

# Find out more – selected resources on asset-based approaches

## The case for change

FOOT, J. & HOPKINS, T. 2010. A glass half full: How an asset approach can improve community health and well-being. Available at: <a href="http://www.local.gov.uk/health/-journal">http://www.local.gov.uk/health/-journal</a> content/56/10180/3511449/ARTICLE

MORGAN, A. 2014. Revisiting the Asset Model: a clarification of ideas and terms. *Global Health Promotion*, 21, 2-6.

MORGAN, A. & ZIGLIO, E. 2007. Revitalising the evidence base for public health: an assets model. *Promotion & Education*, 14, 17-22.

#### **Evidence and methods**

NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE (NICE). Community engagement: improving health and wellbeing and reducing health inequalities. London: NICE, 2016. <a href="https://www.nice.org.uk/guidance/ng44">https://www.nice.org.uk/guidance/ng44</a>

PUBLIC HEALTH ENGLAND & NHS ENGLAND. 2015. A guide to community-centred approaches for health and wellbeing. Full report and summary available at:

https://www.gov.uk/government/publications/health-and-wellbeing-a-guide-to-community-centred-approaches

RIPPON, S. & HOPKINS, T. 2015. Head, hands and heart: asset-based approaches in health care. Available at: <a href="http://www.health.org.uk/publication/head-hands-and-heart-asset-based-approaches-health-care">http://www.health.org.uk/publication/head-hands-and-heart-asset-based-approaches-health-care</a>

FOOT, J. 2012. What makes us healthy? The asset approach in practice: evidence, action and evaluation. Available at: <a href="http://www.assetbasedconsulting.co.uk/uploads/publications/wmuh.pdf">http://www.assetbasedconsulting.co.uk/uploads/publications/wmuh.pdf</a>

NHS NORTH WEST. (2011). Development of a method for asset based working. Manchester: NHS North West and Department of Health.

#### **Resource collections**

GLASGOW CENTRE FOR POPULATION HEALTH have a suite of publications on Health Improvement-Asset-based approaches. Available at:

http://www.gcph.co.uk/publications/filter/health%20improvement%20-%20asset-based%20approaches

THE ASSET BASED COMMUNITY DEVELOPMENT INSTITUTE, North Western University, is a source of much material developed through the practice of ABCD. Available at: <a href="http://www.abcdinstitute.org/about/index.html">http://www.abcdinstitute.org/about/index.html</a>



# **Asset profiles**

PUBLIC HEALTH ENGLAND Strategic Health Asset Planning and Evaluation. The SHAPE tool is available at: <a href="https://shape.phe.org.uk/">https://shape.phe.org.uk/</a>

### **Health Trainers and Health Champions**

HEALTH TRAINERS ENGLAND. Available at: <a href="http://healthtrainersengland.com/">http://healthtrainersengland.com/</a>

ROYAL SOCIETY OF PUBLIC HEALTH. Available at: <a href="https://www.rsph.org.uk/our-work/policy/wider-workforce/health-trainers.html">https://www.rsph.org.uk/our-work/policy/wider-workforce/health-trainers.html</a>

SHEFFIELD HEALTH TRAINERS – a series of short films. Available at: <a href="http://healthtrainersengland.com/sheffield-health-trainer-films/">http://healthtrainersengland.com/sheffield-health-trainer-films/</a>

ALTOGETHER BETTER – health champion programme based on an empowerment approach.

Available at: <a href="http://www.altogetherbetter.org.uk/">http://www.altogetherbetter.org.uk/</a>

NICE guidance on obesity prevention in communities - case studies. Available at:

https://www.nice.org.uk/guidance/ph42/resources/shared-learning

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