prior to Placement Nutrition Students

The deadline for completing mandatory training is: **28 February 2025**  
(beginning of Semester 2)

Course Title (7 core mandatory)	Nutrition
Data Security Awareness (Level 1)	Mandatory
Equality & Diversity & Human Rights (Level 1)	Mandatory
Fire Safety Awareness (Level 1)	Mandatory
Resuscitation (Level 1)	Mandatory
Health & Safety (Level 1)	Mandatory
Safeguarding Adults (Level 2)	Mandatory
Safeguarding Children and Young Adults (0-16) (Level 2)	Mandatory
<b>Deadline – 2024/25</b>	<b>28/2/2025</b>
<b>Food Hygiene Training</b> <i>Completed during Induction / Semester1 at the start of the course)</i>	

#### Please note:

Health and social care students (including Nutrition students) are required to complete mandatory training modules before going on placement.

Training is provided online by **e-Learning for Healthcare** (Health Education England). You will have received an email with a link to the training and your login in details in the first few weeks of starting the course. If you are not able to find this then please email [nutritionplacements@leedsbeckett.ac.uk](mailto:nutritionplacements@leedsbeckett.ac.uk)

Training modules should take approximately 20-25 minutes to complete with 10-15 minutes e-assessment. You can stop and start each of the training modules as required.

Support is available for the system so the students can contact them directly regarding any system issues with their mandatory training

[Home - elfh Support \(e-lfh.org.uk\)](http://elfh.org.uk).

Please make sure that you print/save copies of your certificates and add them to your portfolio. The University do not keep copies and you may be required to provide them while on placement.

## Appendix 4



### Reflection Form for Nutrition work placements

#### *Nutrition work placement (20 - 30 Days)*

<b>Name of Student</b>	
<b>Name of Placement Tutor</b>	Diane Spalding
<b>Name of Module Tutor</b>	Claire Glazzard
<b>Name of University and Course</b>	Leeds Beckett University BSc (Hons) Nutrition
<b>Date</b>	
<b>Placement Venue</b>	
<b>Food Hygiene Certificate</b>	Date:
<b>Mandatory Training Completed</b>	Date:

#### Additional Information

Please provide any additional details you feel may be appropriate for facilitating your placement e.g. previous work experience, interests within nutrition and socially (*please summarise in the space below*)

**During and following the placement**, the student should identify any strengths or areas for improvement and action points against each of the Learning Outcomes below.

## Learning Outcomes

<b>Learning outcome 1-</b> To demonstrate a working knowledge of the professional requirements of the practising Nutritionist.
<b><i>Reflect on your:</i></b>
<b><i>Strengths:</i></b>
<b><i>Areas for improvement:</i></b>
<b><i>Action points following Placement:</i></b>
<b>Learning outcome 2-</b> To produce evidence of experience and development of basic competency in translating nutrition theory into practice within the placement setting
<b><i>Reflect on your:</i></b>
<b><i>Strengths:</i></b>
<b><i>Areas for improvement:</i></b>
<b><i>Action points following Placement:</i></b>
<b>Learning outcome 3-</b> To keep a reflective diary of work experience and compile relevant evidence of placement practice and reflection within a PDP portfolio.
<b><i>Reflect on your:</i></b>
<b><i>Strengths:</i></b>
<b><i>Areas for improvement:</i></b>

<b>Action points following Placement:</b>
<b>Learning outcome 4-</b> To successfully engage for the full duration in the placement using and developing basic competency in relevant practice skills where required and reach a satisfactorily standard of achievement as indicated by feedback from supervisors reports and submission of a placement report.
<b>Reflect on your:</b>
<b>Strengths:</b>
<b>Areas for improvement:</b>
<b>Action points following Placement:</b>
<b>Learning outcome 5-</b> To demonstrate within the assessment clear evidence of achievement of the 20 - 30 Day Placement objectives and integration of work-related learning with personal and professional development planning.
<b>Reflect on your:</b>
<b>Strengths:</b>
<b>Areas for improvement:</b>
<b>Action points following Placement:</b>

Once completed this document should be added to your e-portfolio for your on-going professional development

**This reflection can be used to contribute towards your evidence in meeting the AfN competencies for your assessment at Level 6**

## Appendix 5

### Nutrition work placement: Employer's / Supervisor Report

**CONFIDENTIAL**

**BSc (Hons) Nutrition**



**NUTRITION PLACEMENT: EMPLOYER'S / SUPERVISOR REPORT**

NAME OF STUDENT		
COMPANY/INSTITUTION/ORGANISATION		
ADDRESS:		
DEPARTMENT IN WHICH STUDENT EMPLOYED		
NAME OF SUPERVISOR		
TYPE OF PLACEMENT (Please delete as appropriate)		REMOTE / FACE TO FACE / BOTH
DATES OF STUDENT EMPLOYMENT/PLACEMENT		FROM:                      TO:
APPROX NUMBER OF DAYS COMPLETED		

Please tick the boxes in the table below as appropriate, at or near the end of the student's period of work and return the form to Diane Spalding, School of Health, Leeds Beckett University (email: [d.l.spalding@leedsbeckett.ac.uk](mailto:d.l.spalding@leedsbeckett.ac.uk))

	Excellent	Good	Average	Poor	Unacceptable
Competence at assigned work					
Use of initiative					
Cooperation in <u>team work</u>					
Professionalism					
Attendance and punctuality					

Comments on student's knowledge, skills and ability to undertake the tasks assigned:

What do you feel the student did particularly well during the placement:

Would you recommend any areas for further development for the student:

Is there anything you would advise the student in relation to their future employment prospects:

Any additional comments:

Signature / Name:

Date:

## Appendix 7

BSc (Hons) Nutrition

### How is the Nutrition Work Placement Assessed?

On successful completion of your Nutrition Work Placement, you will be awarded a 'pass' for this component of the course. The Nutrition Work Placement module will then be added to your final transcript for your award.

#### DOCUMENTATION REQUIRED:

In order to confirm successful completion, we require **two** items of assessment on completion of your nutrition work placement. Details of this will also be sent by the Placement Tutor to the Placement Supervisor prior to the placement and towards the end of the placement:

**1). A completed placement supervisor report** - the placement supervisor will be asked to return this report to us and will hopefully discuss and share it with you. If you complete your placement with more than one organisation, we will require a report from each placement provider. Your placement provider can email their report to us directly or you can forward it on their behalf.

**2). A reflection on your placement experience which includes a voice over**, which can be shared with your peers and other nutrition students looking for a placement and, we would like you to record a narration of no more than five minutes onto your slides.

Your reflection should include:

Part 1:

- Name of the organisation where you completed your placement
- Contact details for the organisation
- A link to the organisation's website
- Your name
- Your student email address (only if you are happy for other nutrition students to contact you with questions about your placement)

Part 2:

- A description of the organisation – what do they do?

Part 3\*:

- An overview of the work you were involved with during your placement (see note below for Sandwich placements)

Part 4:

- What was the most useful or interesting experience during your placement and what was your learning from it to take forward to the remainder of your course / your future career

This could either be presented as:

**A presentation of 4 or 5 PowerPoint slides**

or

An alternative format, (for example, Tiktok, Canva) providing it is in a format which can be shared with future students and can be emailed as a presentation or as a link to a presentation.

***\*For students doing a 9 – 12 month Sandwich placement some additional slides may be appropriate to capture “an overview of the work you were involved with during your extended placement”***

#### SUBMISSION OF YOUR DOCUMENTATION

Your PowerPoint slides should be emailed to: [d.i.spalding@leedsbeckett.ac.uk](mailto:d.i.spalding@leedsbeckett.ac.uk) and [nutritionplacements@leedsbeckett.ac.uk](mailto:nutritionplacements@leedsbeckett.ac.uk) within **two weeks of completing your placement.**

*It is also advised that the student should send the Presentation to your placement provider / supervisor for interest / information and also we would encourage the placement provider to share the Placement Supervisor Report with the student as this is useful for their portfolio and future professional development.*

On receipt of your Placement Supervisor report and your Presentation, on completion of the placement we will contact you to confirm whether you have passed the placement and issue a CPD certificate.

Unless we are informed otherwise, we will assume you are happy for us to share your placement presentation with students at the same level in the following year in order to support them in making choices for their placements.

*Diane Spalding*  
*Placement Tutor, UG and PG Nutrition courses,*  
[d.i.spalding@leedsbeckett.ac.uk](mailto:d.i.spalding@leedsbeckett.ac.uk)

## Appendix 8

### CPD Certificate Nutrition work placement

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