

YOUR APPLICANT DAY SCHEDULE

SATURDAY 13 APRIL 2019

Check In

Thank you for booking onto an Applicant Day. This is a fantastic opportunity to explore your course in more detail and meet your future course-mates. When you arrive on the day, please remember to check in at the [Student Hub](#) at [Headingley Campus](#) where we will give you details about your course sessions and will answer any questions you might have. Our check-in desk is open from 09:30 - please try to arrive around 30 minutes before your first activity.

Physical Activity, Exercise and Health

Session	Start	Finish
Welcome Talk & Course Presentation This presentation will provide an overview of your chosen course, including an introduction to the course team, details of the course structure, the exciting new campus facility developments and career prospects.	10:00	10:50
Interactive Workshop – Experiencing Barriers to Physical Activity You will experience the physical and psychological challenges of everyday activities when carrying extra body weight. Supported by our sport and exercise psychology and physical activity lecturers, you will be given various challenges and obstacles to overcome in a fun and engaging session that will introduce you to the world of physical activity. You will appreciate the challenges practitioners and researchers face when working in this area and gain an insight into how you will build working relationships with course tutors.	11:00	11:50
Free Time for Lunch, Campus & Accommodation Tours (see over the page for details)	12:00	12:50
Interactive Workshop – Promoting Physical Activity This interactive session will give applicants the opportunity to learn about innovative evidence-based interventions for promoting physical activity in specific population groups. Many of these interventions are being developed and evaluated by your course team. This will give you a snapshot of the research informed teaching you will experience on the course.	13:00	13:50
Open Drop in Session We do not want you to leave with any unanswered questions. Please feel free to pop in and share any questions and comments before departing. This opportunity will be facilitated by members of our course team whom you will have met throughout the day.	14:00	14:50

Please see over the page for details on our campus and accommodation tours



Campus Tours

Experience a taste of university life as our Student Ambassadors show you around Headingley Campus.

Times: Every 20 minutes, from 09:30 to 15:30

Duration: 30 to 45 minutes

Accommodation Tours

Visit our halls of residence where you will see our accommodation first-hand. The tours will provide a great insight into what living away from home is really like.

Carnegie Village (walking)

Times:

Every 15 minutes, from 09:30 to 15:30

Duration:

45 minutes to 1 hour

Kirkstall Brewery (via coach)

Times:

Every 30 minutes, from 09:30 to 14:30

Duration:

1 to 1½ hours

Student Support & University Life Exhibition

Staff from the following areas will be available to provide further information and answer any questions you may have:

- ✓ Accommodation & Residential Services
- ✓ Exchanges, Study Abroad & Volunteering
- ✓ Job Shop
- ✓ Sport & Active Lifestyles
- ✓ Student Admissions
- ✓ Student Money
- ✓ Student Services
- ✓ Students' Union

We hope you enjoy your day.



Leeds Beckett University has been awarded silver status in the Teaching Excellence Framework.



93.3% of our UK undergraduates are in work or further study six months after graduating.

Destinations of Leavers from Higher Education survey 2016-17.



85% Student Satisfaction in the National Student Survey 2018, above the sector average.